

Resources for Monterey Park Victims and Community Members

https://bit.ly/MP_resources Last updated: Jan 24, 2023 5:00 PM

On Saturday, January 21, 2023, the eve of Lunar New Year, a mass shooting occurred in Monterey Park, CA, resulting in the deaths of eleven persons and injuring nine others. On Monday, January 23, 2023, seven more people were killed in a mass shooting in Half Moon Bay, CA. Our hearts go out to the victims and their loved ones.

If you or someone you know is in need of support, please share this guide. It contains <u>immediate resources for victims</u>, <u>mental health resources</u>, <u>legal resources</u>, resources for victims of <u>domestic violence</u> and <u>anti-AAPI hate</u>, and <u>other resources</u>. Many resources are specific to AAPI communities in Monterey Park or Los Angeles County while some resources are available to anyone in the state or country. (AAPI Equity Alliance is an LA-based organization.)

If you have resources to share or other feedback, please email Tina Pham at AAPI Equity Alliance (<u>tpham@aapiequity.org</u>). For any additional inquiries, please email (info@aapiequityalliance.org).

This guide is updated daily. Translations coming soon.

Immediate Resources for Victims

GoFundMe: Monterey Park Lunar New Year Victims Fund

This campaign is organized by AAPI-serving community-based organizations to support the victims of the Monterey Park shooting. Donate at <u>gofund.me/f804bb72</u>.

For victims and surviving families, please call Asian Americans Advancing Justice Southern California to access funds. English (888) 349-9695 ; 普通话/广东话 Chinese (800) 520-2356

Victim and Survivor Resource Center

Operated by LA County, City of Monterey Park, American Red Cross, and others to provide on-the-ground mental health services, crisis response teams, and victim services. Mandarin and Cantonese interpretation available. Open daily 8am-7pm at the Langley Senior Citizen Center, 400 W Emerson Ave, Monterey Park, CA. (626) 307-1388

LA County District Attorney - Bureau of Victim Services

Helps victims apply for state benefits to pay for medical bills, lost wages, funeral costs, and mental health treatment. Mandarin and Cantonese interpretation available. (626) 514-1300, 8am-5pm; <u>https://da.lacounty.gov/victims</u>.

California Department of Justice – Victims' Services Unit

The California Department of Justice's Victims' Services Unit (VSU) assists victims and survivors, connecting them with state and local resources. Additionally, VSU supports all 58 counties' government and community based victims and social services providers with client-centered, trauma-informed, and culturally sensitive services. (877) 433-9069; <u>VictimServices@doj.ca.gov</u>; <u>https://oag.ca.gov/victimservices</u>

California Victim Compensation Board Resources for Victims of Crime

CalVCB is a state program providing up to \$70,000 in financial compensation for many crime-related expenses. Victims who suffer physical injury, threat of physical injury or emotional injury as a direct result of a violent crime may qualify for assistance. Those who witnessed the crime, and may be traumatized by it, and family members of victims may also qualify.

1-800-777-9229; https://victims.ca.gov/

- <u>CalVCB fact sheet in English and Spanish;</u> <u>https://victims.ca.gov/uploads/2022/05/CalVCB-Basic-Fact-Sheet-English-and-Spanis</u> <u>h 05.2022.pdf</u>.
- <u>CalVCB fact sheet in simplified Chinese;</u> <u>https://victims.ca.gov/uploads/2021/02/CalVCB Basic Factsheet Chinese Simplified</u> <u>rev6-10-20-1 rev2021.pdf</u>.

Mandarin-Speaking Funeral Homes

- Rose Hills-Alhambra, 550 E Main St., Alhambra, CA 91801, (626) 299-3000
- Forest Lawn, 11 East Huntington Drive, Arcadia, CA 91006, 1 (888) 689-8888
- Universal Chung Wah Funeral, 225 N Garfield Ave, Alhambra, CA 91801, (626) 281-7887

Mental Health

Chinatown Service Center

Nonprofit providing trauma counseling to community members in Mandarin, Cantonese, and Vietnamese.

(213) 808-1720, 8am-5pm; https://www.cscla.org/

Asian Pacific Counseling and Treatment Centers

Mental health center in LA County meeting the needs of Asian Pacific immigrants and refugees. Services available in Mandarin, Cantonese, Vietnamese, Korean, Tagalog, Thai, and Spanish. Behavioral health and outpatient clinical services provided at Alhambra location: 1635 West Main St., Suite 100, Alhambra, CA 91801. (626) 248-1800, M-F 8:30am-5:00pm; <u>https://www.apctc.org/</u>

Pacific Asian Counseling Services

PACS provides culturally sensitive and language specific mental health and other services, with expertise in immigrant Asian Pacific Islander populations. Their mental health program, Renewal Spaces, offer listening sessions after traumatic events and are led by trained API co-facilitators. Renewal Spaces is offered in Mandarin, Cantonese, Korean, Japanese, Khmer, Vietnamese, and Tagalog.

(310) 259-7604; <u>https://pacsla.org/</u>

Special Services for Groups

Non-profit organization serving Asian-American community through mental health services. <u>https://www.ssg.org/</u>

- <u>SSG SILVER</u> works with older adults by providing mental health services and case management. (213) 553-1884; <u>https://www.ssg.org/divisions/silver/</u>
- <u>Alliance</u> provides 24/7 integrated community-based behavioral health services to adults and older adults with severe and persistent mental illness, including those transitioning out of jails and state prisons. In Cantonese, Vietnamese, Korean, and Spanish. (213) 249-9388; <u>https://www.ssg.org/divisions/alliance/</u>

St. Mary Medical Center - Families in Good Health

FiGH builds capacity within the community to enable informed and knowledgeable choices, in order to prevent and/or delay the onset of disease and/or social dysfunction; to access needed health and social services; and to improve quality of life. Service included: mental health, education, home visitation, case management, and support groups. Service in English, Spanish, and Khmer.

(562) 491-9100;

https://www.dignityhealth.org/socal/locations/stmarymedical/about-us/community-benefit s/families-in-good-health

Search to Involve Pilipino Americans

SIPA is a nonprofit organization serving Historic Filipinotown and other neighborhoods throughout Greater LA County. Offers mental health services including 1:1/family counseling, support groups, community training, and wellness workshops for those impacted by trauma, hate incidence, and/or violence. Services offered in Filipino (Tagalog), Spanish, and English.

Inquiry form: http://bit.ly/helloSIPA; Email: info@sipacares.org

South Asian Network

SAN is a community based organization providing health care and mental and emotional health services in Hindi, Pashto, and English.

(630) 696-1412; <u>https://southasiannetwork.org/</u>

Pacific Clinics

California's largest community-based nonprofit provider of behavioral and mental health services and supports.

https://www.pacificclinics.org/

- Asian Pacific Family Center: Provides culturally sensitive and language specific mental health across the lifespan (children and youth, adult and older adult) within the San Gabriel Valley area. In Cantonese, Mandarin, Vietnamese, and Spanish. (626) 287-2988 (Rosemead location)
- APFC-East/Multicultural Family Center: Multicultural Family Center providing linguistic and culturally responsive prevention and clinical services to children, youth, parents/caregivers, and families in the San Gabriel Valley. In English, Mandarin, Korean, and Spanish. (626) 839-0300 (City of Industry location)

Asian Mental Health Collective

If you have been directly affected by the shootings and are in need of emotional support, please reach out to <u>therapy@asianmhc.org</u> so AMHC may connect you with a mental health provider. If you are an Asian mental health provider interested in offering your support to those impacted, please contact AMHC at <u>therapy@asianmhc.org</u> for more info on how to help.

https://www.asianmhc.org/

Los Angeles County Department of Mental Health

LACDMH supports the wellbeing of county residents and communities through crisis services, mental health referrals, and emotional support.

(800) 854-7771; https://dmh.lacounty.gov/covid-19-information/

National Alliance on Mental Illness

NAMI Urban Los Angeles (NULA) provides education about severe brain disorders, supports

increased funding for research, and advocates for adequate health insurance, housing rehabilitation, and jobs for people with serious psychiatric illnesses in communities of color.

(323) 294-7814; https://www.namiurbanla.org/resources

Garfield Health Center

Located in Monterey Park, GHC Mental Health department will provide instant consultation and support for all victims and their families who need mental health assistance. If you need or know anyone in need of someone to talk to about this tragedy or anxiety, please call us at (626)300-9980.

仁濟社區醫療中心是一家位於蒙特利公園市的非營利機構,多年來一直堅持在聖蓋博地區提供 優質醫療服務。仁濟心理輔導科將為所有需要心理協助的受害者及其家屬提供即時諮詢和支持。 如需幫助,請致電626-300-9980。

Herald Christian Health Center

Federally-qualified health center serving the Asian community. Cantonese and Mandarin speaking counselors are trained in trauma-informed care or trauma therapy. 923 S. San Gabriel Blvd., San Gabriel, CA.

(626)286-8700; https://hchcla.org/

Yellow Chair Collective

Offers 6 trauma-informed therapy sessions at no cost to those who have been directly affected by the tragedy in Monterey Park. Available in English and Mandarin Chinese. Fill out the form at <u>https://yellowchaircollective.com/contact/</u>.

Asian Mental Health Collective

Searchable directory of AAPI therapists in US & Canada. <u>https://www.asianmhc.org/</u>

Open Path Collective

Nonprofit network of mental health professionals providing in-office and online mental health care. https://openpathcollective.org/

Suicide & Crisis Lifeline

Provides 24/7, free and confidential support for people in distress and prevention and crisis resources. Dial 988 or chat online at <u>https://988lifeline.org/chat/</u>

Legal

Asian Americans Advancing Justice Southern California

Legal advice, case navigation and direct representation through helplines in 7 Asian languages and dialects, plus referrals to other organizations and government agencies. https://www.ajsocal.org/

Direct Language Support Lines:

English: (888) 349-9695 普通话/广东话 Chinese: (800) 520-2356 한국어 Korean: (800) 867-3640 TAGALOG: (855) 300-2552 हिन्दी Hindi: (855) 971-2552 ภาษาไทย Thai: (800) 914-9583 TIẾNG VIỆT Vietnamese: (714) 477-2958

Asian Pacific Islander Community Outreach Project | Legal Aid Foundation of Los Angeles (LAFLA)

Free legal assistance through Asian language hotlines providing advice, direct representation, and referrals. <u>https://lafla.org/get-help/asian-pacific-islander-outreach/</u>

Direct Language Support Lines:

普通话/广东话 | Chinese: (323) 801-7912

Tiếng Việt | Vietnamese: (323) 801-7923

한국어 | Korean: (323) 801-7987

日本語 | Japanese: (323) 801-7913

ភាសាខ្មែរ | Khmer: (562) 304-2535

English, español (Spanish), and all other languages: (800) 399-4529

St. Johns Community Health: Legal Services Department

Offers U-Visa assessments to anyone impacted by the Monterey Park shooting, hate crime/hate incident assessments, and law enforcement advocacy. Services offered in-language upon request.

(213) 646-2657 (Vanessa) and (323) 740-2945 (Perla); https://www.wellchild.org/

Neighborhood Legal Services of Los Angeles County

NLSLA provides direct legal services, case management and navigation, and referrals in Asian languages for LA County residents. Services are offered in-language through their team of advocates and an on-demand language line.

(626) 307-3643 or email stopthehate@nlsla.org; https://nlsla.org/

Domestic Violence

Center for the Pacific Asian Family

CPAF provides domestic violence, sexual assault and child abuse services within the Los Angeles Asian Pacific Islander (API) community. A 24-Hour multilingual helpline is available at 1-800-339-3940. <u>https://nurturingchange.org/</u>

Supported languages:

0	繁體中文

- · 한국어
- 日本語
- TagalogTiếng Việt
- ្ ខ្មែរ
- े दिन्दी
- ไทย

Anti-AAPI Hate

211/LA vs Hate

An LA County initiative, 211 LA is a hotline for victims or witnesses to report acts of bullying or incidents motivated by hate or discrimination, and to be connected with local services. 211; https://211la.org/

311/LA for ALL

Residents of LA City can report hate crimes and hate incidents by calling 3-1-1, visiting myla311.lacity.org, or using the MyLA311 app. You can report anonymously and be provided access to further community-based and crisis care resources. 311; https://civilandhumanrights.lacity.org/laforall

CA vs. Hate Resource Line and Network

A non-emergency hate incident and hate crime reporting hotline and online portal established by California's Civil Rights Department to support individuals and communities across the state targeted for hate.

(833) 866-4283; stophate.calcivilrights.ca.gov/s/

 Information for anyone targeted for hate about their legal rights and resources for enforcing their rights: <u>Hate Violence | CRD (ca.gov)</u>; <u>https://calcivilrights.ca.gov/hateviolence/</u> • <u>Hate Violence Fact Sheet</u> available in at least 10 languages; https://calcivilrights.ca.gov/posters/?openTab=5&emrc=63cf03344e66a

U.S. Department of Justice, Community Relations Service

The federal CRS provides facilitation, mediation, training, and consultation services that improve communities' abilities to problem solve and build capacity to prevent and respond to conflict, tension, and hate crimes.

(202) 353-1555; <u>https://www.justice.gov/crs</u>

• Fact sheet on Preventing and Responding to Bias and Hate Incidents Against AANHPI Communities; https://www.justice.gov/file/1426866/download.

Other Resources

Asian Youth Center

Emergency Food Program: Fresh and non-perishable groceries are distributed by appointment to low-income individuals and families. Services are provided in Chinese, English, and Spanish.

(626) 537-0954; https://www.aycla.org/emergency-food-program.html

Los Angeles County Department of Education

LA COE has put together resources to provide educators and parents support in talking to students about gun violence, their safety and their feelings. There are also resources to support adults who are experiencing emotional distress.

- A Checklist for School Personnel to Evaluate and Implement the Mental Health Component of Your School Crisis and Emergency Plan
- Helping Youth After Community Trauma: Tips for Educators
- School Violence Prevention: Guidelines for Administrators and Crisis Teams
- Talking to Children about the Shooting (The National Child Traumatic Stress Network)
- Talking to Children About Violence: Tips for Parents and Teachers (National Association of School Psychologists)
- Coping in the Aftermath of a Shooting (American Counseling Association)
- Trauma and Disaster Mental Health (American Counseling Association)
- Managing your distress in the aftermath of a shooting (American Psychological Association)
- Talking to Children About Violence: Tips for Parents and Teachers (Resources in multiple languages)

###

AAPI Equity Alliance (formerly, the Asian Pacific Policy & Planning Council or A3PCON) is a coalition of community-based organizations that advocates for the rights and needs of the Asian and Pacific Islander American community in Los Angeles and beyond. Learn more at <u>aapiequityalliance.org/</u>.