



GUIDANCE FOR ORGANIZED YOUTH ACTIVITIES

Following the Centers for Disease Control and Prevention (CDC) guidance, under all circumstances, the following precautions should be adhered to by those facilitating and participating in organized youth activities:

- Stay home if sick.
- Protect yourself:
 - Stay at least 6 feet away from other parents and activity facilitators.
 - If you are at **higher risk for** severe illness, you should avoid attending/participating in or coaching organized youth activities. People at higher risk **for severe illness** include adults 65 or older and people of any age who have serious underlying medical conditions.
 - Do not touch your eyes, nose, or mouth.
 - After leaving the organized youth activity, use hand sanitizer. When you get home, wash your hands with soap and water for at least 20 seconds.

FOR YOUTH ACTIVITY ORGANIZERS AND COACHES: The Department of Health Services recommends the following additional steps be taken:

- Maintain physical distancing, to the extent possible.
- Provide and require adults to wear masks when possible.
- Provide access to soap and water for handwashing or an alcohol-based hand sanitizer for use by adults and youth both during and after participation in the activity.
- Operate with reduced occupancy and capacity based on the size of the youth activity location with special attention to limiting areas where large groups can congregate.
- Wipe any pens, counters, supplies, equipment or hard surfaces between use.
- Implement comprehensive sanitation protocols, including sanitizing gym and sports equipment before and after every use.
 - Provide disposable disinfectant wipes, cleaner, or spray so facilitators can wipe down frequently touched surfaces on gym and sports equipment.
 - Restrict the sharing of water bottles, towels, or any equipment that's not necessary to be shared.
 - For equipment that must be shared to play a game (e.g. basketball), sanitize the equipment before and after each game/use.
 - If coolers for water are necessary, ensure they are regularly sanitized with other hard surfaces.
- Implement symptom screening for facilitators and participants prior to the start of the activity.
- Consider communicating with parents and youth participants the expectations and guidance prior to participation.
- Consider contactless check-ins.
- Avoid providing food that is not pre-packaged.
- Implement an enhanced sanitizing schedule.
- If playing inside, ensure ventilation systems operate properly and encourage circulation of outdoor air as much as possible.
- Consider assigning staff/volunteers to help enforce physical distancing and other hygiene expectations.
- Take measures to ensure there are no congregation areas.
- Close shared spaces, including locker rooms, if possible. If not, stagger use and disinfect between use.
- Train all facilitators and participants in the above safety actions.
- Discourage sharing of after-practice or game snacks.

FOR YOUTH PARTICIPANTS, COACHES AND PARENTS:

- Do not share water bottles, towels, or any equipment that's not necessary to be shared.
- For equipment that must be shared to play a game (e.g. basketball) and equipment that may not be shared (e.g., baseball bat), sanitize the equipment before and after each game/use.
- Parents and others attending organized youth activities should follow appropriate CDC guidance for physical distancing and should wear cloth face coverings when possible.
- Consider having youth wait in the car (if air conditioned) or other physically distanced location with a guardian until practice, event or a game formally begins.
- Limit carpooling to the extent possible.
- Consider limiting the number of parents/guardians/spectators for each youth.
- Discourage the sharing of food, snacks and beverages after games or practices.

***Note that guidance continues to be updated and those complying with the guidance are encouraged to visit the websites provided frequently to ensure they are complying with the most up-to-date guidance.*

Websites for additional public health guidance: