**GuidanceResources**<sup>®</sup>

# Your Life. Your Work. Your Best.

Your GuidanceResources<sup>®</sup> Program

Sometimes life can feel overwhelming. It doesn't have to. Your ComPsych<sup>®</sup> GuidanceResources<sup>®</sup> program provides confidential counseling, expert guidance and valuable resources to help you handle any of life's challenges, big or small.

Life is challenging. We can help. Confidential 24/7 support.



## Services:

#### **Confidential Emotional Support**

- Anxiety, depression, stress
- Grief, loss and life adjustments
- Relationship/marital conflicts

# Work and Lifestyle Support

- Child, elder and pet care
- Moving and relocation
- Shelter and government assistance

## Legal Guidance

- Divorce, adoption and family law
- Wills, trusts and estate planning
- Free consultation and discounted local representation

# **Financial Resources**

- Retirement planning, taxes
- Relocation, mortgages, insurance
- Budgeting, debt, bankruptcy and more

# **Digital Support**

- Connect to counseling, work-life support or other services
- Tap into an array of articles, podcasts, videos, slideshows
- Improve your skills with On-Demand trainings



24/7 Live Assistance: Call: 800-344-9752 TRS: Dial 711



Online: guidanceresources.com App: GuidanceNow<sup>™</sup> Web ID: NYLGBS



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#### Stevens Employee Assistance Program (EAP)

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Online Registration and Login Information

Website: guidanceresources.com

OGIN REGISTER	HELP
Organization Web ID	
NYLGBS	

Company, Organization or Location Identification				
Please identify your company so we can continue to provide you with the information and resources that are applicable to you.				
* Required				
The Organization Web ID you entered is associated with multiple companies. In order to properly process your registration, please follow the instruction				
Please enter the first 5 characters of the name of your company or organization in this field and click the submit button.				
<ul> <li>Spaces are allowed in the search. If your company name is The Company, you can enter The C to locate your company.</li> <li>Numbers are allowed in the search. If your company name is 4 Seasons, you can enter 4 Sea to locate your company.</li> <li>Periods are allowed in the search. If your company name is A.B.C. CORP, you can enter A.B.C to locate your company.</li> <li>Please remember that if you enter less than five characters, you will be required to enter the exact name of your company.</li> <li>If your company name is only XYZ, enter XYZ. If your company name is XYZ, Inc., enter XYZ, (space).</li> </ul>				
If you are unable to locate your organization please contact our member services department. Company name (First five (5) characters)* The T Submit				

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