HBRD DININ' Bison Cafe'

VOL. 1

LIPSCOMB DINING NEWSLETTER



Amanda Ceglarz MS, RD, LD has joined Sodexo as the **Tennessee District Registered** Dietitian. She collaborates with the ACCESS program to provide dining accommodations for students with medical needs at Lipscomb. Amanda is the main contact for Bison Café Simple Servings and the **Restricted Access Simple** Zone. Students can connect with her through private consultations, nutrition seminars, and monthly Mindful by Sodexo events. For assistance, students can reach Amanda at amanda.ceglarz@sodexo.com

UPCOMING DATES

- October 9th: Commuter Lounge Party -Commuter plan deal! Purchase a commuter plan on October 9th receive \$25 Lipscomb Bucks and a Food Court Voucher.
- October 16th: Lipscomb Staff & Faculty Appreciation & \$5 Lunch Special
- October 29th- Seasonal Tasting with Dietitian

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SEASONAL TASTINGS

OCTOBER 29TH, 2024 | 11:30AM-2PM

HEALTHY EATING

HEY BISONS! JOIN US ON OCTOBER 29TH FOR OUR SEASONAL TASTINGS MINDFUL EVENT! DIVE INTO THE FLAVORS OF AUTUMN WITH FRESH, LOCAL

AUTUMN WITH FRESH, LOCAL PRODUCE FROM YOUR FAVORITE VENDORS. ENJOY TASTINGS, COOKING

ENJOY TASTINGS, COOKING
DEMOS, AND TIPS ON MINDFUL
EATING. LET'S CELEBRATE
HEALTHY LIVING TOGETHER—
DON'T MISS IT!





YOUR THOUGTS ?



