

# New Refreshment list

## Healthy Bars & Shots | Piece

- Cereals Bar 6.00SR
- Cereals Bar Dip in White & Dark Chocolate 8.00SR
- Homemade Strawberry | Raspberry Granola Pots 12.00SR
- Layers of Pineapple | Honey | Mint | Crème Fraiche 8.00SR
- Layers of Granola | Yoghurt | Fresh Berries 12.00SR
- Layers of Cucumber | Yoghurt | Smoked Salmon 12.00SR
- Layers of Guacamole | Tomatoes | Jalapenos 12.00SR
- Yoghurt Parfait with Lemon Zest 8.00SR
- Baby Carrots, Cucumbers & Peppers 8.00SR
- Vegetables Sticks with Yoghurt Dip 8.00SR

## Nuts & Chips

### Bowls 500gm

- Bowls of Assorted Mixed Nuts 25.00SR
- Bowls of Sweet Potato Chips 15.00SR
- Bowls of Cassava Chips 15.00SR
- House Made Trail Mix 28.00SR
- **(Kashi, dried fruit, nuts, chocolate & butterscotch chips, coconut)**
- coco-licous candied peanuts, flax seed crackers & parmesan sage popcorn 25.00SR

## Healthy Sandwiches & Wraps | Piece

- Cajun Chicken on Olive Ciabatta 12.00SR
- Roasted Beef on Multigrain Bread 12.00SR
- Turkey Rashes with Fresh Mozzarella Cheese on Plain Italian Bread 12.00SR
- Smoked Salmon with Dill Cream Cheese on Multi cereals Bread 15.00SR
- Turkey Rashes with Fresh Mozzarella Cheese on Basil Tortilla Wraps 10.00SR
- Smoked Salmon with Dill Cream Cheese on Multi cereals Tortilla Wraps 15.00SR

## Cakes & Pastries | Slice:

- Carrot Cake 7.00SR
- Chocolate And Beetroot Cakes 7.00SR
- Victoria Sandwich Cake 22.00SR
- Classic Bread Pudding 7.00SR
- Chocolate Brownies 12.00SR
- Chocolate Buttons 7.00SR
- Raspberry Scones With Fresh Vanilla Cream, Strawberry Jam 7.00SR
- Lemon Drizzle Cake 7.00SR
- Coconut Macaroons 4.00SR
- Salted Caramel Brownie Bites 4.00SR

**Please advise us of any food allergies.**

**We reserve the right to substitute items of equal or greater value if a selected item becomes unavailable**

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## Cookies | Per Dozen

- Ginger Cookies 24.00SR
- Chocolate Fudge Cookies 24.00SR
- Coconut Macaroon Cookies 24.00SR
- Oats Meal Nutella Cookies 24.00SR
- Red Velvet Chocolate Chips Cookies 24.00SR
- Espresso Hazelnut Cookies 28.00SR
- Assorted Mamoul 28.00SR
- Nutella Chocolate Chips 24.00SR
- Chocolate Cherry Chunk Cookies 28.00SR
- Assorted French Macaroons 102.00SR

## Savory Cookies | Per Dozen

- Cumin Cookies 22.00SR
- Aniseed Cookies 22.00SR
  
- Cheese Cookies 22.00SR

## Mini Muffins | Per Dozen

- Blueberry Muffins 60.00SR
- Strawberry Muffins 60.00SR
- Banana Muffins 48.00SR
- Vanilla Muffins 48.00SR
- Raspberry Muffins 60.00SR
- Lemon Muffins 48.00SR
- Chocolate Muffins 60.00SR

## Healthy Juices & Smoothies | Liters

- Just Beet It : Beetroot | Carrots | Apple 35.00SR
- Super Green Juice: Cucumber | Celery | Spinach | Green Apple | Ginger | Lime 35.00SR
- Rich In Beta Carotene: Carrot & Orange Juice with Chia Seeds 35.00SR
- Energizer Lemonade: Pears | Celery | Lemon 35.00SR
- Horchata: Cinnamon | Pears | Sweet Potato 35.00SR

## Fresh Fruit Juices | Liters

- Fresh Orange Juice 25.00SR
- Fresh Carrot Juice 25.00SR
- Fresh Watermelon Juice 25.00SR
- Apple Juice 25.00SR

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### **Healthy Smoothies | Liters**

- Strawberry Smoothie 35.00SR
- Peaches and Cream Oatmeal Smoothie 35.00SR
- Coconut Mango Smoothie 28.00SR
- Berry Banana Breakfast Smoothie 35.00SR
- Skinny Orange Dream Smoothie 28.00SR
- Creamy Chia Seed Piña Colada 28.00SR
- Chocolate, Banana and Peanut Butter Smoothie 28.00SR

### **Viennoiserie | Per Dozen**

Fine Butter Croissant Éclat Du Terro 35.00SR

### **Mini's | 28g- 40g**

- Pure Beurre Mini Pain Chocolat 28 G 35.00SR
- Mini Pain Aux Raisins 30 G 30.00SR
- Mini Raisin Swirl 30g Classic 30.00SR
- Mini Apple Turnover 40g 35.00SR
- Zataar Croissant x35g 45.00SR

### **Fruit Lattice**

- Apple Tatin Lattice 40g 50.00SR
- Mango Lattice 40g 50.00SR
- Cherry Lattice 40g 57.00SR
- Strawberry Lattice 40g 50.00SR

### **Mixed Viennoiserie Basket**

- Assorted Viennoiserie Basket 60.00SR

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## Vegetarian Meals

### 300g | Per Portion

- Cauliflower with Tahini and Cashew Nuts, Sumac Powder 18.00SR
- Chickpeas with Pumpkin and Red Onions 12.00SR
- Red Kidney Beans Curry 10.00SR
- Grilled Tofu Risotto and Fried Eggplant 18.00SR
- Mashed Carrots with Green Peas 10.00SR
- Vegetable Burritos 12.00SR
- Penne with Pesto Cream Sauce, Broccolis & Spinach 12.00SR
- Thai Vegetable Curry 15.00SR
- Falafel Curry with Coconut Milk 12.00SR
- Eggplant Parmesan 12.00SR
- Stuffed Cabbage with Vegetable and Rice 12.00SR
- Vegetarian Lasagna 15.00SR
- Vegetables Malai Kofta 12.00SR
- Loby Bel Zet 12.00SR
- Macaroni's with Wilted Spinach and Pine Nuts 22.00SR
- Mutter Paneer 15.00SR
- Penne Arabiata 12.00SR
- Creamy Spinach with Cauliflower and Mushroom 15.00SR
- Mashed Potatoes with Herbs 8.00SR
- Molokhya 15.00SR
- Stuffed Tomatoes with vegetable and rice 12.00SR
- Fried falafel with tahini sauce 12.00SR
- Koshari rice 8.00SR
- Paneer in Herby Tomato Sauce 15.00SR
- Creamy Pasta with Peas 12.00SR
- Cauliflower with Garlic Fry 12.00SR

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### Savory Bites| Dozen

- Chicken Goujons With Lemon And Cracked Black Pepper Mayo 84.00SR
- Mini Sausage Rolls With Tomato Sauce 72.00SR
- Cheddar Cheese And Roasted Red Pepper Tart (V) 96.00SR
- Herbed Vegetable Kebabs (V) 72.00SR
- Onion Bhajis With Mint Yogurt (V) 48.00SR
- Crispy Prawn Purse With Sweet Chili Dip 96.00SR
- Chicken Sate 96.00SR
- Local Sausages Glazed With Wholegrain Mustard And Honey 72.00SR
- Spicy Potato Wedges With Chive And Sour Cream Dip (V) 48.00SR
- Mini Vegetable Spring Rolls With Soy Sauce (V) 48.00SR
- Cocktail Vegetable Samosas (V) 48.00SR
- Smoked Salmon And Cream Cheese Blinis 96.00SR
- Guacamole, Tomato Basil Bruschetta &Smoked Paprika White Bean Hummus 48.00SR
- Rice paper and Vegetable Roll, Sweet Chili Dip 72.00SR
- Bbq Chicken Wrap 96.00SR
- Smoked Chicken and Mango Wrap 96.00SR
- Tandoori Chicken with Minted Yoghurt 96.00SR
- Vegetarian California Roll 96.00SR
- Vegetables Crudités, Blue Cheese 96.00SR
- Cherry Tomato and Baby Bocconcini 96.00SR
- Blue Cheese, Pear and Walnut Tartlet 96.00SR
- Smoked Salmon and Cream Cheese Crouton 96.00SR
- Steak Tartar on Rye Bread 96.00SR
- Peppered Roast Beef and Horseradish on Sour Batard 96.00SR
- Grissini Wrapped with Smoked Salmon 72.00SR

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