

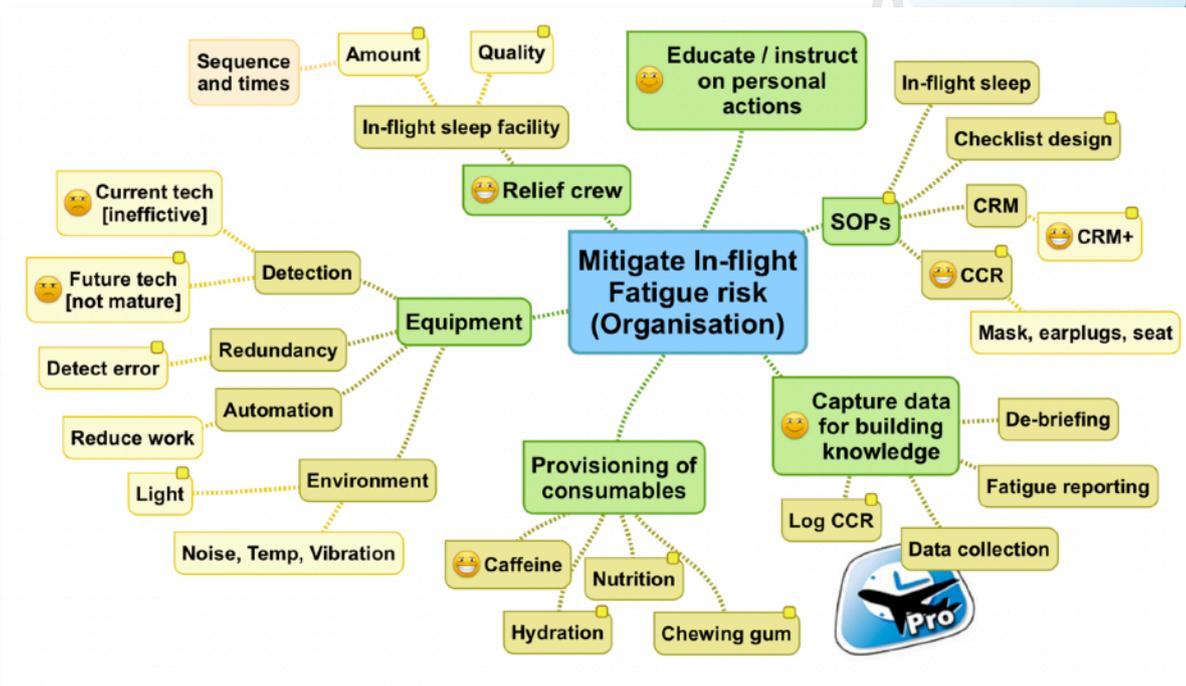
# Fatigue Risk Prevention and Mitigation

What are the Actions to Consider for the FSAG and the Crew?

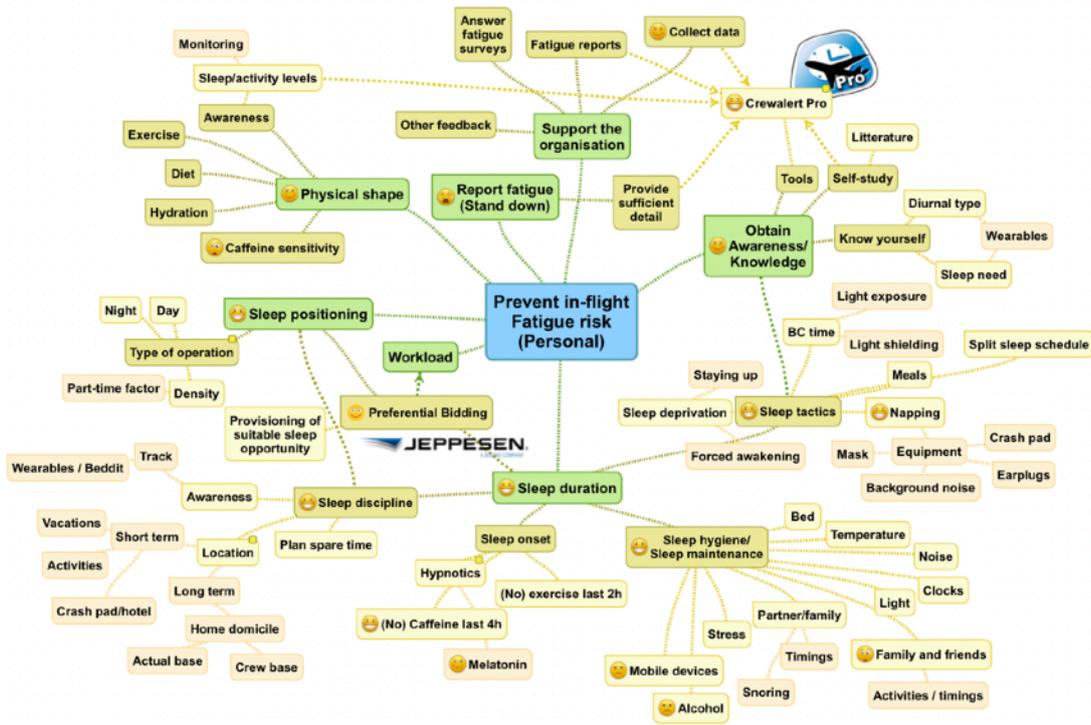


Please find below four mind maps summarising most of the actions to consider when attempting to reduce fatigue risk; preventive and mitigating, for the organisation and personal ones for crew.

For the **organisation** (driven by the FSAG):



For the crew:



13:00



:00

