



EMPLOYEE HEALTH SCREENING

Woman's Hospital Foundation

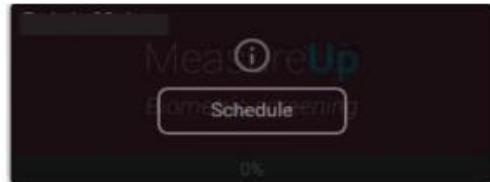
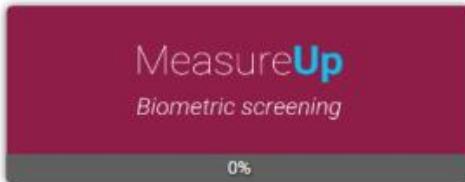
100 Woman's Way

Baton Rouge, LA 70817

Tests Include: Chem30, CBC, HbA1c, TSH for Females & PSA for Males Over 39, Blood Pressure, Height, Weight, Waist Circumference and BMI. **Fasting for 9 hours before your appointment is recommended.**

TO REQUEST YOUR SCREENING:

1. Go to <https://womanshospitalfoundation.healthymerits.com>. Please note registration cannot be completed from the Healthy Merits app; only from the Healthy Merits URL. Select **Register** if you need to activate your account. You will need to enter your information exactly as it appears on your Meritain Health Insurance ID Card. Your **Unique ID** is your Meritain ID Number.
2. Once you have logged In to your wellness portal, click on the **Measure Up** card and click **Schedule**. You will need to input your registration information one more time. From there, choose if you would like to participate at an on-site event or at a local lab.



3. Once you have completed the sign-up process, a confirmation page will be generated for you to print for your records.

Register for Offsite Lab:

If you are unable to make the date listed for your onsite screening, you can choose to be screened at an offsite lab. To do so, login as listed above, and select the Offsite Lab Screening option. Follow the instructions as prompted. Once complete, you will receive confirmation of your registration and will be emailed a lab form and instructions on how to complete your screening.

REMEMBER: Fasting (no food) for 9 hours before your appointment is recommended. Please drink plenty of water. Black coffee is permitted. Continue to take any prescription medications. If you are diabetic, please consult your physician before fasting. **A mask is required if not COVID vaccinated. A symptom questionnaire is required in order to participate at the onsite event.**

Questions? We're here to help. Just call Healthy Merits at 877-348-4533 or email healthymerits@meritain.com.



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Schedule of Events

Event Location	Event Date	Event Window	Room Location
Woman's Hospital Foundation	October 30th	6:00 AM - 10:00 AM	Atrium Garden Room
Woman's Hospital Foundation - AM Event	October 31st	5:00 AM - 9:10 AM	Atrium Garden Room
Woman's Hospital Foundation - PM Event	October 31st	4:00 PM - 8:00 PM	Atrium Garden Room
Woman's Hospital Foundation - BAT Center	November 1st	7:00 AM - 11:00 AM	BAT Center
Woman's Hospital Foundation - Wellness Center	November 1st	7:00 AM - 11:00 AM	Wellness Center
Woman's Hospital Foundation	November 2nd	6:00 AM - 10:10 AM	Atrium Garden Room
Woman's Hospital Foundation	November 3rd	5:00 AM - 9:00 AM	Atrium Garden Room
Woman's Hospital Foundation	November 6th	7:00 AM - 11:00 AM	HR Conference Room
Woman's Hospital Foundation	November 7th	5:00 AM - 9:10 AM	Atrium Garden Room
Woman's Hospital Foundation	November 8th	7:00 AM - 11:00 AM	HR Conference Room
Woman's Hospital Foundation - BAT Center	November 9th	7:00 AM - 11:00 AM	BAT Center
Woman's Hospital Foundation - Wellness Center	November 9th	7:00 AM - 11:00 AM	Wellness Center
Woman's Hospital Foundation - AM Event	November 10th	6:00 AM - 10:10 AM	Atrium Garden Room
Woman's Hospital Foundation - PM Event	November 10th	4:00 PM - 8:00 PM	Atrium Garden Room
Woman's Hospital Foundation	November 13th	6:00 AM - 10:00 AM	Atrium Garden Room
Woman's Hospital Foundation - BAT Center	November 14th	7:00 AM - 11:00 AM	BAT Center
Woman's Hospital Foundation - Wellness Center	November 14th	7:00 AM - 11:00 AM	Wellness Center
Woman's Hospital Foundation	November 15th	7:00 AM - 11:00 AM	HR Conference Room
Woman's Hospital Foundation - PM Event	November 15th	5:00 PM - 9:00 PM	Atrium Garden Room
Woman's Hospital Foundation	November 16th	5:00 AM - 9:10 AM	Atrium Garden Room
Woman's Hospital Foundation	November 17th	6:00 AM - 10:10 AM	Atrium Garden Room