

HOLDING SPACE CONNECTING WITH BREAKTHROUGH ALUMNI



"Breathe, rest & hold space, for life to reveal what the next layer will be." Leanne Barrett

A FREE virtual series for Caron Breakthrough Alumni

Program components

We missed you! Due to the overwhelming response from our previous virtual offerings, Breakthrough is excited to announce a new format and dates for 2021. We will be hosting Holding Space: Connecting with Breakthrough Alumni twice monthly via Zoom. These one-hour meetings provide you with the opportunity to reconnect with one another and celebrate the unique shared experience of Breakthrough while exploring current needs. We look forward to seeing you soon

Group Schedule

Holding Space begins on Friday, January 15th from 1PM -2PM Eastern Time.



Dates

Friday, January 15th, 2021
Friday, January 29th, 2021
Friday, February 12th, 2021
Friday, February 26th, 2021
Friday, March 12th, 2021
Friday, March 26th, 2021
Friday, April 9th, 2021
Friday, April 23rd, 2021
Friday, May 7th, 2021
Friday, May 21st, 2021

To Register

Please reach out to the Breakthrough staff at **BreakthroughEvents@caron.org** to register and for any questions.