

Student Food Pantry Updates

The Student Food Pantry is now open, offering pre-made "Pantry Grab Bags" for pick-up at the Stevenson Union. This week, stop by to pick up some free produce in addition to your Pantry Bag!

Current SOU students seeking supplemental food assistance from the SOU Food Pantry can check in at the SU Welcome Desk during open SU hours and a Welcome Team member will assist the student client.

This fall the Stevenson Union is open M-F 8am-9pm, subject to change during holidays and breaks.

Students can receive one Grab Bag per week. Each bag includes ten or more non-perishable food items, and students can pick from one of four types of bags: meat/non-vegetarian, vegetarian, vegan, or gluten free. The variety in each bag is based on inventory and the SFP strives to include a balance of food products that include proteins, grains, fruits and vegetables in each bag.

Questions? Contact foodpantry@sou.edu