



## Greetings Alumni!

As you prepare to take the next step on your journey of recovery, we want you to know the Alumni Relations team is here for you. With a host of offerings that support your long-term sobriety, our goal is to help you stay connected with Caron, with each other, and on the path of recovery well beyond your time here. In fact, our motto is *Recovery for Life* and our services support commitment to you!

The Alumni Team does this by facilitating various fellowship and support groups for alumni, family members, and friends of Caron – for anyone wishing to stay connected to the Caron family. You are invited and encouraged to attend and participate in a variety of activities, retreats, special events, and workshops held throughout the year in various regions, as well as right here on the mountain.

Our experience and our outcomes demonstrate that ongoing involvement in recovery-related activities reduces one's likelihood of relapse. By making Caron part of your ongoing journey, you are able to draw on the powerful example, hope and support that our group of alumni has to offer while having fun and building new relationships with others in sobriety.

Below is the contact information for our alumni coordinators assigned to various regions. We look forward to staying connected with you post-treatment and being a part of your journey to long term sobriety, one day at a time.

Berks, Lancaster and Leigh counties – Marty Ferrero at 610-743-6569 or <a href="mailto:mferrero@caron.org">mferrero@caron.org</a>
Philadelphia, Delaware & S. NJ – Keith Rogers at 484-342-5751 or <a href="mailto:krogers@caron.org">krogers@caron.org</a>
New York, Connecticut & N. NJ – Ken Lanning at 610-743-6476 or <a href="mailto:klanning@caron.org">klanning@caron.org</a>
D.C., Maryland & Virginia – Anya Whalen at 202-412-5681 or <a href="mailto:awhalen@caron.org">awhalen@caron.org</a>
Caron Renaissance (Florida) – Lyndsey McMillan at 856-562-5285 or <a href="mailto:lmcmillan@caron.org">lmcmillan@caron.org</a>
Caron Ocean Drive (Florida) – Michelle Kerrigan at 561-631-1187 or <a href="mailto:mkerrigan@caron.org">mkerrigan@caron.org</a>

If you have any questions, please do not hesitate to reach out. We are here to support you and your family.

Thank you,

Amy Durham Corporate Director of Alumni Relations amy.durham@caron.org