



Sumner County – August Pool Schedule

Outdoor Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:15-7:45am Adult Lap Swim (4 Lanes)	6:15-7:45am Adult Lap Swim (4 Lanes)	6:15-7:45am Adult Lap Swim (4 Lanes)	6:15-7:45am Adult Lap Swim (4 Lanes)	6:15-7:45am Adult Lap Swim (4 Lanes)	7:00-10:00am Adult Lap Swim (4 Lanes)	
8:00-9:00am H2O Cardio Kathy	8:00-9:00am H2O Cardio Kathy	8:00-9:00am H2O Cardio Kathy	8:00-9:00am H2O Cardio Kathy	8:00-9:00am H2O Cardio Kathy	8:30-9:45am Parent-Child Swim Class	
8:15-9:00am H2O Flexibility Duffy						
9:00-10:00am H2O Cardio Pam	9:00-10:00am H2O Bootcamp Matt	9:00-10:00am H2O Cardio Pam 9:00-9:45am H2O Flexibility Duffy	9:00-10:00am H2O Bootcamp TBD	9:00-10:00am H2O Cardio Pam 9:00-9:45am H2O Flexibility Patty	12:00pm Free Swim	12:00pm Free Swim
10:00a-2:00pm Adult Lap Swim (3 Lanes)	10:00a-2:00pm Adult Lap Swim (3 Lanes)	10:00a-2:00pm Adult Lap Swim (3 Lanes)	10:00a-2:00pm Adult Lap Swim (3 Lanes)	10:00a-2:00pm Adult Lap Swim (3 Lanes)	10:00a-12:00pm Group Swim Lessons Free Swim	Free Swim
4:30-5:30pm Swim Lessons Free Swim	Free Swim	Free Swim	Free Swim	Free Swim	Free Swim	3:45-5:30pm Swim Lessons Free Swim
6:00-7:00pm H2O Cardio Patty Free Swim	6:00-7:00pm H2O Cardio Patty Free Swim	5:30-6:30pm Swim Lessons Levels 4-5 Free Swim	6:00-7:00pm H2O Cardio Patty Free Swim	Free Swim		

Outdoor Pool Hours:

Monday-Friday 10:00am-7:00pm

Saturday 10:00am-5:30pm

Sunday 12:00pm-5:30pm

(Anything listed outside of these hours are only open to program specific times and participants. i.e. aquatics classes and adult only lap swim. Free swim is only available at listed times, during normal pool hours.)

***Schedules are subject to change depending on class attendance numbers and instructor availability.**

For questions and concerns you can email

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