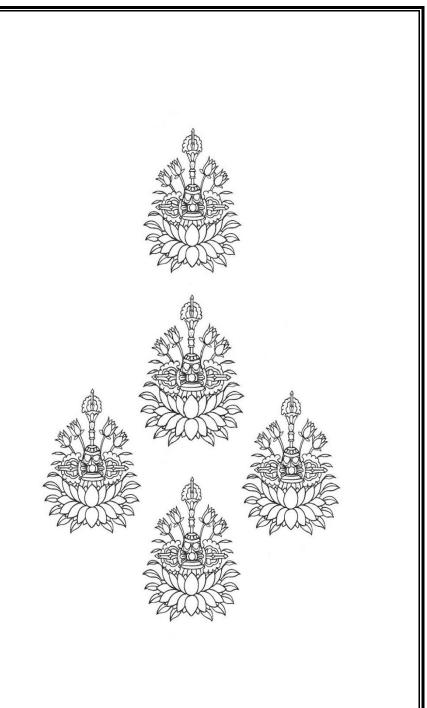


## জারি'৺দুর্-পরীব,হাবপ্রবর্শনর্পরান্ত্র্যা

# The Condensed Meditation on the Medicine Buddha

By

Tertön Raga Asye



## ৽ঌ৸য়ৣয়ৢয়৾য়য়য়ৢয়য়য়য়য়য়য়য়য়

# The Condensed Meditation on the Medicine Buddha

Ву

Tertön Raga Asye

Dharma Samudra

## By practicing on this may all sentient beings achieve the perfect true-nature state of the lama. May their highest aspirations be fulfilled for the benefit of all sentient beings.

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Dharma Samudra

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#### Seven Line Prayer

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HUNG OR JEN YÜL JI NUB JANG TSAM

**HUNG** On the northwest border of the country of Oddiyana,

पञ्च<sup>-</sup>षो-स्थरः स्थ्रेंटः चें त्यः

#### PE MA GE SAR DONG PO LA

On the pistil of a lotus,

ण'यार्क्व'यार्क्व'यां प्रेन्ट्रेश'याः प्राच्छेत्राः

#### YA TSEN CHOG GI NGÖ DRUB NYE

You have attained the most marvelous, supreme siddhis.

ম<u>রু</u> বেন্তু হ'বার ঝ'র্ঝ'র্য বা বাঙ

#### PE MA JUNG NE ZHE SU DRAG

You are renowned as the Lotus Born.

ব্র্বিম: ব্রুমান বের্ল্র মান র্ম্বাম

#### KHOR DU KHAN DRO MANG PÖ KOR

Surrounded by your retinue of many dakinis.

#### CHE CHI JE SU DAG DRUB CHI

Following you in my practice,

ঀৢ৾**ঀ**৾ঀৢ৾য়য়ৣ৾৾য়য়য়ঀৢ৾য়৸ঀ৾ঀ৸য়৻য়৻৸ৠ৻৸

#### JIN JI LOB CHIR SHEG SU SÖL

I pray you will come to confer your blessings.

ग्र्यज्ञ सिङ्के हुँ

**GURU PEMA SIDDHI HUNG** 

#### Prayers to the Lamas of the Lineage

ভঙা |শুর'মারমেইমাঝ্যঝ'দ্বারমেমারী ঝিনা

#### KÜN ZANG DOR SEM GA RAB SHI RI SING

Samantabhadra, Vajrasattva, Pramodavajra, Shri Singha,

ঘরু:শু'ম:हे'यमस्त्रःक्षे:शुःख्र।

#### PE MA KA RA JE BANG NYI SHU NGA

Padmakara, the Twenty-five, King and subjects,

য়৾৽য়ৢ৴৽ঀয়ৢয়৽য়ড়য়য়৽য়ঢ়৴৽য়ৢ৾য়৽য়য়ৢ৽ৼ৽য়৾য়য়৻

#### SO ZUR NUB NYAG TER TÖN JA TSA SOG

So, Zur, Nub, Nyag, the hundred tertons and others,

<u> चर्गारः गृष्ठेरः त्रुः सः इस्रश्रः यः गृश्रेयः चः यदेश</u>

#### KA TER LA MA NAM LA SÖL WA DEB

The lamas of Kama and Terma lineages, to you I pray.

र्बे्ब कें रेग दहें ब तुषा युव हें हे स्या।

#### NGÖN TSE RIG DZIN NÜ DEN DOR JE TSAL

In the past you were the Vidyadhara Nuden Dorje Tsal.

यःदिर्यायर्ग्निविषयःर्थेयायः अवयः षयः विषया ।

#### MA ONG DE SHEG MÖ PA THA YE ZHAB

In the future you will be the Buddha Möpa Thaye.

<u>५.७.तस्तर्विदःभ</u>ीकाःक्ष्यःवर्ध्याःचयःस्ट्र्<sub>र</sub>

#### DA TA PE JUNG JAL TSAB DROG BEN NGÖ

Now you are the regent of Padmasambhava, the actual presence of Drokben Lotsawa.

दहेग्रबाम्यायायाः विद्यार्हे हे त्याम्बेलामा तदेम्बा।

JIG DRAL YE SHE DOR JE LA SÖL WA DEB

Jigdral Yeshe Dorje, to you I pray.

### वर्रेन्दुरःकेंग्निश्चत्रुयःग्रुधःर्वेरःग्रीशःध्रुग्।

#### DÖ CHUNG CHOG SHE LAB SUM NOR JI CHUG

Happy with little, content, and rich in jewels of the three trainings,

ঀৢয়য়৽৻ৼৠৢৼ৻ৼৄয়৽৻য়৾৽৻ঀৢয়৽ড়৽য়ৼ৽ঀয়৸

#### JAM DANG NYING JE DRO KÜN PHA MAR SHE

With loving compassion, seeing all beings as parents,

ૹ૾ૢ૽ૼૼ૾ૹૹૢ૱ૡ૽ૼૼ૽ૄ૽ૹૢ૱ૡ૽ૼૼૹ૱ૹૢ૱ૡ૱ૺ

#### GO SUM DOR JE SUM TOG SUM DEN CHE

Through threefold realization, you made three doors three vajras.

<u> २मे ॱब्रॅ</u>रःपञ्चःर्स्यः <u>वि</u>धवायःयः मर्बेयः यः यदेववा ।

#### GE LONG PE MA TSUL TRIM LA SÖL WA DEB

Virtuous monk, Pema Tsultrim, to you I pray.

<u> ব্রুঅ'ড়ৢর'ঝহঝ'র্কৢঝ'য়ঽৣয়৾ঽৼড়ৢয়ৢয়'য়ঌ৾য়</u>

#### PAL DEN SANG JE PE ME RING LUG CHOG

The supreme tradition of the glorious buddha Padmasambhava,

इ.एक्टिन. हू. हे. श्रेट. तृतुः शृः वीयः हो

#### NGAL JUR DOR JE NYING PÖ TA DRUB CHE

Which is the essential, extraordinary view and doctrine of the Early Translation school,

ब्रॅंवायवेद्येन्स्य मृत्य श्रूट्य स्वामुश्यवी

#### SÖL JE SHE RAB NANG WA RAB JE PE

You keep alive and spread by the light of wisdom.

ॴॖॸॗॺॱक़ॗ॓ॺॱक़ॕॴॱॾ॓ढ़ऀॱॿय़ॴॱॴऒ॔ॴॻॱढ़ॸऀॻॴ

#### KHEN CHEN CHÖ JE ZHAB LA SÖL WA DEB

Lord of Dharma, Great Khenpo, I pray at your lotus feet.

विंग् सेव केंब्र ग्री प्रीप्त का ग्री विंग्य प्राप्त

OG MIN CHÖ CHI YING CHI PHO DRANG NA

In the palace of the Ogmin dharmadhatu,

**て**ৠৠয়৻য়ৼয়৻য়ৢয়৻৻ঀঀ৾য়ৢঢ়ঢ়ঢ়৻

DÜ SUM SANG JE KÜN JI NGO WO NYI

The essence of all the buddhas of the three times,

<del>৴</del>৾৴য়য়য়য়ড়য়য়ৢৢৢৢৢৢয়ৼ৾ঢ়ৢয়ৼ৾ঢ়ৢঢ়ঢ়ঢ়

RANG SEM CHÖ KU NGÖN SUM TÖN DZE PE

The one who shows clearly the dharmakaya of my own mind,

₹ॱ**प्रदे**'त्रु'सदे'त्यश्रायाणश्रॅयापादिपश्र

TSA WE LA ME ZHAB LA SÖL WA DEB

We pray to the honorable root guru.

**५**५०'ख़्ब्रु' प्रतेन्त्रु'स'र्भेबु'र्घे'के|

PAL DEN TSA WE LA MA RIN PO CHE

Glorious root teacher, precious one,

য়ঀয়<sup>৽</sup>য়ৢ৾৽য়৾য়য়য়ৣয়৾য়য়য়য়৸

DAG GI CHI WOR PE ME DEN ZHUG LA

Dwelling on the lotus seat on the crown of my head,

KA DRIN CHEN PÖ GO NE JE ZUNG TE

Hold me with your great kindness,

*ঌৢ*ॱगशुर:धुगशःग्रे:८र्देश:बुद:कु्य:हु:गर्सेवा|

KU SUNG THUG CHI NGÖ DRUB TSAL DU SÖL

Bestow the accomplishments of body, speech and mind.

## । ।।वर्ष्ट्रमः स्वनः स्वतः वर्ष्ट्रमः वर्ट्यमः वर्ष्ट्रमः वर्ष्ट्रमः वर्ष्ट्रमः वर्ष्ट्रमः वर्ष्ट्रमः वर्ष्ट्रमः वर्ष्ट्र

#### **CHOM DEN MEN LE GOM DE ZHUG**

The Condensed Meditation on the Medicine Buddha

#### Homage

नर्सेसङ्ग्रीकेडी

#### NA MO MA HA BHE KE DZA YA

Homage to the Maha Bhekedzya.

#### Refuge

त्याकार्योवाकर्कवावाशुकात्याञ्चवमाशुकाकी।

#### LA MA KÖN CHOG SUM LA CHAB SU CHI

I take refuge in the lama and the Three Jewels.

वर्ग्।यासम्ब्रिमान्ड्सान्यम्भ्रम्यान्भ्या।

#### DRO LA PEN CHIR CHOM DEN MEN LA DRUB

To benefit beings I will practice the Medicine Buddha.

#### Visualization

ष्यः केंबामुकाबायकाबाउदायो मुकार्सेवाबायाके॥

AH CHÖ NAM TAM CHE YE NE DZOG PA CHE

AH All phenomena are perfect from the beginning.

दे.लु.स्ट.लब्राक्षात्रप्त.ता.तहतः वर सेर्ग

#### DE YI NGANG LE KHA LA JA SHAR TAR

From within that, arising like a rainbow in the sky,

न्तरः द्वियायाः यः वर्ष्याः वीः यावत्यः प्ययाग्यरः॥

#### SHAR CHOG TA NA DUG GI ZHAL YE KHANG

In the eastern direction is the palace, Lovely to Behold.

दे:दवुष:बेद:ब्रियज्ञञ्ज्ञ:वरि:ब्रेदा।

#### DE Ü SENG TRI PEMA DA WE TENG

In its center, seated on a lotus and moon on a lion throne,

#### RANG NYI DAM YE YER ME DREN DZOG SU

I visualize myself as the samaya being inseparable from the wisdom being

वर्डे अन्युन क्षुन त् क्षुन स्त्री अर्दे वा वी ट्रूटर अर्दे वा।

#### CHOM DEN MEN LA KU DOG BE DUR DOG

In the form of the Medicine Buddha, lapis lazuli in color.

अर्क्षत्र द्रोश र दा चक्कुत केंश वीं श क्रा वाश्रु अ वां श्रे या।

#### TSEN PE RAB JEN CHÖ GO NAM SUM SÖL

He has the thirty-two major and eighty minor marks of a buddha, and wears the three monastic robes.

*द्यवाःवाप्यश्च*ळेवाःश्चेतःश्चवःमळेवाःषाःरः र॥

#### CHAG YE CHOG JIN MEN CHOG A RU RA

His right hand is in the supreme gesture of giving medicinal fruit.

वार्ष्यम्यम्यतुत्रः स्टेवः यगादः वर्षः सूदः वज्ञेतः वङ्गसमा

#### YÖN PE DÜ TSI KANG WE LHUNG ZE NAM

His left hand is holding an offering bowl of nectar.

र्देहितःश्चेताःगुरःग्राचे नहेर्नर्देराचेरःप्वर॥

#### DOR JE CHIL TRUNG ZI JI Ö ZER BAR

He is seated in the vajra posture and blazes with radiant glory.

इवाशगार ह्वा अहेर हुँ त्य स्वाश वाधश वर्षि ।।

#### TUG KAR DA TENG HUNG LA NGAG YE KHOR

On a moon in his heart is a blue HUNG with the mantra circling around it.

देःतमार्वेदायर्स्यः,वरःस्वित्वमान्नेदावसमानुसा

#### DE LE Ö TRÖ SHAR CHOG ZHING KHAM NE

Light radiates from the heart to the pure land in the eastern direction,

अन्त्याप्रयाकेन भुन्दरयाम्यापक्षेमा

#### MEN LA DRANG ME CHEN DRANG RANG LA TIM

Summoning countless medicine buddhas who dissolve into oneself.

ररायशरेंद्रायर्ध्वान्ययार्थेन्ययार्थेन्

#### RANG LE Ö TRÖ NE PA LA SOG PE

Then, light radiates out to all who are sick

*ষ্ট্রমান্তর শূর শ্রী বৃদ্দেদ* সুবানস্থল নমনা।

#### SEM CHEN KÜN JI NE DANG DUG NGAL SAL

And clears away the illness and suffering of all sentient beings.

वर्ड्य सुन सुन सुन कें बेसब द्वार प्रा

#### CHOM DEN MEN LA NGÖN TSE SEM PA YI

By the truth of the twelve great prayers

#### MÖN LAM CHU NYI TAB PE DEN PA DE

Of the Medicine Buddha as a bodhisattva in previous lives,

वनवान्दरवन्यावने यो बनान्दरावित्रा

#### DAG DANG NE PA DI YI NE DANG DÖN

May all the sickness and negative forces in myself and others

য়য়য়ড়ৼৼৼড়ৢঀৼয়ৢঀড়য়ৼড়ঀ

#### TAM CHE DA TA NYI DU ZHI JUR CHIG

Be immediately pacified.

वदवाःग्रदःश्चेवःयःगृतःचुरःर्क्षेवाशःर्द्धवाशःत्रशा

#### DAG CHANG DRIB PA KÜN JANG TSOG DZOG NE

May all our obscurations be purified and the accumulation of merit perfected.

#### DE CHEN DAG PE ZHING DU CHE WAR SHOG

Through this, may we be reborn in the Pure Land of Great Bliss.

#### TADYATA OM BHEKA DZYE BHEKA DZYE MAHA BHEKA DZYE RADZA SAMUTGATE SOHA

के केर ने॥

或量的更*着*型

#### **OM BHEKA DZYE SOHA**

नेयनम्बर्केषःदर्वेदस्यमित्रः स्वित्रः स्वित्व

नुःवाष्ठाःब्रीशःश्चरःवर्दे।

This is a Nam-Chö Sky Teaching discovered as mind terma by Raga Asye.

#### **DEDICATION OF MERIT**

**७७। । पञ्चित् क्रामायदे से भाषा मामाय में प्राप्त के हा ।** 

#### SÖ NAM DI YI TAM CHE ZIG PA NYI

By this merit may all obtain omniscience,

র্ষ্রান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্তর্বান্ত্বান্ত্বান্ত্বান্ত্বান্ত্বান্ত্বান্ত্বান্ত্বান্ত্বান্ত্বান্ত্বা

#### TOB NE NYE PE DRA NAM PAM JE TE

May it defeat the enemy, wrong-doing.

श्चे क् व तकेरे हार्त्ते प्रतिविध्यानाया थी।

#### CHE GA NA CHI BA LONG TRUG PA YI

From the stormy waves of birth, old age, sickness, and death,

য়ৢ৴৻৸ড়ৣ৻৸য়৻৸য়ৣ৻৸য়য়৻ঀৣ৾৻৸৻৸য়৻ঀৄ৾য়৾৾৸৻৸য়য়৻ঢ়য়

#### SI PE TSO LE DRO WA DRÖL WAR SHOG

From the ocean of samsara, may I free all beings.

बेसबाउवावरायाही क्षेराया।

#### SEM CHEN NE PA JI NYE PA

May all the numberless beings who are sick

য়ৢ৴৻৴ৢৢৢৢৢৢৢ৴৻ঽয়

#### NYUR DU NE LE TAR JUR CHIG

Be quickly freed from sickness.

वर्षे वितेष्व म्यूस्य स्था स्था ।

#### DRO WE NE NAM MA LÜ PA

May all the afflictions of sentient beings

हग्राप्तुरायासेर्यसर्वेग

TAG TU JUNG WA ME PAR SHOG

Never again arise.

नुरः खुवः श्रेस्रश्रासकेषाः देवः वें कि।

JANG CHUB SEM CHOG RIN PO CHE

The precious bodhichitta:

याञ्चेशयाने ञ्चेशयुराउँग ।

MA CHE PA NI CHE JUR CHIG

In those without it, may it be generated;

श्चेशयान्त्रस्यायासेन्यमायमा

CHE PA NYAM PA ME PAR YANG

In those who have it, may it never diminish,

र्वेदिन्द्रशर्वेदिः तुः त्रवेवायमः विवा

GONG NE GONG DU PEL WAR SHOG

But always continue increasing.

#### The Medicine Buddha's Twelve Great Aspiration Prayers

Manjushri, to the east of this buddha realm, past more buddha realms than there are grains of sand in all the Ganges and its ten tributaries, is the buddha realm called the Universe Filled with Sapphire Light. There resides the tathagata, the arhat, the completely perfect buddha endowed with awareness and legs that stride in the direction of benefiting others, the sugata, the omniscient one, the one whose mighty voice tames all beings, the unsurpassable teacher of gods and humans, the transcendent conqueror, the Medicine Buddha named Sapphire-Light King.

Manjushri, at the time he practiced bodhisattva conduct, this transcendent conqueror, this tathagata, this Medicine Buddha named Sapphire Light made twelve great aspiration prayers:

- 1) In the future, at the time that I attain unsurpassable, completely perfect enlightenment, at the time that I awaken as the manifestly perfect buddha, may the radiant, clear, and steady stream of light emanating from my body fill countless, numberless, infinite universes. May all sentient beings gain the great being's body that is beautifully ornamented with the thirty-two major signs and the eighty minor marks, and may all sentient beings become just as I am.
- 2) In the future, at the time that I attain enlightenment, may my body be like the precious sapphire, endowed with perfect inner and outer purity, may it be flawless, made of clear light, long-limbed, great, glorious, radiant, majestic, steadfast, and ornamented by a net of light rays superior to those of the sun and moon. May all sentient beings, all beings in the universe, and all those in this world of humans who must find their way in many different directions in the dark, in the black of night, may they go in whatever their direction in happiness because my light illuminates the way for them, and wherever they go may their actions be virtuous.
- 3) In the future, at the time that I awaken as the manifestly perfect buddha, may my immeasurable wisdom and skill in means cause all the infinite realms where sentient beings dwell to be filled with inexhaustible material enjoyments, and by this may no one have any difficulties at all.

- 4) In the future, at the time that I attain unsurpassable, completely perfect enlightenment, may I guide all those following wrong paths to the path of enlightenment. May I lead all who have entered the shravaka path and all who have entered the pratyekabuddha path to the path of the mahayana.
- 5) In the future, at the time that I attain unsurpassable, completely perfect enlightenment, at the time that I awaken as the manifestly perfect buddha, may all the sentient beings in front of me, all ordained ones, and also all the countless, numberless sentient beings, merely by hearing my name and by my strength, may they keep the three vows, may their discipline never falter, and may all those who have engaged in wrong types of discipline be blocked from falling into the lower realms.
- 6) In the future, at the time that I awaken as the manifestly perfect buddha, may all sentient beings whose bodies are inferior, whose faculties are not complete, whose skin is of an unpleasant color, who are paralyzed, crippled or bent, whose skin is spotted, whose eyes are faulty or blind, who are deaf, who are insane, and whose bodies are afflicted by illness, from hearing my name may all of them be transformed. May their faculties be complete and their limbs be completely perfect.
- 7) In the future, at the time that I attain enlightenment, may all sentient beings whose bodies are afflicted by the pains of various illnesses, who are without protection or refuge, who lack the basic necessities, who are without medicine, who are without friends or relatives, who are poor, and who are suffering, when they hear my name, may all that afflicts them be completely pacified, and until they attain enlightenment, may they be free from all sickness and harm.
- 8) In the future, at the time that I awaken as the manifestly perfect buddha, may all women be free from difficulties and kleshas, may they be free from denigration, and until they reach enlightenment, may their status in society be equal to that of men.
- 9) In the future, at the time that I attain unsurpassable, completely perfect enlightenment, at the time that I awaken as the manifestly perfect buddha, may all sentient beings gain complete liberation from Mara's lasso. All those who fight with one another, because their views conflict, may I guide to the correct view. Finally, may I teach them the conduct of the bodhisattvas.

- 10) In the future, at the time that I attain enlightenment, may all sentient beings who live in fear of the king, who are bound, who are beaten, who are in prison, who are harmed by deceit, whose freedom of movement and speech the king restricts, and who suffer, by the power of my merit may they be completely free of all that harms them.
- 11) In the future, at the time that I awaken as the manifestly perfect buddha, for all sentient beings who are afire with hunger and thirst, who must put great effort into looking for food, and who have committed negativity, may I satisfy them with foods of wonderful colors, smells, and tastes, and after that, may the taste of Dharma give them great happiness.
- 12) In the future, at the time that I attain enlightenment, may I help with the appropriate actions all those who are naked, who are without clothes, who are poor, who are suffering, who are cold, who are hot, and who are afflicted day and night by insects and vermin. May I give them clothes of many colors. As they wish, may I give them various ornaments of precious jewels, pendants, necklaces, incense, oils, and the beautiful musical sounds of instruments, and by this, may sentient beings' wishes be perfectly fulfilled.

Manjushri, at the time he was practicing bodhisattva conduct, this transcendent conqueror, this tathagata, this arhat, this completely perfect Medicine Buddha named Sapphire Light made these twelve great aspiration prayers.

Under the guidance of Khenpo Tsultrim Gyamtso Rinpoche, this was translated by Ari Goldfield, Boudanath, Nepal, 1998. Lightly edited by Ann Helm.



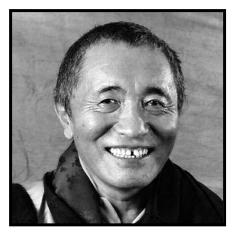
Padmasambhava Buddhist Center spreads the teachings of Buddhism according to the Nyingma Buddhist school of Tibet. PBC was established by Venerable Khenchen Palden Sherab Rinpoche and Venerable Khenpo Tsewang Dongyal Rinpoche to preserve in its entirety the authentic message of Buddha Shakyamuni and Guru Padmasambhava, and in particular to teach the traditions of the Nyingma school and Vajrayana Buddhism. PBC includes over twenty centers in the U.S.A., Puerto Rico, Latvia, and Russia, as well as monastic institutions in Russia, the U.S.A., and India.

Padma Samye Ling Retreat Center and Monastery is located near Walton, New York in Delaware County. Set near the top of a mountain in the western region of the Catskills, these outstanding facilities are contained within five hundred acres of forests, meadows, and natural springs. The traditional Tibetan Three Kaya Temple of Padma Samye Ling is replete with traditional murals and sacred art which embody the blessing treasure of authentic lineage. The Retreat Center hosts group, personal, and work retreats throughout the year, as well as an annual Shedra.

Dharma Samudra Publishing and the Samye Translation Group were founded by the Venerable Khenpo Rinpoches to commemorate and preserve the great ancient tradition of translation that was firmly established during the glorious Tibetan Buddhist era of the seventh through tenth centuries. As a reflection of gratitude for the unique activities of these enlightened translators, Dharma Samudra and the Samye Translation Group have published Dharma books that cover all nine yana teachings of the Nyingma school of Tibetan Buddhism, including both meditation practice and shedra philosophy books.

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Venerable Khenchen Palden Sherab Rinpoche (1938-2010) was a renowned scholar and meditation of Nyingma school of Tibetan Buddhism. He was born in 1938 in the Doshul region of Kham, eastern Tibet. Around age four, Gochen before ioinina monastery, he began to read, write, and learn chants and ritual ceremonies from his grandfather Lama Tharchok and his father Lama Chimed Namoyal.

At the age of fourteen he entered

the prestigious Riwoche Monastic University where he excelled in Tibetan medicine and literature, Sanskrit, and the Buddhist philosophy of all nine yanas.

In 1959, Khenchen Rinpoche and his family left their homeland in Tibet and made their way to India. After the tumultuous period following their exodus, in 1967 he was appointed head of the Nyingma department of the Central Institute of Higher Tibetan Studies in Sarnath by H.H. Dudjom Rinpoche. He held this position of abbot for seventeen years, dedicating all his time and energy to ensure the survival and spread of the Buddha's teachings.

Ven. Khenchen Palden Sherab Rinpoche moved to the United States in 1984 to work closely with H.H. Dudjom Rinpoche. In 1985, he and his brother, Ven. Khenpo Tsewang Dongyal Rinpoche, founded Dharma Samudra Publishing. In 1988, they founded the Padmasambhava Buddhist Center. Together the Khenpo Rinpoches founded Padma Samye Ling in New York, Padma Samye Chokhor Ling monastery and Orgyen Samye Chokhor Ling nunnery in Sarnath, India, erected the Miracle Stupa in Shravasti, India, and rebuilt Gochen Monastery in Tibet.

Khenchen Rinpoche has co-authored over 25 Dharma books in English with Venerable Khenpo Tsewang Dongyal Rinpoche and authored many other texts in Tibetan. He worked tirelessly his entire life to pass on the authentic, ancient teachings of Buddhism, and has inspired thousands of practitioners all over the world, leaving a great monument of peace, love, and wisdom.

On June 19, 2010, displaying profound signs of his realization, Rinpoche entered mahaparinirvana peacefully at Padma Samye Ling. Truly, he was a warrior who conquered all negativities and fully accomplished the wishes of Buddha Shakyamuni and Guru Padmasambhava. We will honor and revere him and his legacy forever. A more extensive biography and full list of Rinpoche's literary works can be found at <a href="https://www.padmasambhava.org">www.padmasambhava.org</a>.



Venerable Khenpo Tsewang Dongyal Rinpoche was born in the Doshul region of Kham in eastern Tibet in 1950. Soon after Khenpo Tsewang Rinpoche was born, three head lamas from Jadchag Monastery came to his home and recognized him as the reincarnation of Khenpo Sherab Khyentse, who had been the former head abbot at Gochen Monastery as well as a renowned practitioner scholar and spent much of his life in retreat.

Khenpo Rinpoche began his formal schooling at age five, when he entered Gochen Monastery. However, his first Dharma teacher was his father, Lama Chimed Namgyal Rinpoche. In 1959 he escaped to India with his family. There his father and brother continued his education until he entered the Nyingmapa Monastic School of northern India, where he studied until 1967. Khenpo Rinpoche then entered the Central Institute of Higher Tibetan Studies, which at the time was part of Sanskrit University in Varanasi, where he received his BA degree in 1975. He also attended Nyingmapa University in West Bengal, where he received another BA and an MA in 1977.

In 1978, H.H. Dudjom Rinpoche enthroned Venerable Khenpo Tsewang Dongyal Rinpoche as the abbot of the Wish-Fulfilling Nyingmapa Institute in Boudanath, Nepal, where he taught poetry, grammar, and philosophy. Then, in 1981, His Holiness appointed Khenpo Rinpoche as the abbot of the Dorje Nyingpo center in Paris, France. Finally, in 1982, he asked Khenpo Tsewang to work with him at the Yeshe Nyingpo center in New York. From that time until H.H. Dudjom Rinpoche's mahaparinirvana in 1987, Khenpo Rinpoche continued to work closely with him, often traveling with His Holiness as his translator and attendant.

In 1988, Khenpo Tsewang Dongyal Rinpoche and his brother, Venerable Khenchen Palden Sherab Rinpoche, founded the Padmasambhava Buddhist Center. Since that time, he has served as a spiritual director at the various Padmasambhava Buddhist centers throughout the world. He maintains an active traveling and teaching schedule.

Khenpo Tsewang Dongyal Rinpoche has co-authored over 25 Dharma books in English with Venerable Khenchen Palden Sherab Rinpoche and authored several other texts in Tibetan. A more extensive biography and full list of Rinpoche's literary works can be found at www.padmasambhava.org.

#### **BOOKS BY THE VENERABLE KHENPO RINPOCHES**

#### **ADVICE FROM A SPIRITUAL FRIEND:**

A Commentary on Nagarjuna's Letter to a Friend

#### THE BEAUTY OF AWAKENED MIND:

Dzogchen Lineage Instructions of the Great Master Shigpo Dudtsi

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A Practical Guide from the Nyingma Tradition of Tibetan Buddhism (formerly titled OPENING TO OUR PRIMORDIAL NATURE)

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#### LIBERATING DUALITY WITH WISDOM DISPLAY:

The Eight Emanations of Guru Padmasambhava

#### LIGHT OF FEARLESS INDESTRUCTIBLE WISDOM:

The Life and Legacy of His Holiness Dudjom Rinpoche

#### LIGHT OF PEACE:

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With the PSL Shedra Series, the Venerable Khenpo Rinpoches are directly sustaining and glorifying the study curriculum that has enabled the Buddha- dharma to be successfully carried from generation to generation. By developing intelligent, thorough analysis, practitioners establish a reliable foundation for realizing the path of enlightenment.

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यःश्रें छो गाः हुं है।

Mamo Ekajati

सर्गेत्र में सः मृग्गु या



スラマリ Rahula

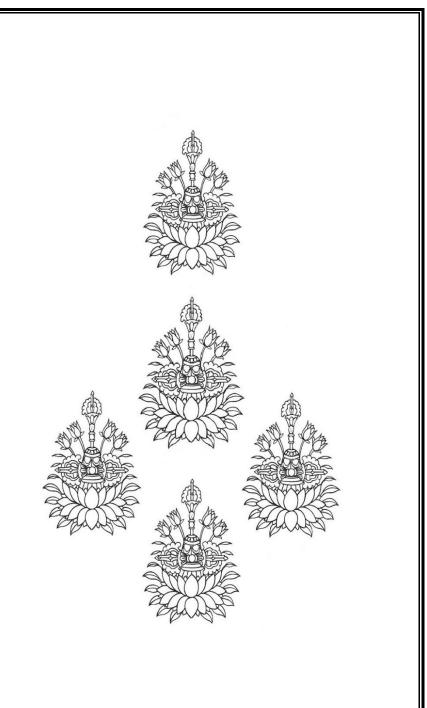
নুমান্তর ইিছি থেলাশ্বামান। Dorje Legpa

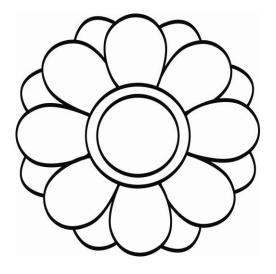


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