



KNOW YOUR RIGHTS

You have the right to refuse to give consent to immigration or police to search you, your car or your house. They must have a warrant signed by a judge.

You have the right to remain silent. If you choose to exercise this right you should say it out loud.

You have the right to speak to a lawyer before you answer any questions. You can say : "I will remain silent until I talk to my lawyer."

You have the right to call the consulate of your country of origin if you are not an American citizen. Immigration and the police are required to let you call or visit your consulate.

You have a right to copies of all your immigration documents.

You do not have to sign anything you do not understand or do not want to sign.

THIS IS NOT LEGAL ADVICE. CALL US AT CONEXIÓN AMÉRICAS AT (615) 320-5152 FOR A LEGAL REFERRAL.

MENTAL HEALTH Talking with your children

TAKE CARE OF YOURSELF FIRST. Children depend on the adults around them to feel secure. If you are anxious or stressed it is likely your children will be more affected by your emotional state than by your words. Find someone you can trust or a professional counselor to share your own worries.

LISTEN. Begin by asking your child what they have heard and what they have understood. While your child shares, make a mental note of misinformation and their fears and worries. Each child is different, so take cues from your child about the amount of information to share.

PAY ATTENTION to what your children are watching on television, the internet and social media, especially younger children. If your children watch the news, try to watch it with them and take the opportunity to discuss what they are seeing and how you and your children feel about it.

SHARE your feelings with your children in a manner appropriate for their age. This is an opportunity for you to show them how to respond to stressful news and situations, especially if you talk openly about the negative repercussions for many immigrant families.

PROJECT security and strength to your children to reassure them and quiet their fears.

Do you need professional counseling?
Conexión Américas can refer you to counselors. Call us at (615) 320-5152.

REPORT INCIDENTS OF
HARASSMENT, HATE, BULLYING,
INTIMIDATION OR DISCRIMINATION
TO **RESPECT NASHVILLE** AT
(615) 669-6223.



- Prepare a **FAMILY PLAN**
- Know your rights
- Pay attention to mental health
- Avoid fraud



conexión
a m é r i c a s
(615) 320-5152
conexionamericas.org

During these difficult and uncertain times, we are not alone. At Conexión Américas we are here to support you and to fight together to protect our families and our community. United, we are an **indivisible** community.



Participate in a workshop
Make an appointment for help to prepare your Family Plan

Family Plan

In these times of uncertainty for many immigrant families, the most important actions we can take are to be informed and be prepared with a Family Plan, which should include the following:

☒ List of Emergency Contacts

Create a list of emergency contacts for your family. Share a copy with your children and relatives, with your children's school and other trusted friends.

☒ Child Care Plan

In case you are detained, prepare a Power of Attorney for Care of a Minor Child. This document allows a non-parent guardian to enroll the child in public school, make medical decisions and make other important decisions for the minor. Inform the school of the name and contact information for the authorized person.

☒ Power of Attorney

Assign a Power of Attorney to a relative or trusted friend so they can manage your properties and accounts if you are detained.

☒ Dual Citizenship for Children

If your children were born in the United States, seek double citizenship from the country of origin of the parents if possible. Contact your country's consulate for more information.

☒ Immigration Documentation

It is the law that all non-citizen residents 18 and older carry all valid immigration documents issued by the United States with them at all times.

☒ Know your Rights

Educate yourself and your family about your rights if you encounter police or immigration.

☐ Stop and think twice if someone comes to your door.

Normally you do not have an obligation to open the door to anyone. Immigration or police cannot enter your home without a warrant signed by a judge.

☐ Remain silent. Immigration may use anything you say against you in court.

☐ Remain calm and do not run. Use your phone to take photos and notes about the raid.

☐ Ask to speak to your lawyer and think twice before signing anything. Do not sign documents that you do not understand or do not want to sign.

Message from Dr. Shawn Joseph, Director, Metro Nashville Public Schools

"We have a diverse and wonderful group of students, families and employees at Metro Nashville Public Schools. We welcome anyone from any nation, culture, religion and ethnic background. Also, please be reassured to know that Metro Schools will remain a place where all students – regardless of where they came from or how they got here – can be educated, find a safe place and dream for the future."

Make an appointment to receive individualized help preparing your Family Plan:

(615) 320-5152

☒ File of Important Documents

Organize a file with all of your important documents and keep it in a safe place. Use the "My family plan" checklist at the right.

☒ Immigration Attorney

Find an immigration attorney you can trust. Always carry your attorney's contact information with you.

☒ Avoid Fraud

Do NOT use anyone advertised as a public notary (notario público). In the U.S., notaries are not lawyers and cannot give legal help.

☐ Consult a lawyer or Board of Immigration Appeals (BIA) representative.

☐ Require the following information from the provider: Credentials, a contract and how much you will pay, copies of your contract and all papers filed for your case, and payment receipts signed and dated by the provider in your preferred language.

☐ Keep originals in a safe place at home, and bring copies of any requested documents to your legal counsel.

My Family Plan



☐ Emergency Contacts

Name _____

Phone _____

☐ Immigration Lawyer

Name _____

Phone _____

☐ Power of Attorney for Care of Minor(s), prepared for:

Name _____

☐ Power of attorney for care of minor(s) shared with child(ren)'s school(s)

☐ Power of attorney for any property or accounts

☐ File with all of these documents:

☐ Power of Attorney for Care of Minor(s)

☐ Passports from parents' country of origin

☐ Children's passports

☐ Birth Certificates

☐ Registration of Birth (for children born in the U.S. but registered with the parents' country of origin)

☐ Social Security/ITIN cards

☐ Immigration Cards/Alien number

☐ Driver's License or other identification cards

☐ Marriage License

☐ Documents that prove you have resided in the United States more than two years (for example tax records, birth certificates of children born in the U.S., or school records)