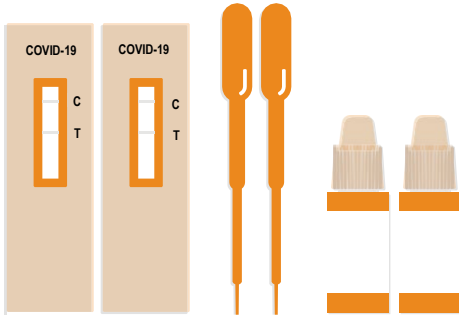




Turjumaada xirmada
baaritaanka guriga ee
COVID-19.

Xirmada baaritaanka guriga ee COVID-19



Xirmo kasta oo COVID-19 ah waxa ay ka kooban tahay laba tijaabo oo antigen ah oo degdeg ah kuwaas oo ku siin doona natiijooyin 15 daqiiqo gudahood.

Yaa isticmaali kara baadhitaanka?



Baadhitaanada waxaa loo isticmaali karaa qof kasta oo jiro 2 sano iyo ka weyn. Dadka waaweyn waa inay ka qaataan baaritaanka carruurta ka yar 15 sano.



Ha u isticmaalin baaritaanka carruurta ka yar 2 sano.

Goormaan sameeyaa baaritaanka?



Waxaan leeyahay astaamo u eg COVID-19 - qandho, qufac, neefta oo yaraata, murqo xanuun, madax-xanuun, luminta dhadhan iyo urta oo cusub, cune xanuun, san duuf, san cabur.



Baadhitaan samee 7 maalmood gudahood markaad xanuun dareento. Haddii baaritaanka hore uu noqdo mid taban oo astaamuhu aysan soo rayn, ku celi baaritaanka 1-2 maalmood ka dib.



Waxaan la kulmay qof qaba COVID-19 - Waxaan 6 fiit u jirsaday qof qaba COVID-19 ugu yaraan 15 daqiiqo.

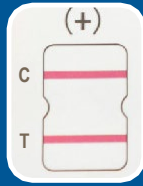


Haa 5 maalmood kadib u-baylah noqoshada

Ma iska baadhi karaa haddii aan caafimaad qabo oo aanan u baylah noqon?

Maya, baaritaannadani si fiican uma shaqeeyaan haddii aadan lahayn astaamo ama soo-gaadhis la ogyahay. Saadka baaritaanka COVID-19 aad ayay u yar yihiin—fadlan isticmaal baaritaannadan kaliya haddii aadan caafimaad qabin ama haddii aad qof qaba la kulantay.

Maxaan sameeyaa haddii la iga helo fayraska?

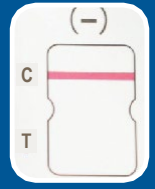


Baaritaanka togan ayaa tusi doona xariiq C iyo xariiq T ah. Fadlan ogow in xariiq T laga yaabo inuu qafiif noqdo.

Waa inaad guriga joogtaa oo aad ka fogaato dadka kale, oo ay ku jiraan qoyskaaga, ugu yaraan shan maalmood. Haddii aad leedahay astaamo, waa inaad is-gooni yeeshaa ilaa 24 saacadood ka dib marka astaamuhu kaa ba'aan adiga oo aan kaalmo daawo ah helin.

Wixii caawimaad ah, fadlan booqo [Oregon.gov/positivecovidtest](https://oregon.gov/positivecovidtest). Ama wac **866-917-8881**, M-F laga bilaabo 8 subaxnimo ilaa 6 galabnimo iyo Sabtida, 10 subaxnimo ilaa 4 galabnimo.

Maxaan sameeyaa haddii la iga waayo cudurka?



Natijjooyinka taban (lagaa waayo) waxay tusi doontaa kaliya xariiq C.

Sii wad samaynta dhaqanka badbaadada leh sida xirashada maaskaro, gacma dhaqida, iyo ka fogaanshaha ugu yaraan 6 fiit dadka kale. Haddii astaamuhu aanay ka soo rayn, sii wad inaad is-gooni yeesho oo mar kale isbaar 1-2 maalmood gudahood.



Miyaan u baahanahay inaan ka warbixiyo natijadayda baaritaanka?

Maya, uma baahnid inaad ka warbixiso natijadaada baaritaanka. Haddii aad u baahan tahay caawimaad, booqo [Oregon.gov/positivecovidtest](https://oregon.gov/positivecovidtest). Ama wac 866-917-8881, M-F laga bilaabo 8 subaxnimo ilaa 6 galabnimo iyo Sabtida, 10 subaxnimo ilaa 4 galabnimo.

Sidee waxtar u leeyahay baaritaanku?

Natijjooyinka taban ee beenta ah waa ay dhacaan. Natijjo taban macnaheedu maaha in shakhsigu aanu qaadin COVID-19.

Sideen u tuuraa baaritaankan?

Baaritaanada la isticmaalo ayaa lagu ridi karaa qashinka caadiga ah.

Wixii macluumaad dheeraad ah, booqo <https://govstatus.egov.com/or-oha-covid-19-testing>

Wixii macluumaad dheeraad ah oo ku saabsan qalabka baaritaanka ee iHealth Antigen Rapid Tests, booqo

<https://ihealthlabs.com/es/pages/ihealth-covid-19-antigen-rapid-test-details>.

Helida dokumintiga: Wixii shakhsiyaadka naafada ah ama shakhsiyaadka ku hadla luuqad aan ka aheyn Ingiriis, OHA waxay ku siin kartaa warbixinta qaabab kale oo dadban sida fasiraadaha, daabacaada ballaaran, ama farta indhooleyaasha. Kala xidhiidh Qeybta Isgaarsiinta COVID-19

Barta 1-971-673-2411, 711 TTY ama COVID19.LanguageAccess@dhsosha.state.or.us