

TRACK & FIELD

FEB 20-21, 2026

Appendix I - OUA TRACK & FIELD – SCHEDULE FOR YORK FACILITY (2025/26)

DAY 1 (FEBRUARY 20 TH)		DAY 2 (FEBRUARY 21 ST)	
TRACK EVENTS		TRACK EVENTS	
12:00pm	W 60mH Pentathlon	10:30am	M 60mH Heptathlon
12:15pm	M 60m Heptathlon		
3:23pm	National Anthem	11:00am	National Anthem
3:30pm	W 60mH Semis		
3:45pm	M 60mH Semis	11:15am	W 60m Semis
4:10pm	W 1000m		M Para 60m prelim
4:23pm	M 1000m	11:25am	M 60m Semis
4:45pm	M 60mH Final	11:40pm	W 600m
4:55pm	W 60mH Final	12:00pm	M 600m
5:05pm	M 60m Heats	12:25pm	W 60m Final
5:20pm	W 60m Heats		M Para 60m Final
5:40pm	W PENT 800m	12:30pm	M 60m Final
5:50pm	W 3000m		
6:10pm	M 3000m		
Medal Presentations (1000, 60mH, MWT, WPV)		Medal Presentations (4x8, 600m, 3000m, WLI, MSP, WWT)	
6:45pm	W 300m	1:00pm	W 4x200m
7:05pm	M para 300m	1:15pm	M 4x200m
	M 300m	1:30pm	M 1000m Heptathlon
		1:40pm	W 1500m
		2:00pm	M 1500m
Medal Presentations (300m, 3000m, WSP, WPENT, MLJ)		Medal Presentations (4x200m, 60m, 1500m, WHJ, MTJ, M HEP)	
7:40pm	W 4x800m	2:45pm	W 4x400m
7:55pm	M 4x800m	3:00pm	M 4x400m
FIELD EVENTS		Medal Presentations (4x400m, MHJ, WTJ, MPV)	
		Team Award Presentations	
10:00am	M Weight Throw	9:00am	W Weight Throw
12:40pm	W HJ Pentathlon	10:45am	M Pole Vault Heptathlon
1:00pm	M LJ Heptathlon	11:35am	M Triple Jump
2:15pm	W Shot Put Pentathlon		W High Jump
3:15pm	M Shot Put Heptathlon		M Shot Put
	W pent LJ		M Para Shot Put
4:00pm	W Pole Vault	1:30pm	M Pole Vault
4:15pm	M HJ Heptathlon		W Triple Jump
4:30pm	M Long Jump		M High Jump
5:15pm	W Shot Put		
6:30pm	W Long Jump		