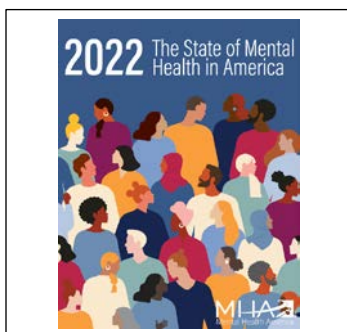


The Impact of Loss: How the COVID-19 Pandemic Has Affected the Behavioral Health of Youth.



Tools & Take-Aways:

- Grief supports- Coalition to support grieving students: <https://grievingstudents.org/>
- What's your grief? com -<https://whatsyourgrief.com/talking-kids-death-grief-10-comprehensive-tips/>
- Art with Heart (traumatic death)- <https://artwithheart.org/>
- National Center for School Crisis and Bereavement- <https://www.schoolcrisiscenter.org/>
- Talking with Kids about Tragic events- <https://www.dougy.org/resource-articles/talking-with-children-about-tragic-events>
- 10 things grieving students want you to know- <https://elunanetwork.org/resources/10-things-grieving-children-want-you-to-know>
- Rainbow Children - **Programs for Children with Incarcerated Parents /** <https://rainbows.org/services/incarceration>
- CDC -<https://www.cdc.gov/mentalhealth/stress-coping/grief-loss/index.html#loss-routine>

Support Groups for Children:

- Compassionate Friends provides support for parents who have lost children along with support groups for siblings.
- Sunshine Foundation provides a last wish for terminally ill children and their families.
- Starlight Foundation supports seriously ill kids.
- Dougy Center

Books for Children:

- Adler, C. S. (1993). **Daddy's Climbing Tree**. New York: Clarion Books. A father is killed in a hit-and-run accident.
- Anderson, Leone. (1979). **It's O.K. to Cry**. Elgin, IL: Child's World. Two brothers grieve the death of an uncle.
- Bartoli, Jennifer. (1975). **Nonna**. New York: Harvey House. A family deals with a grandmother's death.
- Gellman, M. (2002). **And God Cried, too**. New York: HarperTrophy. Recommended for 4-7 graders, helps answer challenging questions about why tragic events occur through conversations between Mikey, a guardian angel in training and “Big Angel” Gabe.
- Jones, Penelope. (1981). **Holding Together**. New York: Bradbury Press. Sisters help each other through the illness and death of their mother.

- Stiles, Norman. (1984). **I'll Miss You, Mr. Hooper**. New York: Random House. Big Bird mourns the death of Mr. Hooper. Contains notes for parents.
- Viorst, Judith. (1971). **The Tenth Good Thing about Barney**. New York: Atheneum. A child learns about death through the loss of a pet.
- Wolfelt, Alan. (2000). **Healing Your Grieving Heart: 100 Practical Ideas for Kids**. Ft. Collins, CO: Companion Press. Children 6-12 who have had a loved one die find ideas to help with the grief.

Books for Reference:

- Atle Dyregrov, **Grief in Children: A Handbook for Adults** (London: Jessica Kingsley Publishers, 1990), p.43.
- William C. Kroen. Ph.D., LMHC, **Helping Children Cope with the Loss of a Loved One** (Minneapolis: Free Spirit Publishing Inc.), p.41.
- Helen Fitzgerald, **The Grieving Child** (New York: Simon & Schuster, 1992), p.56.
- Theresa Huntley, **Helping Children Grieve** (Augsburg: Augsburg Fortress, 1991), p. 17
- Megan Devine, **It's OK That You're Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand**- <https://refugeingrief.com/book/>