

caregiving during crisis

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Are You a Family Caregiver for Someone Living with Alzheimer's or Other Dementia Illness?

Our "Caregiving During Crisis" Program Might Be For You.

Our Emory University team has designed the fully online "Caregiving During Crisis" course to help informal caregivers of persons living with dementia to adapt to caregiving during the COVID-19 pandemic.

The course focuses on three main topics:

- ✓ Keeping you and your person safe;
- ✓ Navigating the healthcare system; and
- ✓ Managing home life with dementia

You take the program privately and at your own pace, and we'll help out if you run into technical problems while you take the course.

The course is part of a research project. We are studying the effects of "Caregiving During Crisis" on caregivers' sense of confidence and on the quality of life of caregivers and persons living with dementia. So, if you enroll in the course, we'll ask you to take part in confidential interviews, and you will be compensated for the time you spend in each of these interviews.

If you are caring for a person living with dementia, if you have a way to access the course online, and if you'd like more information about or want to see if you are eligible for the course, **please email:** caregiving.crisis@emory.edu

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