



# The Institute for Learning in Retirement

*Celebrating 28 Years of Excellence in Lifelong Learning*

## SPRING 2025 COURSE CATALOG

REGISTRATION: MARCH 3-24  
CLASSES BEGIN MARCH 31

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LITERATURE / WRITING / SCIENCE  
NATURE / HORTICULTURE / GENEALOGY  
PHOTOGRAPHY / TECHNOLOGY / ART  
THEATER / MUSIC / CURRENT EVENTS  
POLITICS/HEALTH/NUTRITION/SPORTS  
GEOGRAPHY / HISTORY / RELIGION



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#### A Thank-You to Our Semester Sponsor!

We are grateful and honored for the sponsorship we've received from **Berkeley Square** this semester. This support enables us to maintain affordable pricing while boosting the financial health of our program. In addition to their generous financial assistance, Berkeley Square will also be hosting our ILR Annual Meeting and Ice Cream Social (see page 8) and a FNSFA (Frolicking Not-So-Far Afield) tour (see page 10) at their beautiful Hamilton location. Join us to see if Berkeley Square is an ideal fit for your lifestyle.

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# WHAT IS ILR?



for more information  
[MiamiOH.edu/ILR](http://MiamiOH.edu/ILR)

The Institute for Learning in Retirement (ILR) at Miami University, founded in 1997, is an educational organization that offers a wide variety of noncredit courses, Special Events, and activities to meet the continuing educational and social interests of everyone over age 50. ILR is funded, governed, and supported by its members.

Our volunteer instructors—retired or working professionals and scholars—create a stimulating environment through an exciting array of academic and general interest subjects. There are no tests, grades, homework assignments (other than some suggested reading), or prerequisites.

## What It Means to Be a Member

There are two options for participating in ILR: member or non-member. An ILR member is anyone who pays the semester membership fee, which entitles you to register for an unlimited number of courses and events. Once you've participated as a member for your first semester, you're considered a returning member for future semesters.

Non-members do not pay the semester membership fee and, therefore, cannot register for unlimited courses but are welcome to participate in *select* Special Events. See more information about membership on page 30.

## Pricing and Fees

The semester membership fee of \$145 per person allows you to register for as many ILR courses and events as you wish. Additional fees may be charged for books, supplies, tours, etc., according to course and event requirements. Additional fees, if any, are mentioned within each course description as well as the registration form and online registration. Select Special Events are available to non-members for free or at à la carte pricing. See more information about pricing and fees on page 30.

## Register by March 24

Our Special Events, self-drive tours, and courses have limited enrollment and may reach capacity. To ensure you're not waitlisted for your favorites, please register early. During registration, the ILR website will be updated with our current offerings and the link to register online. Mail-in registrations will be processed in the order they are received.

### OUR MISSION STATEMENT

The Institute for Learning in Retirement (ILR) at Miami University provides opportunities to explore, develop, and share knowledge and skills in a wide variety of topics. Courses taught by volunteer instructors, complemented by a variety of special events, enable participants to broaden their horizons and engage with other lifelong learners.

### WHAT'S INSIDE

At-a-Glance Schedules .....	4-7
Special Events .....	8-10
Monday Courses .....	11-13
Tuesday Courses .....	14-18
Wednesday Courses .....	19-22
Thursday Courses .....	23-25
Friday Courses .....	26-27
Supporting ILR .....	28-29
Registration Information .....	30
Registration Forms .....	31-34

### ILR BOARD OF DIRECTORS

#### Executive Committee

Ben Mattox, *Chair*  
Paul Allen, *Vice Chair*  
Sante Matteo, *Secretary*  
Chris Skoglund, *Treasurer*

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Mary Jane Berman  
Tom Cooke  
Charles Ganelin  
Don Hanson  
Anne Morris-Hooke  
Rod Nimtz  
Robin Seaver  
Pat Sidley

#### Ex Officio Members

Leah Janssen  
*Scripps Gerontology Center*  
Judy Macke  
*Global Initiatives*  
Cheryl D. Young  
*Global Initiatives*



# Course/Event Schedule by Day/Time

Day	Course/Event Title	Site	Location	Time	Weeks	Start	End	Page
Special Events	March Gladness Luncheon	Oxford	Knolls of Oxford, Auditorium	11:30a-2:00p	1	3/20	3/20	8
	Seven Things to Know About Living Wills	West Chester	VOALC, Room 128	9:00a-10:15a	1	4/1	4/1	14
	FNSFA: Cleveland-Cliffs Research and Innovation Center	Off-Site	6180 Research Way, Middletown	9:30a-12:00p	1	4/4	4/4	10
	Why Trusts Are Important Estate Planning Tools	West Chester	VOALC, Room 128	9:00a-10:15a	1	4/8	4/8	14
	FNSFA: Hamilton Water Treatment-South Plant Tour	Off-Site	5140 River Road, Fairfield, OH	10:00a-12:00p	1	4/11	4/11	10
	Renewing Your Mind by Training Your Brain	West Chester	VOALC, Auditorium	2:15p-3:30p	1	4/11	4/11	27
	Tax Day Pottery	Off-Site	The Studio, 547 Main St., Hamilton	6:00p-8:00p	1	4/15	4/15	8
	FNSFA: St. Rita School for the Deaf	Off-Site	1720 Glendale-Milford Rd., Cincinnati	10:00a-12:00p	1	4/25	4/25	10
	What's Killing Our Birds?	West Chester	VOALC, Auditorium	2:15p-3:30p	1	4/29	4/29	18
	Singing the Great Hymns of Wales: <i>Gymanfa Ganu</i>	Oxford	Sesquicentennial Chapel	4:00p-5:30p	1	4/30	4/30	22
	FNSFA: Back to School in the Grove Tram Tour	Off-Site	4521 Spring Grove Ave., Cincinnati	10:00a-12:00p	1	5/2	5/2	10
	FNSFA: Berkeley Square Tour	Hamilton	100 Berkeley Dr., Hamilton	12:00p-2:00p	1	5/9	5/9	10
	ILR Annual Meeting & Ice Cream Social	Hamilton	Berkeley Square, Lounge, Hamilton	2:00p-4:00p	1	5/9	5/9	8
Monday	From Rome to the Romanesque	Online	Online	9:00a-10:15a	5	3/31	4/28	11
	Wired to Wireless: A Short History of Electronic Media	Oxford	Richard & Carole Cocks Art Museum	9:00a-10:15a	5	3/31	4/28	11
	Why Me? The Book of Job and the Pain of Undeserved Suffering	Oxford	Boyd Hall, Room 228	9:00a-10:15a	5	3/31	4/28	11
	Between 11/9 and 9/11: America in the 1990s	Hybrid-Oxford	Online or R.C. Cocks Art Museum	10:45a-12:00p	5	3/31	4/28	11
	Eve-olution: How Women Shaped the Story of Humanity	Online	Online	10:45a-12:00p	5	3/31	4/28	12
	Sports in America	Monroe	Ohio Living Mt. P., Multi-Purpose Rm	12:30p-1:45p	5	3/31	4/28	12
	Monday Midday Lecture Series	Hybrid-Oxford	Online or R.C. Cocks Art Museum	12:30p-1:45p	5	3/31	4/28	12
	The History of Rock	Online	Online	2:15p-3:30p	5	3/31	4/28	12
	Experiencing the Craftsman Architecture of the Brothers Greene	Oxford	Instructors' Home, Oxford	2:15p-3:30p	5	3/31	4/28	13
	Ranking the U.S. in 2025: Top 10 Lists	Online	Online	4:00p-5:30p	1	3/31	3/31	13
	Writing a Legacy Letter	Online	Online	4:00p-5:30p	1	4/14	4/14	13
	Only Hope: My Mother and the Holocaust	Online	Online	4:00p-6:00p	1	4/7	4/7	13
Tuesday	Ageless Fitness 1	Oxford	Anytime Fitness	9:00a-10:00a	5	4/1	5/1	14
	Seven Things to Know About Living Wills	West Chester	VOALC, Room 100	9:00a-10:15a	1	4/1	4/1	14
	Why Trusts Are Important Estate Planning Tools	West Chester	VOALC, Room 100	9:00a-10:15a	1	4/8	4/8	14
	The Longest Winning Streak in Sports History	West Chester	VOALC, Room 100	9:00a-10:15a	2	4/15	4/22	14
	Tank Battalion	Oxford	Boyd Hall, Room 117	9:00a-10:15a	5	4/1	4/29	15
	Ageless Fitness 2	Oxford	Anytime Fitness	10:00a-11:00a	5	4/1	5/1	14
	Tai Chi and Qi Gong for Health	Monroe	Ohio Living Mt. Pleasant, Activity Bldg	10:45a-12:00p	5	4/1	4/29	15
	A Salute to Veterans: Hear Their Stories	Oxford	Boyd Hall, Room 117	10:45a-12:00p	5	4/1	4/29	15
	Hemingway's Five Best Short Stories	Online	Online	10:45a-12:00p	5	4/1	4/29	15
	Heavy, Deep, and Real: The Importance of Uncomfy Conversation	West Chester	VOALC, Room 128	10:45a-12:00p	4	4/1	4/29	16
	Through the Golden Age of Hollywood and Beyond	West Chester	VOALC, Room varies-see desc	10:45a-12:00p	5	4/1	4/29	16
	Investing In Retirement for You, Your Kids, and Grandkids	Online	Online	12:30p-1:45p	5	4/1	4/29	16
	How To Stay Healthy Longer	Online	Online	12:30p-1:45p	6	4/1	5/6	16
	Five Great Films You Can Never Stop Thinking About	Hybrid-Oxford	Online or Boyd Hall, Room 228	12:30p-1:45p	5	4/1	4/29	16
	Tuesday Midday Lecture Series	West Chester	VOALC, Room varies-see desc	12:30p-1:45p	5	4/1	4/29	17
	Mysteries with a European Accent	West Chester	VOALC, Room 123	2:15p-3:30p	4	4/1	4/22	17
	Your Brain on Drugs	West Chester	VOALC, Room varies-see desc	2:15p-3:30p	4	4/1	4/22	17
	The Ring Cycle: Das Rheingold	Online	Online	2:15p-3:30p	4	4/1	4/22	18
	What's Killing Our Birds?	West Chester	VOALC, Auditorium	2:15p-3:30p	1	4/29	4/29	18
	Toys "R" Us: How Our Playthings Influence Who We Become	Oxford	Boyd Hall, Room 228	2:15p-4:00p	5	4/1	4/29	18
	A Wine Tour of Italy	Hybrid-Oxford	Online or LaRosa's	4:00p-5:15p	5	4/1	5/6	18

**Note: All ILR courses and events are held in EDT/EST**



# Course/Event Schedule by Day/Time

Day	Course/Event Title	Site	Location	Time	Weeks	Start	End	Page
Wednesday	Forgotten Presidents: Antebellum Presidents Rarely Mentioned	West Chester	VOALC, Auditorium	9:00a-10:15a	5	4/2	4/30	19
	Ultracrepidarian Forum	Oxford	Boyd Hall, Room 228	9:00a-10:15a	5	4/2	4/30	19
	AI and U: Artificial Intelligence Made Easy	Hybrid-West Chester	Online or VOALC, Auditorium	10:45a-12:00p	5	4/2	4/30	19
	Mobility and Balance	Monroe	Ohio Living Mt. Pleasant, Activity Bldg	10:45a-12:00p	4	4/2	4/23	19
	Toni Morrison's <i>Song of Solomon</i>	Online	Online	10:45a-12:00p	5	4/2	4/30	20
	Memoir Writing Workshop	Online	Online	12:30p-1:45p	5	4/2	4/30	20
	The Science of Everyday Stuff	Oxford	Lane Library, Havighurst Rm	12:30p-1:45p	5	4/2	4/30	20
	Wednesday Midday Lecture Series	West Chester	VOALC, Auditorium	12:30p-1:45p	5	4/2	4/30	20
	Finishing <i>Gravity's Rainbow</i>	Online	Online	2:15p-3:30p	5	4/2	4/30	21
	Get to Know Your Body Better	Hybrid-Oxford	Online or Boyd Hall, Room 228	2:15p-3:30p	5	4/2	4/30	21
	Business and Industry in Southwest Ohio	West Chester	VOALC, Auditorium	2:15p-3:30p	5	4/2	4/30	21
	Quiet Damage: Conspiracy's Impact on Human Connection	Online	Online	2:15p-3:30p	5	4/2	4/30	21
	Welsh Hymn Festivals in North America: <i>Gymanfa Ganu</i>	Oxford	Boyd Hall, Room 228	4:00p-5:15p	4	4/2	4/23	22
	Singing the Great Hymns of Wales: <i>Gymanfa Ganu</i>	Oxford	Sesquicentennial Chapel	4:00p-5:30p	1	4/30	4/30	22
	Caribbean Archaeology up to Conquest: Studies in Resilience	Online	Online	4:00p-5:30p	5	4/2	4/30	22
Thursday	Do You Know Where Your Tap Water Comes From?	Oxford	Boyd Hall, Room 117	9:00a-10:15a	5	4/3	5/1	23
	Google Photos: Memories Organized, Searchable, Shareable Fun	Online	Online	9:00a-10:15a	5	4/3	5/1	23
	Where Have All the Flowers Gone? Music and the Vietnam War	Hybrid-West Chester	Online or VOALC, Auditorium	10:45a-12:00p	5	4/3	5/1	23
	The Many Aspects of Food in Our Lives	Oxford	Boyd Hall, Room 117	10:45a-12:00p	5	4/3	5/1	23
	Political Polarization: Key Sources and Depolarizing Skills	West Chester	VOALC, Room 128	10:45a-12:00p	5	4/3	5/1	24
	Teaching America to Read: William H. McGuffey and His Readers	Online	Online	10:45a-12:00p	5	4/3	5/1	24
	Resources and Information for Older Adults	Oxford	Lane Library, Havighurst Rm	12:30p-1:45p	5	4/3	5/1	24
	Falling in Love at the Movies	West Chester	Chesterwood Village, Monarch Theatre	12:30p-3:30p	5	4/3	5/1	24
	Travel with Friends	West Chester	VOALC, Auditorium	12:30p-1:45p	5	4/3	5/1	25
	Honey, I'm Home! What's for Dinner?	West Chester	VOALC, Room 100	2:15p-3:30p	5	4/3	5/1	25
	Guilty Pleasures	Online	Online	2:15p-3:30p	5	4/3	5/1	25
	Sports Around The World	Hybrid-Oxford	Online or Boyd Hall, Room 228	2:15p-3:30p	5	4/3	5/1	25
Friday	Financial Psychology—How to Avoid Common Financial Mistakes	Online	Online	9:00a-10:00a	5	4/4	5/2	26
	Unlocking the Secrets of Origami	Online	Online	10:45a-12:00p	5	4/4	5/2	26
	Five Conceptions of Immortality	Oxford	Knolls of Oxford, Boardroom	10:45a-12:00p	5	4/4	5/2	26
	Introduction to Illuminated Manuscripts	Oxford	King Library, Room 320	10:45a-12:00p	5	4/4	5/2	26
	Seniors Travel the World	Oxford	Boyd Hall, Room 107	12:30p-1:45p	5	4/4	5/2	26
	Friday Matinees: Hell on Reels—Dante Gets Lost in Hollywood	Online	Online	2:15p-3:30p	5	4/4	5/2	27
	EV or Not EV: That is the Question	Online	Online	2:15p-3:30p	5	4/4	5/2	27
	Renewing Your Mind by Training Your Brain	West Chester	VOALC, Auditorium	2:15p-3:30p	1	4/11	4/11	27

To view courses grouped by site/format, see next pages



Note: All ILR courses and events are held in EDT/EST



# Course Schedule by Site/Format

Site	Format	Course/Event Title	Location	Day	Time	Weeks	Start	End	Page
Varies	In person	March Gladness Luncheon	Knolls of Oxford, Auditorium	Thursday	11:30a-2:00p	1	3/20	3/20	8
	In person	FNSFA: Cleveland-Cliffs Research and Innovation Center	6180 Research Way, Middletown	Friday	9:30a-12:00p	1	4/4	4/4	10
	In person	FNSFA: Hamilton Water Treatment-South Plant Tour	5140 River Road, Fairfield	Friday	10:00a-12:00p	1	4/11	4/11	10
	In person	Tax Day Pottery	The Studio, 547 Main St., Hamilton	Tuesday	6:00p-8:00p	1	4/15	4/15	8
	In person	FNSFA: St. Rita School for the Deaf	1720 Glendale-Milford Rd., Cincinnati	Friday	10:00a-12:00p	1	4/25	4/25	10
	In person	FNSFA: Back to School in the Grove Tram Tour	4521 Spring Grove Ave., Cincinnati	Friday	10:00a-12:00p	1	5/2	5/2	10
	In person	FNSFA: Berkeley Square Tour	100 Berkeley Dr., Hamilton	Friday	12:00p-2:00p	1	5/9	5/9	10
	In person	ILR Annual Meeting & Ice Cream Social	Berkeley Square, Lounge, Hamilton	Friday	2:00p-4:00p	1	5/9	5/9	8
Monroe	In person	Sports in America	Ohio Living Mt. P., Multi-Purpose Rm	Monday	12:30p-1:45p	5	3/31	4/28	12
	In person	Tai Chi and Qi Gong for Health	Ohio Living Mt. Pleasant, Activity Bldg	Tuesday	10:45a-12:00p	5	4/1	4/29	15
	In person	Mobility and Balance	Ohio Living Mt. Pleasant, Activity Bldg	Wednesday	10:45a-12:00p	4	4/2	4/23	19
Online and Hybrid	Online	From Rome to the Romanesque	Online	Monday	9:00a-10:15a	5	3/31	4/28	11
	Hybrid	Between 11/9 and 9/11: America in the 1990s	Online or R.C. Cocks Art Museum	Monday	10:45a-12:00p	5	3/31	4/28	11
	Online	Eve-olution: How Women Shaped the Story of Humanity	Online	Monday	10:45a-12:00p	5	3/31	4/28	12
	Hybrid	Monday Midday Lecture Series	Online or R.C. Cocks Art Museum	Monday	12:30p-1:45p	5	3/31	4/28	12
	Online	The History of Rock	Online	Monday	2:15p-3:30p	5	3/31	4/28	12
	Online	Ranking the U.S. in 2025: Top 10 Lists	Online	Monday	4:00p-5:30p	1	3/31	3/31	13
	Online	Only Hope: My Mother and the Holocaust	Online	Monday	4:00p-6:00p	1	4/7	4/7	13
	Online	Writing a Legacy Letter	Online	Monday	4:00p-5:30p	1	4/14	4/14	13
	Online	Hemingway's Five Best Short Stories	Online	Tuesday	10:45a-12:00p	5	4/1	4/29	15
	Online	Investing In Retirement for You, Your Kids, and Grandkids	Online	Tuesday	12:30p-1:45p	5	4/1	4/29	16
	Online	How To Stay Healthy Longer	Online	Tuesday	12:30p-1:45p	6	4/1	5/6	16
	Hybrid	Five Great Films You Can Never Stop Thinking About	Online or Boyd Hall, Room 228	Tuesday	12:30p-1:45p	5	4/1	4/29	16
	Online	The Ring Cycle: Das Rheingold	Online	Tuesday	2:15p-3:30p	4	4/1	4/22	18
	Hybrid	A Wine Tour of Italy	Online or LaRosa's	Tuesday	4:00p-5:15p	5	4/1	5/6	18
	Hybrid	AI and U: Artificial Intelligence Made Easy	Online or VOALC, Auditorium	Wednesday	10:45a-12:00p	5	4/2	4/30	19
	Online	Toni Morrison's <i>Song of Solomon</i>	Online	Wednesday	10:45a-12:00p	5	4/2	4/30	20
	Online	Memoir Writing Workshop	Online	Wednesday	12:30p-1:45p	5	4/2	4/30	20
	Online	Finishing <i>Gravity's Rainbow</i>	Online	Wednesday	2:15p-3:30p	5	4/2	4/30	21
	Online	Quiet Damage: Conspiracy's Impact on Human Connection	Online	Wednesday	2:15p-3:30p	5	4/2	4/30	21
	Hybrid	Get to Know Your Body Better	Online or Boyd Hall, Room 228	Wednesday	2:15p-3:30p	5	4/2	4/30	21
	Online	Caribbean Archaeology up to Conquest: Studies in Resilience	Online	Wednesday	4:00p-5:30p	5	4/2	4/30	22
	Online	Google Photos: Memories Organized, Searchable, Shareable Fun	Online	Thursday	9:00a-10:15a	5	4/3	5/1	23
	Hybrid	Where Have All the Flowers Gone? Music and the Vietnam War	Online or VOALC, Auditorium	Thursday	10:45a-12:00p	5	4/3	5/1	23
	Online	Teaching America to Read: William H. McGuffey and His Readers	Online	Thursday	10:45a-12:00p	5	4/3	5/1	24
	Online	Guilty Pleasures	Online	Thursday	2:15p-3:30p	5	4/3	5/1	25
	Hybrid	Sports Around The World	Online or Boyd Hall, Room 228	Thursday	2:15p-3:30p	5	4/3	5/1	25
	Online	Financial Psychology—How to Avoid Common Financial Mistakes	Online	Friday	9:00a-10:00a	5	4/4	5/2	26
	Online	Unlocking the Secrets of Origami	Online	Friday	10:45a-12:00p	5	4/4	5/2	26
	Online	Friday Matinees: Hell on Reels—Dante Gets Lost in Hollywood	Online	Friday	2:15p-3:30p	5	4/4	5/2	27
	Online	EV or Not EV: That Is the Question	Online	Friday	2:15p-3:30p	5	4/4	5/2	27



To view courses grouped by day/time, see prior pages

Note: All ILR courses and events are held in EST/EDT



# Course Schedule by Site/Format

Site	Format	Course/Event Title	Location	Day	Time	Weeks	Start	End	Page
Oxford and Hybrid	In person	Wired to Wireless: A Short History of Electronic Media	Richard and Carole Cocks Art Museum	Monday	9:00a-10:15a	5	3/31	4/28	11
	In person	Why Me? The Book of Job and the Pain of Undeserved Suffering	Boyd Hall, Room 228	Monday	9:00a-10:15a	5	3/31	4/28	11
	Hybrid	Between 11/9 and 9/11: America in the 1990s	Online or R.C. Cocks Art Museum	Monday	10:45a-12:00p	5	3/31	4/28	11
	Hybrid	Monday Midday Lecture Series	Online or R.C. Cocks Art Museum	Monday	12:30p-1:45p	5	3/31	4/28	12
	In person	Experiencing the Craftsman Architecture of the Brothers Greene	Instructors' Home, Oxford	Monday	2:15p-3:30p	5	3/31	4/28	13
	In person	Ageless Fitness 1	Anytime Fitness	Tuesday	9:00a-10:00a	5	4/1	5/1	14
	In person	Tank Battalion	Boyd Hall, Room 117	Tuesday	9:00a-10:15a	5	4/1	4/29	15
	In person	Ageless Fitness 2	Anytime Fitness	Tuesday	10:00a-11:00a	5	4/1	5/1	14
	In person	A Salute to Veterans: Hear Their Stories	Boyd Hall, Room 117	Tuesday	10:45a-12:00p	5	4/1	4/29	15
	Hybrid	Five Great Films You Can Never Stop Thinking About	Online or Boyd Hall, Room 228	Tuesday	12:30p-1:45p	5	4/1	4/29	16
	In person	Toys "R" Us: How Our Playthings Influence Who We Become	Boyd Hall, Room 228	Tuesday	2:15p-4:00p	5	4/1	4/29	18
	Hybrid	A Wine Tour of Italy	Online or LaRosa's	Tuesday	4:00p-5:15p	5	4/1	5/6	18
	In person	Ultracrepidarian Forum	Boyd Hall, Room 228	Wednesday	9:00a-10:15a	5	4/2	4/30	19
	In person	The Science of Everyday Stuff	Lane Library, Havighurst Rm	Wednesday	12:30p-1:45p	5	4/2	4/30	20
	Hybrid	Get to Know Your Body Better	Online or Boyd Hall, Room 228	Wednesday	2:15p-3:30p	5	4/2	4/30	21
	In person	Welsh Hymn Festivals in North America: <i>Gymanfa Ganu</i>	Boyd Hall, Room 228	Wednesday	4:00p-5:15p	4	4/2	4/23	22
	In person	Singing the Great Hymns of Wales: <i>Gymanfa Ganu</i>	Sesquicentennial Chapel	Wednesday	4:00p-5:30p	1	4/30	4/30	22
	In person	Do You Know Where Your Tap Water Comes From?	Boyd Hall, Room 117	Thursday	9:00a-10:15a	5	4/3	5/1	23
	In person	The Many Aspects of Food in Our Lives	Boyd Hall, Room 117	Thursday	10:45a-12:00p	5	4/3	5/1	23
	In person	Resources and Information for Older Adults	Lane Library, Havighurst Rm	Thursday	12:30p-1:45p	5	4/3	5/1	24
	Hybrid	Sports Around The World	Online or Boyd Hall, Room 228	Thursday	2:15p-3:30p	5	4/3	5/1	25
	In person	Five Conceptions of Immortality	Knolls of Oxford, Boardroom	Friday	10:45a-12:00p	5	4/4	5/2	26
	In person	Introduction to Illuminated Manuscripts	King Library, Room 320	Friday	10:45a-12:00p	5	4/4	5/2	26
	In person	Seniors Travel the World	Boyd Hall, Room 107	Friday	12:30p-1:45p	5	4/4	5/2	26
West Chester and Hybrid	In person	Seven Things to Know About Living Wills	VOALC, Room 100	Tuesday	9:00a-10:15a	1	4/1	4/1	14
	In person	Why Trusts Are Important Estate Planning Tools	VOALC, Room 100	Tuesday	9:00a-10:15a	1	4/8	4/8	14
	In person	The Longest Winning Streak in Sports History	VOALC, Room 100	Tuesday	9:00a-10:15a	2	4/15	4/22	14
	In person	Heavy, Deep, and Real: The Importance of Uncomfy Conversation	VOALC, Room 128	Tuesday	10:45a-12:00p	4	4/1	4/29	16
	In person	Through the Golden Age of Hollywood and Beyond	VOALC, Auditorium (Room 100 on 4/8)	Tuesday	10:45a-12:00p	5	4/1	4/29	16
	In person	Tuesday Midday Lecture Series	VOALC, Auditorium (Room 100 on 4/8)	Tuesday	12:30p-1:45p	5	4/1	4/29	17
	In person	Mysteries with a European Accent	VOALC, Room 123	Tuesday	2:15p-3:30p	4	4/1	4/22	17
	In person	Your Brain on Drugs	VOALC, Auditorium (Room 100 on 4/8)	Tuesday	2:15p-3:30p	4	4/1	4/22	17
	In person	What's Killing Our Birds?	VOALC, Auditorium	Tuesday	2:15p-3:30p	1	4/29	4/29	18
	In person	Forgotten Presidents: Antebellum Presidents Rarely Mentioned	VOALC, Auditorium	Wednesday	9:00a-10:15a	5	4/2	4/30	19
	Hybrid	AI and U: Artificial Intelligence Made Easy	Online or VOALC, Auditorium	Wednesday	10:45a-12:00p	5	4/2	4/30	19
	In person	Wednesday Midday Lecture Series	VOALC, Auditorium	Wednesday	12:30p-1:45p	5	4/2	4/30	20
	In person	Business and Industry in Southwest Ohio	VOALC, Auditorium	Wednesday	2:15p-3:30p	5	4/2	4/30	21
	Hybrid	Where Have All the Flowers Gone? Music and the Vietnam War	Online or VOALC, Auditorium	Thursday	10:45a-12:00p	5	4/3	5/1	23
	In person	Political Polarization: Key Sources and Depolarizing Skills	VOALC, Room 128	Thursday	10:45a-12:00p	5	4/3	5/1	24
	In person	Falling in Love at the Movies	Chesterwood Village, Monarch Theatre	Thursday	12:30p-3:30p	5	4/3	5/1	24
	In person	Travel with Friends	VOALC, Auditorium	Thursday	12:30p-1:45p	5	4/3	5/1	25
	In person	Honey, I'm Home! What's for Dinner?	VOALC, Room 100	Thursday	2:15p-3:30p	5	4/3	5/1	25
	In person	Renewing Your Mind by Training Your Brain	VOALC, Auditorium	Friday	2:15p-3:30p	1	4/11	4/11	27

**Note: All ILR courses and events are held in EST/EDT**



# Special Events

## March Gladness Luncheon

**REGISTER EARLY!**

**Location:** The Knolls of Oxford, Auditorium

**Date:** Thursday, March 20; 11:30 am–2:00 pm

**Cost:** \$20 Member and Non-Member

**NOTE:** Registration for this event is separate from the ILR semester.

**See ILR website to register.**

Shake off winter's chill and welcome the first day of spring with us at our March Gladness Luncheon! Leave the basketball madness behind and join us for an afternoon of great company, delectable dishes, and plenty of cheer as we look ahead to our semester's exciting lineup. After indulging in a delicious catered hot buffet, we'll be treated to a lively performance by **Something Good**, a local band of talented singing sisters who have been enchanting audiences with their harmonious melodies and the "songs you love to hear" for over 30 years. With a touch of madness and a heap of gladness, this slam-dunk event is your winning ticket to an afternoon filled with energizing music, great fun, and camaraderie.

### Southern BBQ Buffet Menu

Kentucky Pulled Pork BBQ	Classic Cabbage Coleslaw
Buttermilk Fried Chicken	Cheddar Jalapeno Cornbread
Macaroni and Cheese	Fresh Fruit Salad
Bourbon BBQ Baked Beans	Strawberry Shortcake

Contact ILR to order vegan or gluten-free options



## Tax Day Pottery

**Location:** The Studio, 547 Main St, Hamilton

**Date:** Tuesday, April 15; 6:00–8:00 pm

**Cost:** \$20 | Member and Non-Member

Feeling overwhelmed by Tax Day? Put down the calculator and pick up some green(ware)! Join us for a hands-on pottery painting class designed to help you relax, unwind, and get your hands busy in the most therapeutic way possible. Whether you're a seasoned pro or a first-timer, we'll guide you through creating your own unique piece—no spreadsheets required. This fun, stress-busting session will leave you with a sense of accomplishment and a masterpiece of your own design. Trade IRS anxiety for ILR fun. Let's make art, not taxes! Wine and light refreshments provided.

## ILR Annual Meeting and Ice Cream Social

**Location:** Berkeley Square, The Lounge, 51 Capitol Crescent, Hamilton

**Date:** Friday, May 9; 2:00–4:00 pm

**Cost:** \$10 Member | \$12 Non-Member

Established in 1908, Aglamesis Bro's has earned a national reputation for outstanding quality. Now, they're bringing their Old World ice cream recipes and Italian ice flavors to ILR! Create your own sundae using award-winning flavors and a variety of traditional toppings. But before the tasty fun begins, we'll wrap up our end-of-year business and dish out the latest scoop during a (very) condensed board meeting where you'll have the opportunity to vote for your new board members. **Note: Wanting to learn more about Berkeley Square? An information session and tour of Berkeley Square will be held immediately preceding this event. See page 10 for details.**



## Volunteer for ILR

While volunteer activities are our lifeblood, they do not require extensive time commitments. Sharing a bit of your time can ensure our program's success. Would you like to be on the ILR Board, help in the classroom, or join a committee to plan an upcoming semester? ILR is twice the fun when you get involved, make new friends, and serve as a volunteer.



Apply on our website  
[MiamiOH.edu/ILR](https://MiamiOH.edu/ILR)

## Single-Session Lectures

These select single-session lectures are open to both members and non-members. Registration is required.

### SEVEN THINGS TO KNOW ABOUT LIVING WILLS

Location: West Chester, VOALC, Room 128

Date: Tuesday, April 1; 9:00–10:15 am

Cost: Free | Members and Non-Members

More info on pg. 14

### WHY TRUSTS ARE IMPORTANT ESTATE PLANNING TOOLS

Location: West Chester, VOALC, Room 128

Date: Tuesday, April 8; 9:00–10:15 am

Cost: Free | Members and Non-Members

More info on pg. 15

### RENEWING YOUR MIND BY TRAINING YOUR BRAIN

Location: West Chester, VOALC, Auditorium

Date: Friday, April 11; 2:15–3:30 pm

Cost: Free | Members and Non-Members

More info on pg. 27

### WHAT'S KILLING OUR BIRDS?

Location: West Chester, VOALC, Auditorium

Date: Tuesday, April 29; 2:15–3:30 pm

Cost: Free | Members and Non-Members

More info on pg. 18

### SINGING THE GREAT HYMNS OF WALES: GYMANFA GANU

Location: Oxford, Sesquicentennial Chapel, 551 E. Spring St

Date: Wednesday, April 30; 4:00–5:30 pm

Cost: Free | Members and Non-Members

More info on pg. 22

## What Others Are Saying About ILR...

*"All of the 14 classes I registered for were great as I learned something from each class. I appreciated and enjoyed the variety of topics. The instructors were interesting and informative."*

~ Pam Williams (fall 2024)

*"Everyone I know regards ILR as one of life's blessings, and everyone looks forward eagerly to what the next semester will offer."*

~ Don Daiker (fall 2024)

*"Great program! Very well organized, I look forward to participating every semester. The variety of courses is truly amazing and the enthusiasm of everyone involved is inspiring."*

~ Kathleen German (fall 2024)

*"ILR offers an excellent series of classes—I would highly recommend this to others."*

~ Marc Bourgeois (fall 2024)





## Frolicking Not-So-Far Afield (FNSFA)\*

We often travel to distant lands without ever discovering the gems hidden in our own backyard. Join us as we do a little exploring closer to home. You may select any or all of these self-drive jaunts while planning to expand your local horizons.

**NOTE: Register for each tour individually, not as a series.** Be certain these tours do not overlap with any Friday morning classes you wish to attend. Events will occur rain or shine. Be prepared with appropriate footwear, outerwear, water bottle, etc. There will be a reasonable amount of walking and standing on each tour.

Coordinators: **Michael Ruther** and **Marilyn Ruther** are members of ILR's Special Events Committee.



### FNSFA: CLEVELAND-CLIFFS RESEARCH AND INNOVATION CENTER

**Location:** 6180 Research Way, Middletown

**Date:** Friday, April 4; 9:30 am–noon

**Cost:** Free | Members only

Cleveland-Cliffs is a leading North American steel producer with a focus on sheet products. The centerpiece of their research program is the Research and Innovation Center in Middletown. This state-of-the-art facility enables joint development projects, presents technical symposia, and hosts workshops designed to make steel work better for the customer. With a culture focused on innovation and collaboration, new products and processes are developed faster and more efficiently. **Note: This is not a tour of the steel making process; closed-toe shoes are required.**

### FNSFA: HAMILTON, OHIO SOUTH WATER TREATMENT PLANT TOUR

**Location:** 5140 River Rd, Fairfield

**Date:** Friday, April 11; 10:00 am–noon

**Cost:** Free | Members only

The Hamilton, Ohio South Water Treatment Plant draws raw water from 16 deep wells in the Great Miami Valley Buried Aquifer. The source of water, in combination with the treatment process and dedicated staff, have earned the City of Hamilton world recognition for producing “The Best Tasting Tap Water in the World.” Join us for some insight into how it's done!



### FNSFA: ST. RITA SCHOOL FOR THE DEAF

**Location:** 1720 Glendale Milford Rd, Cincinnati

**Date:** Friday, April 25; 10:00 am–noon

**Cost:** Free | Members only

Established in 1915, St. Rita School is a Catholic day school that offers residential and education programs for deaf children. It helps students in spiritual, educational, and social development. Take this opportunity to tour the facility and learn about the programs offered to meet the individualized special needs of each child.

### FNSFA: BACK TO SCHOOL IN THE GROVE TRAM TOUR

**Location:** 4521 Spring Grove Ave, Cincinnati

**Date:** Friday, May 2; 10:00 am–noon

**Cost:** \$5.00 | Members only

This tram tour offers a very unique ride through Spring Grove Cemetery, visiting sections that many have seldom seen. Our docent will introduce us to the special people buried within who were influential in local and national education. We will hear the stories of teachers, students, artists, writers, medical experts, and publishers, along with the founders of local educational institutions.

### FNSFA: BERKELEY SQUARE TOUR

**Location:** 100 Berkeley Dr, Hamilton

**Date:** Friday, May 9; noon–2:00 pm

**Cost:** Free | Members and Non-Members

As a proud sponsor of ILR's spring semester, Berkeley Square is excited to invite you to their campus. Learn about Life Plan Communities—what they are and how they differ from other types of communities. See the amenities and benefits they offer, learn about the levels of care and types of residential options available, and experience why residents choose to move to a Life Plan Community. Join us for light bites and refreshments followed by a tour of homes and their new indoor-outdoor recreational space, The Landing, located in the center of campus. **Note: The ILR Annual Meeting and Ice Cream Social will be held at Berkeley Square immediately following this tour. See page 8 for details.**

\*ILR events/classes involving walking/hiking/exercise may be strenuous for some. Please use discretion when registering.

## FROM ROME TO THE ROMANESQUE

This course explores the rich and complex history of Christian church architecture from its inception in the late Roman Empire to its flowering in 11th and 12th century Europe. From the reign of the Roman emperor Constantine and his successors in the eastern and western churches, Christian architecture developed in two principal categories: cathedral churches and baptistries, and monasteries, both of which evolved rapidly after the year 1000, ultimately leading to the birth of Gothic architecture. We will examine the engineering of vaults as well as the decoration of interiors and exteriors with mosaic and sculptural programs.

Instructor: **Robert Benson** is Professor Emeritus of Architectural History, Theory, and Criticism in Miami's Department of Architecture and Interior Design, which he chaired for 15 years.

5 Mondays: March 31–April 28; 9:00–10:15 am

Format: Virtual

Location: Online

## WIRED TO WIRELESS: A SHORT HISTORY OF ELECTRONIC MEDIA

Tracing the evolution of communication from the dots and dashes of the telegraph to the zeroes and ones of the internet, this course provides a historical overview of the development of electronic media. The course will examine the rise of sound recording, film, radio, and television and their evolution as media industries. We conclude with the arrival of the digital age and media convergence in the late 20th century. The birth of new technologies always starts with both the promise of what might be and panic over what could happen. The original vision of the inventors usually turns out to be something quite different from what the makers imagined.

Instructor: **Richard Campbell** is Professor Emeritus and founding chair of the Department of Media, Journalism, and Film at Miami University. He is author and co-author of five books on media.

5 Mondays: March 31–April 28; 9:00–10:15 am

Format: In person

Location: Oxford, Richard and Carole Cocks Art Museum, Auditorium



## WHY ME? THE BOOK OF JOB AND THE PAIN OF UNDESERVED SUFFERING

Whether one approaches the Book of Job as a sacred text or as a great work of literature, one thing remains clear: it is a story that explores in personal and painful depth and detail the issue of undeserved human suffering, and our possible responses to it. Since it was written, the extent to which the Book of Job has stimulated our thinking and challenged our everyday assumptions has been profound. The course will begin with a discussion of the book itself and the conclusions that its author may have arrived at. We will also discuss the relationship between the Book of Job and more contemporary authors such as Elie Wiesel, Harold Kushner, and Archibald MacLeish.

Class text: *The Book of Job*, translated by Stephen Mitchell, Harper Perennial, 1994, ISBN-10: 0060969598, ISBN-13: 978-0060969592

Instructor: **Alan deCourcy** retired from the University of Mount St. Joseph where he was Vice President of Academic Affairs and Associate Professor in the Department of Religious and Pastoral Studies.

5 Mondays: March 31–April 28; 9:00–10:15 am

Format: In person

Location: Oxford, Boyd Hall, Room 228

## BETWEEN 11/9 AND 9/11: AMERICA IN THE 1990S

The period from the fall of the Berlin Wall in November 1989 to the terrorist attacks of September 11, 2001, represents a unique time of peace between the end of the Cold War and the start of the War on Terror. At one level it is rightly remembered as a more peaceful, more prosperous, and less anxious era. But at another level, the political, cultural, and economic conflicts that agitate American society today were already on the launching pad. This class will review both sides of this era.

Instructor: **Rob Schorman** is Professor Emeritus of History at Miami University.

5 Mondays: March 31–April 28; 10:45 am–noon

Format: Hybrid

Location: Online or Oxford, Richard and Carole Cocks Art Museum, Auditorium



# Monday Courses

## EVE-OLUTION: HOW WOMEN SHAPED THE STORY OF HUMANITY

Discover how the female body shaped human evolution in this exploration of Cat Bohannon's *Eve: How the Female Body Drove 200 Million Years of Human Evolution*. Bohannon highlights the pivotal role of female anatomy and physiology in driving key adaptations like cooperation, communication, and culture. From childbirth to menopause, these uniquely female experiences fostered social bonds and shaped humanity's survival. We'll discuss human origins, aging, and a feminist perspective on science, uncovering how women's evolutionary influence continues to impact us today. No scientific expertise required—just curiosity!

Class text: Any edition of *Eve: How the Female Body Drove 200 Million Years of Human Evolution* by Cat Bohannon

Instructor: **Marianne Cotugno** is Professor of English at Miami University, a long-time ILR instructor, and intensely curious about the world around her.

5 Mondays: March 31–April 28; 10:45 am–noon

Format: Virtual

Location: Online

## SPORTS IN AMERICA

We will discuss all sports of interest at every level of competition, from youth level sports to professional and senior sports. Let's join in respectful and encouraging discussion with other sports fans and make new friends with a common love of sports.

Instructors: **Mike Mueller** enjoyed a career as a high school social studies teacher and coach. **Mike Snyder** is a lifelong resident of the tri-state and a very knowledgeable "sports guy." Both instructors currently reside in Mt. Pleasant Retirement Community in Monroe.

5 Mondays: March 31–April 28; 12:30–1:45 pm

Format: In person

Location: Monroe, Ohio Living Mt. Pleasant, Mt. Pleasant Place, Multi-Purpose Room

## MONDAY MIDDAY LECTURE SERIES

Each week the Monday Midday Lecture Series presents a speaker who will discuss a topic of interest and importance. Join us for this ILR tradition.

**March 31** – *Thinking Globally, Acting (Very) Locally: Climate Action Planning in Oxford, Ohio* – **David Prytherch** is Professor of Geography at Miami University and Oxford City Councilor.

**April 7** – *How Should We Remember the Past? Commemorating the 80th Anniversary of the Liberation of Luxembourg* – **John Forren** is Associate Professor and Interim Chair of the Department of Justice and Community Studies and Executive Director of the University's Menard Family Center for Democracy.

**April 14** – *From the Editor: Building the Oxford Free Press* – **Sean Scott** is an award-winning journalist and the founding editor of the *Oxford Free Press*.

**April 21** – *All Things Are Connected: Spirituality and Ecology* – **Fred Shaw** is a retired Elder of the United Methodist Church and an Olammapise (Truth-teller) for his Shawnee heritage.

**April 28** – *The Holocaust Through the Eyes of a Survivor* – Since retiring in 2014, **Irving Lubliner** has published and spoken on his mother's Holocaust-themed writings. **Note: This lecture will be online.**

Coordinator: **Charles Ganelin** is Professor Emeritus of Spanish and former Department Chair of Spanish and Portuguese at Miami University.

5 Mondays: March 31–April 28; 12:30–1:45 pm

Format: Hybrid

Location: Online or Oxford, Richard and Carole Cocks Art Museum, Auditorium

## THE HISTORY OF ROCK

We will survey the development of rock music, starting with early rock from musicians such as Elvis Presley, Little Richard, and Chuck Berry, and ending with our current post-rock period, with artists like Britney Spears, Katy Perry, Lady Gaga, and BTS.

Instructor: **John Hill** was a producer for Sony Music and a songwriter for April Blackwood Music and Screen Gems-Columbia. He's produced Chuck Berry, Fats Domino, Bob Dylan, George Harrison, and more.

5 Mondays: March 31–April 28; 2:15–3:30 pm

Format: Virtual

Location: Online



## EXPERIENCING THE CRAFTSMAN ARCHITECTURE OF THE BROTHERS GREENE AND GREENE

We invite you to learn about—see, taste, and feel—the era of the craftsman work of architects Greene and Greene in Pasadena, California, from 1905-1910. This course will be held in our home near Oxford, which features three floors of Greene and Greene architecture, with rooms inspired by the Gamble House (designed for David B. Gamble, son of the Procter & Gamble founder James Gamble). You'll also be treated to some turn-of-the-century-inspired refreshments. We will discuss the lives of the Greene brothers, their remarkable houses, replicas at the Lodge at Torrey Pines, and the tragedies and rescues of their masterworks.

Class text: Bruce Smith and Alexander Vertikoff, *Greene & Greene: Masterworks*, Chronicle Books, 1998, ISBN-10: 0811818780, ISBN-13: 978-0811818780

Instructors: **Milt** and **Phyllis Cox**, with local craftsmen, visited the Gamble House in Pasadena to experience the Greenes' work and expanded their home to a Greene craftsman during 2005-2008.

5 Mondays: March 31–April 28; 2:15–3:30 pm

Format: In person

Location: Oxford, Instructors' Home

**Note: The home, located five minutes outside of Oxford, is not wheelchair accessible and requires climbing stairs. Address information will be emailed upon registration.**

## RANKING THE U.S. IN 2025: TOP 10 LISTS

How does the U.S. compare to other nations in meeting the challenges the world faces in 2025? We will examine some 20 topics including taxes, economy, environment, education, energy, healthcare, climate change, immigration, safety, prosperity, music, personal happiness, and more. The "Top 10" format provides a quick snapshot of the U.S. rank relative to other nations. We will use international surveys by highly credible and impartial worldwide organizations to analyze the rankings.

Instructor: **Doug Stowell** is a consumer and political polling veteran in both the U.S. and EU markets. In 2008, he launched Market Resource Associates and currently conducts opinion research on global issues.

1 Monday: March 31; 4:00–5:30 pm

Format: Virtual

Location: Online

## WRITING A LEGACY LETTER

Your legal will bequeaths your valuables, but how do you transmit your values to your loved ones? A legacy letter (also called an "ethical will") is a written document that allows people to share their life lessons, express their values, and transmit their blessings to future generations. A legacy letter is shorter than a memoir, typically just a few pages. Writing one is a rewarding experience that creates an enduring gift for family, friends, and loved ones. This one-session online workshop includes discussion and brief writing exercises to help you examine your life history, explore your values, and capture important insights. It offers advice, encouragement, and a model structure to help you draft and complete your own legacy letter.

Instructor: **Jay Sherwin** has practiced law, given away money for five charitable foundations, and served as a hospital chaplain. He teaches legacy writing to students nationwide.

1 Monday: April 14; 4:00–5:30 pm

Format: Virtual

Location: Online

## ONLY HOPE: MY MOTHER AND THE HOLOCAUST

Before she passed away in 1974, Felicia Bornstein Lubliner wrote about her life in Nazi-occupied Poland during the Holocaust, and her internment in ghettos and two concentration camps, Auschwitz and Gross-Rosen. Her powerful stories have been published by her son, Irv Lubliner, who also contributed the foreword and afterword to *Only Hope: A Survivor's Stories of the Holocaust*. He will share excerpts from the book, shedding light on his mother's experiences and indomitable spirit, as well as his own experience as a child of Holocaust survivors and his process in bringing the book to fruition.

Suggested Text (optional): Any version of *Only Hope: A Survivor's Stories of the Holocaust* by Felicia Bornstein Lubliner

Instructor: **Irv Lubliner**, Professor Emeritus at Southern Oregon University, published his mother's writings on the Holocaust and has spoken about them to numerous adult education programs.

1 Monday: April 7; 4:00–6:00 pm

Format: Virtual

Location: Online



# Tuesday Courses

## AGELESS FITNESS 1 AND 2

Ageless Fitness is a safe and effective program for seniors to learn how to exercise properly, see results, and have fun. By maintaining good fitness and health, we can stay above the disability threshold and add quality years to our lives. This is done by taking an in-depth approach to the needs, goals, and limitations of our bodies. A pre-training assessment is required to ensure safety and test balance, the cardiorespiratory system, musculoskeletal state, neuromuscular response, cognitive response, and mobility. Each exercise session is done in a small group setting. This program is designed for anyone over the age of 50, regardless of current state of fitness.

Instructors: **Eddie Yates** is an ACE-certified personal trainer and a certified Functional Aging Specialist trained to help folks over 55 move and feel their best. **Joey Sauerland** is a certified Functional Aging Specialist and Parkinson's Wellness Recovery Instructor who specifically works with folks over the age of 55.

5 Tuesdays AND Thursdays: April 1–May 1;

9:00–10:00 am OR 10:00–11:00 am

Format: In person

Location: Oxford, Anytime Fitness

*"I'm so glad to have this experience. My balance and strength improved, which gave me hope for the future. The instructor, Eddie, did a great job of explaining and encouraging us."*

**Carol J Jones**  
FALL 2024

## SEVEN THINGS TO KNOW ABOUT LIVING WILLS

A living will, a component of an advanced health care directive, can outline your wishes so your loved ones can make informed decisions about your care in an emergency. Your living will doesn't pass assets and property to your heirs like a standard will and testament. Instead, it advises your doctors and family about how you want to receive medical care and may limit certain treatments. This program will cover seven things you should know regarding these documents.

Instructor: Attorney **Christopher Lavin** focuses his practice in elder law, estate planning, retirement, and asset protection with a focus on nursing home qualification of trusts, wills and POA.

1 Tuesday: April 1; 9:00–10:15 am

Format: In person

Location: West Chester, VOALC, Room 100



## WHY TRUSTS ARE IMPORTANT ESTATE PLANNING TOOLS

A trust is a legal arrangement where a person transfers their assets to a trustee. The trustee then manages and distributes those assets to heirs according to the terms specified in the trust agreement. This program will discuss the importance and uses of trusts in estate planning as well as the different types of trusts.

Instructor: Attorney **Christopher Lavin** focuses his practice in elder law, estate planning, retirement, and asset protection with a focus on nursing home qualification of trusts, wills and POA.

1 Tuesday: April 8; 9:00–10:15 am

Format: In person

Location: West Chester, VOALC, Room 100

## THE LONGEST WINNING STREAK IN SPORTS HISTORY

Yachting historian and New York Yacht Club America's Cup Committee member R. Steven Tsuchiya will share one of the most fascinating stories in all of sports: how the New York Yacht Club won the America's Cup 24 straight times from 1870 to 1980, and how the streak ended in 1983. Tsuchiya will discuss the reasons for the Club's success, including innovations in yacht design, superb seamanship, a disciplined management approach, and the decision it made in 1881 that rendered the Club almost unstoppable. He will also debunk myths such as the adage, "Britannia rules the waves, America waives the rules."

Instructor: **Steven Tsuchiya** is a yachting historian and Chairman of the Selection Committee of the America's Cup Hall of Fame. He is a co-author of *Winging It*.

2 Tuesdays: April 15–22; 9:00–10:15 am

Format: In person

Location: West Chester, VOALC, Room 100

\*ILR events/classes involving walking/hiking/exercise may be strenuous for some. Please use discretion when registering.

## TANK BATTALION

While the armored divisions made the headlines during World War II, it was the independent tank battalions, fighting alongside infantry divisions, that did the hard fighting across Europe. We will tell the story of the independent tank battalions through the eyes and with the voice of Bill Ubbes' father, a company commander in the 743rd Tank Battalion. The 743rd landed in the first wave on Omaha Beach, fought at St. Lo and Mortain, penetrated the Siegfried Line at Aachen, fought in the Bulge at Stavelot and Stoumont, and fought their way across Germany until they met Soviet troops. The 743rd was awarded the Presidential Unit Citation and the French Croix de Guerre for extraordinary heroism during the Normandy landings.

Instructor: **Bill Ubbes** is recently retired from a career in research and engineering project management. His father, Capt. Jean Ubbes, was a company commander in the 743rd Tank Battalion and would only reluctantly share these stories.

5 Tuesdays: April 1-29; 9:00-10:15 am  
Format: In person  
Location: Oxford, Boyd Hall, Room 117



## TAI CHI AND QI GONG FOR HEALTH

Harvard Medical School says "Tai Chi is the best activity for health and longer life." Tai Chi is much more than exercise. These beginning lessons center on building a healthier body, stronger heart, sharper mind, and improving balance to prevent falling. Tai Chi can increase stamina and reduce stress, depression, and high blood pressure. We will also learn acupuncture to fight pain, helping us feel better at any age. Activities can be performed seated for those with difficulty standing.

Instructor: **Larry C. Bobbert**, founder of Tai Chi Village, has more than 44 years as a Tai Chi practitioner.

5 Tuesdays: April 1-29; 10:45 am-noon  
Format: In person  
Location: Monroe, Ohio Living Mt. Pleasant, Activity Building

## A SALUTE TO VETERANS: HEAR THEIR STORIES

Let's meet once again to hear stories from fellow veterans about their time in the service of our country. Each week we will focus our discussion on a specific topic and then take turns sharing our related experiences. The funnier the better, but please, no X-rated tales! This is a great way for vets to enjoy the camaraderie of others who have served. All are welcome, irrespective of military service or not.

Instructors: **Paul Allen** is a retired U.S. Navy officer who served for 24 years and has lots of sea stories, some of which are true. **Jerry Riesenberger** is a U.S. Air Force veteran who served in Vietnam. He is a mainstay of the ILR Program.

5 Tuesdays: April 1-29; 10:45 am-noon  
Format: In person  
Location: Oxford, Boyd Hall, Room 117

## HEMINGWAY'S FIVE BEST SHORT STORIES

We will read and discuss Hemingway's "The End of Something," "Hills Like White Elephants," "Cross-Country Snow," "A Clean, Well-Lighted Place," and "Big Two-Hearted River." Our goal is to enjoy the stories and each other's company. Come join this reader-centered, participatory class to explore and experience Hemingway's "iceberg theory" in action—where meanings and significance often lie beneath the surface. For our first class, please read "The End of Something," pp. 79-82.

Class text: Ernest Hemingway, *The Complete Short Stories of Ernest Hemingway*. Finca Vigía ed., Scribner's, 1987, ISBN-10: 9780684843322, ISBN-13: 978-0684843322

Instructor: **Don Daiker**, Professor Emeritus of English and *Hemingway Review* board member, published *Hemingway's Earliest Heroes: Nick Adams and Jake Barnes* in 2024.

5 Tuesdays: April 1-29; 10:45 am-noon  
Format: Virtual  
Location: Online



# Tuesday Courses

## HEAVY, DEEP, AND REAL: THE IMPORTANCE OF UNCOMFY CONVERSATION

In this course, the participants will dive into the idea that we will all die. We will discuss grief that attaches to tangible and intangible deaths. This course will be interactive: participants will be able to explore their advanced directives, end of life rituals, and even have discussions about their own grief experiences and how they have grown from them.

Instructor: **Maria Lees-Dunlap** is an End-of-Life Doula and the Director of Foundation Development for Hospice of Southwest Ohio. She has accompanied hundreds of families through their own grief journeys since 2012.

4 Tuesdays: April 1–29; 10:45 am–noon

Format: In person

Location: West Chester, VOALC, Room 128

**Note: No class on April 22.**

## THROUGH THE GOLDEN AGE OF HOLLYWOOD AND BEYOND

Through discussion and film clips, we will review Broadway musicals from the mid-1960s on. Shows include *Hello Dolly*, *Fiddler on the Roof*, *Man of La Mancha*, *Funny Girl*, *Cabaret*, and *George M*. Featured composers and lyricists are Jerry Herman, Harnick and Bock, Jule Styne, and Kander and Ebb.

Instructor: **Doug Iden** has been an avid viewer of musicals for years and is currently a theater critic for the League of Cincinnati Theaters (LCT).

5 Tuesdays: April 1–29; 10:45 am–noon

Format: In person

Location: West Chester, VOALC, Auditorium

**Note: Class on April 8 will be held in VOALC, Room 100.**

## INVESTING IN RETIREMENT FOR YOU, YOUR KIDS, AND GRANDKIDS

Would you like to save your kids and grandkids thousands of dollars in fees over their lifetime of investing? This course will help you build a solid understanding of the stock market, focusing on how fees—such as a 1% assets under management (AUM) fee—can significantly erode investment returns over time. Instead of generalities, we'll explore strategies for building an investment portfolio, discuss key factors to consider when selecting specific securities, and introduce methods for managing investments with minimal ongoing effort using a “set and forget” wealth accumulation approach in retirement. This course offers valuable insights and practical strategies to help you make more informed decisions, no matter where you are in your retirement journey.

Instructor: Since 2007, **Thomas Schaber** has spent extensive time evaluating investment advisor “recommended” portfolios which revealed a “set and forget” portfolio.

5 Tuesdays: April 1–29; 12:30–1:45 pm

Format: Virtual

Location: Online

## HOW TO STAY HEALTHY LONGER

We will discuss the leading causes of death in the U.S. in 2023 (based on the most recent CDC data) focusing on their impact on our ability to live long, healthy lives, with emphasis on the risk factors for each of them, and discuss lifestyle choices to help us avoid them. The leading causes of death are heart disease, cancer, accidents, stroke, chronic lower respiratory diseases, Alzheimer's disease, diabetes, kidney disease, chronic liver disease and cirrhosis, and COVID-19.

Instructor: **John Stevenson**, Professor Emeritus of Microbiology, retired from Miami in 2015 after 41 years of teaching and research focused on immunology and infectious diseases.

6 Tuesdays: April 1–May 6; 12:30–1:45 pm

Format: Virtual

Location: Online

*“I am always amazed at John's depth of knowledge on his subject.”*

**Will McClain**  
SPRING 2024

## FIVE GREAT FILMS YOU CAN NEVER STOP THINKING ABOUT

One of the best things about film is its potential to cognitively stimulate the viewer in ways no other storytelling format can. Some of the best film experiences lead us to continue to think about and discuss a film hours, days, and years afterward. This course will present five such films: *The Manchurian Candidate* (1962), *The Thin Blue Line* (1988), *The Usual Suspects* (1995), *Run Lola Run* (1998), and *The Big Short* (2015). For each film we will discuss central themes and messages, filmmaking, cinematic techniques that enhance comprehension, and more. Prepare to see highly creative filmmaking, bold statements about social issues, and deep examinations of the unknown limits of the human experience.

Instructor: **Rich Miller** is a retired research scientist and longtime film enthusiast. He has dabbled heavily in amateur video making and is a weekly viewer of TCM's *Noir Alley*.

5 Tuesdays: April 1–29; 12:30–1:45 pm

Format: Hybrid

Location: Online or Oxford, Boyd Hall, Room 228

**Note: Instructor will provide a list of where these films can be viewed. Some films may require a small rental cost. Please view films before each class session.**

## TUESDAY MIDDAY LECTURE SERIES

Each week the Tuesday Midday Lecture Series presents a speaker who will discuss a topic of interest and importance. Join us for this ILR tradition.

- April 1** – *60 and Better* – **Susan Bradley** has worked as a professional in the field of aging at the community level and in retirement centers for 30 years. She has been the director at 60 and Better Center for 11 years. Susan will speak to us about the changes everyone can make to live a healthier and better life.
- April 8** – *The Man who Saved Cincinnati* – **Peter Bronson** is a former editor and columnist for *The Cincinnati Enquirer* and now owns and runs *Chilidog Press*. He is the author of several regional best seller books.
- April 15** – *Surviving the Holocaust* – **Bob Mermelstein** is the son of two Holocaust survivors. Bob will be telling the story of his mother, Joan Mermelstein, who survived an internment in three concentration camps during WWII.
- April 22** – *Welcome to Verdin Bell* – **Ericka Broenner** is the Sales Administrator Assistant and the Assistant for CEO Bob Verdin for the Verdin Bell Co, an innovator in making the finest bells, clocks, and carillons in the world. Ericka has worked for the Verdin Bell Co for over 20 years and is their resident historian on staff.
- April 29** – *The Book of Job in Art* – **Abby Schwartz** is the former director of Cincinnati Skirball Museum of Hebrew Union College. Abby will be leading us through a visual exploration of one of the Bible's most challenging books.

Coordinator: **Gabrielle Strand** was a teacher for the Lakota School District for 25 years.

5 Tuesdays: April 1–29; 12:30–1:45 pm

Format: In person

Location: West Chester, VOALC, Auditorium

**Note: Class on April 8 will be held at VOALC, Room 100.**

## MYSTERIES WITH A EUROPEAN ACCENT

Those with a love for mystery and a desire to travel vicariously to Europe should join us for the continuation of our European Mysteries class. Please read each book before its respective class.

- April 1** – *A Murder of Quality* written by John le Carré, presented by **Doug Iden**
- April 8** – *From Russia with Love* written by Ian Fleming, presented by **Tom Gard**
- April 15** – *The Thursday Murder Club* written by Richard Osman, presented by **David Butler**
- April 22** – *The Sunday Philosophy Club* written by Alexander McCall Smith, presented by **Doug Iden**

Class texts: Any edition of the texts listed above

Instructor: **Tom Gard** is an avid reader of mysteries and likes discussing them with fellow devotees.

4 Tuesdays: April 1–22; 2:15–3:30 pm

Format: In person

Location: West Chester, VOALC, Room 123

## YOUR BRAIN ON DRUGS

How do the drugs we take affect our brain? How do alcohol, marijuana, cocaine, and antihistamines alter brain function? Why do some drugs cause addiction while others do not? Do antidepressants really work? Why do we crave coffee in the morning? We all consume a large variety of drugs every day but rarely understand how they work. Let's tackle these fundamental questions by highlighting the latest research with illuminating insights, gentle humor, and welcome simplicity.

Suggested Text (optional): G.L. Wenk, *Your Brain on Food, How Chemicals Control Your Thoughts and Feelings*. 3rd ed., Oxford University Press, 2010, ISBN 10: 0190932791, ISBN 13: 9780190932794

Instructor: **Gary L. Wenk**, Professor of Neuroscience at The Ohio State University, studies how drugs affect the brain and serves on the Governor's Medical Marijuana Advisory Committee.

4 Tuesdays: April 1–22; 2:15–3:30 pm

Format: In person

Location: West Chester, VOALC, Auditorium

**Note: Class on April 8 will be held at VOALC, Room 100.**

*"Gary is a very good presenter, explaining a potentially difficult subject matter in layman's terms. He is always eager to answer questions and inject humor into his talks."*

**Dave Valensi**  
FALL 2024



# Tuesday Courses

## THE RING CYCLE: *DAS RHEINGOLD*

Experience the worlds of the ancient Norse gods, giants, dwarves, and men as we view and discuss *Das Rheingold*, the first of Richard Wagner's four opera Ring Cycle. We will explore the story through the lens of the music, mythology, and esoteric theories about the meaning of the opera. We will finish up the semester by taking a look at the wide variety of stagings of the story throughout time.

Instructor: **Deborah Lewis** has attended Ring Cycle performances since the 1990s and is the President of the Wagner Society of Cincinnati.

4 Tuesdays: April 1–22; 2:15–3:30 pm

Format: Virtual

Location: Online

## WHAT'S KILLING OUR BIRDS?

Nearly 1.4 billion birds die per year across North America at glass windows. At the University of Cincinnati, nearly 1,000 are killed annually. My research focuses on assessing the extent to which building, environmental, and artificial lights at night (ALAN) impact migratory birds during seasonal migration through the Greater Cincinnati and Ohio River Valley area, and the best mitigation practices to reduce fatalities. We will discuss how this issue is linked to habitats, communities, and ecosystems, and how birds serve as indicator, flagship, and umbrella species key to ecosystem functionality, with some field research stories along the way.

Instructor: **Ron Canterbury** is an academic director, lecturer, and avian researcher at the University of Cincinnati, as well as a master bird bander and Editor of *The Ohio Cardinal*.

1 Tuesday: April 29; 2:15–3:30 pm

Format: In person

Location: West Chester, VOALC, Auditorium



## TOYS “R” US: HOW OUR PLAYTHINGS INFLUENCE WHO WE BECOME

We live surrounded by everyday objects that hold the clues to who we really are. Our material universe represents an often-overlooked system of meaning and communication that we unwittingly read every day, using our interpretations to define ourselves and our society. Toys are a particularly important part of this world of hidden messaging. This course will explore the personal and cultural meanings of the playthings of childhood. It will focus on a fascinating range of beloved toys, the history of their invention, and their true significance.

Instructor: **Gene Metcalf** is Professor Emeritus of American Studies at Miami University. Gene's teaching and research is on American material culture, and he consults and lectures internationally on toys.

5 Tuesdays: April 1–29; 2:15–4:00 pm

Format: In person

Location: Oxford, Boyd Hall, Room 228

**Note: The ending time of each class will vary based on the length of the films viewed. Class time will not exceed two hours, including a midway break.**

## A WINE TOUR OF ITALY

We will take a tour of Italian wine regions and discuss differences in grape cultivation, including the geography, soil, climate, and more, delving into the history of grape growing. We will also learn about the culture of wine making, such as key influencers of the wine world and business dynamics. We will enjoy four wine tastings each class.

Instructors: As wine director, **Nicholas Gantenberg** is responsible for the wine inventory, purchases, tastings, and programs offered by The Spicy Olive. **Melanie Cedargren** is the owner of all three Ohio locations of The Spicy Olive, a tasting emporium for olive oils and balsamic vinegars.

Supply Fee: \$64, to be paid on the first day of class

5 Tuesdays: April 1–May 6; 4:00–5:15 pm

Format: Hybrid

Location: Online or Oxford, LaRosa's

**Note: No class on April 15; make-up date is May 6.**

**Students electing to participate online must live within driving distance of LaRosa's or The Spicy Olive for in-person pickup of wine samples on each class day.**

## GIVE THE GIFT OF ILR

Put an ILR gift certificate on your wish list and buy one for a friend. For birthdays, holidays, or “just because,” they're as thoughtful to give as they are exciting to receive.



## FORGOTTEN PRESIDENTS: ANTEBELLUM PRESIDENTS RARELY MENTIONED

Why are these ten presidents largely untaught in schools today? Let's get acquainted with John Quincy Adams, Martin Van Buren, Andrew Jackson, William Henry Harrison, John Tyler, James Polk, Zachary Taylor, Millard Fillmore, Franklin Pierce, and James Buchanan. Their policies and decisions profoundly shaped American politics, some of which led to the American Civil War.

Instructor: **Nicholas Andreadis** is Associate Professor Emeritus of the Homer Stryker M.D. School of Medicine, Western Michigan University's Department of Counselor Education and Counseling Psychology.

5 Wednesdays: April 2–30; 9:00–10:15 am

Format: In person

Location: West Chester, VOALC, Auditorium

*"Dr. Andreadis is very knowledgeable. For any students' questions that he could not answer immediately, he would research outside of class time and email his findings to the whole class. He also emailed his detailed notes to every student, which provided more in-depth coverage of the topic."*

**Deborah Fritz**  
FALL 2024

## ULTRACREPIDARIAN FORUM

In this course, your instructors will present factual point/counterpoint data to initiate discussion. They will select a topic for the first session, then the class will identify topics they want to discuss in subsequent sessions. Together, we will increase our understanding of current topics of controversy and debate. Additional facilitators will include Don Hanson and Richard Daniels.

Instructors: **Paul Allen**, retired U.S. Navy officer and Ohio civil servant, is a member of the ILR Board, Curriculum Committee, and Instructor Support Team. **Dawn Buroker** taught for 32 years in Ohio's public school system. Dawn taught a variety of subjects at all levels (K-12), in many environments, and is grateful for the perspective her career provided.

5 Wednesdays: April 2–30; 9:00–10:15 am

Format: In person

Location: Oxford, Boyd Hall, Room 228

## AI AND U: ARTIFICIAL INTELLIGENCE MADE EASY

This introductory AI course is designed to demystify Artificial Intelligence. We will define AI and explore its fundamentals such as its history, how it works, and where it is commonly used today. Some of the core concepts of AI, including machine learning, computer vision, and natural language processing, will be introduced in non-technical terms. We will discuss AI and the human brain, ethical issues, and how to evaluate the accuracy of AI generated information. Additionally, we will demonstrate several practical AI tools. Join professors of computer science, psychology, and business as well as a current PhD student studying AI as we explore this exciting field.

Instructor: **Cathy Bishop-Clark** is Dean Emerita of Computer Technology. Before retiring she was Associate Provost and Dean of Miami's regional campuses.

5 Wednesdays: April 2–30; 10:45 am–noon

Format: Hybrid

Location: Online or West Chester, VOALC, Auditorium

## MOBILITY AND BALANCE

There are multiple factors that affect our balance and mobility. These will be explored with strategies and exercises taught to improve your stability. Learn a comprehensive exercise program you can complete at home. Please wear comfortable clothing and shoes to class. No equipment is required.

Instructor: **Brenda Landrith** is a physical therapist with Concept Rehab with 35 years of experience working with older adults.

4 Wednesdays: April 2–23; 10:45 am–noon

Format: In person

Location: Monroe, Ohio Living Mt. Pleasant, Activity Building



\*ILR events/classes involving walking/hiking/exercise may be strenuous for some. Please use discretion when registering.



# Wednesday Courses

## TONI MORRISON'S *SONG OF SOLOMON*

Toni Morrison's novel *Song of Solomon* is one of the great American quest novels. What begins as Milkman's frenetic hunt for gold becomes a quest for his identity, following the clues he hears in a children's song. Along the way, we will encounter some of Morrison's most memorable characters: Milkman's father, Macon Dead; his friend, Guitar Bains; a secret terror society, The Seven Days; and a mysterious elderly guide, Circe.

Class text: Toni Morrison, *Song of Solomon*. Reprint ed., Vintage, 2004, ISBN-10: 140003342X, ISBN-13: 978-1400033423

Instructor: **John Beall**, a Miami University alumnus, taught at Collegiate School in New York City for 30 years. John has taught ILR courses on James Joyce's *Ulysses*, Joyce's *Dubliners*, and Yeats.

5 Wednesdays: April 2–30; 10:45 am–noon

Format: Virtual

Location: Online

*"Tremendous course for its subject and its teaching—that is, eliciting stimulating discussion grounded on John Beall's expertise."*

**Bill Wortman**  
FALL 2024

## MEMOIR WRITING WORKSHOP

Would you like to be part of a guided creative writing workshop? We will be working on short memoir and autobiographical pieces. Come write your own story (or your family's) and share your work in a positive, supportive environment.

Instructor: **Julia Anne Miller** has taught undergraduate philosophy at Stony Brook University and the University of Cincinnati, and has published in a variety of journals and anthologies.

5 Wednesdays: April 2–30; 12:30–1:45 pm

Format: Virtual

Location: Online

## THE SCIENCE OF EVERYDAY STUFF

Some of the most mundane things we use every day are based on fascinating and surprising science and technology. Rubber bands, glue, garbage bags and many others depend on unexpected properties and are products of global industries with strange and circuitous histories. As materials scientists with many years of experience in consumer goods research and development, we will explain how some of these things work in terms of simple basic principles (no advanced science degrees required). We will also describe the historical development of some of the materials and products and how they have influenced ways we live today.

Instructors: **Martin James** and **Mike Satkowski** have extensively studied polymer chemistry and have over 30 years of experience in research and development of consumer goods.

5 Wednesdays: April 2–30; 12:30–1:45 pm

Format: In person

Location: Oxford, Lane Library, Havighurst

## WEDNESDAY MIDDAY LECTURE SERIES

Each week the Wednesday Midday Lecture Series presents a speaker who will discuss a topic of interest and importance. Join us for this ILR tradition.

**April 2** – *The Shakers of Ohio: Who Are They and Where Are They Now?* – **Rich Spence** is the president of Friends of White Water Shaker Village Inc. He has conducted 40 years of research on the Shakers.

**April 9** – *Good Night Sleep Tight: All About Sleep Disorders* – **Eric Campbell** works for Kettering Health as a sleep specialist facilitating polysomnograms to determine a diagnosis of sleep apnea and other sleep-related diagnoses.

**April 16** – *Holding Back the Aging Process* – After a long career at Procter & Gamble, **Roy Franchi** founded the company Redirection, which concentrates on the aging process, new approaches to retirement, and whole person wellness.

**April 23** – *The Sounds of Music: How Music Moves Us* – **Jude Jones** is a licensed professional music therapist, professional musician, and author with over 40 years of experience. She designs music programs for dementia patients.

**April 30** – *Berlin Airlift: The U.S. Air Force's Shining Hour* – **Deb Price** is an experienced speaker on historical topics. Deb is joined by U.S. Pilot **W. David Brightwell**, First Officer, Berlin Aircraft Historical Foundation.

Coordinator: **Pamela Hudson** is a dedicated and passionate lifelong learner and retired educator with Lakota Local Schools.

5 Wednesdays: April 2–30; 12:30–1:45 pm

Format: In person

Location: West Chester, VOALC, Auditorium





## FINISHING *GRAVITY'S RAINBOW*

Coming in for a landing: “No more water, / The fire next time!” Just what is that at the end of Pynchon’s *Rainbow*? We’ll read the last 100 pages or so of Part 3 and all of Part 4, set in the aftermath of World War II. Experience the challenges and rewards of this surreal, masterly novel of the emergent postwar international culture that shaped who we are today. For our first class, please read episodes 50-58 (i.e., Part 3’s episodes 21-29). No need to have attended previous semesters’ classes.

Class text: Any edition of *Gravity’s Rainbow* by Thomas Pynchon. Older editions include Viking, 1973; Bantam, 1974; and Penguin, 1987. More recent editions include a repaginated Penguin Classics, 2006, and Kindle or Nook Book, 2012

Instructor: **John M. Krafft**, Professor Emeritus of English, was a founding co-editor of the journal *Pynchon Notes* and is the co-author (with Luc Herman) of *Becoming Pynchon: Genetic Narratology and V.* (2023).

5 Wednesdays: April 2-30; 2:15-3:30 pm  
Format: Virtual  
Location: Online

## GET TO KNOW YOUR BODY BETTER

Would you like to know more about the systems in your body, how they operate, and how they are intertwined? We’ll look at the main control systems in the body (glands, nerve signals, and muscle movements), your support devices (bones), your outsides (skin), and your body defenses (immune system). Our goal is to learn the connections and inner-workings between these systems, fill knowledge gaps, and increase our understanding.

Instructor: **Alan Cady** is Professor of Biology at Miami University. He has taught a wide variety of courses, mostly in anatomy, physiology, general biology, and Integrative Studies.

5 Wednesdays: April 2-30; 2:15-3:30 pm  
Format: Hybrid  
Location: Online or Oxford, Boyd Hall, Room 228

## BUSINESS AND INDUSTRY IN SOUTHWEST OHIO

From Fortune 500s to world recognition, we will discuss 20 companies that have helped make southwest Ohio into a mecca of industry. We will learn about businesses that found their origins in Middletown, Hamilton, Dayton, and Cincinnati, and how they became important to their communities. These historic businesses include Armco Steel, Champion Paper, National Cash Register Company, and The Frank Tea and Spice company (founder of Frank’s RedHot).

Instructor: **Deb Price** loves history and learning, not necessarily in that order.

5 Wednesdays: April 2-30; 2:15-3:30 pm  
Format: In person  
Location: West Chester, VOALC, Auditorium

*“Deb Price is such a captivating speaker! She is so well read on the subject and eager to share her knowledge!”*

**Terri Snider**  
FALL 2024

## QUIET DAMAGE: CONSPIRACY’S IMPACT ON HUMAN CONNECTION

In our country’s current moment, we fear the consequences of deep divisions, including the collapse of government structures and the fracture of families. Join members of the Board of Oxford Citizens for Peace and Justice to read and discuss Jesselyn Cook’s fascinating book, *The Quiet Damage: QAnon and the Destruction of the American Family*. We will search for understanding by posing the following questions: “What makes people vulnerable to conspiracy theories?”, “Why have families become so divided?”, “How do these human stories help us understand the unraveling of the fabric of our society?”, and “How could insight and compassion promote unity and thriving?”

Class text: Jesselyn Cook, *The Quiet Damage: QAnon and the Destruction of the American Family*, Crown, 2024, ISBN-10: 059344325X, ISBN-13: 978-0593443255

Instructor: **Ann Fuehrer** serves as Facilitator for Oxford Citizens for Peace and Justice. She is a retired faculty member in Psychology and Women’s, Gender, and Sexuality Studies at Miami University.

5 Wednesdays: April 2-30; 2:15-3:30 pm  
Format: Virtual  
Location: Online



# Wednesday Courses

## WELSH HYMN FESTIVALS IN NORTH AMERICA: *GYMANFA GANU*

Wales is known as the “Land of Song,” particularly choral singing in four-part harmony. Welsh immigrants brought their strong choral tradition to North America, where hymn singing gatherings (now mostly in English) continue in large conventions to small chapels with a handful of singers, even in Ohio. Learn how these stirring public singing events started in Wales and expanded to America while listening to hymns and the inspiring stories behind them and their authors and composers.

Instructor: Miami University Professor Emeritus **Michael Hieber** is passionate about Welsh hymns. Michael sings across North America, presents seminars at Welsh-American conventions, and writes columns about hymns for the newspaper.

4 Wednesdays: April 2–23; 4:00–5:15 pm

Format: In person

Location: Oxford, Boyd Hall, Room 228

**Note: We will be learning about the singing tradition in this class; if you want to join us in song, please enroll in the one-time class entitled “Singing the Great Hymns of Wales: Gymanfa Ganu.”**

## SINGING THE GREAT HYMNS OF WALES: *GYMANFA GANU*

Come sing some of the greatest hymns from Wales. We will be singing some familiar hymns, and others that are staples in a North American *Gymanfa Ganu*, in English with organ/piano accompaniment in four-part harmony. The instructor will lead the hymns with brief anecdotes about the tune, authors, or composers. No prior experience necessary.

Instructor: Miami University Professor Emeritus **Michael Hieber** is passionate about Welsh hymns. Michael sings across North America, presents seminars at Welsh-American conventions, and writes columns about hymns for the newspaper. **Jon Sanford** has been Miami University Staff Accompanist since 2014 and founder and Director of Oxford Music Academy since 2017.

1 Wednesday: April 30; 4:00–5:30 pm

Format: In person

Location: Oxford, Sesquicentennial Chapel, 551 E. Spring St  
**Note: To learn the history of this singing tradition, please take the class entitled “Welsh Hymn Festivals in North America: Gymanfa Ganu”, but you do NOT need to be enrolled in that four-week lecture course to enroll in this one-time class.**

## CARIBBEAN ARCHAEOLOGY UP TO CONQUEST: STUDIES IN RESILIENCE

Few tourist brochures tell us of the complex, dynamic, and resilient histories of the Indigenous peoples of the Caribbean. We will take an in-depth look at how and when these islands were first peopled, the cultures they carried from their homelands, their adaptations to new environments, and their economic and political relationships with one another and mainland areas. We will use evidence from archaeology, biological anthropology (including new DNA studies), and archival texts to explore their rich social, political, and religious lives. While most people know of the devastation caused by European conquest, few know about Indigenous resistance and today’s cultural revival of Indigenous peoples in their homelands and diasporic communities.

Instructor: **Mary Jane Berman** is an archaeologist with a specialty in Caribbean archaeology, particularly in the Bahamas. She retired from Miami University where she was Director of the Center for American and World Cultures and Associate Professor of Anthropology.

5 Wednesdays: April 2–30; 4:00–5:30 pm

Format: Virtual

Location: Online



- No yearly or enrollment fees
- Ability to register for an unlimited number of courses/events each semester
- Member pricing for Special Events
- Free parking pass
- Unlimited joy!

## DO YOU KNOW WHERE YOUR TAP WATER COMES FROM?

Oxford, Hamilton, Cincinnati and the surrounding rural areas pull their water from the Great Miami Buried Valley Aquifer (GMBVA). With its abundant supply of high-quality groundwater, the GMBVA is the most important aquifer in southwest Ohio. Together we will explore the history and current health of the GMBVA. Learn what the EPA mandates your water providers do to ensure safe drinking water. Study the infrastructure required to pull water from the aquifer and deliver it to your house.

Instructor: **Clark Kelly** is a Board of Trustees member for the Southwest Regional Water District.

5 Thursdays: April 3–May 1; 9:00–10:15 am

Format: In person

Location: Oxford, Boyd Hall, Room 117

**Note: We will take an optional field trip to the Southwest Regional Water District plant in Hamilton for week four, and possibly to the Oxford water plant for week five. These tours may result in our class period extending beyond its scheduled 10:15 end time.**

## GOOGLE PHOTOS: MEMORIES ORGANIZED, SEARCHABLE, SHAREABLE FUN

Google Photos offers all you need to securely store your lifetime of photo and video memories in your personal account in Google's cloud. You can use their powerful tools to edit, search, organize, and share photos from any authorized device with an internet connection. This online class is for beginner to intermediate users of Google Photos. Students need a Google account and their smartphone, tablet, or laptop available for this course. A PDF copy of the supplemental text, *Learn Google Photos* by Chris Guld, will be sent ahead of the first session.

Instructor: **Robin Seaver** spent her career teaching adults basic computer skills. She's a confessed Google Apps fangirl who loves her iPad, Android phone, and Mac computer.

5 Thursdays: April 3–May 1; 9:00–10:15 am

Format: Virtual

Location: Online

*"Because of Robin's expertise, I was able to organize over 50 years of photos into albums, and then store them for sharing and for future memories. I truly enjoyed this class and learned so much from Robin and the resources that she shared with us."*

**Mary Pendergrass**  
FALL 2024

## WHERE HAVE ALL THE FLOWERS GONE? MUSIC AND THE VIETNAM WAR

For centuries music has accompanied American troops into war. From Bunker Hill in Boston to Kabul in Afghanistan, music has entertained, inspired, and comforted our nation's best. This survey course will focus on the sounds that reminded our servicemen and women of the home they yearned to return to, and simultaneously served as a soundtrack for an evolving pro-war and anti-war homeland. We will listen and analyze music in four main genres: rock, soul, folk, and country. We will also spend some time recalling the tragedy which occurred on May 4, 1970, at Kent State University, during my time as a student there. Join me as we recall an era of turbulence and great music.

Instructor: **Nicholas Andreadis** is Associate Professor Emeritus of the Homer Stryker M.D. School of Medicine, Western Michigan University's Department of Counselor Education and Counseling Psychology.

5 Thursdays: April 3–May 1; 10:45 am–noon

Format: Hybrid

Location: Online or West Chester, VOALC, Auditorium

## THE MANY ASPECTS OF FOOD IN OUR LIVES

Food is central to our lives in many ways. Community members will share insight on organically grown food, preparation for eating, food equity, what not to eat, and local sources of healthy food.

**April 3** – *Gleaning and Food Equity* – **Susan Plummer**

coordinates the gleaning opportunities at various farms in the Cincinnati area. This produce is then distributed to those with food insecurity.

**April 10** – *What Foods and Additives to Avoid* – **Donald Hanson**

is a retired dentist who has long had an interest in all aspects of food.

**April 17** – *Healthy Preparation of Food* – **Danielle Kazee** is a holistic practitioner and herbal specialist.

**April 24** – *Organically Grown Food* – **Harv Roehling** farmed organically in the Oxford area for many years. He has supplied lettuce and other greens to the Oxford Farmers Market and other outlets.

**May 1** – *Local Sources of Healthy Food* – **James Rubenstein** is Professor Emeritus of Geography at Miami University. He writes often about food in the *Oxford Free Press*.

Coordinator: **Donald Hanson** is a retired dentist who has long had an interest in all aspects of food.

5 Thursdays: April 3–May 1; 10:45 am–noon

Format: In person

Location: Oxford, Boyd Hall, Room 117



# Thursday Courses

## POLITICAL POLARIZATION: KEY SOURCES AND DEPOLARIZING SKILLS

Through interactive sessions and discussion-oriented formats, we will unravel the complexities of the polarized political climate to understand its evolution and the driving forces behind it. Beyond merely exploring the issue, we will take a proactive stance by learning and practicing skills to depolarize individuals and communities.

Instructors: **Poppy Evans** is a trained ambassador and moderator for Braver Angels, a nonprofit organization focused on the problem of political polarization. **Mel Cohen**, Professor Emeritus of Political Science, is a trained ambassador and debate chair for Braver Angels.

5 Thursdays: April 3–May 1; 10:45 am–noon

Format: In person

Location: West Chester, VOALC, Room 128

## TEACHING AMERICA TO READ: WILLIAM H. MCGUFFEY AND HIS READERS

William Holmes McGuffey taught at Miami University from 1826–1836 and became one of the University’s most esteemed professors. McGuffey wrote the Eclectic Reader Series (popularly known as McGuffey’s Readers), which served as the basic primer for school children, particularly in the Midwest, for about a hundred years. We will examine the cultural climate he lived in and the development and impact of his Eclectic Reader Series.

Instructor: **Jennifer Patterson Lorenzetti** is administrator and curator of the William Holmes McGuffey Museum at Miami University.

5 Thursdays: April 3–May 1; 10:45 am–noon

Format: Virtual

Location: Online



## RESOURCES AND INFORMATION FOR OLDER ADULTS

Many services and resources may be accessed by seniors in Oxford and the surrounding communities. The presenters in this course will describe the mission and services of the organizations they represent.

**April 3** – *Oxford Seniors* – **Emily Liechty** is Executive Director of Oxford Seniors.

**April 10** – *Social Security, Medicare, Healthcare at Home, and Nutritional Services* – **Sabrina Jewell** is Outreach and Marketing Coordinator, and Ohio Senior Health Insurance Information Program (OSHIIP) and Medicare Counselor at Oxford Seniors.

**April 17** – *Butler County Elderly Services Program* – **Heather Nelson** is Butler County Elderly Services Program Care Manager with LifeSpan, a partner of Community First Solutions.

**April 24** – *Age-Friendly Oxford* – **Jennifer Heston-Mullins** is Associate Director of Research and Senior Research Scholar at Scripps Gerontology Center, Miami University.

**May 1** – *Recent Findings in Gerontology* – **Samuel Van Vleet** is a Ph.D. candidate in Gerontology at Miami University.

Instructor: **Rich Daniels**, retired CEO of McCullough-Hyde Hospital.

5 Thursdays: April 3–May 1; 12:30–1:45 pm

Format: In person

Location: Oxford, Lane Library, Havighurst

## FALLING IN LOVE AT THE MOVIES

Romance has been a staple in Hollywood. During our three-hour class, we will watch an entire movie and then have a discussion. Films include *Gilda* (a film noir), *An Affair to Remember* (romance), *Bells Are Ringing* (musical), *Moonstruck* (romantic comedy), and *Princess Bride* (fantasy comedy). Actors include Glenn Ford, Rita Hayworth, Deborah Kerr, Cary Grant, Judy Holiday, Dean Martin, Cher, Nicholas Cage, Cary Elwes, and Robin Wright.

Instructor: **Doug Iden** has been an avid viewer of musicals for years and is currently a theater critic for the League of Cincinnati Theaters (LCT).

5 Thursdays: April 3–May 1; 12:30–3:30 pm

Format: In person

Location: West Chester, Chesterwood Village, Monarch Theatre

*“Excellent material by an expert on movies and movie making. I loved the movies we reviewed and the class discussion. I enjoyed the presentation format—well executed and entertaining.”*

**Marc Bourgeois**  
FALL 2024

# Calling all Volunteers!

We're growing our **Instructor Support Team**, and we have a spot just for you.

Support our instructors online or in the classroom, pushing the buttons, making the connections, and providing an extra set of hands. All training will be provided—no experience needed!



Apply on our website  
**MiamiOH.edu/ILR**

## TRAVEL WITH FRIENDS

The Haynes are inviting you to experience their most recent travel adventures to Australia, New Zealand, and the Atlantic coast of Norway. Get your sunscreen ready as temperatures rise on the Australian Outback, then meet us for a close visit with endangered kiwis in New Zealand, and finally, bundle up as we sail on the freezing waters of the Arctic Circle and visit the unforgettable and awe-inspiring fjords of the Norwegian coastline.

Instructors: Since their retirement, **MaryEllen** and **Bill Haynes** have enjoyed traveling around the world with each other.

5 Thursdays: April 3–May 1; 12:30–1:45 pm

Format: In person

Location: West Chester, VOALC, Auditorium

## HONEY, I'M HOME! WHAT'S FOR DINNER?

Following World War II, the U.S. experienced a shift in societal norms and expectations. Women had become accustomed to working outside the home and were enjoying their new status. At the end of the workday, there was precious little time to cook and clean up. Through classroom demonstrations, this course will teach you how to prepare recipes from 1946 through the 1950s in less than one hour with minimum time spent on prep and clean up. Samples of the featured dishes will be available.

Instructor: **Michael Clements** is an avid cook, presenter, and author of two cookbooks. He enjoys the challenges of creating and adapting recipes to create a new culinary experience.

5 Thursdays: April 3–May 1; 2:15–3:30 pm

Format: In person

Location: West Chester, VOALC, Room 100

## GUILTY PLEASURES

Have you ever regretted that Jane Austen only wrote six novels? Take heart! Georgette Heyer wrote 50, 35 of which are set in Austen's Regency England. Smart, beautifully researched, and witty, they are the thinking woman's perfect escape. In the course of our five weeks together we will read and discuss these four of her novels, in the following order: *Frederica*, *The Foundling*, *Venetia*, and *The Nonesuch*. Much like Jane Austen, Heyer writes against the traditions of romance.

Class texts: Any edition of *The Foundling*, 1948; *Venetia*, 1958; *The Nonesuch*, 1962; and *Frederica*, 1965; by Georgette Heyer

Instructor: **Patricia Klingenberg**, Professor Emerita at Miami University, is a specialist in Latin American literature with a broad comparative view of women writers across cultures.

5 Thursdays: April 3–May 1; 2:15–3:30 pm

Format: Virtual

Location: Online

## SPORTS AROUND THE WORLD

Let's take a look at the most popular sports from places outside of the U.S. We will delve into the history and rules of international sports such as cricket, rugby, Australian football, lacrosse, and polo, to name a few.

Instructor: **Paul Allen**, retired U.S. Navy officer and Ohio civil servant, is a member of the ILR Board, Curriculum Committee, and Instructor Support Team.

5 Thursdays: April 3–May 1; 2:15–3:30 pm

Format: Hybrid

Location: Online or Oxford, Boyd Hall, Room 228

# Friday Courses

## FINANCIAL PSYCHOLOGY—HOW TO AVOID COMMON FINANCIAL MISTAKES

Why are we so bad at investing and handling finances? Developments in the field of behavioral finance over the past 50 years can explain why most investors, including professionals, underperform markets. The course will cover how investment markets work and the common behaviors that impact investment. No level of investment sophistication will be necessary.

Instructor: **Walter Frank** retired in 2008 after a 38-year-long career as Senior Investment Advisor and Vice President at Merrill Lynch. Walter is certified by Columbia University Academy of Certified Portfolio Managers.

5 Fridays: April 4–May 2; 9:00–10:00 am

Format: Virtual

Location: Online

## UNLOCKING THE SECRETS OF ORIGAMI

Modern origami is many things: an engaging activity to delight children, a leaf unfolding from a bud, a useful medical device (think stents for heart patients), or the folded wings of a communication satellite that unfurl in outer space. Lastly and most importantly, it can offer mental stimulation for older adults. All cognitive resources are used when creating a work of origami, thus giving the brain a rest from debilitating and stressful thoughts. In addition, the act of following instructions stimulates auditory and verbal memory.

Instructor: **Christine McCullough** has a consuming interest in all things origami which began in high school and has continued off and on for nearly 60 years. She taught gifted children for over 15 years at Super Saturday and summer campers at Seven Hills School in Cincinnati.

Supply fee: \$15, payable with registration (supplies will be mailed)

5 Fridays: April 4–May 2; 10:45 am–noon

Format: Virtual

Location: Online

## FIVE CONCEPTIONS OF IMMORTALITY

What can we learn by examining different cultural beliefs about life after death and methods of treating the dead? From ancient practices and modern philosophy come five sources of thought about human life after death: ancient Egyptian burials, ancient Greek poetry, contemporary burial and cremation, the philosophy of Spinoza, and the dialogues of Bishop Berkeley. Each of these provide a different clue to our immortality.

Instructor: **Jack Sommer** taught philosophy at Miami University and other schools and for ILR many times.

5 Fridays: April 4–May 2; 10:45 am–noon

Format: In person

Location: Oxford, The Knolls of Oxford, Boardroom

## INTRODUCTION TO ILLUMINATED MANUSCRIPTS

Explore the history of illuminated manuscripts through the collections of the Walter Havighurst Special Collections and University Archives. We will examine the evolution of these manuscripts from the early Middle Ages through the start of the early modern period and discuss how the cultures of each geographic region influenced their creation. Students will learn who made these books and the process by which they were made, from start to finish, as well as how to identify when these books were produced. There will be a hands-on lab where students will make their own manuscript illuminations.

Instructors: **Rachel Makarowski** is the Special Collections Librarian at Miami University. **William Modrow** is the head of the Walter Havighurst Special Collections and University Archives.

5 Fridays: April 4–May 2; 10:45 am–noon

Format: In person

Location: Oxford, King Library, Room 320

## SENIORS TRAVEL THE WORLD

Fellow ILR students present on their experiences traveling around the world.

**April 4** – *Bicycling Adventures Across the U.S.* – **Pat Gifford** is Professor Emerita from Miami and senior retail executive with Elder-Beerman Stores. Pat has been bicycling for over 35 years.

**April 11** – *Seattle to Miami the Old-Fashioned Way* – **Paul Allen** is a retired U.S. Navy officer and currently the Vice Chair of the ILR Board of Directors. Paul enjoyed a cruise on the Panama Canal in 2024.

**April 18** – *The Kentucky Bourbon Trail* – When **Richard Brunner** is not preparing to teach his ILR courses about movies, he has been known to relax with a Kentucky libation or two.

**April 25** – *A Driving Tour of New England* – **Jerry Riesenber**g has been involved with ILR since 2013, teaching courses and programming its database.

**May 2** – *Living and Teaching in Luxembourg* – **Helaine Alessio** is currently Professor and former Chair of the Department of Kinesiology, Nutrition, and Health at Miami University. Helaine spent the fall 2024 semester at the John E. Dolibois European Center.

Coordinator: **Pat Sidley** is a retired healthcare industry financial executive. He is a member of the Board of Trustees of the McCullough-Hyde Memorial Hospital Foundation, a docent at the Air Force Museum in Dayton, and a past president of the Oxford Rotary Club.

5 Fridays: April 4–May 2; 12:30–1:45 pm

Format: In person

Location: Oxford, Boyd Hall, Room 107



## FRIDAY MATINEES: HELL ON REELS—DANTE GETS LOST IN HELLYWOOD

Why do all the movie adaptations of *The Divine Comedy* get stuck in Inferno and never make it to Purgatorio or Paradiso? Let's find out as we watch and discuss movies based on Dante's epic poem, from the silent era to recent times. You will need to watch the movies on your own before class meetings. The instructor will provide information on where to find them.

**April 4** – *Dante's Inferno* (dir. Francesco Bertolini, Adolfo Padovan, Giuseppe De Liguoro, 1911) 1h 13m

**April 11** – *Dante's Inferno* (dir. Harry Lachman, 1935) 1h 29m

**April 18** – *Seven* (dir. David Fincher, 1995) 2h 7m

**April 25** – *What Dreams May Come* (dir. Vincent Ward, 1998) 1h 53m

**May 2** – *Inferno* (dir. Ron Howard, 2016) 2h

Instructor: **Sante Matteo** taught Italian literature and cinema at Miami University and has continued to teach movie and literature courses for ILR in retirement.

5 Fridays: April 4–May 2; 2:15–3:30 pm

Format: Virtual

Location: Online

## EV OR NOT EV: THAT IS THE QUESTION

The future of electric vehicles is uncertain. Will electric vehicles replace gas vehicles or remain marginal? Will America be an important player in EVs or leave their production to Asian countries? Where will raw materials for the batteries come from? Will we have enough electricity and charging stations? Will the Trump administration maintain or end support for EVs? If you took a previous EV class, 95% of this term's material is new. If you didn't take a previous EV class, don't worry, we'll get you up to speed. EVs accelerate rapidly!

Instructor: **James Rubenstein** is Professor Emeritus of Geography. He is now a full-time writer and the author of nine books and 50 refereed articles and chapters.

5 Fridays: April 4–May 2; 2:15–3:30 pm

Format: Virtual

Location: Online

## RENEWING YOUR MIND BY TRAINING YOUR BRAIN

We see so many advertisements on how to get a healthy body, but what about a healthy brain? As senior adults, how do we keep mentally sharp, mitigate memory loss, and feed our brains the right stuff? How can we maintain a healthy brain while countering the effects of aging? Doug will provide practical tips and strategies to renew our minds, not only spiritually, but physically as well.

Instructor: **Doug Dunlap** is a certified Medical Exercise Specialist. He is the Wellness Director at Chesterwood Senior Living and the Exercise Instructor at the East Butler YMCA.

1 Friday: April 11; 2:15–3:30 pm

Format: In person

Location: West Chester, VOALC, Auditorium



## Our Incredible Community Partners

ILR extends grateful thanks to Miami University, Global Initiatives, and the following university and community partners for their financial support and/or classroom space.

**Anytime Fitness**  
5276 College Corner Pike,  
Oxford

**Berkeley Square**  
100 Berkeley Dr, Hamilton

**Carespring,  
Chesterwood Village**  
8073 Tylersville Rd,  
West Chester

**LaRosa's**  
21 Lynn St, Oxford

**McCullough-Hyde  
Memorial Hospital**  
110 N Poplar St, Oxford

**Miami Regional Campuses**  
Voice of America Learning  
Center, West Chester

**Ohio Living Mt. Pleasant**  
225 Britton Ln, Monroe

**Oxford Lane Library**  
441 S Locust St, Oxford

**Richard and Carole Cocks  
Art Museum**  
801 S Patterson Ave, Oxford

**The Knolls of Oxford**  
6727 Contreras Rd, Oxford

## With Enormous Gratitude for Our Generous Donors

Are you aware that ILR is self-supporting? While Miami University provides office space, classrooms, equipment, and business services, we are responsible for our operating and staff expenses. These expenses are funded by three sources: registration fees, sponsorships and advertising, and donations. Your generous donations enable us to support scholarships, purchase equipment, cover our expenses, and ensure a sound future for ILR. We offer our sincere appreciation to all those listed below who supported ILR with a financial donation this past year. Especially touching were those donations made in memory of (i.m.o.) or in honor of (i.h.o.) someone special.

**ILR donors at the Dean's List (\$150+) and higher levels will receive priority ILR registration for the semester following their donation (Jul-Dec donors for spring term; Jan-Jun donors for fall term).**

### SUMMA CUM LAUDE: \$2,500+

David and Sara Butler  
William J. Gracie, Jr. and Daniel J.  
Fairbanks ~ i.m.o. Michael Griffith,  
~ i.h.o. Judy Macke  
Eric and Mary Loucks  
~ i.m.o. Orie and Elinor Loucks

### MAGNA CUM LAUDE: \$1,000-2,499

Donald Daiker  
~ i.m.o. Vicky Daiker and Michael Griffith,  
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W. Hardy and Barbara Eshbaugh  
~ i.h.o. Judy Macke  
Tom and Carolyn Gard  
Paul and Cynthia Holzschuher  
John M. Krafft  
Karl Mattox ~ i.m.o. Beverly Mattox  
and Barry Chabot  
Anne Morris-Hooke ~ i.m.o. Judith de Luce,  
i.h.o. Judy Macke, ILR staff, and volunteers  
James Rubenstein and Bernadette L. Unger

### CUM LAUDE: \$500-999

Mitzi Ganelin ~ i.h.o. Charles Ganelin  
Jeffrey and Debbie MacDonald  
Christopher and Lydia Skoglund



**Michael J. Griffith**

December 7, 1940 ~ May 20, 2024

### PRESIDENT'S LIST: \$250-499

Tom and Jeanne Hayden  
Christopher Hensey and Peg Chandler  
~ i.m.o. Beverly Chandler and Carol Hensey  
Larry Himes  
Robert C. and Marilyn S. Johnson  
~ i.m.o. Mike Fuller and Michael Griffith  
Eva Kessler  
Jeffrey Allyn Mack  
Rose Morgan  
David and Norma Pennock  
~ i.h.o. ILR instructors, Judy Macke,  
and Rowen Creech  
Janice Szuhay  
~ i.m.o. Dan Szuhay  
Richard and Elisabeth (Haley) Wiener  
Chandra Williams ~ i.m.o. Michael Griffith

### DEAN'S LIST: \$150-249

Paul and Mary Allen  
Marlene Esseck ~ i.m.o. Thomas Hayden  
Larry Frankel  
Stephen and Jane Goettsch  
~ i.m.o. Judith de Luce and Pat Baugher  
Robert and Barbara Kleefeld  
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Stephanie Mitchell ~ i.m.o. Michael Griffith  
Tom and Carol Schaber  
Jacquelyn Self  
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### HONOR ROLL: UP TO \$149

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Mary Jane Berman  
Daniel P. and Margaret Rapp Boggess  
~ i.m.o. Michael Griffith  
Darlene Bonta  
Patricia Brooks  
Charles Brumbaugh  
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Donald Hanson  
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John L. and Martha Hemker Henry  
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## Institute for Learning in Retirement Donation Form

Name	Phone
Street address	Email
City, State, Zip	Are you a Miami Alumnus/Alumna <input type="checkbox"/> Yes (Class Year _____) <input type="checkbox"/> No
<input type="checkbox"/> Yes <input type="checkbox"/> No Does your current/previous employer offer company matching for donations? If yes, please provide company name and contact information.	
<input type="checkbox"/> I give permission to have my name listed as a donor in ILR publications. <input type="checkbox"/> I wish to remain anonymous as a donor.	
<input type="checkbox"/> In memory of: <input type="checkbox"/> In honor of: <input type="checkbox"/> Please send acknowledgement to:	

### ONE-TIME GIFT – SECTION ONE

#### Method of Payment

- ☐ Check (payable to Miami University)
- ☐ VISA, MasterCard, Discover, American Express Acct# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Exp. date \_\_\_\_\_ / \_\_\_\_\_ V-code \_\_\_\_\_ (The 3-digit number found on the back of your credit card)

Enclosed is my gift in the amount of \$ \_\_\_\_\_ ☐ Please use my gift for participants requiring financial assistance.

Cardholder name (please print)

Authorizing Signature / Date

### MONTHLY GIFT AGREEMENT – SECTION TWO

**I agree to allow Miami University to process monthly contributions (minimum \$10) as stipulated below.**

#### Payment by Credit Card

- ☐ Please charge \$ \_\_\_\_\_ to my account on the ☐ 1st **or** ☐ 15th of each month, beginning (mo/yr) \_\_\_\_/\_\_\_\_ and: ☐ continuing indefinitely; or ☐ ending (mo/yr) \_\_\_\_/\_\_\_\_
- ☐ VISA, MasterCard, Discover, American Express Acct# \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
Exp. date \_\_\_\_\_ / \_\_\_\_\_ V-code \_\_\_\_\_ (The 3-digit number found on the back of your credit card)

Cardholder name (please print)

Authorizing Signature / Date

#### Payment by Debit Card Deduction

- ☐ Please deduct \$ \_\_\_\_\_ from my account each month (on the 10th day), beginning (mo/yr) \_\_\_\_/\_\_\_\_ and: ☐ continuing indefinitely; or ☐ ending (mo/yr) \_\_\_\_/\_\_\_\_
- ☐ I have attached a voided check to this form for accuracy in processing bank information and bank numbers.  
Debit Card acct #: \_\_\_\_\_ Exp. Date: \_\_\_\_/\_\_\_\_ V-code: \_\_\_\_\_  
(debit card contributions will be deducted from your checking account and processed the same as a credit card)

Authorizing Signature

Date

Institute for Learning in Retirement Fund 4163-001

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**Please mail your completed form to:**  
Miami University, ILR  
106 MacMillan Hall  
531 E. Spring Street  
Oxford, OH 45056



# Registration Information

## MEMBERSHIP

The ILR Board of Directors has defined ILR membership and benefits to be:

*A member is someone who has paid the fee for the membership period during which a course or special event is scheduled to occur. Only members may register for unlimited courses. Non-members may register for select Special Events at à la carte pricing.*

## FEES

The semester membership fee of **\$145 per person** allows you to register for as many ILR courses and events as you wish. Additional fees may be charged for books, supplies, tours, etc., according to course and event requirements. Additional fees, if any, are mentioned within each course description as well as the registration form and online registration. Select Special Events are available to non-members at à la carte pricing.

## TWO EASY WAYS TO REGISTER

**Online:** Online registration allows you to reserve your seats immediately and enables you to modify your registration yourself if need be. It provides the greatest efficiency for both you and the ILR office. Payment online is by credit card only. To register online, go to: [MiamiOH.edu/ilr](http://MiamiOH.edu/ilr) and follow the instructions. **Please note: Those registering online with a credit card are charged a nominal merchant's convenience fee (this is not an ILR or Miami fee).**

**Mail:** Use the registration form located on the next page. Please use a separate form (two included) for each registrant. Payment for registration by mail is by check only, payable to Miami University. Please note that mailed registrations will take longer to process.

## CANCELLATION AND REFUND POLICY

Membership and Special Event cancellations must be made through the ILR office and are charged a 25% administrative fee. **Important, please note: Refunds for event and supply fees will be issued only if request to cancel is received one week prior to the start of the event or course date (due to pre-payments or supply purchases).**

## WAITING LISTS

Registration will close at midnight on **March 24**. All classes are limited in size due to space constraints or to accommodate the format of the class. Register early for best availability. Waiting lists will be maintained where applicable.

## CONFIRMATION INFORMATION

You will receive an email confirmation of your registration. A few days in advance of the start of the semester, you'll receive an email with your student schedule and a link for joining each online class, if any. For this reason, it's critical that we have your correct email address. **Be VERY CAREFUL when keying your email address during online registration.** If you find that you are not receiving ILR email, please contact us. If you've provided an inaccurate email address, we risk losing you.

## DISABILITY INFO

Those with disabilities who require accommodation for in-person classes (e.g., devices for the hearing impaired) should contact the University in advance of the date of the event in order for Miami University to accommodate your needs. If you have a special request, please contact the Miller Center for Student Disability Services, 513-529-1541 (voice/TDD).

## EMERGENCY MEDICAL FORM

Those registering must submit the Emergency Medical Form located on the ILR website and within this catalog (on reverse side of registration form). One form is needed per academic year (new form required each fall). After completing and signing, submit it to the ILR office via email, mail, or in person.

## PARKING, MAPS, LOCATIONS

An electronic Miami parking permit is required for all courses held on the Oxford campus. Registrants will receive a link to request the permit in their confirmation email. Those without email or computer access should request a permit by completing the permit request box on the bottom of the registration form. **If not obtained by either method above, request a link to the permit by emailing the ILR office at [ilr@MiamiOH.edu](mailto:ilr@MiamiOH.edu) and indicating "Electronic Parking Permit Request" in the subject line. The link will be provided by return email.** This permit allows you to park in designated parking areas on Miami's Oxford campus and waives the meter charges at the Richard and Carole Cocks Art Museum on the days ILR classes are held there. Obey all parking regulations on campus and at all regional class locations. We encourage carpooling, especially for courses held on the Oxford campus.

For maps and directions, go to the ILR website and click on the "Locations and Parking" tab.

## WE VALUE YOUR INPUT!

You will be receiving an email invitation to participate in an online survey within two weeks of the end of the semester. Please help us improve your future experience by offering your feedback.

## DISCLAIMER

The opinions and advice given in ILR classes are not necessarily those of the Institute for Learning in Retirement or Miami University. While healthy debate is welcomed, instructors and students offering opinions differing from yours are to be respected. Anyone disrupting a class will be removed. **Seek additional professional guidance before accepting any diet, exercise, medical, or financial advice.** ILR expressly disclaims any liability or loss incurred by any person who acts on the information, ideas, or strategies in any of its courses.

## ATTENDANCE

Please respect your instructors and those on waiting lists by attending all classes for which you have registered. If you need to drop a class, do so online (prior to receiving your student schedule) or call the ILR office ASAP. Do not attend classes for which you haven't registered. Space is limited.

All Miami campuses are smoke-free environments.



## ILR SPRING 2025 REGISTRATION

To register online with a credit card, go to: [www.MiamiOH.edu/ilr](http://www.MiamiOH.edu/ilr)  
To register by mail: complete this two-sided registration form and send with your check (payable to Miami University) to:

Miami University, ILR  
106 MacMillan Hall, 531 E. Spring Street  
Oxford, OH 45056

### REGISTRATION FORM - PLEASE USE A SEPARATE FOR FOR EACH PERSON REGISTERING

Name (First, Last)		First Name to Appear on Your Name Tag
Street Address		Birth Year (YYYY)
City, State, Zip		<input type="checkbox"/> Female <input type="checkbox"/> Male
Phone#	Cell Phone#	Email (Required); If none, please indicate "none"
Your Miami affiliation: <input type="checkbox"/> Alum <input type="checkbox"/> Emeriti <input type="checkbox"/> Retired Staff <input type="checkbox"/> Alum & Emeriti/Retired Staff <input type="checkbox"/> Current Faculty/Staff <input type="checkbox"/> Alum & Current Faculty/Staff <input type="checkbox"/> Spouse/Partner of Current/Retired Faculty/Staff <input type="checkbox"/> Family has affiliation <input type="checkbox"/> No affiliation beyond ILR		

### COURSE SELECTIONS

### COURSE SELECTIONS (CONTINUED)

*For all hybrid courses, please circle your choice of online or in-person participation. After listing your selections, check appropriate boxes in the Fee Block section for Membership, Supply, and Special Event Fees. Fees not listed on this form are to be paid directly to the instructor on the first day of class, as noted in the course description.*

1	online/in-person	7	online/in-person
2	online/in-person	8	online/in-person
3	online/in-person	9	online/in-person
4	online/in-person	10	online/in-person
5	online/in-person	11	online/in-person
6	online/in-person	12	online/in-person

### FEES - MEMBERS MAY TAKE UNLIMITED COURSES FOR ONE LOW SEMESTER FEE

<b>Membership Fees</b> – (See page 30 for cancellation policy) <input type="checkbox"/> \$145 Semester membership fee <b>Member</b> <input type="checkbox"/> Are you a new, first-time member? If so, please check.	<b>Instructor Fee Waivers</b> – Fee membership waivers are available for instructors and coordinators who are teaching/coordinating at least a 3+ week class this term <input type="checkbox"/> \$0 Instructor membership fee (I'm the sole teacher/coordinator) <input type="checkbox"/> \$72.50 Co-Instructor membership fee (I'm co-teaching/coordinating)
<b>Member Special Event/Tour/Supply Fees</b> <input type="checkbox"/> \$10 ILR Annual Meeting and Ice Cream Social Fee <b>Member</b> <input type="checkbox"/> \$20 Tax Day Pottery Fee <b>Member</b> <input type="checkbox"/> \$15 Unlocking the Secrets of Origami Fee <b>Member</b> <input type="checkbox"/> \$5 FNSFA: Back to School in the Grove Tram Tour Fee <b>Member</b>	<b>Non-Member Special Event Fees</b> (See pg 30 for cancellation policy) <input type="checkbox"/> \$12 ILR Annual Meeting and Ice Cream Social Fee <b>Non-Member</b> <input type="checkbox"/> \$20 Tax Day Pottery Fee <b>Non-Member</b>

### PAYMENT - CHECKS ONLY, CREDIT CARDS ONLY ACCEPTED ONLINE

Total Fees: \$	<b>Method of Payment</b> <input type="checkbox"/> Check # payable to Miami University (Credit cards accepted for online registration only)
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### PARKING PASS

**STOP! PLEASE READ:** If you have Internet access, see "PARKING, MAPS, LOCATIONS" on page 30 for electronic parking pass information.

☐ I don't have Internet access and, therefore, can't register myself online for an electronic parking pass. Please register my vehicle.

Car's plate # Make/model Color

### GET INVOLVED

Yes, I would like to enrich my ILR experience by volunteering to serve on the following committee(s):

☐ Special Events ☐ Curriculum ☐ Publicity ☐ Proofreading ☐ Finance ☐ Board of Directors ☐ Instructor Support Team

Complete form on reverse side to finish registration





**ILR Emergency Medical Form**  
**Assumption of Risk Release Waiver, and Publicity Permission Form**

Name	
Street address	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female
City, State, Zip	Phone

I understand that some Institute for Learning in Retirement (ILR) classes and special events include activities which are physical in nature, including but not limited to: walking, hiking, exercise in/out of water, bending, stretching, deep breathing, climbing on/off buses, etc. I hereby assume the risks associated with these and all ILR activities in which I participate. In the event that I am uncomfortable or unsure about my ability to participate in an activity, I will alert an ILR staff member prior to attempting the activity. I agree to follow common safety practices and assist the staff by calling attention to situations which may be hazardous. I understand that I am responsible for all bills for medical care and treatment resulting from my participation in the ILR activities. For safety reasons, non-prescription drugs and/or tobacco use are strictly prohibited during all ILR activities.

Some ILR classes offer wine/beer tasting and/or alcohol consumption. I understand there are physical and medical risks associated with the consumption of alcohol. I agree that I am responsible for making the determination about how much, if any, alcohol to consume during these events and assume all risks associated with consuming such alcohol. I will not use or operate any vehicle in an unlawful manner after consuming alcohol at an event. I understand that my participation in any class involving wine/beer tasting and/or alcohol consumption is completely voluntary on my part, and I am not required or encouraged to do so.

During my participation in ILR activities, I understand that a medical emergency may arise in which I am incapacitated or otherwise unable to make decisions for my personal medical treatment. In such event, the ILR staff will endeavor to furnish the information I provide below to emergency medical staff. I am encouraged, but not required, to provide emergency medical information which could be useful to emergency medical staff, including health conditions (e.g., allergies, chronic conditions), special circumstances (such as religious convictions or legal arrangements), general medical information (e.g., blood type), and my primary care physician. An emergency contact is required.

1. (Voluntary) Emergency Medical Information (see above): _____ _____
2. (Voluntary) Physician Contact Information (name and phone number): _____ _____
3. (Required) Emergency Contact Information: Whom should we notify (someone not attending with you) in case of an emergency?  Name: _____ Relationship: _____ Phone #s: _____

My signature below indicates that I have read the program description and the above participant expectations. I have had the opportunity to ask questions and have them answered. I am confident that I fully know and fully understand the risks, hazards, and physical stresses associated with these activities. I have carefully considered these risks and agree to accept them as part of the activities I have registered for during this ILR term.

I agree that any images or recordings of me taken by or on behalf of Miami University during the ILR activities may be used by Miami University for its future educational and promotional purposes.

On behalf of myself and my heirs and assigns, I knowingly and voluntarily assume all risks associated with the ILR activities and forever release the University, its trustees, officers, employees, agents, students, and sponsors from any and all responsibility or liability for personal injury, death, or property damage sustained by me during or because of my participation in the ILR activities, including damage caused by the negligence of the University, its trustees, officers, employees, agents, students, and sponsors. I UNDERSTAND AND AGREE THAT BY SIGNING THIS FORM, I WAIVE AND FOREVER RELINQUISH ANY AND ALL CLAIMS THAT I MAY HAVE IN THE FUTURE, WHETHER KNOWN OR UNKNOWN, AND WHETHER ANTICIPATED OR UNANTICIPATED, ARISING OUT OF MY PARTICIPATION IN THE ACTIVITIES.

Participant Signature _____	Date _____
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## ILR SPRING 2025 REGISTRATION

To register online with a credit card, go to: [www.MiamiOH.edu/ilr](http://www.MiamiOH.edu/ilr)  
To register by mail: complete this two-sided registration form and send with your check (payable to Miami University) to:

Miami University, ILR  
106 MacMillan Hall, 531 E. Spring Street  
Oxford, OH 45056

### REGISTRATION FORM - PLEASE USE A SEPARATE FOR FOR EACH PERSON REGISTERING

Name (First, Last)		First Name to Appear on Your Name Tag
Street Address		Birth Year (YYYY)
City, State, Zip		<input type="checkbox"/> Female <input type="checkbox"/> Male
Phone#	Cell Phone#	Email (Required); If none, please indicate "none"
Your Miami affiliation: <input type="checkbox"/> Alum <input type="checkbox"/> Emeriti <input type="checkbox"/> Retired Staff <input type="checkbox"/> Alum & Emeriti/Retired Staff <input type="checkbox"/> Current Faculty/Staff <input type="checkbox"/> Alum & Current Faculty/Staff <input type="checkbox"/> Spouse/Partner of Current/Retired Faculty/Staff <input type="checkbox"/> Family has affiliation <input type="checkbox"/> No affiliation beyond ILR		

### COURSE SELECTIONS

### COURSE SELECTIONS (CONTINUED)

*For all hybrid courses, please circle your choice of online or in-person participation. After listing your selections, check appropriate boxes in the Fee Block section for Membership, Supply, and Special Event Fees. Fees not listed on this form are to be paid directly to the instructor on the first day of class, as noted in the course description.*

1	online/in-person	7	online/in-person
2	online/in-person	8	online/in-person
3	online/in-person	9	online/in-person
4	online/in-person	10	online/in-person
5	online/in-person	11	online/in-person
6	online/in-person	12	online/in-person

### FEES - MEMBERS MAY TAKE UNLIMITED COURSES FOR ONE LOW SEMESTER FEE

<b>Membership Fees</b> – (See page 30 for cancellation policy) <input type="checkbox"/> \$145 Semester membership fee <b>Member</b> <input type="checkbox"/> Are you a new, first-time member? If so, please check.	<b>Instructor Fee Waivers</b> – Fee membership waivers are available for instructors and coordinators who are teaching/coordinating at least a 3+ week class this term <input type="checkbox"/> \$0 Instructor membership fee (I'm the sole teacher/coordinator) <input type="checkbox"/> \$72.50 Co-Instructor membership fee (I'm co-teaching/coordinating)
<b>Member Special Event/Tour/Supply Fees</b> <input type="checkbox"/> \$10 ILR Annual Meeting and Ice Cream Social Fee <b>Member</b> <input type="checkbox"/> \$20 Tax Day Pottery Fee <b>Member</b> <input type="checkbox"/> \$15 Unlocking the Secrets of Origami Fee <b>Member</b> <input type="checkbox"/> \$5 FNSFA: Back to School in the Grove Tram Tour Fee <b>Member</b>	<b>Non-Member Special Event Fees</b> (See pg 30 for cancellation policy) <input type="checkbox"/> \$12 ILR Annual Meeting and Ice Cream Social Fee <b>Non-Member</b> <input type="checkbox"/> \$20 Tax Day Pottery Fee <b>Non-Member</b>

### PAYMENT - CHECKS ONLY, CREDIT CARDS ONLY ACCEPTED ONLINE

Total Fees: \$	<b>Method of Payment</b> <input type="checkbox"/> Check # payable to Miami University (Credit cards accepted for online registration only)
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### PARKING PASS

**STOP! PLEASE READ:** If you have Internet access, see "PARKING, MAPS, LOCATIONS" on page 30 for electronic parking pass information.

☐ I don't have Internet access and, therefore, can't register myself online for an electronic parking pass. Please register my vehicle.

Car's plate # Make/model Color

### GET INVOLVED

Yes, I would like to enrich my ILR experience by volunteering to serve on the following committee(s):

☐ Special Events ☐ Curriculum ☐ Publicity ☐ Proofreading ☐ Finance ☐ Board of Directors ☐ Instructor Support Team

Complete form on reverse side to finish registration





**ILR Emergency Medical Form**  
**Assumption of Risk Release Waiver, and Publicity Permission Form**

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Street address	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female
City, State, Zip	Phone

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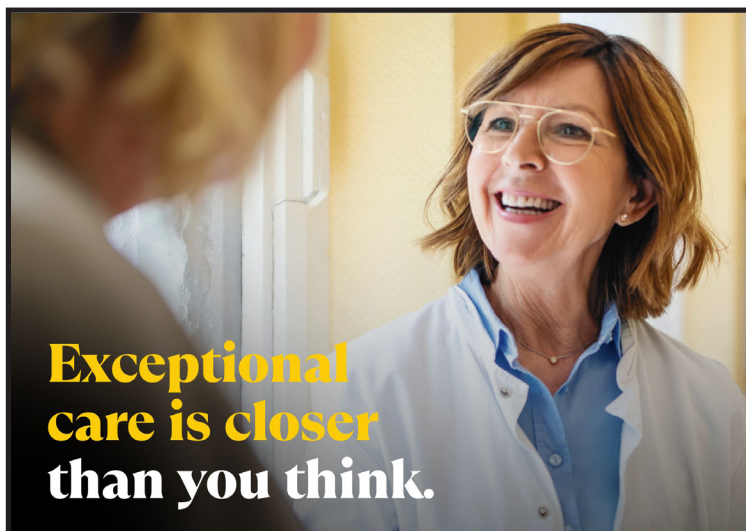
Participant Signature _____	Date _____
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# Our Community Sponsors



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There's a reason our instructors come back year after year. Teaching for ILR is not only personally fulfilling and rewarding, it's also a lot of fun! Do you have an interesting hobby or skill, or are you passionate to share your knowledge about a particular subject? If so, we need you! Please consider submitting a course proposal. Proposal forms can be found on our website under the **Teach** tab.

**The deadline to submit your fall '25 proposal is May 30th.**



for more information  
[MiamiOH.edu/ILR](http://MiamiOH.edu/ILR)



At Ohio Living Mount Pleasant, every day is an opportunity to connect and have fun. From chef-prepared dinners and happy hours to crafting classes, outings, and fitness groups, there's always something exciting on our calendar. Discover a community where you can stay active, meet new friends and truly enjoy the moments that matter.

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Institute for Learning in Retirement  
106 MacMillan Hall  
Oxford OH 45056



Your Rx for a happy,  
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***EAT. SLEEP. ILR.  
REPEAT.***



**Spring '25 term:**  
Mar. 31 – May 2, 2025

**Fall '25 term:**  
Oct. 6 – Nov 7, 2025

REGISTRATION  
OPENS **3/3**  
CLOSES **3/24**

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*Enlightened.*