

1072 Milwaukee Ave | Burlington, WI 53105 (262) 767-2929

https://racine.extension.wisc.edu/

# **Parenting Education - Fall 2020**

#### **Emotion Coaching**

Children experience many strong emotions. Learn strategies to: help the child identify and express strong feelings; use empathy and validation; and help the child problem solve.

Tuesday, October 6 9:00 - 10:00 AM
Thursday, October 8 2:00 - 3:00 PM
Registration Deadline: October 4

#### **Setting Expectations**

Children are more likely to comply when they know what behavior is expected of them. Learn tips to make clear expectations.

Tuesday, November 3 9:00 - 10:00 AM Thursday, November 5 2:00 - 3:00 PM Registration Deadline: November 1

## **Reading with Young Children**

Learn new ways to read with your child to improve their vocabulary, comprehension, and create a conversation around the book.

Tuesday, December 19:00 - 10:00 AMThursday, December 32:00 - 3:00 PMRegistration Deadline:November 29

## **Block Play**

Playing with blocks can be a fun and educational learning experience. Learn how parents/caregivers can use blocks to teach early math, reading, science, physical, and social skills.

Tuesday, October 20 9:00 - 10:00 AM Thursday, October 22 2:00 - 3:00 PM Registration Deadline: October 18

### **Creating Routines**

What parts of the day are difficult for your child? Getting ready for the day, mealtime, putting toys away, bedtime? Learn how to create and teach children routines.

Tuesday, November 17 9:00 - 10:00 AM Thursday, November 19 2:00 - 3:00 PM Registration Deadline: November 15

All workshops will be held online via Zoom

To register for workshops, visit: <a href="https://tinyurl.com/y5h9g3p5">https://tinyurl.com/y5h9g3p5</a>

For questions, contact <a href="mailto:sarah.hawks@wisc.edu">sarah.hawks@wisc.edu</a> or call 262-767-2929