2025-2026 Optimist International Essay Scholarship Contest Application

PRINT NameGender	Parent or Guardian Permission:
Address	I,, grant the Optimist Club/International my permission to use a picture or video of my son/daughter, for their public relations purposes. Optimist Club/International may use the photo or video in any publication they see fit. I give my permission for my child/ward to participate in this scholarship contest.
City	
State/Province Zip/Postal Code	
Telephone	
E-mail	SignatureDate/ /
Date of Birth/	Relationship Sponsoring Optimist Club Name Noon Optimists Club of Western Des Moines Sponsoring Optimist Club Number Heidi Mendez
Did you enter any other Optimist Club's Essay Contest this school year? ☐ Yes ☐ No	
Contestant Agreement: I have studied the rules of the contest, and I will be bound by all the requirements. I understand entries will be run through plagiarism and AI detection software.	
Contestant's SignatureDate/	Language: ■ English, or if District language is different: □French or □Spanish

Official Topic: "How My Acts of Service Help Me Understand What My Community Means to Me"

Each contestant must be given this copy of the rules and complete the entry form, above.

Section I - General Rules

- The Optimist International Essay Contest is divided into two levels of competition: Club (preliminary contest) and District (scholarship competition). The winner of a local club contest advances to the District Scholarship Competition.
- 2. Contestants must enter through a local Optimist Club.
- Contestants must compose an original essay with limited guidance from others. Webster's Dictionary defines an essay as an analytic or interpretive literary composition. Works of fiction or poetry will not be accepted.
- All District-level contests must have a minimum of three
 contestants participating.
- Optimist International will have the right to edit, publish
 or otherwise duplicate any essay entered into the contest
 without payment to the author.

Section II - Qualifications for Contestants

- The contest is open to contestants under the age of 19 as
 of October 1st of the current Optimist International
 contest year (October 1 September 30) and who have
 not yet completed secondary school or its equivalent,
 including CEGEP students in Québec, Canada. There is no
 minimum age. Contestants must enter in the District in
 which they reside. United States contestants attending
 school on a military installation outside the U.S. are
 eligible to enter in their last home of record. Contestants
 residing in non-Districted areas where there are no
 Optimist Clubs are not eligible for competition.
- Contestants are eligible for only one Club's essay contest during any given year. (October 1st - September 30th)
- No individual having previously won a District Essay scholarship will be eligible to compete at any level of the competition again.
- 4. All contestants at each level of the contest must provide proof of age and identification in the form of a copy of either their birth certificate or passport before participating. A copy of the Club winner's document will be submitted to the District contest.

Section III - Contest Rules

- 1. Participants must write on the official contest topic for the current year.
- Each entry must begin with a title page containing topic, number of words, writer's name, address, phone number, name of school and date of birth.
- 3. The official topic should be at the top of title page and at the top of page 1. (penalty of 3 points)
- 4. Essays must be typed, double-spaced and single-sided. (Deduction of 5 points per each infraction max 15 pts.)
- 5. Essays must contain at least 700 words but no more than 800 words. Every word of the essay is counted. This does not include the title, bibliography, or footnotes. Hyphenated words count as 1 word. (Deduction of 5 points for each 25 words over/under limit – French essays will allow 50 words over/under before deduction. Words are to be counted manually.
- 6. Each page of the essay must be numbered starting with page 1, not the title page. The numbers must be centered at the bottom of each page.

- Any quotations or copyrighted material used in the essay must be identified properly, using a recognized citation format. For example, use of a specific writer's format (such as MLA, APA, Chicago style). Failure to identify non-original material will result in disqualification.
- No reference can be made in the essay that identifies the contestant, parents, school, community, sponsoring Optimist Club or District. (Deduction of 5 points or fraction based on degree of identification)
- An essay should be written in English, or it may be written in either French or Spanish if the language used is accepted by the District of entry.
- 10. The entry must be stapled together in the upper lefthand corner. Covers of any type are not accepted.

Section IV - Judging

- Judging will be completed by a panel of three qualified judges who are not acquainted with the contestants. At the Club level, judges may be Optimist Members. At the District level, judges must be non-Optimists. (Friends of Optimists are excluded and can be used as judges).
- 2. In an effort to conceal the identity of each contestant, each entry will be anonymized and assigned a number by the Essay Contest Chair. The assigned number will be placed on the title page and page 1 of the essay. The title page will then be detached and retained by the Essay Contest Chair. The judges will be given the essays bearing only the assigned numbers.
- Judges will not discuss or compare the essays being judged.
- 4. Only judges can assign a penalty or award points.

Section V – Scoring of Contest

- Scoring procedures at all levels of the contest will be identical.
- 2. Material Organization (Logical interpretation of the subject, adherence to topic): 30 points
- 3. Creativity: 15 points
- 4. Vocabulary and Style (Phrasing and continuity): 30 points

- 5. Grammar, Punctuation, Spelling: 20 points
- 6. Adherence to contest rules (prepared in a proper format): 5 points

Section VI – Penalties

- 1. Failure to list official topic on the title page and at the top of page 1 of the essay: 3 points
- 2. Failure to identify total number of words: 5 points
- 3. Failure to type essay, doubled-spaced and single-sided: 5 pts. per infraction (15 pt. max)
- 4. Failure to stay within the 700-800 words: 5 points for each 25 words over/under limit. French Essays will allow 50 words over/under for the deduction. Words are to be counted manually.
- 5. Self-identification: 5 points or fraction based on degree.

Section VII - Awards

- 1. Club level official medallion and/or certificate
- Clubs are allowed to give monetary awards of up to \$500 per winner for the Essay contest in addition to the official medallions. The Club level awards may be given in the form of a scholarship, savings bond or cash prize but are completely discretionary.
- 3. District level plaque and a \$2,500 college scholarship for the first-place winner.
 - A. Scholarships are paid through the Optimist International Foundations in the United States and Caribbean and the Canadian Children's Optimist Foundation in Canada.
 - B. Scholarships awarded are for use only at a college, university, or trade school.
 - C. All scholarships will be payable only to the educational institution of the recipient's choice, subject to the approval of Optimist International.
 - D. All scholarships will be administered by Optimist International.
 - E. Winners of an Optimist International scholarship must claim their scholarship by the age of 25.

The contest chairperson will decide all protests in accordance with the official rules. The District Chair is the final authority, and no appeals will be recognized.



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HOW TO ENTER:

Students are to enter through a local Optimist Club in their area. Most local clubs run their Essay contest from October to the end of January. Judging at the local level is completed in February. Late entries are not accepted.

Once submitted, essays may not be returned. Standings are not reported to applicants. The sponsoring club will contact the winners.

Name of local Club:

Noon Optimists Club of Western Des Moines

Chairperson: Heidi Mendez

How to contact: Text message or email work best

Phone: (515) 360-9114

Email: westdesmoinesoptimists@gmail.com

In-person to:

Heidi Mendez

Special Instructions, if any:

I look forward to seeing your essay!!!