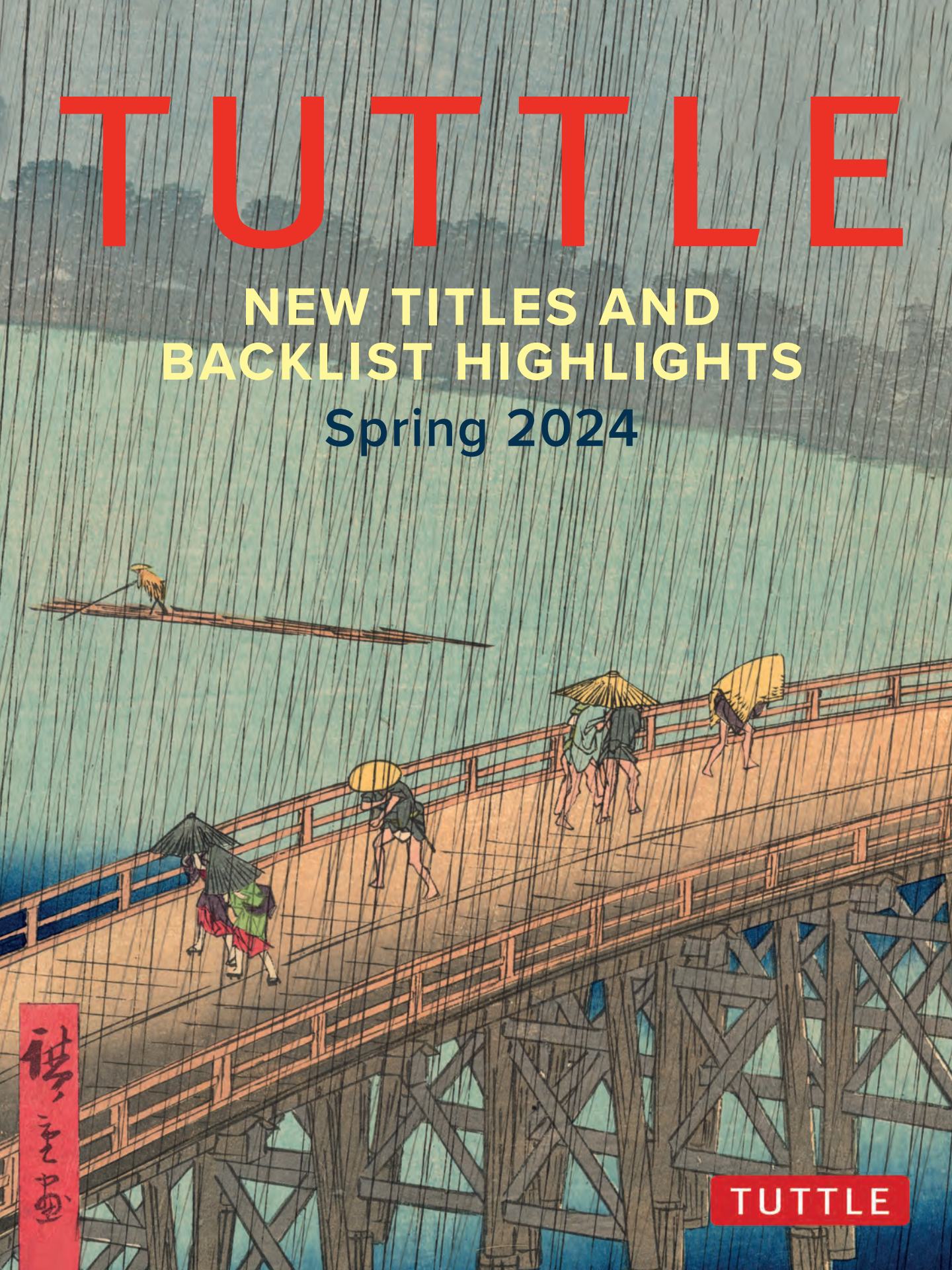


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NEW TITLES AND
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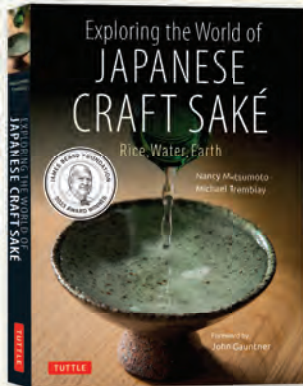
Spring 2024



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TUTTLE

Recent Award Winners



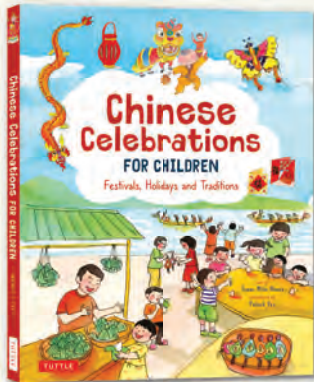
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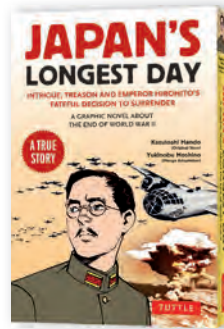
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Japan's Longest Day

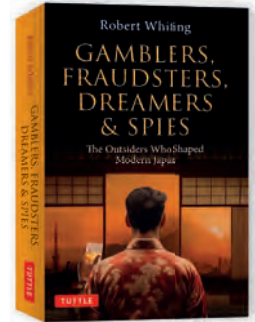
Intrigue, Treason and Emperor Hirohito's Fateful Decision to Surrender

page 10

Gamblers, Fraudsters, Dreamers and Spies

The Outsiders Who Shaped Modern Japan

page 12



The Amazing Beasts of Philippine Mythology

When You Have to Say: "Excuse Me, Mister Monster Sir!"

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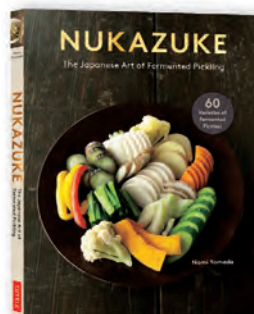
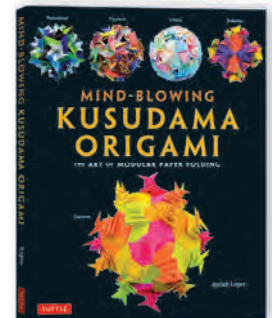
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Mind-Blowing Kusudama Origami

The Art of Modular Paper Folding

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Nukazuke

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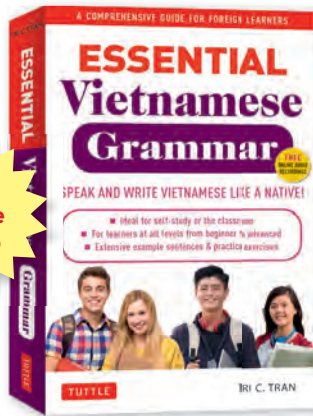
March

Language Learning

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Selling Territory: World



Essential Vietnamese Grammar

A Comprehensive Guide for Foreign Learners

By Tri C. Tran

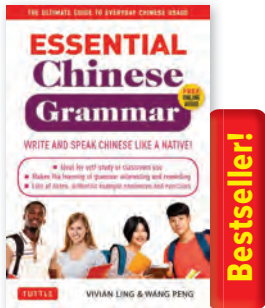
The twelve chapters in this book cover all the essential sentence constructions of Vietnamese—from beginning to advanced level. Strong emphasis is placed on the difference between translating directly from English, which yields awkward and incorrect sentences, and the use of idiomatic Vietnamese constructions and expressions. This book is suitable for self-study or for classroom instruction and is perfect for review and brushing up your language skills.

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Tri C. Tran, PhD, teaches linguistics and Vietnamese at the University of California, Irvine. He obtained his PhD and MA in Romance Linguistics and Literatures from the University of California, Los Angeles, and his BA in Spanish Linguistics from the University of California, Irvine. His publications include Spanish and Vietnamese language textbooks and a bilingual dictionary for students of linguistics. He is the author of *Reading and Writing Vietnamese* and co-author of *Vietnamese Stories for Language Learners*, both published by Tuttle.

From the Same Series:



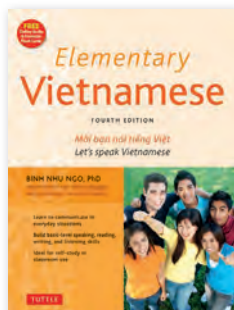
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Hello Korean Volume 2

A Language Study Guide for K-Pop and K-Drama Fans—with Free Online Audio Recordings by K-Drama Star Lee Joon-gi!

By Jiyoung Park, Soyoung Yoo and Lee Joon-Gi

Designed for people who want to learn to speak Korean quickly but correctly—especially K-Pop and K-Drama fans!

This book features colorful drawings and a cast of young foreigners who are living in Seoul, hanging out together and having fun exploring the city. It features Korean film and TV star Lee Joon-gi, who not only reads the dialogues but contributes a series of stories about his favorite places and

things to do in Korea! Each chapter is organized as follows:

- An opening dialogue on an everyday topic such as going out or meeting someone
- A list of useful vocabulary and everyday expressions
- Grammar explanations, conversations and practice exercises
- “Talking with Lee Joon-gi”—Respond to the prompts as though you are speaking to him!
- “Lee Joon-gi’s Top Travel Sites”—describing the actor’s favorite places in Korea!

Jiyoung Park is Associate Professor at the Korean Language Education Center at Seoul National University. She has worked as a visiting researcher at Korea Broadcasting System, as contributing editor for the KBS Standard Korean Language Pronunciation Encyclopedia, and was a member of the TOPIK (Test of Proficiency in Korean) committee of examiners. She has authored many books.

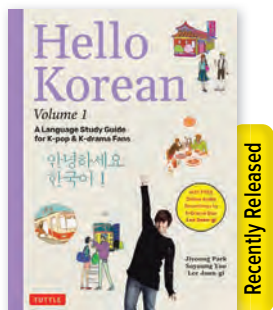
Soyoung Yoo is Professor at the International Language Program at Dankook University’s Global Language Institute. With a master’s degree in Japanese language education, she also was a visiting Japanese language professor at the Korean National Police University. She has authored several other Korean language teaching books.

Lee Joon-gi is an actor, singer, dancer and model. He became famous playing the clown in the movie *The King and the Clown* and has also appeared in many popular K-dramas including *Moon Lovers: Scarlet Heart Ryeo*; *Lawless Lawyer* and *The Flower of Evil*, which is available on Netflix.



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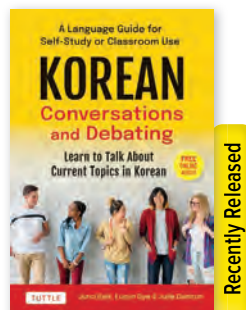
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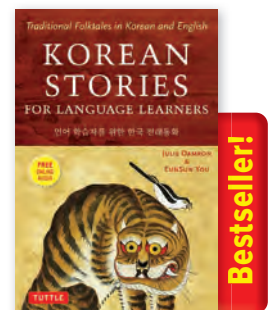
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Language Learning

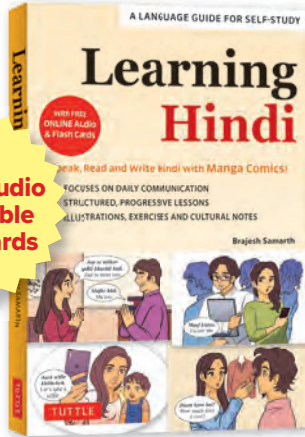
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By Brajesh Samarth

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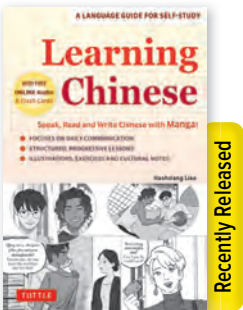
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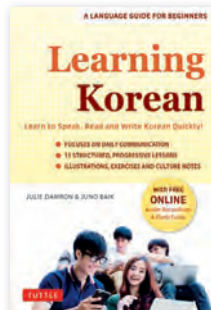
Brajesh Samarth is a Professor and Language Coordinator in Hindi-Urdu at Emory College of Arts and Sciences. His research examines the processes of identity maintenance through language in the Indian diaspora. He has extensively studied Hindi-Urdu literature and music including South Asian diaspora poetry, Dastangoi (the lost art of Urdu storytelling), storytelling through Phad painting, Sufism, Yoga, and the cultural symbolism of Rajasthani turbans. He holds a Ph.D. in linguistics and has taught Hindi and Urdu in language programs including Stanford and the University of Wisconsin-Madison.



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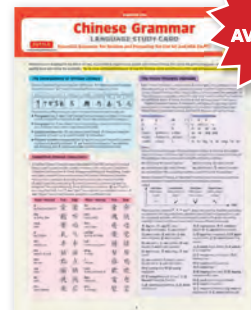


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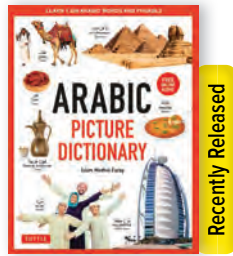


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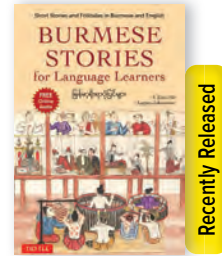


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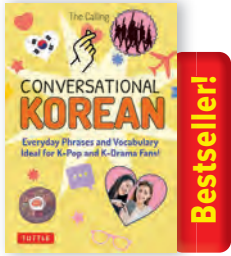


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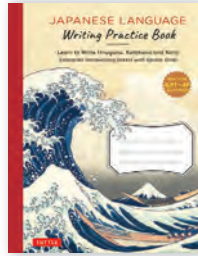
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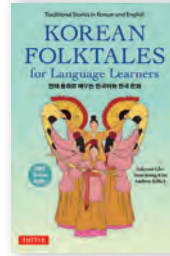


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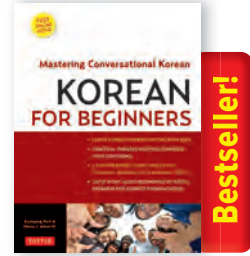


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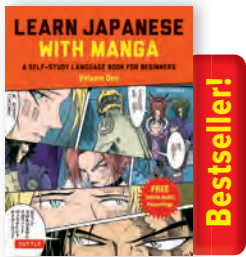
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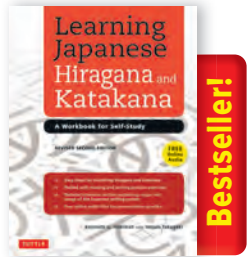
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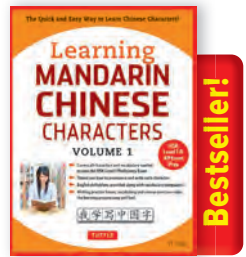
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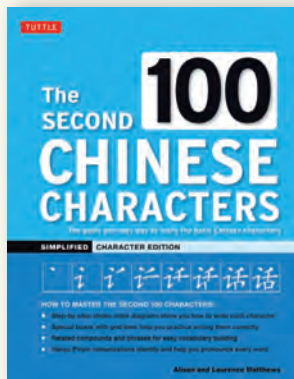
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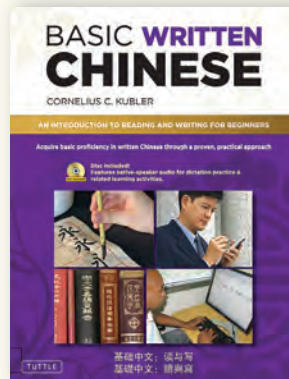
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April

Literature

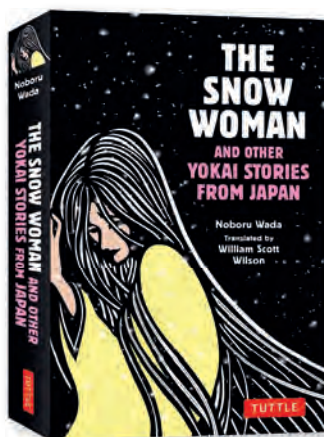
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The Snow Woman and Other Yokai Stories from Japan

By Noboru Wada

Translated by William Scott Wilson

Illustrated by Haruna Wada

This book contains 79 fascinating folk stories about strange supernatural happenings from the Japanese collection *Tales from Shinshu*, compiled and edited by award-winning author Noboru Wada. It features traditional tales of Yokai (ghosts), mountain witches, demons and apparitions frequently sighted in and around the mountainous Shinshu region of central Japan.

- **The Legend of the Snow Woman**—A beautiful woman appears at Minokichi's door one night in a snowstorm. They marry and live happily, until one day her terrible secret is revealed.
- **Kappa Taro**—A legendary yokai terrifies villagers by luring them into a pond, where they drown. Can Suwa Yorito, famed for his strength, successfully challenge this terrifying demon?
- **The Yamamba Witch's Daughter**—Who would ever dream of marrying a mountain witch? Can the Yamamba's daughter find the love and happiness she seeks?

These stories have been passed down from grandparents to their grandchildren for generations. Well-known throughout Japan, many are believed to have actually occurred in the distant past!

Noboru Wada worked as a school teacher and in 1977 received the first Kenjiro Tsukahara Literary Award for his work *The Fortress of Sorrow*. In 2005, he won the Sankei Award for his book *Weapons Can't Save the Earth*. In addition to anti-war and anti-discrimination children's books, he has written biographies, ghost stories and science fiction for children. *The Snow Woman and Other Yokai Stories from Japan* is his first work to be published in English.

William Scott Wilson has written over 20 books that have been translated into 21 languages. He was awarded a Commendation from the Foreign Ministry of Japan and was inducted into the Order of the Rising Sun, the highest civilian honor granted to foreigners by the Japanese government.



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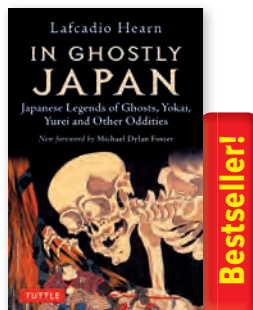
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“A journey to hell with Osamu Dazai, Japan’s ultimate bad boy novelist.”
—Damian Flanagan, *The Japan Times*

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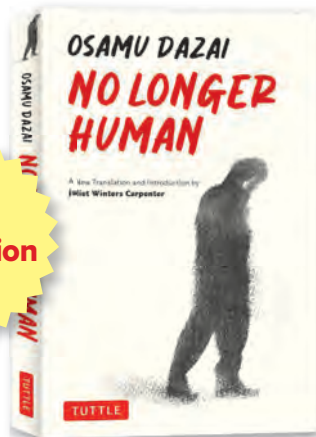
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March

Literature

5 1/8 X 8 • 160 pages

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New Translation



No Longer Human

By Osamu Dazai
 Translated by Juliet Winters Carpenter

No Longer Human is the story of Yozo Oba who, from an early age, finds it impossible to form meaningful relationships with family or friends. As a child he copes by acting the fool—mocking himself while entertaining others. As an adult he turns to alcohol, sex and drugs, which lead to his eventual self-destruction.

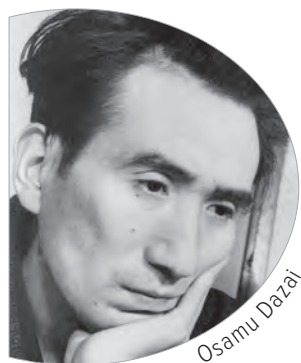
In this novel, based closely on his own life, Dazai skillfully leads the reader to sympathize deeply with Oba. Although the book was published in 1948, the timeless and universal themes of social alienation, failure, and one man’s inner

torture at his inability to feel like a normal human still resonate with young people everywhere, making this an enduring international classic.

After Sōseki Natsume, Osamu Dazai is Japan’s most popular writer. Dazai is enjoying a surge in interest among young people today thanks to the success of the manga, anime and film series *Bungo Stray Dogs*, whose protagonist, a detective named Osamu Dazai, is based on the real-life author.

Osamu Dazai (1909-1948) first attracted attention in 1933 when magazines began to publish his work. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his short stories. Despite his troubled life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his own experiences. Dazai’s life ended early in a double suicide with a married lover.

Juliet Winters Carpenter is an award-winning American translator of modern Japanese fiction who studied at the University of Michigan and the Inter-University Center for Japanese Language Studies in Tokyo. After completing her studies, she returned to Japan where she became involved in translation and teaching. She is professor emerita at Doshisha Women’s College of Liberal Arts in Kyoto and has received numerous awards for her translation work including the William F. Sibley Memorial Award for Japanese Translation for her rendering of Mizumura Minae’s *An I-Novel* and the Lindsey and Masao Miyoshi Translation Prize for a lifetime of achievement as a translator of modern Japanese literature.



Osamu Dazai

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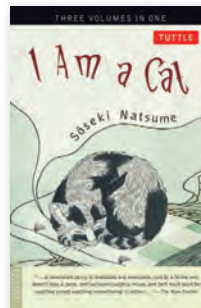
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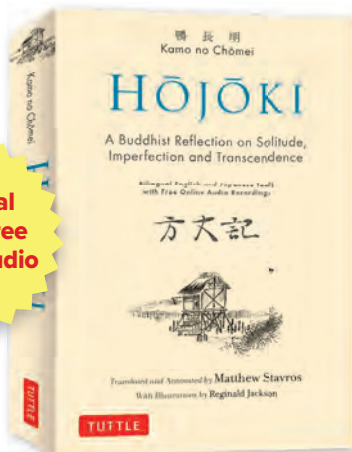
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Hōjōki

A Buddhist Reflection on Solitude, Imperfection and Transcendence

By Kamo no Chōmei

Translated by Matthew Stavros

Illustrated by Reginald Jackson

Hōjōki is an introspective poem written in the 13th century by the enigmatic Japanese writer Kamo no Chōmei, who as a young man served as official court poet in the capital, but later in life became a recluse.

Composed in a time of devastating fires, floods, earthquakes and famines, Chōmei’s verses reflect on the impermanence of things, expressing life’s mysteries and

the profound wisdom to be found in nature.

Chōmei paints a vivid picture of the chaos and suffering of the human condition. But amidst all this, he discovers an oasis of calm in a simple mountain hut, where he contemplates the virtues of nature and the wabi sabi beauty of imperfection in all things.

This new translation by Matthew Stavros, presented alongside the original Japanese, perfectly captures the profound serenity of Chōmei’s text. His poignant verses serve as timely reminders that true contentment can be found in embracing fleeting moments and in seeking solace in nature’s beauty.

Kamo no Chōmei was a Japanese poet, musician and essayist who died in 1216. While in his fifties, he became a recluse, moving to Mount Hiei outside Kyoto then to Hino, where he built a tiny hut and spent the rest of his life writing and contemplating.

Matthew Stavros holds a PhD from Princeton University and is senior lecturer in Japanese and Asian Studies at the University of Sydney and former director of the Kyoto Consortium for Japanese Studies. He is the author of *Kyoto: An Urban History of Japan’s Premodern Capital* and *In Praise of Solitude: Two Japanese Classics on Reclusion*.

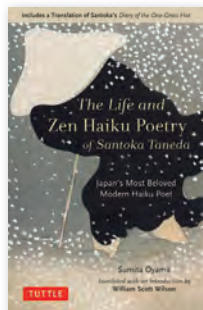
Reginald Jackson is an artist and associate professor of pre-modern Japanese literature and performance at the University of Michigan and author of *Textures of Mourning: Calligraphy, Mortality, and the Tale of Genji Scrolls* and *A Proximate Remove: Queering Intimacy and Loss in The Tale of Genji*.



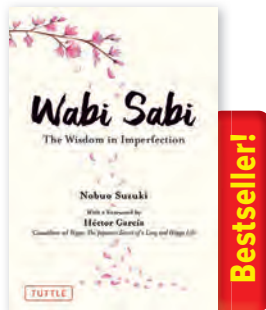
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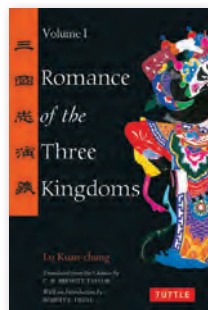
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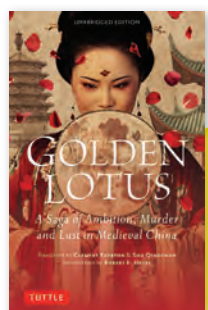
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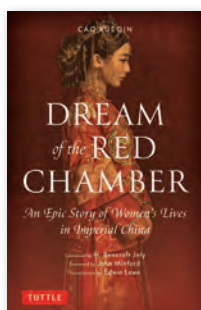


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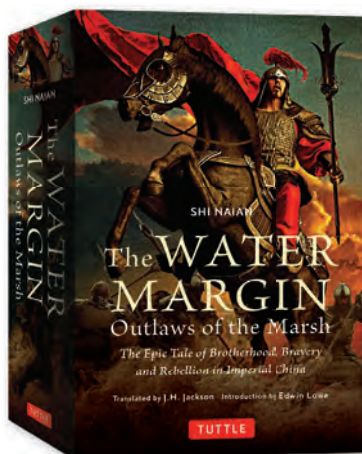
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Shi Naian is considered to be one of the greatest writers in all of Chinese literature. In addition to authoring *The Water Margin*, he was mentor to Lo Kuan-chung, author of the monumental *Romance of the Three Kingdoms*.

J. H. Jackson came to China as a Presbyterian missionary. His version of *The Water Margin* is the first complete translation to follow the text of the Chinese original closely.

Edwin Lowe is a publisher and educator with over 20 years of experience in the field of Asian Studies. He has taught at Macquarie University, the Australian National University and the University of New South Wales in Australia.

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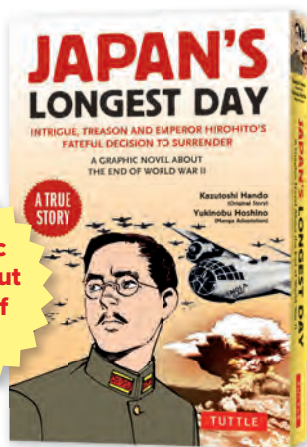
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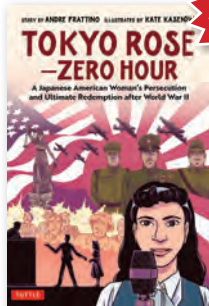
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Kazutoshi Hando was a well-known journalist and historian. He was the chief editor of several monthly and weekly magazines and wrote many popular books on World War II. He used his popularity as a newspaper columnist to create works that promoted peace in the decades following the war. *Japan's Longest Day* was published in 1965 and adapted into a film in 1967.

Yukinobu Hoshino is an award-winning manga artist. He has been writing and illustrating manga for over 40 years and has published many bestsellers including the 2001 *Nights* series.



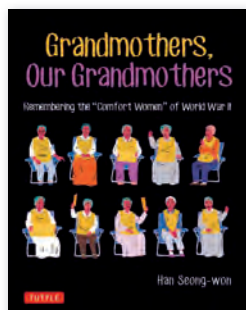
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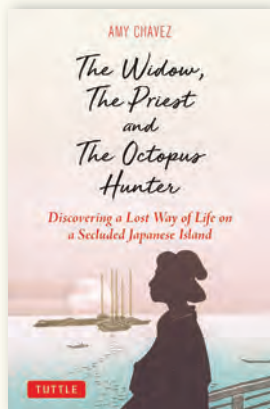
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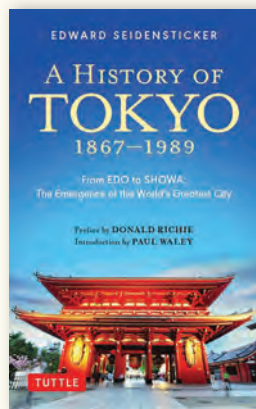


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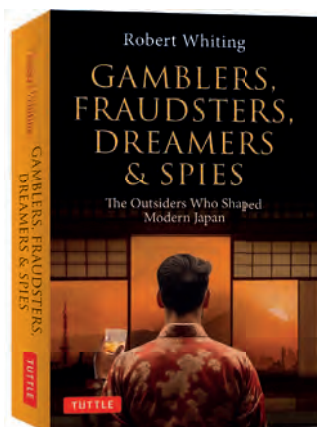
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Critically acclaimed author and longtime Japan resident Robert Whiting turns his attention to the fascinating stories of foreigners who made waves and achieved notoriety in post-World War II Japan.

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stories about the gamblers, dreamers and conmen who made their mark in modern Japan feature US servicemen running Vegas-style gambling dens; baseball managers like Bobby Valentine; hostesses, bar managers and wannabe yakuza gangsters; religious fanatics such as Sun Myung Moon; and foreign businessmen like disgraced Nissan CEO Carlos Ghosn.

This fascinating book provides an unvarnished look at the post-war history of Japan and offers cautionary tales about how welcoming Japan really is towards outsiders. It is based on original research and reporting by the author, a 60-year resident of Tokyo.

Robert Whiting is the author of *You Gotta Have Wa*, named as one of Esquire’s Best Baseball Books Ever Written and *Tokyo Underworld*. He has lived in Japan since 1962 and is regarded as one of the foremost experts on the country. The California native has written for many publications in his long career, including *The New York Times*, *The Smithsonian*, *Sports Illustrated*, *Newsweek*, *Time*, and *U.S. News and World Report*. His first book, *The Chrysanthemum and the Bat*, was named Time’s Sports Book of the Year in 1977. He is also a recipient of the 2023 Henry Chadwick Award, which honors those who research and write about baseball.

“Bob Whiting came to the city as a stranger in a strange land in 1962 and stayed for five decades—he knows the dark alleys, the good whisky bars, the crooked politicians and the crooks, the baseball players, the bookies...better than anyone alive.”

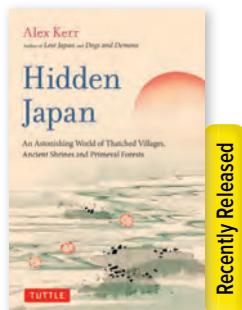
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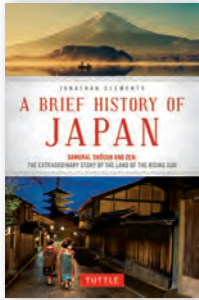
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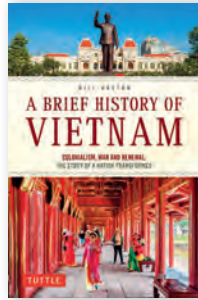
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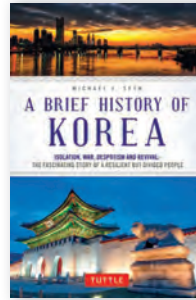


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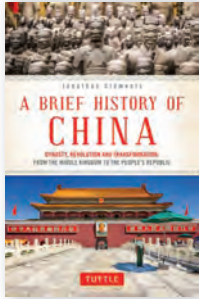
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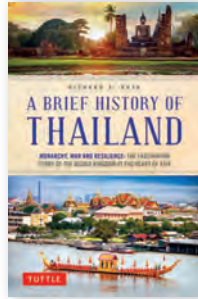
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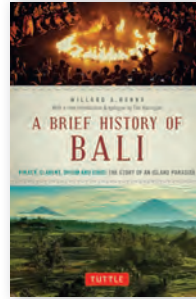
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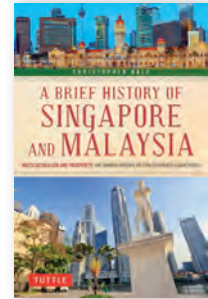
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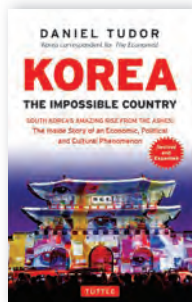


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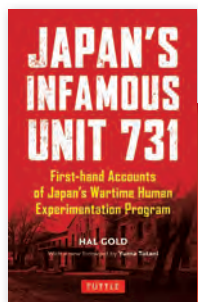
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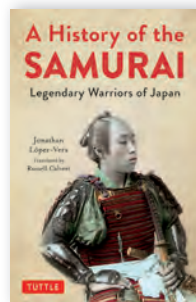
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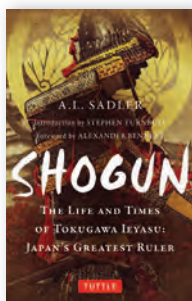
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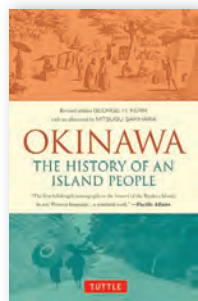
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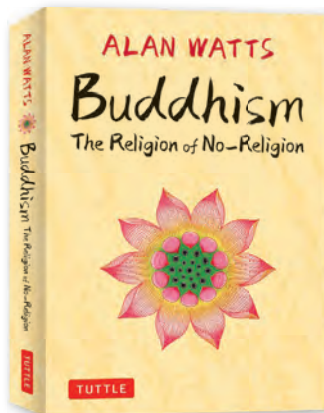
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Buddhism: The Religion of No-Religion presents six powerful essays by Alan Watts, the guru for an entire generation of 20th century thinkers, writers and poets. Watts was an engaging speaker and an icon of America’s Beat and Counterculture movements. His friends included Aldous Huxley, Lawrence Ferlinghetti, John Cage, Joseph Campbell and Gary Snyder.

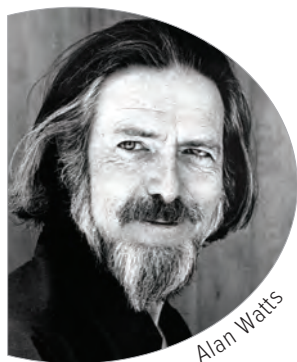
In this book, Watts explores all aspects of Buddhism—from its roots in ancient India to the explosion of interest in Zen and

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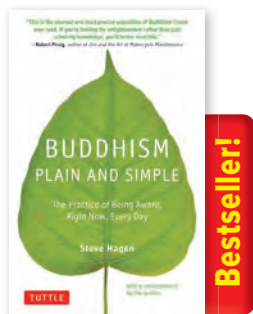
Watts traces the early beginnings of Buddhism, outlines the differences between Buddhism and other religions, and reviews the *Four Noble Truths* and *The Eightfold Path*. *Buddhism: The Religion of No-Religion* is a valuable reminder of the peace to be found by looking inward.

Alan Watts was a former Episcopal priest, born in London in 1915. He came to the U.S. in the 1930s, where he would become a scholar of Eastern religions. He moved to San Francisco in 1951 where he began teaching Buddhist studies, and in 1956 began his popular radio show, *Way Beyond the West*. By the early 1960s, Alan’s radio talks aired nationally and the counterculture movement adopted him as a spiritual spokesperson. He went on to write more than twenty other books. He died in 1973.



Alan Watts

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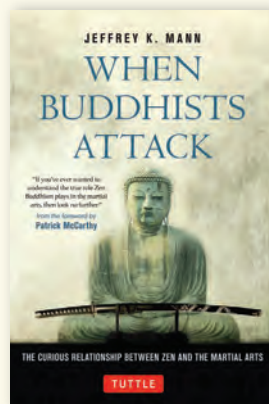


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Zen monk Jikisai Minami takes the things we are supposed to strive for, and turns them on their head. The 35 short, thought-provoking essays in this book are divided into four chapters about our sense of self, our hopes and dreams, our personal relationships and how to face death. Each essay begins with a controversial point of view to help us look at life's problems through fresh eyes. The essays include:

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- If You Grieve as Much as You Want To, the Time Will Come When You Can Laugh

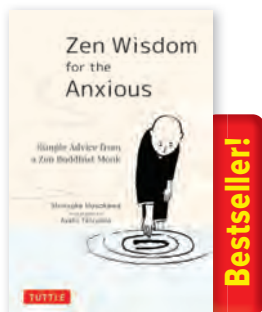
Although the author's messages may seem difficult to accept at first, his teachings help us reduce anxiety in our daily lives. Being bound by the belief that "I have to do X" or "I need to achieve Y" causes immense stress. The author encourages us to accept our reality and live our lives from that starting point. This, he says will free us from anxiety, relationship problems and negative emotions.

Each chapter features a number of short, thought-provoking essays providing fresh perspectives on familiar problems that can change your life!

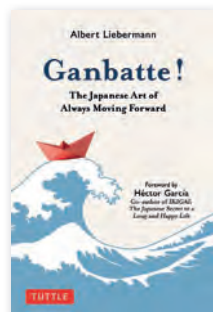
Jikisai Minami is a Zen monk and chief priest of the Reisenji Temple in Fukui Prefecture as well as head of the Osorezan Bodaiji Temple in Aomori Prefecture. In 1984 he decided to become a priest and entered Eiheiji, the head temple of the Soto sect of Buddhism, where he spent two decades training. After managing the Shishikurin Sanga training dojo for young priests, he began writing books discussing his relationship with Buddhism and his views on life. *It's Okay Not to Look for the Meaning of Life* is his most popular work to date, and the first to be translated into English.



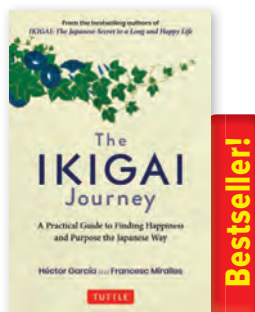
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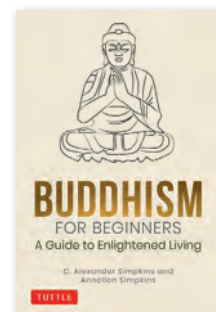
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Japanese Shinto is the simple belief that the divine dwells in all things around us

\$12.99 paperback

\$17.95 (CAD)

ISBN-13: 978-4-8053-1793-8

April

Religion

5 1/8 X 8 • 144 pages

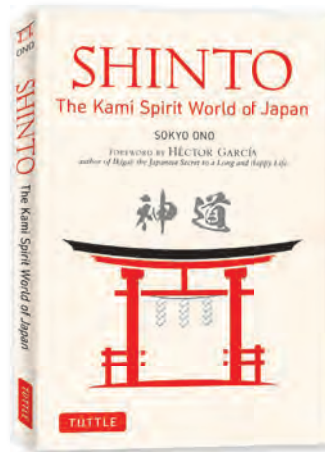
42 new color and b&w images

Carton Quantity: 40

Selling Territory: World

Previously Published ISBN:

978-0-8048-3557-2



Shinto

The Kami Spirit World of Japan

By Sokyo Ono with William Woodard

Foreword by Héctor García

Shinto: The Kami Spirit World of Japan is a concise guide to the fundamental elements of the Shinto religion—its rich mythology and symbols, intricate rituals, festivals, ancestral spirits, awe-inspiring architecture and a profound belief in the divine presence in the natural world around us.

Readers will discover here the pervasive influence of Shinto on all aspects of contemporary Japanese life and culture. From the hallowed shrines nestled in wooded landscapes to the vibrant tapestry of contemporary Japanese manga, films and

video games featuring Kami spirits and characters—Shinto is ever-present. The chapters include:

- The Kami Way
- Shrines
- Worship and Festivals
- Political and Social Characteristics
- Some Spiritual Characteristics

This modernized classic, with new color and b&w images and a new foreword by bestselling author Héctor García, reminds us of the intrinsic connection between humanity and nature. Shinto's reverence for the divine in all aspects of nature can inspire and guide us to achieve a more harmonious and sustainable future.

Dr. Sokyo Ono was a professor at Kokugakuin Daigaku, a Shinto university in Tokyo, and lectured for the National Association of Shinto shrines. He also served as Executive Director of the International Institute for the Study of Religions and the Japan Religious Co-operative Council.

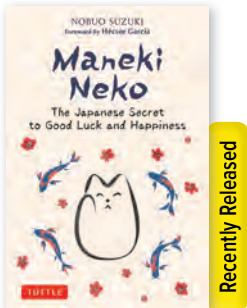
William Woodard directed the research unit of the Religious and Cultural Resources Division, Civil Information & Education Section, SCAP from 1946 to 1952.

Héctor García was born in Spain and worked in Switzerland before making his home in Japan over 15 years ago. His popular blog kirainet.com led to his internationally successful book *A Geek In Japan*. Along with Francesc Miralles, he is the co-author of the international bestseller, *Ikigai: The Japanese Secret to a Long and Happy Life*.



Shinto wedding ceremony

Also Available:

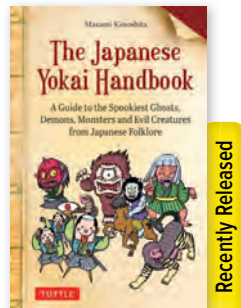


Recently Released

Maneki Neko

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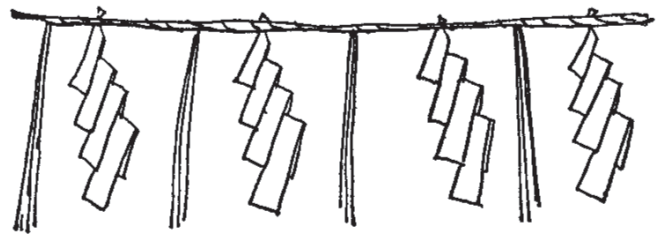


Recently Released

The Japanese Yokai Handbook

ISBN-13: 978-4-8053-1728-0

\$14.99/\$19.95 (CAD) PB



Shimenawa—a sacred rope with paper and flax pendants



Motonosumi Inari Shrine features a tunnel consisting of 123 torii gates leading from the sea to the mountain



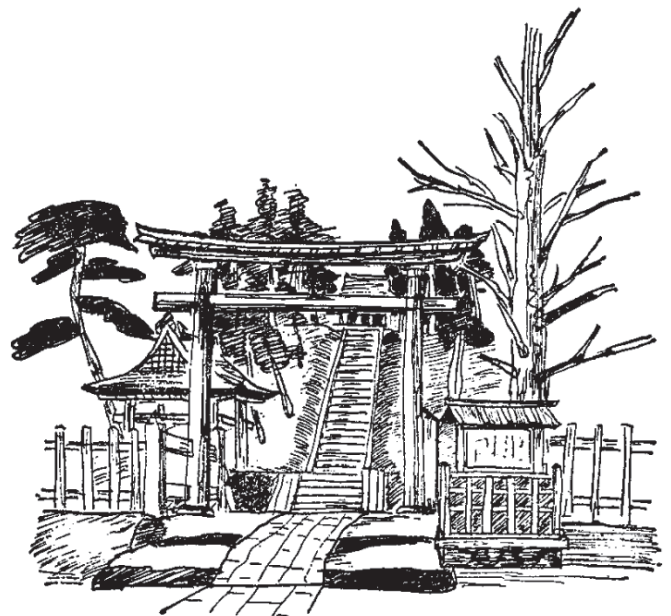
One hundred shrine maidens (miko) dance at twilight in the Mitama Matsuri festival at Gokoku-jinja Shrine in Hiroshima

“An excellently rounded introduction by an eminent Shinto scholar.”

—Library Journal



Worshippers purchase a plaque, write their wishes, and tie them to the shrines so the deities can receive their prayers



Typical approach to a Shinto shrine

Praise for Haruki Murakami's Manga Stories 1:
“This is a must-read for Murakami buffs and a quirky invitation into the writer’s perspective and preoccupations for newcomers.”—Publishers Weekly

\$19.99 hardcover
 \$26.95 (CAD)
ISBN-13: 978-4-8053-1767-9
April
 Graphic Novel
 7 X 10 • 128 pages
 full-color illustrations throughout
 Carton Quantity: 16
 Selling Territory: World

- Author and illustrator available for interviews; contact publicity@tuttlepublishing.com



Haruki Murakami



Jc Deveney

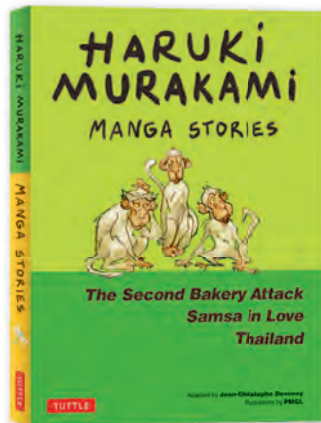


PMGL

By the Same Author:



Recently Released



**Haruki Murakami
 Manga Stories 2**

*The Second Bakery Attack;
 Samsa in Love; Thailand*

By Haruki Murakami
 Adapted by Jc Deveney and Illustrated by PMGL

Haruki Murakami’s novels, essays and short stories have been read by millions worldwide. Now for the first time, Murakami’s best-loved stories are available in manga form in English. With their trademark mix of realism and fantasy, centering around Murakami’s signature themes of loss, remorse and confusion, the stories in this volume are:

- **The Second Bakery Attack**—A newlywed couple lie in bed, hungry. The man tells his wife about when he and a friend robbed a bakery and stole bread to feed themselves for two days. On hearing this story, the woman suggests they try the same thing again.
“[...] exemplifies Murakami’s sense of the fragility of the ordinary world.”
 —Kirkus Reviews
- **Samsa in Love**—An extension of the tale of Gregor Samsa in Kafka’s *The Metamorphosis*. The main character wakes up to find himself transformed into someone named Samsa, then falls in love with a hunchback woman who comes to fix the lock on his door.
“Samsa in Love is part of a lineage, going back to the original publication of “The Metamorphosis” in 1915 and extending up to (and beyond?) the present day.”
 —Los Angeles Times.
- **Thailand**—A middle-aged woman takes a break from her job as a doctor to go on holiday in Thailand. She learns from a spirit doctor that her sterile life and inability to forgive have created a rock in her gut, which will be all that remains of her after she is dead.
“His characters are so persuasive, and the storytelling so spacious ... Murakami’s crisp, accomplished stories have great immediacy.” —The Seattle Times

These new graphic versions of classic Murakami short stories will be devoured by his fans and will provide a new window onto his work for younger readers not yet familiar with it!

Haruki Murakami’s first novel, *Hear the Wind Sing*, won the Gunzou Literature Prize in 1979. He is the author of many novels including *Norwegian Wood*, *Sputnik Sweetheart* and *Kafka on the Shore*. He has published three collections of short stories: *The Elephant Vanishes*, *After the Quake* and *Blind Willow, Sleeping Woman*.

Jc Deveney’s comic book adaptations have been published in Italy, Spain, England, USA, Japan and Argentina. He organizes international projects and comics exhibitions. He taught scriptwriting for comics and animation for fifteen years.

PMGL (Pierre-Marie Grille-Liou) illustrates magazines and underground comix, and publishes comic strips, short stories and feature comics. He also teaches human morphology and anatomy to animators and videogame artists.

Haruki Murakami Manga Stories 1:
Superfrog Saves Tokyo; Where I’m Likely to Find it; Birthday Girl; The Seventh Man
 ISBN-13: 978-4-8053-1764-8
 \$19.99/\$26.95 (CAD) HC

A timeless psychological study of a young man's deep alienation from society

\$14.99 paperback

\$19.95 (CAD)

ISBN-13: 978-4-8053-1774-7

April

Graphic Novel

5 ½ X 8 • 192 pages

b&w illustrations

Carton Quantity: 40

Selling Territory: World

**Opens
Right-to-Left in
the Japanese
Style**



Sōseki Natsume's Kokoro: The Manga Edition

The Heart of Things

By Sōseki Natsume

Adapted by Nagi Yoshizaki

Set in the early 20th century, *Kokoro* opens with a chance encounter on a beach near Tokyo that irrevocably links a young student to a man he simply calls Sensei ("Teacher"). Intrigued by Sensei's aloofness, the student calls upon him with increasing frequency. Eventually, Sensei and his beautiful wife open their home and their lives to him. Only later does the student learn the devastating secret that has haunted Sensei since his youth.



Kokoro has sold millions of copies in Japan, where it is taught in schools and is a perennial favorite. Its lucid prose and universal themes of friendship, betrayal and the struggle for meaning in a changing world have made it popular internationally as well. This English-language manga version will make the book accessible to a new generation of foreign readers.

The manga includes depictions of suicide and may not be suitable for some readers.

Sōseki Natsume was born in Tokyo in 1867. He taught English in a small town before studying for three years in England. Returning to teach at Tokyo University, he began his writing career soon after. He is the most popular novelist in Japan and the only Japanese author always referred to by his first name (Sōseki).

Nagi Yoshizaki is a Japanese manga artist who has illustrated many graphic novels in his native Japan. The works he is best known for include *Atashi, Hitori...*, *Zettai Triangle Love* and *For You, My Beloved*.

By the Same Author:

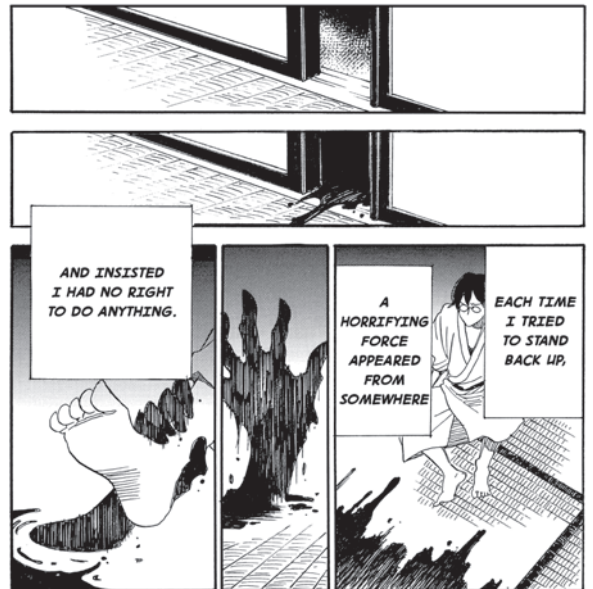


Sōseki Natsume's *I Am a Cat: The Manga Edition*
ISBN-13: 978-4-8053-1657-3
\$14.99/\$19.95 (CAD) PB

Also Available:



Lady Murasaki's *Tale of Genji: The Manga Edition*
ISBN-13: 978-4-8053-1656-6
\$14.99/\$19.95 (CAD) PB



“Dazai’s brand of egoistic pessimism dovetails organically with the emo chic of this cultural moment and with the inner lives of teenagers of all eras.” —Andrew Martin, *The New York Times*

\$14.99 paperback

\$19.95 (CAD)

ISBN-13: 978-4-8053-1761-7

March

Graphic Novel

5 ½ X 8 •

192 pages

b&w illustrations throughout

Carton Quantity: 40

Selling Territory: World

Opens Right-to-Left in the Japanese Style



Osamu Dazai’s *The Setting Sun*: The Manga Edition

By Osamu Dazai

Adapted by Cocco Kashiwaya

The works of Osamu Dazai (1909-1948) have seen a huge surge in popularity recently among young people worldwide thanks to the success of the manga and anime series *Bungo Stray Dogs*, whose protagonist is a detective called Osamu Dazai, closely based on the real-life author. Fans of the manga have been turning to the writings of the real Dazai, whose themes of alienation from society and the contradictions between outer appearances and inner self still resonate today.



This is the first manga version of Dazai’s classic novel *The Setting Sun*, considered by many to be his greatest masterpiece. Set in the aftermath of World War II, it is the story of Kazuko—a strong-willed woman from an aristocratic family that has fallen into poverty. The book follows her journey as she and her family struggle to survive and adapt to the harsh new conditions. In addition to moving from the city to the countryside, where she is forced to work in the fields, she has to deal with a difficult divorce, the birth of a stillborn child and the return of her drug-addicted brother from the war.

Osamu Dazai (1909-1948) studied French literature at the University of Tokyo, eventually leaving without a degree. He first attracted attention in 1933 when magazines began to publish his work. Between 1930 and 1937, he made three suicide attempts, a subject he deals with in many of his short stories. Despite his troubled life and rebellious spirit, Dazai wrote in a simple and colloquial style, conveying his own experiences. Dazai’s life ended early in a double suicide with a married lover.

Cocco Kashiwaya, born in 1970, is a Tokyo-based manga artist. In 2010, her manga series *Rikon Dokyo* was made into a national TV drama in Japan.

By the Same Author:



Osamu Dazai’s *No Longer Human*: The Manga Edition
ISBN-13: 978-4-8053-1772-3
\$14.99/\$19.95 (CAD) PB



“If Britons have Harry Potter and Americans have Percy Jackson, we Filipinos have Janus Silang.”
—Bongbong Books Review

\$14.99 paperback

\$19.95 (CAD)

ISBN-13: 978-0-8048-5677-5

March

Graphic Novel

6 X 9 • 176 pages

full-color illustrations throughout

Carton Quantity: 36

Selling Territory: World

- Official author website: edgarcalabiasamar.com
- Official author social media: [@ecsamar](https://www.instagram.com/ecsamar)
- Official illustrator website: mervinmalonzo.com
- Official illustrator social media: [@mervinmalonzo](https://www.instagram.com/mervinmalonzo) & [@mervinmalonzoart](https://www.instagram.com/mervinmalonzoart)

By the Same Author:



Janus Silang and the Creature of Tabon: Volume One
 ISBN-13: 978-0-8048-5668-3
\$14.99/\$19.95 (CAD) PB

By the Same Illustrator:



After Lambana:
 Myth and Magic in Manila
 ISBN-13: 978-0-8048-5525-9
\$16.99/\$22.95 (CAD) PB



Janus Silang and the Struggle for Kalibutan

Volume Two in the Janus Silang Saga

By Edgar Calabia Samar

Illustrated by Mervin Malonzo

Following a grisly encounter with the Tiyanak, an evil creature from Philippine folklore, Janus Silang realizes that nothing in his life will ever be the same again. He and his family are now the targets of a powerful force that must be destroyed.

Janus and his friends escape to Kalibutan, where the Tiyanak cannot follow. There, he searches for Tala, the Tiyanak's goddess twin and the only being with the power to defeat it.

This quest leads him again to the world of online gaming, where to his great dismay he discovers that he is not the only one looking for Tala!

Janus Silang and the Struggle for Kalibutan is adapted from the award-winning novel by Edgar Calabia Samar, one of Asia's best-known writers and a multiple winner of the Philippine National Book Award.

Edgar Calabia Samar is an award-winning poet and novelist whose books have won Asia's most prestigious literary prizes including the Philippine National Book Award (three times) as well as the Man Asian Literary Prize, the NCCA Writer's Prize and many others.

Mervin Malonzo is one of the best-known illustrators and graphic novel authors in the Philippines. His comic *Tabi Po* won the Philippine National Book Award and was adapted into a live action TV series by *Signal TV*. With his wife Prin and a few friends he runs an independent publishing house, Haliya Publishing, dedicated to producing high level graphic fiction.



Learn the Korean concept of *so-hak-hang*—the belief that small pleasures can give you true joy

\$14.99 paperback

\$19.95 (CAD)

ISBN-13: 978-0-8048-5708-6

March

Graphic Novel

6 X 8 ½ • 200 pages

b&w illustrations

throughout;

with instructions for

12 Ways to Tie Your Hair

Carton Quantity: 30

Selling Territory: World

**A Charming
Coming-of-Age
Graphic Novel**



A Small Change

Finding the Joy in Everyday Things

By Rae-hyeon Kim

A young woman is out in the world for the first time, living on her own. When she decides to tie up her hair one day, she embarks on a journey of small, almost imperceptible but important changes. Relationships develop, problems emerge and decisions are made.

As the year progresses and she navigates the ins and outs of daily life, she also discovers new ways of styling her hair. Because nothing stays the same—and sometimes, changing your hairstyle can have a deep impact on your life!

In twelve sensitive episodes, this charming coming-of-age novel includes step-by-step instructions for each hairstyle our heroine wears. For young people influenced by K-pop, K-beauty and K-drama, it introduces the Korean concept of *so-hak-hang*—the belief that small pleasures like a movie night with friends, painting your nails or trying a new hairstyle are a simple but reliable means of finding true joy.

Rae-hyeon Kim is a graphic novelist whose work focuses on the simple things in life that sometimes are more profound than they seem. *A Small Change* is her debut novel. She has since written and illustrated graphic novels for young readers on such diverse subjects as learning embroidery, deciding what to wear, everyday life in school, and bits of magical realism.



Also Available:



The Children Of Bathala
ISBN-13: 978-0-8048-5543-3
\$16.99/\$22.95 (CAD) PB



Halina Filipina:
A New Yorker in Manila
ISBN-13: 978-0-8048-5544-0
\$14.99/\$19.95 (CAD) PB



Festival of Shadows:
A Japanese Ghost Story
ISBN-13: 978-4-8053-1724-2
\$19.99/\$24.95 (CAD) PB



Onibi: Diary of a Yokai Ghost Hunter
ISBN-13: 978-4-8053-1496-8
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“A modern day Lafcadio Hearn is picking up his ghostly torch. Zack Davisson is the author, translator, and folklorist following in Hearn’s footsteps.”—Tofugu.com

\$19.99 paperback
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ISBN-13: 978-4-8053-1773-0
June

Graphic Nonfiction
6 X 9 • 288 pages
over 250 color
and b&w images

Carton Quantity: 20
Selling Territory: World

**With Over
250
Illustrations**



The Ultimate Guide to Japanese Yokai

Ghosts, Demons, Monsters and Other Mythical Creatures from Japan

By Zack Davisson

Mysterious demons, ghosts and monsters have haunted Japan for centuries! *The Ultimate Guide to Japanese Yokai* presents 100 of the strangest creatures you have ever seen—from evil demons and terrifying monsters to mythical ghosts and enchanted beasts.

In this book, Yokai expert Zack Davisson explains how Yokai are highly elusive, and yet until you understand them you

will never truly know Japan. The Yokai profiled in this book include:

- **Amabie**—A mysterious half fish, half bird creature able to heal any affliction with its image.
- **Tofu Kozo**—A harmless Yokai that appears like a young child dressed in a fancy kimono with a straw hat carrying a plate of wobbly tofu
- **Kyokotsu**—The pitiful spirit of a person who was thrown down a well and died—with pale skin and a shock of white hair growing from a bleached-white skull
- **Akaname**—A disgusting Yokai who skitters about licking the scum from filthy bathtubs
- **Kanibozu**—Massive crabs who shapeshift into human form, disguising themselves as monks and asking riddles, but killing anyone who fails to answer them correctly!
- **And many more!**

Packed with interesting facts and entertaining stories, this book is richly illustrated with over 250 woodblock prints and paintings that reveal the fascinating world of the Yokai in glorious detail.

Zack Davisson is an award-winning writer and the author of many bestselling books including *Yurei: The Japanese Ghost*, *Yokai Stories* and *Kaibyo: The Supernatural Cats of Japan*. He has translated Japanese bestsellers including Leiji Matsumoto’s *Space Battleship Yamato*, *Go Nagai’s Devilman*, and *Shigeru Mizuki’s Kitaro*. He lectures on translation, manga and folklore at Duke, UCLA and the University of Washington, as well as contributing to major international exhibitions.



Zack Davisson

Also Available:



Manga Yokai Stories:
Ghostly Tales from Japan
ISBN-13: 978-4-8053-1566-8
\$14.99/\$19.95 (CAD) PB





Learn how and why Miyamoto Musashi wrote his *Book of Five Rings*—the great book on military strategy that is read by millions of people around the world today

\$14.99 paperback

\$19.95 (CAD)

ISBN-13: 978-4-8053-1783-9

April

Graphic Novel

5 ½ X 8 •

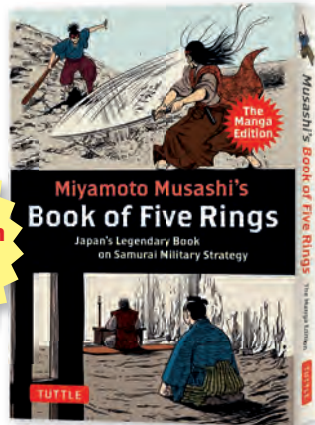
224 pages

b&w illustrations throughout

Carton Quantity: 40

Selling Territory: World

Opens
Right-to-Left in
the Japanese
Style



Miyamoto Musashi's Book of Five Rings: The Manga Edition

Japan's Legendary Book on Samurai Military Strategy

By Miyamoto Musashi

Adapted by Koji Kondo and Translated by Makiko Itoh

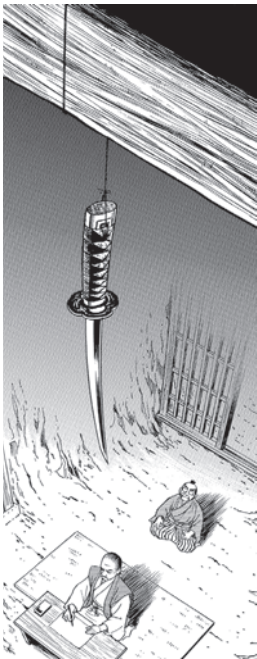
Miyamoto Musashi is the greatest swordsman who ever lived. He is renowned for his fighting prowess and famous for having never having been defeated. Then he mysteriously disappeared at the young age of 29 to meditate and study.

This book tells the fascinating story of Musashi's return from isolation as he pens his great masterpiece on military tactics, *The Book of Five Rings*, and begins to train a new generation of Samurai warriors. The exciting events recounted in the book include:

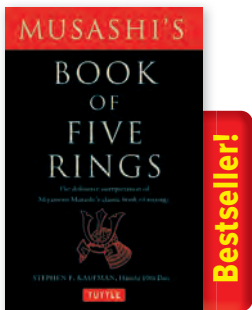
- **How and why Musashi wrote *The Book of Five Rings***—a revolutionary work on swordsmanship and Samurai strategy that is still read by millions today
- **The important lessons he provides** including the idea of “no mind” or “flow” which involves endless practice, emptying your mind and moving intuitively without thinking
- **Musashi's school for young Samurai warriors** where students flock to study with the great master in his final days as he passes the torch to a new generation

Miyamoto Musashi (1584-1645) was a warrior, writer, philosopher and strategist who is known today as the greatest Japanese swordsman to have ever lived. He founded the revolutionary Niten Ichi-ryu style of swordsmanship. In the last year of his life, he penned *The Book of Five Rings*, his masterpiece on military strategy which offers insights into the Zen Buddhist state of “no-mind” that enables warriors to win any battle, and the philosophy of Bushido—“the Way of the Warrior.”

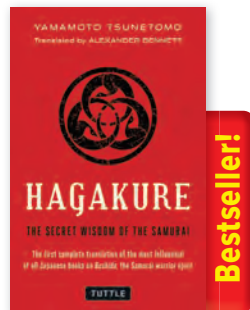
Koji Kondo is a manga artist based in Japan. He has published several manga titles including the popular *Run! T School Basketball Club* series.



Also Available:



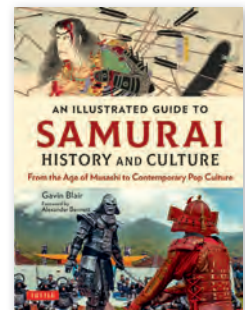
Musashi's Book of Five Rings
ISBN-13: 978-0-8048-3520-6
\$13.95/\$19.50 (CAD) PB



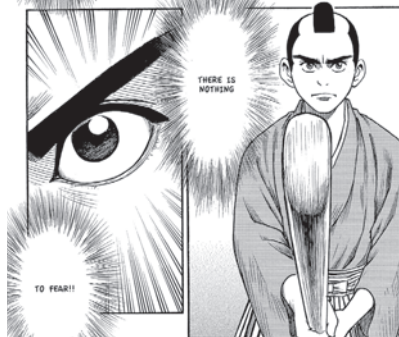
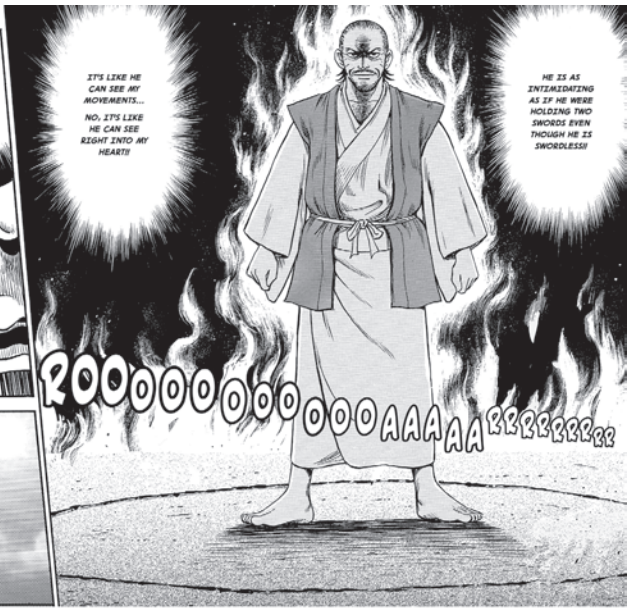
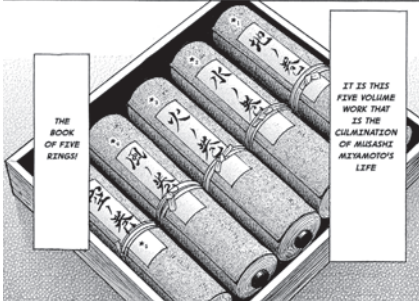
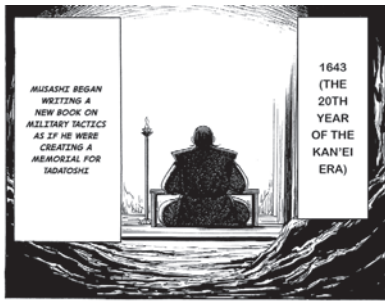
Hagakure: The Secret Wisdom
of the Samurai
ISBN-13: 978-4-8053-1198-1
\$16.95/\$21.95 (CAD) PB



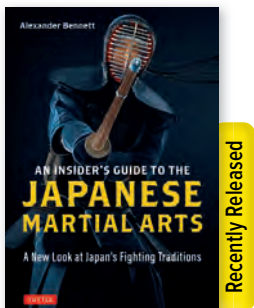
The Complete Musashi: The Book
of Five Rings and Other Works
ISBN-13: 978-4-8053-1616-0
\$13.99/\$18.95 (CAD) PB



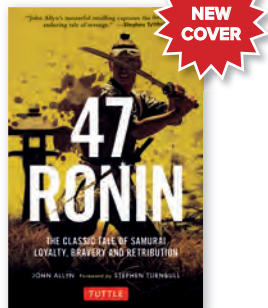
An Illustrated Guide to Samurai
History and Culture
ISBN-13: 978-4-8053-1659-7
\$29.99/\$39.95 (CAD) HC



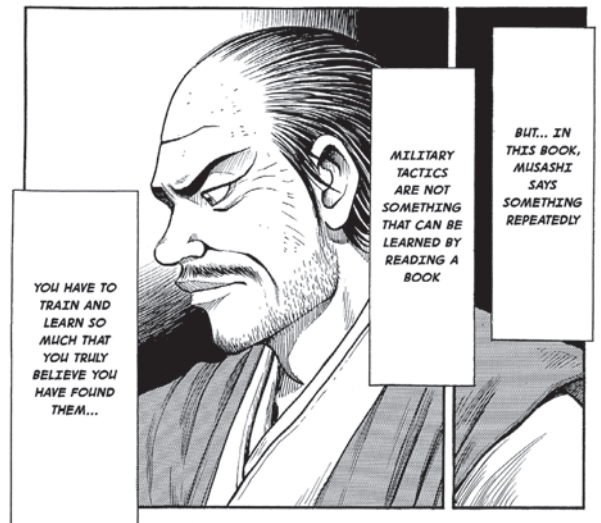
Also Available:



An Insider's Guide to the Japanese Martial Arts
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 \$19.99/\$24.95 (CAD) PB



47 Ronin:
 The Classic Tale of Samurai Loyalty, Bravery and Retribution
 ISBN-13: 978-4-8053-1465-4
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Ancient wisdom from the great Japanese martial arts masters!

\$12.99 paperback

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ISBN-13: 978-0-8048-5753-6

May

Martial Arts

6 X 9 • 160 pages

Carton Quantity: 52

Selling Territory: World

Previously Published ISBN:

978-0-8048-3488-9



Secret Tactics

Lessons from the Great Japanese Martial Arts Masters

By Kazumi Tabata

In the tradition of Musashi, one of America's most experienced teachers of karate distills invaluable lessons drawn from the most influential martial arts texts in Japanese history. This book includes fascinating essays on leadership, correct behavior, character, values and strategic thinking.

■ **"The Hereditary Manual of Fighting Techniques"** by Yagyu Tajimanokami Munenori explores the relationship between Zen philosophy and warfare and the mental preparation needed for winning.

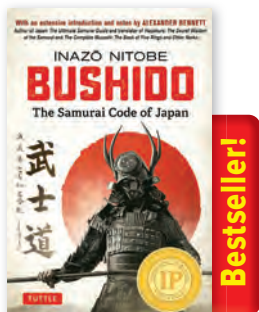
- **"The Ultimate Sword"** by Takuan Soho describes the unremitting effort needed to become a true master of martial strategy. The same author uses key aspects of sword-fighting tactics to shed light on the path to self-realization in **"The Miracle of Immovable Wisdom."**
- **"The Technical Study of Kenpo"** by Kotoda Yahei Toshisada emphasizes the importance of training and learning practical techniques over theory.
- **"The School of Two Heavens"** by Musashi Miyamoto applies the principles of sword fighting to military arts and politics.
- **"Jyoseihi Kendan"** by Mastuura Saizan focuses on strengthening the weak points of the human mind and exploiting the natural movements of the human body.
- **"Tengu's Dialogue on the Martial Arts"** by Issai Chosanshi is a manual for students of the martial arts, presented in the form of a dialogue with a master.

Containing these and a dozen more essays on combat tactics, psychology, leadership, good character and the exercise of power, *Secret Tactics* is an indispensable resource for students of Asian culture, martial artists and corporate executives.

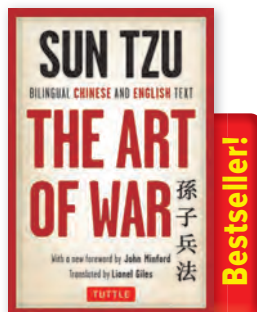
Kazumi Tabata was a Grandmaster (8th degree black belt) in the Shotokan style of Japanese karate. He established and was the Chief Instructor of the North American Karate-do Federation and the New England Collegiate Karate Conference. He lived in Massachusetts until his death in 2020.



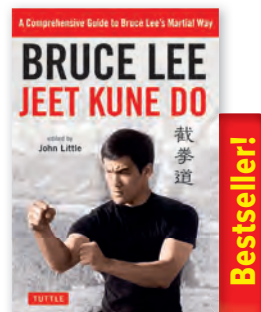
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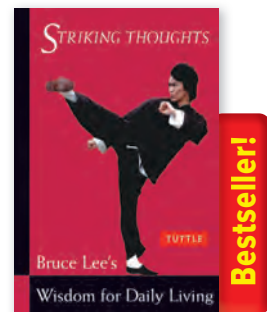
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April

Martial Arts

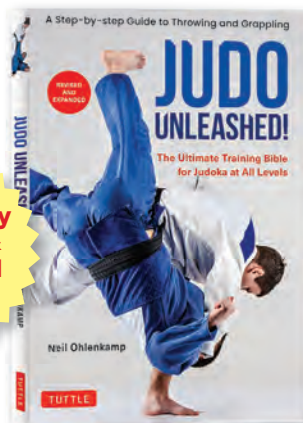
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Judo Unleashed!

The Ultimate Training Bible for Judoka at All Levels

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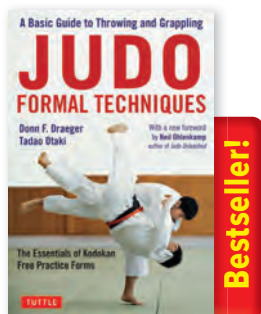
- The history of Judo and how it helps to promote character development
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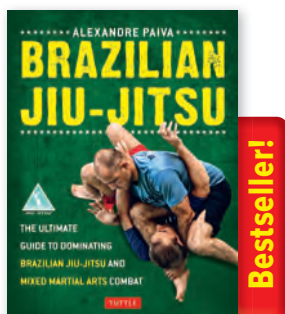
Neil Ohlenkamp is a master Judo instructor with over 50 years of experience. He holds a 7th degree black belt and has earned the highest level of coaching certification. He is the former head instructor at the Encino Judo Club in California and was head coach of the U.S. National Judo squad at the 1988 Paralympic Games and the 1989 World Championships for the Disabled. He holds black belt certificates from the Kodokan Judo Institute in Tokyo, the United States Judo Association, the United States Judo Federation, and the United States Ju-Jitsu Federation.



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April

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300 color photos;

15 b&w diagrams

Carton Quantity: 12

Selling Territory: World

Previously Published ISBN:

978-0-8048-4970-8



Chinese Furniture

A Guide for Collectors

By Karen Mazurkewich

Photography by A. Chester Ong

The international market for antique Chinese furniture is booming, and masterpieces from the Ming and Qing dynasties are now selling for hundreds of thousands of dollars. *Chinese Furniture* is a survey of these collectibles—from the very best museum-quality hardwood pieces to standard softwood specimens still available at reasonable prices on the international market.

Carpenters from this era were artisans. They elevated furniture from the functional to the realm of the philosophical. By artfully aligning wood grain patterns, experimenting with spatial dimensions, and innovating new forms of joinery, simple tables and chairs came to represent something higher—the harmony and union of man and nature.

Lavishly illustrated with over 300 color photographs, historical prints and detailed drawings, this book presents an overview of:

- Carving Styles
- Wood Types
- Regional Variations
- Class Distinctions
- Restoration Techniques
- And much more!



With its detailed historical overview and regional coverage, this book highlights the great diversity of antique Chinese furniture and serves as an indispensable guide to collectors, new and old.

Karen Mazurkewich is an *Asian Wall Street Journal* reporter who has covered Asian culture and the retail scene from her base in Hong Kong. Mazurkewich has investigated art forgery, interviewed countless collectors, grilled innovative businessmen, and queried carpenters—all in a quest to better understand the business and culture of fine furniture collecting in Asia.

A. Chester Ong, born in the Philippines and currently based in Hong Kong, has photographed widely throughout Asia. His photography appears in major magazines, exhibitions and books.



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May

Art

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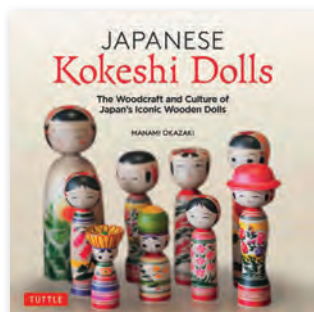
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Selling Territory: World

- Official author website: maki23.com
- Official author Instagram: [@manami.tokyo](https://www.instagram.com/manami.tokyo)
- Author available for interviews; contact publicity@tuttlepublishing.com

By the Same Author:



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Japanese Mingei Folk Crafts

An Illustrated Guide to the Folk Arts and Artisans of Japan

By Manami Okazaki

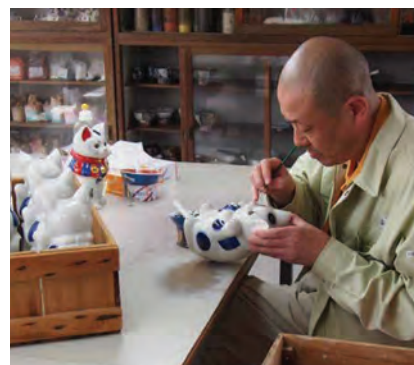
The Mingei Folk Crafts movement founded by philosopher and art historian Soetsu Yanagi and potters Hamada Shoji and Kawai Kanjiro of the early 20th century, celebrates the utilitarian designs and functional objects hand-crafted by village artisans throughout Japan. This book offers an illustrated guide to Japan's rich folk craft traditions and shows why the Mingei philosophy is even more relevant today than when the movement began a century ago.

Folk crafts have become associated with the Slow Life movement and the Wabi Sabi philosophy which values simple and imperfect items above the bright and shiny mass-produced objects of our modern disposable culture. This book introduces dozens of fascinating Japanese folk craft traditions—ranging from popular, widely-known ones to many lesser-known crafts that are equally exquisite but rarely seen. The crafts covered here include:

- **Aizome Hand-dyed Indigo Textiles** which use the leaves of the indigo plant to produce a rich, deep-blue color
- **Edo Furin Wind Chimes** made of delicate hand-blown glass, one of the iconic symbols—and sounds—of the hot and humid Japanese summer
- **Maneki Neko Beckoning Cats**, one of the most popular folk crafts in Japan, with their right paw raised to bring in money and good luck
- **And 31 other fascinating craft traditions!**

Author Manami Okazaki describes each craft in loving detail and interviews nine talented folk artists. The book features 400 color photographs and a guide to buying folk crafts both in Japan and abroad.

Manami Okazaki has published over a dozen books on Japanese art and culture, including *Japanese Kokeshi Dolls* (Tuttle Publishing). Her articles have been featured in *The Wall Street Journal*, *The South China Morning Post*, *The Japan Times*, *Transit* and other international publications. She has written extensively on the Tohoku region of northern Japan and curated Kokeshi Japanese doll exhibits in London, Paris, Rome and Los Angeles.



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- Author available for interviews and events; contact publicity@tuttlepublishing.com



Dr. Andreas Marks



Hiroshige's One Hundred Famous Views of Edo

The Definitive Collector's Edition

By Andreas Marks

Utagawa Hiroshige's unique landscape series *One Hundred Famous Views of Edo* (modern-day Tokyo), first published in the 1850s, is among the best-known collections of Japanese prints and was revolutionary in its day. Individual prints from this collection are regarded as among the finest works in all of Japanese art.

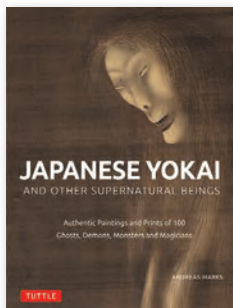
In this series, Hiroshige captures 118 locations in and around Edo, today's Tokyo, during all four seasons and often from hitherto unknown and unique perspectives. These views were first printed in exquisite luxury versions, incorporating innovative printing techniques like color gradation. No complete set of the deluxe versions exists today and this is the first book to present a complete set of the deluxe early printings, sourced from 32 different museums and private collections.

Author Andreas Marks consulted 4,700 prints in compiling this volume in order to provide a definitive guide to the various printed versions along with reference images showing how and where Hiroshige sourced his ideas for each view—from previous books and illustrations.

Marks' introduction discusses the genesis of the series in the context of Japanese landscape art as well as Hiroshige's personal biography. The book then presents all 118 prints together with their source materials and a map showing the locations of each view, followed by a detailed appendix discussing the great color variations found in subsequent printings of the series.

Dr. Andreas Marks is the Mary Griggs Burke Curator of Japanese and Korean Art and Director of the Clark Center for Japanese Art at the Minneapolis Institute of Art. From 2008 to 2013 he was the Director and Chief Curator of the Clark Center for Japanese Art and Culture in California. He has a Ph.D. from Leiden University and a master's degree in East Asian Art History from the University of Bonn. A specialist of Japanese woodblock prints, he is the author of over 20 books. He has received awards from the International Ukiyo-e Society and the International Fine Print Dealers Association.

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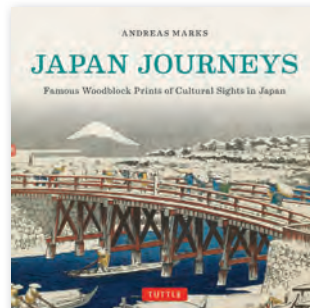


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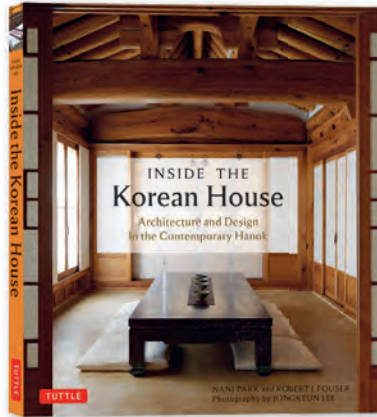
color photos throughout

Carton Quantity: 12

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Previously Published ISBN:

978-0-8048-4467-3



Inside The Korean House

Architecture and Design in the Contemporary Hanok

By Nani Park and Robert J. Fouser

Photography by Jongkeun Lee

Amidst the glass-and-steel skyscrapers and luxury apartments of modern-day Seoul, traditional Korean houses known as hanok survive and play a surprisingly important role. *Inside the Korean House* showcases 12 very special hanok that have been selected to reflect the style-conscious Korea of today, a country where traditional values are still highly respected.

While the exteriors of these homes are indistinguishable from traditional hanok of the past, the interiors have been adapted to keep up with the times. Traditional stone, wood and clay are still the basic materials used, and the houses make full use of natural elements such as wind and sunlight based on the principles of *baesanimsu*—which position the hanok in harmony with the forces of nature and the geography of their sites.

The hanok in this book all have unique stories that are told from the point of view of their owners, many of whom are well-known architects, designers and business leaders. The book provides an unparalleled look at the lifestyles of contemporary Koreans who are leading the world now in terms of design, fashion and innovation.

Nani Park was born in Korea but grew up in Hawaii, which gives her a special perspective as both an insider and outsider in Korea. An award-winning illustrator and art educator, she has worked in the art industry for over two decades.

Robert J. Fouser renovated his own hanok in 2012 and has been active in hanok preservation.

Jongkeun Lee is one of Korea's leading design and food photographers. He established his own studio, Apo Associates (www.apo.co.kr), in 1995 and contributes regularly to lifestyle magazines. His photographs are featured in *Korea Style*, also published by Tuttle Publishing.



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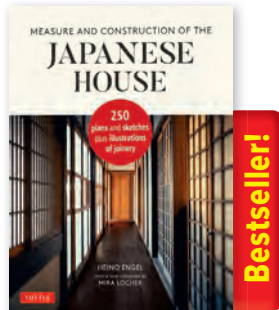
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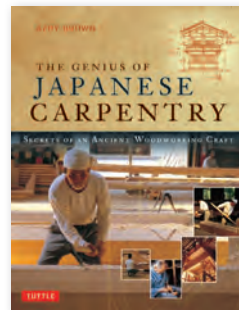
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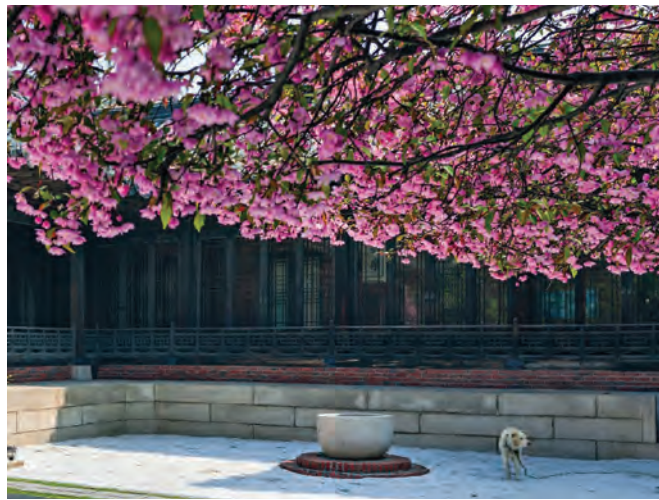
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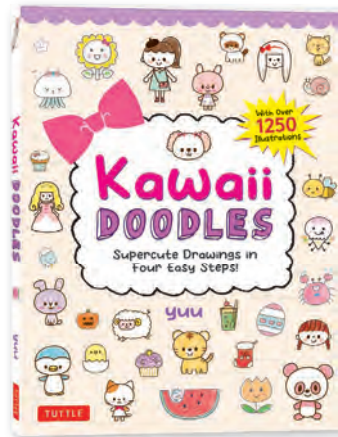
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Selling Territory: World

- Official author website: blocks-web.com



Kawaii Doodles

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By Yuu

Japanese illustrator Yuu is known for her supercute style. Now you can create drawings just like hers—in four easy steps! Wide-eyed and smiling, these easy doodles transform everyday objects into supercute Kawaii illustrations. With clear step-by-step instructions and lots of craft and project ideas, *Kawaii Doodles* is actually two books in one!

- Over 1,250 illustrations—no prior training required
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- Ideal for doodlers of all ages—this book shows you how to create Kawaii doodles anywhere—at home, at school, in the office or on the go

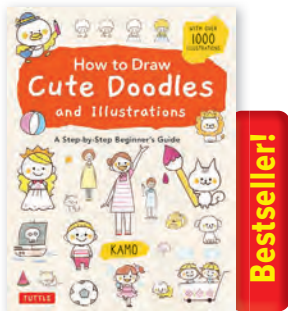


Yuu presents all the usual Kawaii icons: smiling popsicles and ice cream cones, funny-faced flowers, grinning kitty cats and teddy bears. How about your favorite animals? Baby chicks, pandas, penguins and ladybugs—any animal can become a Kawaii cutie. Seasonal items get the Kawaii treatment here also—from jack o’lanterns to Santa Claus, the holidays have suddenly gotten much cuter!

These oh-so-sweet sketches can be used to embellish your backpack, notebooks, holiday cards, birthday invitations, planners, cakes and stationery—whatever you want! This all-in-one guide will make you a creative Kawaii doodler in no time at all!

Yuu is an Osaka native who has worked as a nutritionist, an event planner and a freelance illustrator. Her artistic endeavors center on children’s books and educational material. Her work is created to be simple and honest, with a sense of fun. Learn more about her at: blocks-web.com

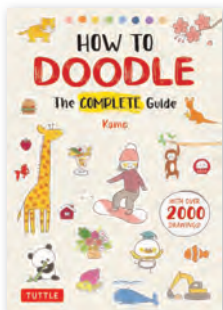
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Digital Manga Composition & Perspective

A Guide for Comic Book Artists

By Rui Tomono and Studio Hard Deluxe

In this unique book, author and illustrator Rui Tomono provides detailed case studies showing you how to create compelling illustrations using the time-honored principles of composition and perspective. Follow his examples, notes and tips as you learn to create dynamic compositions that will thrill readers and keep them turning the page.

When you use the right perspective, framing and focal points, you lead the viewer's eye and communicate your story in a

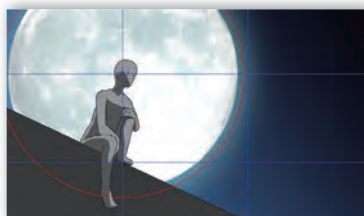
clear and engaging way. The in-depth case studies in this book show you how to:

- Establish the point of view of an illustration correctly
- Position elements in a balanced way using the rule of thirds, the golden ratio, and more
- Express a sense of dynamic flow for moving subjects
- Create clearly defined foregrounds and backgrounds
- And much more!

Rui also explains how to add color to your B&W sketches to create spectacular finished artworks.

Rui Tomono is a professional illustrator and manga artist who works as a character designer, storyboarder and conceptual design artist for game developers and animation studios. He is particularly well known for his *Giga Momotaro Kitan* series of graphic novels and his work as the conceptual artist for the CG anime series *The Relative Words* for Hulu Japan.

The diverse and multitalented artists of **Studio Hard Deluxe** are among Japan's leading art creators and illustrators of science fiction, fantasy and animated movies, creating illustrations and special effects, retro culture, manga, cosplay, photography and other visual arts. The studio has worked on over 2000 gaming and game-strategy titles as well as the *Yu-Gi-Oh!* card game and is publishing books such as *How to Create Manga: Drawing Clothing and Accessories*.



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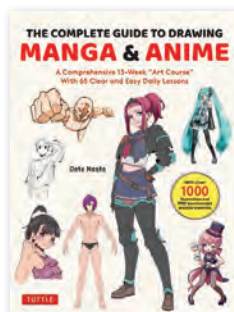


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March

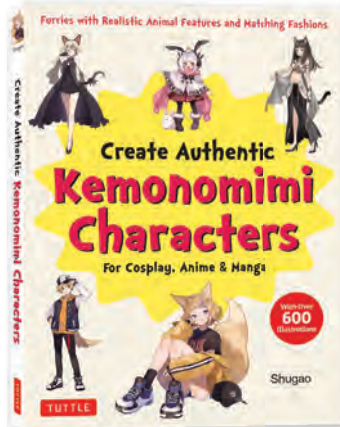
Art Instruction

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Create Authentic Kemonomimi Characters for Cosplay, Anime & Manga

Furries with Realistic Animal Features and Matching Fashions

By Shugao

This is the ultimate furry handbook for manga and anime artists as well as cosplay enthusiasts. Choose your favorite animal then fuse its key features with a fabulous human form and animal-specific clothing. Long, swishy tails and pointy animal ears—or maybe antlers, horns, wings and feathers if you prefer!

With Over
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Shugao shows you how! She teaches you to combine authentic animal details with original fashions to create new and exciting characters. And she provides hundreds of amazing examples, including:

- A hip-hop horse hybrid with a puffy coat, tousled mane and horseshoe sneakers
- A goth dobermann girl draped in black satin with a punk hairdo and a dog muzzle
- A not-so-cowardly lion showing off his wild mane and tufted tail
- A long-legged lamb with an eared cap—his fuzzy fleece tied with a bell
- A lolita steampunk batwoman with furry winged cape and lacy black parasol
- And hundreds of other fabulous character ideas!

Whether you're inspired by furry characters or looking for a way to draw more authentic kemonomimi, this is the book you need to get!

Shugao is a professional illustrator and expert on all things furry and kemonomimi. Known for her stunning character designs and distinctive style, her work can be seen in games, on cards and on the covers of many Japanese novels.



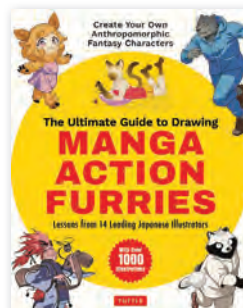
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Dog Ear Designs

If there's anything we love as much as cats, it's dogs. They come in so many shapes and sizes, irresistible fodder for any furry or kemonomimi artist. Here are just a few ideas for canine-inspired character creation. Find your own direction and run with it!

Dachshund

The image of a treasure hunter comes to mind, searching for riches. The goggles, pants and cape, along with the jacket and fringed shorts, add to the character, highlighting her boundless energy and curious nature.

What kind of dog is this?
 Its name comes from the German words "dachs," meaning badger, and "hund," meaning dog. The long torso and short legs, which are its most distinctive features, made this breed an effective hunting dog. With long nostrils and drooping ears, there are three types of hair: short smooth haired, soft and long haired or long and wavy haired.

Color Palette: [Red, Blue, Brown, Black, White]

Designing ears become part of the hairline.

Drop the dog's hair, stand level, the silhouette around the neck is emphasized.

A long coat helps show movement. It also conveys a sense of adventure.

A dog's mouth influences the furry kemonomimi feature.

Large work boots help her for a treasure hunter's tools.

Border Collie

A sheepdog is the perfect persona for a shepherd-inspired character. The dog has fluffy ears and an upward-curving tail, so be sure to include these two features.

What kind of dog is this?
 Collies were originally bred as sheepdogs in the Scotland. They're medium-sized dogs with large eyes and a sturdy build. They come in both short-haired and long-haired breeds and a variety of coat colors.

Color Palette: [Green, Brown, White, Black]

The highlights contrast with the white fur fringe.

The children add more to her hairstyle.

The fur around the neck suggests the shape of a border collar.

The rustic-style clothing and color scheme were inspired by a stronger sense of fantasy. The original intention of the suit has been incorporated into the cape and gloves.

Only one leg is given a black knee sock. The asymmetry of the design gives it a unique look.

Woolly bits on the boots suggest the texture of the dog's fur.

A shepherd's staff.

Shiba Inu

This classic Japanese breed has here been transformed into a young man in a student uniform from the Maji Taisen era. The character's palette is based on a black-haired Shiba Inu instead of a brownish red-haired one.

What kind of dog is this?
 A popular breed from Japan, it has small ears and a thick curly tail. They have short body hair, and their coat color varies widely. Originally bred as a hunting dog, they're prized pets for being smart and independent.

Color Palette: [Black, White, Red]

A matheson cap captures the breed's dark tones.

Round short hair mimics the hair.

All black would make the design sharp and monochromatic. Red and yellow are added to the top to create contrast.

Many modern student uniforms are said to have been based on those of the Imperial University, which was established in 1876.

A long tail.

A cape-like cloth creates a streamlined silhouette.

The white gloves give him a subtle white.

Golden Retriever

Here a golden retriever is transformed into an energetic boy who seems to get along with everyone. His casual street-style fashion adds to the image.

What kind of dog is this?
 The much-loved retriever family has almost shaggy ears and drooping tails. The coat color is always gold or cream. The hair of the body, the chest and abdomen, the backs of the legs, and the tail are covered with long, wavy hair.

Color Palette: [Orange, Black, White, Grey]

If the hair is too long, it'll obscure the eyes and nose, so a short curly wavy hair.

Keep the clothes simple to show off the body's unique form.

Show the character is on the go. Use a backpack that adds his active life.

A dogging, bushy long tail.



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- Sneakers, shoes and accessories to complete each look

Whether you're looking to develop your own signature style or to design an eye-catching costume for a cosplay event, this is the guide you'll definitely want to get!

Rabimaru is a fashion-focused illustrator known for her popular Twitter tips, which have received over 50,000 retweets. She also demonstrates clothing-drawing methods and techniques that beginners can learn on pixiv FANBOX or check her out at pixivID: 1525713 and on Twitter @rabimaru_t.



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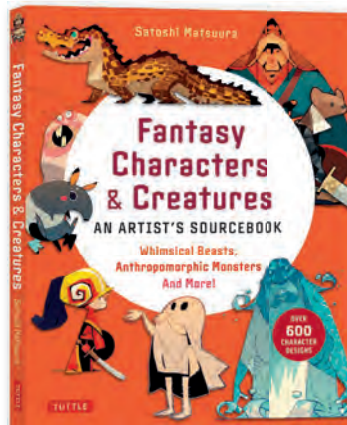


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This captivating book presents a treasure trove of ideas for hundreds of different fantasy characters and creatures. Experienced video game character designer Satoshi Matsuura explains his method for designing characters to play specific roles in fantasy world video games, graphic novels, anime films and fine art illustrations.

This extraordinary sourcebook contains over 600 different character designs as well as an exclusive tutorial showing you how to conceptualize and draw new characters with clearly defined features matching their specific motivations and actions. The characters in this book include:

- Majestic dragons, dinosaurs, monsters and anthropomorphic creatures
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- Zombies, Yokai, demons and oddballs like the Death Mole and the Sushi Monster
- Kings, generals, monks, shamans, knights, rogues, assassins, mercenaries and more!



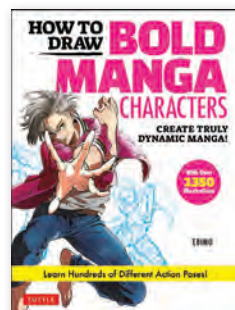
Indispensable for fantasy world artists, this book is an endlessly fascinating source of creative ideas!

Satoshi Matsuura is a well-known designer of characters for video games specializing in fantasy. He has worked on game titles like *Legend of Mana* (Square Enix), *Monster Guardians* (Konami), *Magical Vacation* (Nintendo), *Denpa Ningen no RPG* (Genius Sonority), *Bravely Default* (Square Enix), *Monster Takt* (Silicon Studio), *Little Noah: Scion of Paradise* (Cygames) and many others. He has also contributed illustrations to *The Prince's Medicine Illustration Book* series (Jihou).

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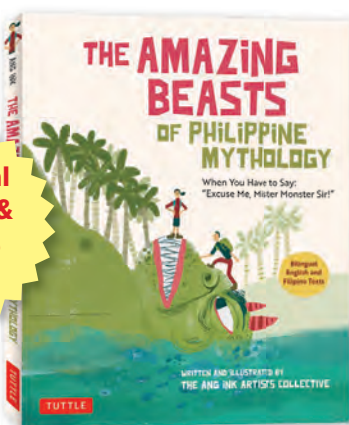
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The Amazing Beasts of Philippine Mythology

When You Have to Say: "Excuse Me, Mister Monster Sir!"

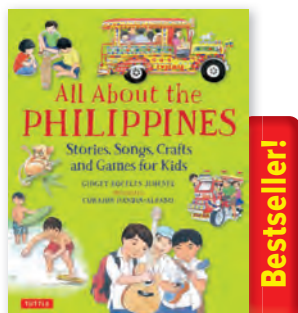
By The Ang Ink Artists Collective

This delightful compendium of mythical creatures (and where to find them) takes a tongue-in-cheek look at the ghoulish and gory things that go bump in the night—blood-sucking trolls, shape-shifting goblins and terrifying vampires who defend their turf with glee as they unleash chaos upon the world.

Monsters and magical creatures spring vividly to life on every page of this book thanks to the exceptional artistic talents of some of Asia's leading children's book illustrators. Brief bilingual descriptions and dazzling illustrations introduce 56 fun, freaky and fearsome creatures, including:

- **Mandurugos**—Whose long tongue slithers down through cracks in the ceiling to suck out the souls of unsuspecting sleepers at night
- **Busos**—Who noisily gather in cemeteries to dig up and consume freshly-buried corpses
- **Tiktiks**—Who swoop, hop and crawl as they prey on babies, the elderly and pregnant women
- **Batibats**—Who drop from the house beams and suffocate sleepers with their huge bodies

Also Available:



All About the Philippines

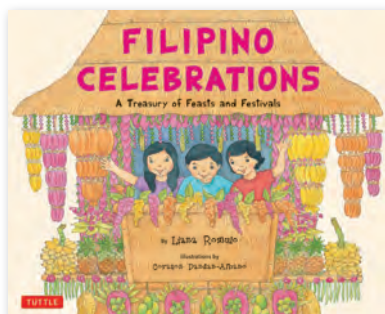
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And yes, they live among us—in secret burrows, hollow trees, underwater caverns—and especially in our homes. "Tabi-tabi po" is the phrase to be invoked in their presence, meaning, "Kindly step aside, Sir, and allow me to pass." These words are respectfully addressed to the unseen creatures who don't take kindly to trespassers, intentional or otherwise.

So be forewarned as you venture into this supernatural realm. Get acquainted with these amazing beasts and remember to say, "Tabi-tabi po!" when you meet them!

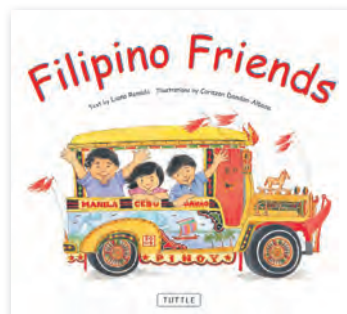
The Ang Ink Artists Collective is the Philippines' first and only organization of artists dedicated to children's book illustration. Asia's leading children's book illustrator collective, established in 1991, it consists of the best visual artists working in the country today, many of whom have won local and international awards and recognition for their work.



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- Angela Taguiang
- Jomike Tejido
- Ara Villena

Boroka [bo-re-ka]
TYPE: ASIAN (ORIGIN: ILOKO)

By day, the Boroka is an attractive woman, with long hair and fair skin, but at night, it sprouts bird-like wings, and its upper torso detaches from its lower body. The Boroka likes eating young children and is especially fond of their hearts and livers. Once in a while, it will leave a kidnapped child alive to keep as a slave, if the child proves to be obedient and trustworthy. The Boroka will treat it to a special breakfast of fresh human heart and liver the next day.

—DANI FLORENDO

So araw, ang Boroka ay isang kaakili-akili na alay na may mahabang buhok at maputing balat, ngunit sa gabi ay kinakalaban ng mga pakawit, at nahahati ang itaas na bahagi ng katawan nito mula sa babang bahagi. Mabilis na tuta ang bali ng kamay ng Boroka, at pabalera nito ang puso at itay nito. Ang batang hindi nila kinakain, inaalim nito. At kung mapatungan ng bata na itay ay magsasapukan ito ng Boroka ng kung ngayon na alimulog ng bahawang puso at itay ng tao kinakapangan.

Buso [boo-neh]
TYPE: DAMRUHALA (ORIGIN: BAGUIO, BUKIDNON, HANAYO)

Busos are dark, wrath-like creatures that hover in cemeteries and make their homes in the branches of the big trees there. Busos congregate around fresh graves, making a lot of noise as they chat with each other and their children play. They dig up unguarded corpses and feed on them, eating every morsel clean off the bone. It's difficult to see a Buso with the naked eye; however, if a person does see a Buso, the creature would appear as a shadow, and even then the vision will only be fleeting.

—ROBERT ALEJANDRO

Ang mga Buso ay mala-aniong muling umaaligid sa mga sementeryo, at nananahang sa mga sangay ng mga matatandang surong kahoy doon. Naglilipon ang mga Buso sa paligid ng mga sahiwang nitso at manggay na natagpuhanatkatagan sa kapwa. Ito ay nagbabang magliligaw ang kanilang mga anak sa ilang mga batang Buso. Nananghukay sila ng banghay at kinakain ito, sinisimot hanggang buto. Mahirap makita ng Buso gamit ang panawag mga mata lamang; gayundaman, kung makita man ito ay bilang anino, at ang pangalan ng ito ay pananalim lamang.

Multo [mool-neh]
TYPE: MULTO (ORIGIN: TAGALOG)

Multos are restless spirits that wander the places where they had lived—or died, if they were murdered. Multos assume different forms—ranging from human-like to glowing orbs and from solid life-forms to disembodied spectral entities. Some Multos may be dangerous, especially if they died a violent death, and want to avenge their death. They can even take illness or possess the body of a living person if they wish to take care of unfulfilled business.

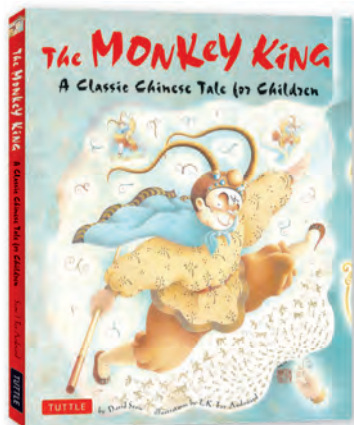
—JOMIKE TEJIDO

Ang mga Multo ay mga baliang kaluluwang gumagal sa mga lugar kung saan sila huling nanahang, o namatay, kung sila ay pinatlang. May iba't-ibang anyo ng Multo—may mala-tao, disingirado, may kumaklang na globo, mayroong anyong tolong-tao at mayroong ring multo-multo. Ang ilan sa mga Multo ay magsasa at magpapangit, lalo na kung mayroon ang kanilang pagkamatay at nila nilang magpapangit. Maaari silang makasahit ng karamdaman, o sumasab sa katawan ng tao kung may bagay sa ilang nasa tugon.



Children of all ages will be entertained and inspired by this timeless, heartwarming tale

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The Monkey King

A Classic Chinese Tale for Children

By David Seow
 Illustrations by Lak-Khee Tay-Audouard

The Monkey King retells the story of the Buddhist monk Tripitaka who is dispatched by the Jade Emperor of Heaven on a magical quest to bring the Sacred Scriptures of the Buddha to China in order to save the nation from chaos. It describes in turn how the monk meets three brave traveling companions—Monkey, Pigsy and Sandy—each of whom has a very odd appearance but special powers and a strong personality. Along the way they face many enemies and often quarrel amongst themselves like

- For Ages 3-9

children. But in the end, their loyalty to each other and dedication to their common goal ultimately win the day.

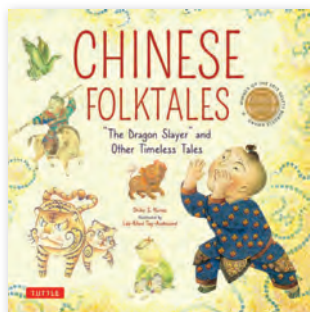
The most beloved character in this story is of course the hilarious Monkey—mischievous and full of energy, constantly on the move and constantly creating problems for the others. But Monkey has amazing magical powers that enable him to transform himself into other living beings and to summon an army of monkeys to his side at a moment's notice. Much to the consternation of his comrades, however, he is always boasting about his abilities. But in the end he is the one who saves them.

David Seow was born and raised in Singapore. He studied at Anglo-Chinese School, Oregon Episcopal School, and subsequently the University of Portland. After a stint as a sitcom writer with an award-winning television series, he embarked on a career in children's literature. David is the author of twenty-three well-received children's books, including *The Littlest Emperor*.

Lak-Khee Tay-Audouard is an award-winning book illustrator who has several children's books to her credit, including *Singapore Children's Favorite Stories* and *Adventures of the Treasure Fleet*. Working at the International French School gives her the opportunity to connect continually with young children. In her illustrations, Lak-Khee tries to recapture the sense of wonder and fun that most of us lose in the process of growing up. To give these whimsical colored pencil illustrations an antique feel, bamboo rag paper has been carefully stained with crushed tea leaves. Lak-Khee continues to work with organic materials and is constantly surprised to find beauty in simple mundane stuff.

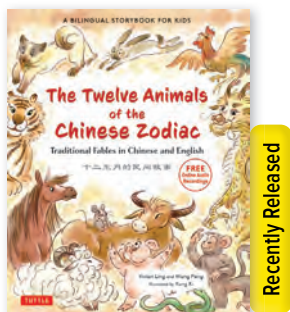


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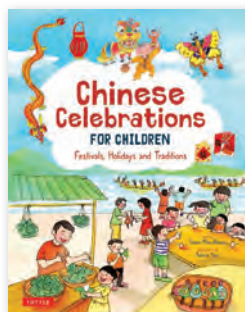


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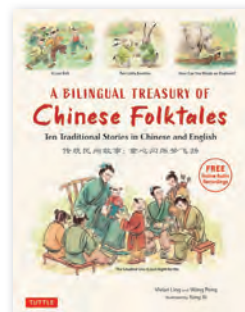
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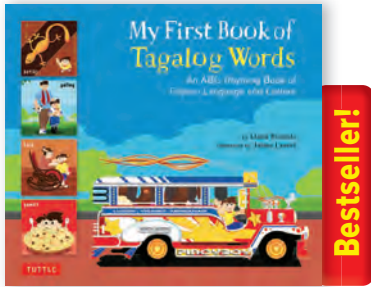


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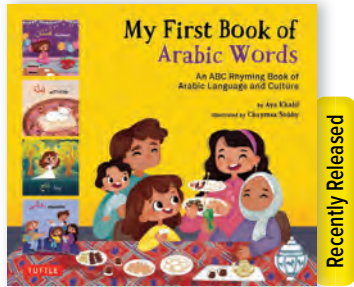
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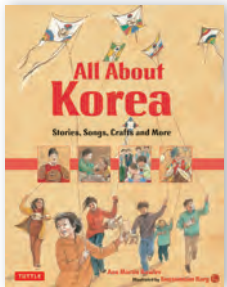
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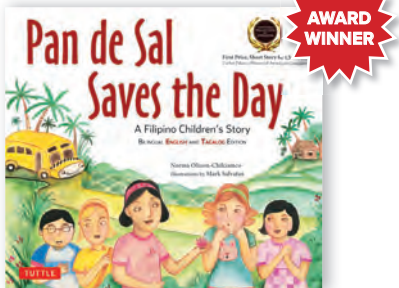
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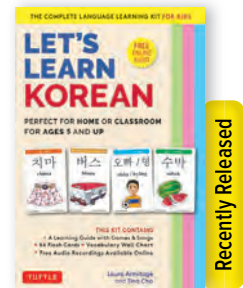
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Andrew Dewar was born in Toronto where he received degrees in Journalism and Library Science before moving to Japan in 1988. Soon after arriving there, he rediscovered his childhood love of designing and flying paper airplanes. Dewar has published over 40 bestselling books and papercrafting kits, including *Ultimate Paper Airplanes for Kids* and the award-winning *One Minute Paper Airplanes Kit*. His books and kits have sold over half a million copies worldwide! He teaches paper airplane workshops and seminars at schools, libraries, community centers and museums.



Andrew Dewar



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At the Controls

Without some way to steer an airplane in flight, it would be practically useless. Once off the ground, there's nothing to push against but air. But that's quite enough! Here's how real planes do it.



The rudder controls the direction of flight. It can be moved left or right to push the tail in the opposite direction. When the rudder (or any other control surface) is moved, the airplane pivots around its center of gravity. The motion caused by the rudder is called yaw.

The rudder alone is not enough to make turns. Ailerons, the little hinged parts on the wingtips, are used to make the plane bank when turning. The two ailerons move in opposite directions, one up and the other down. The down aileron makes more lift on that wing, and banks it up; the up aileron pushes its wing down. Banking motions are called roll.

The hinged portions at the back of the horizontal stabilizers are called elevators, and as you would expect, they make the plane go up or down. Both elevators move together (though in some jets or delta planes they can move separately to function as ailerons as well). When they are turned down, they create more lift at the tail and pivot the nose of the plane down. When they are turned up, the tail goes down, the nose goes up, and the plane climbs. This motion is called pitch.

All of these surfaces can be used at the same time to create delicate and precise maneuvers. For example, ailerons and rudder can be used together to make smooth, banking turns, but unless elevator is added, the plane will sink as it turns.



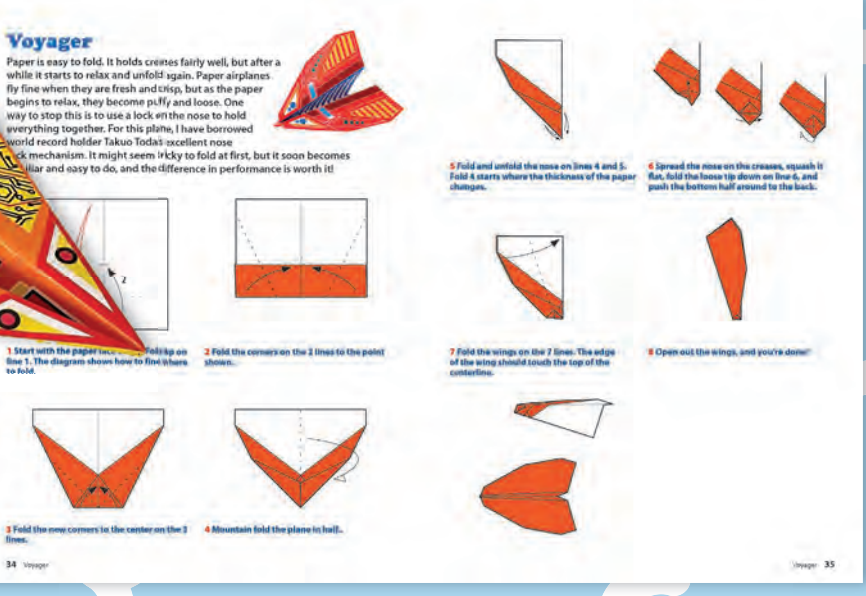
Paper airplanes often don't have separate tails or fins like real planes, so there are no ailerons or rudders to use. Instead, you have to control the plane with just the back of the wings. But that's not a big problem. Bend both sides up or down to control pitch, and one side more than the other to control roll and yaw. Easy, once you know how it works!

When you push your plane circles inside one that rises faster than the plane sinks, it will climb with the air, like an eagle or sailplane.



Yoyager

Paper is easy to fold. It holds creases fairly well, but after a while it starts to relax and unfold again. Paper airplanes fly fine when they are fresh and crisp, but as the paper begins to relax, they become puffy and loose. One way to stop this is to use a lock on the nose to hold everything together. For this plane, I have borrowed world record holder Taku Toda's excellent nose lock mechanism. It might seem tricky to fold at first, but it soon becomes familiar and easy to do, and the difference in performance is worth it!



- 1 Start with the paper flat. Fold up on line 1. The diagram shows how to find where to fold.
- 2 Fold the corners on the 2 lines to the point shown.
- 3 Fold the nose corners in the center on the 3 lines.
- 4 Mountain fold the plane in half.
- 5 Fold and unfold the nose on lines 4 and 5. Fold 4 starts where the thickness of the paper changes.
- 6 Spread the nose on the creases, squish it flat, fold the loose tip down on line 6, and push the bottom half around to the back.
- 7 Fold the wings on the 7 lines. The edge of the wing should touch the top of the centerline.
- 8 Open out the wings, and you're done!



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Recently Released

Kids will have great fun learning their letters and numbers by folding cute paper models!

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March

Origami

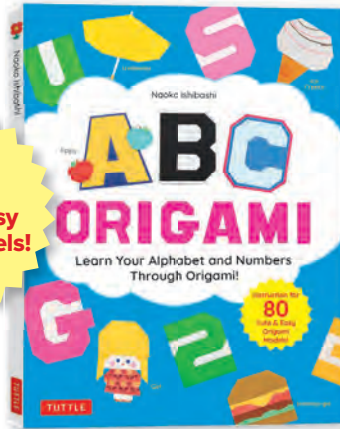
7 1/2 X 10 • 112 pages

color photos and illustrations throughout;
80 different models to fold

Carton Quantity: 24

Selling Territory: World

80
Cute & Easy
Paper Models!



ABC Origami

Learn Your Alphabet and Numbers Through Origami!

By Naoko Ishibashi

Naoko Ishibashi is Japan's #1 bestselling designer of origami models for children. In this book, she presents simple instructions for paper models of the 26 letters of the alphabet and 10 numbers, along with 40 models of cute animals, tasty foods and other fun objects!

These clever paper models are ideal for caregivers and children to fold together. They provide a great way for kids to learn—through play!

- For ages 5-8

The models require very few steps, making them easy for youngsters (and parents!) to fold.

Origami offers kids the chance to engage their minds and develop their motor skills. Older children will enjoy combining the letters into words and names, and making decorative banners for special events and bulletin boards—or signs in their bedrooms. The author even shows you how to create a personalized scrapbook with your paper models!

Naoko Ishibashi is Japan's leading origami author and instructor focusing on creating kawaii origami models for children to enjoy. She has published dozens of books on origami, including *Origami Dress-up Dolls*, *Origami Play*, *Easy Origami for Kids* and *Kawaii Origami for Kids Kit*.

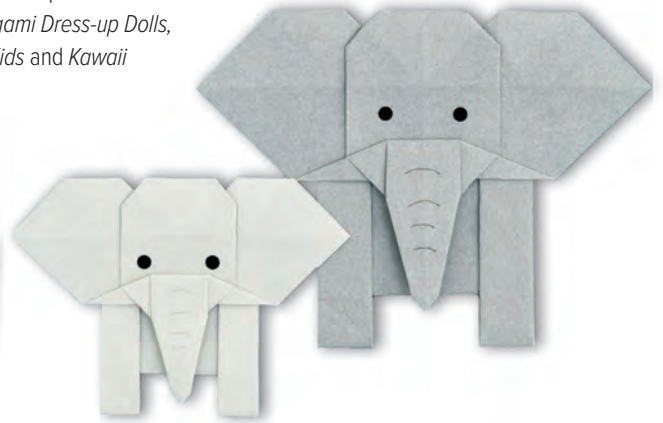
By the Same Author:



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Customization Techniques

With just a few small adjustments these letters will look even more special! Here are a number of techniques that you can use to customize your pieces.

Technique 1

Just line up the folded letters and you can make words!



Technique 2

Use double-sided origami paper and glue the letter panel onto like-colored backgrounds!



Technique 3
Glue them to construction paper and cut around them to create a border!



Technique 4

Combine words with folded origami models!



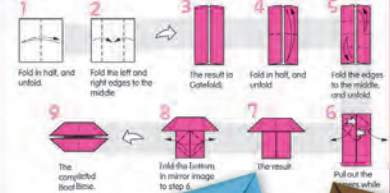
Make it even more special!
Glue the items you've folded onto origami paper to create a cute panel! All of the letters on the Contents pages are panels like this.

Before You Begin

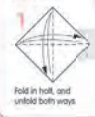
Here is some information you should become familiar with in order to understand the folding sequences in this book. First, learn how to fold two simple bases, and review the meanings of arrows, marks and symbols. Then, begin folding origami!

Base Folds Used in This Book

Boat Base



Blintz Base



AWARD WINNER

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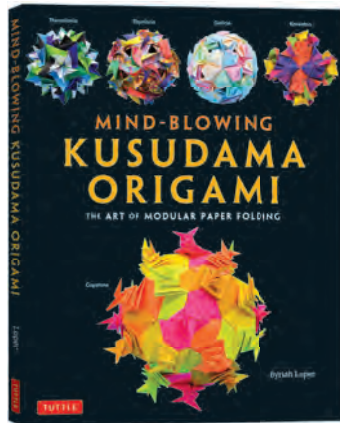


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Discover the amazing world of kusudama paper folding!

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ISBN-13: 978-4-8053-1699-3
March
 Origami
 8 ½ X 11 • 144 pages
 30 models, color photos,
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 Carton Quantity: 16
 Selling Territory: World



Mind-Blowing Kusudama Origami
The Art of Modular Paper Folding
 By Byriah Loper

Kusudama are elaborate geodesic spheres assembled from many small folded paper modules. They were originally developed to hold incense in Buddhist temples. Modern kusudama consist of dozens of colorful papers folded and fitted together to form ornate spherical sculptures.

In this exciting new book, master paper folder Byriah Loper presents 30 of his original Kusudama models, including:

- Official author social media: @byriah_loper
- Author available for interviews and events, contact; publicity@tuttlepublishing.com.

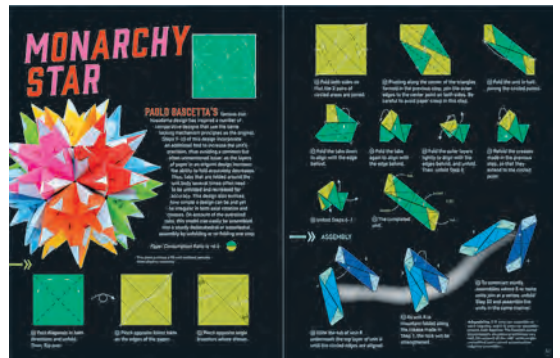
- **Capstone**—A spiky sphere resembling a sea urchin
- **Ortygia**—An unusual cube-shaped kusudama
- **Shakespeare**—An elaborate model resembling a ball of flowers
- **Trallia**—A ball with petal-like projections that looks like a large chrysanthemum
- **Plus many other amazing models!**



Byriah Loper

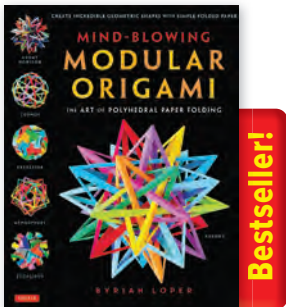
Assembling kusudama is an exciting challenge, however Loper's clear diagrams and clear instructions make them accessible to anyone—even for those with no prior origami experience.

Byriah Loper is an origami artist best known for his elaborate modular works and pleated tessellations. His interest in origami began at an early age and Loper soon discovered modular origami. He has since designed and folded over 1,000 original works. His models have been featured in major exhibitions and he is a frequent guest instructor at the annual OrigamiUSA and the Origami Tsunami conventions. Byriah lives in Wilmore, Kentucky.

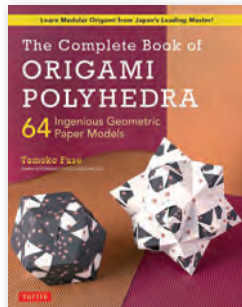


By the Same Author:

Also Available:



Mind-Blowing Modular Origami
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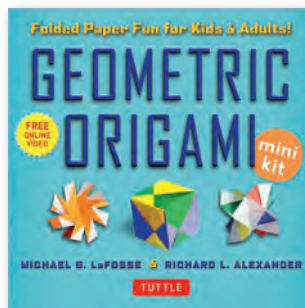
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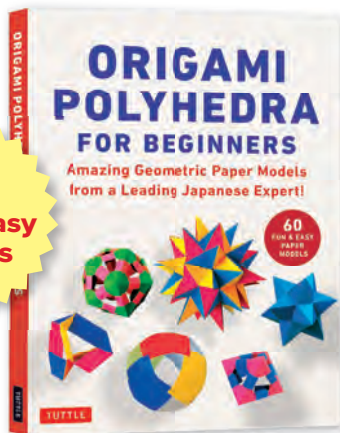


Origami Endangered Animals Kit
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Ingenious geometric models from Japan's leading designer of origami polyhedral!

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April
 Origami
 7 1/2 X 10 • 96 pages
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 60 models;
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 Carton Quantity: 20
 Selling Territory: World

**60
Fun & Easy
Models**



Origami Polyhedra for Beginners

*Amazing Geometric Paper Models
from a Leading Japanese Expert!*

By Miyuki Kawamura

Origami Polyhedra for Beginners puts a new spin on the ancient art of paper folding, opening the door to a world filled with beautiful geometric shapes. In this book, Miyuki Kawamura shows you how to create 60 different polyhedral forms using squares of brightly-colored paper.

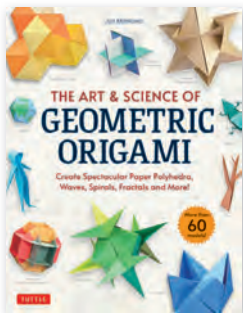
Modular paper models are created using multiple sheets that are folded and then locked together without the use of

glue or tape. Clear step-by-step instructions for each model are provided. These amazing creations will captivate everyone who sees them!

The models in this book are surprisingly easy to fold and assemble. They include:

- **Building Blocks and Tiles which can be stacked and combined**
- **Striking Pyramids, Cubes, Stars, Spheres and Rings**
- **Dramatic polyhedral “Wireframes” and “Skeletons” with open latticework**
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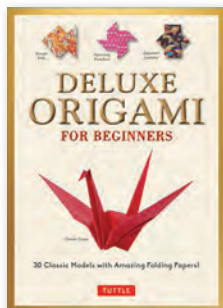
You will experience a tremendous sense of accomplishment and delight from completing these models and they are well worth the time and effort!

Miyuki Kawamura started folding origami at the age of two. She started by folding animal models, her favorite subject. Miyuki received a masters degree in Physics in 1995 from Kobe University. Shortly thereafter, she began to create original polyhedral models. She is famous for creating large-scale origami pieces, such as the Cosmosphere—a massive wireframe kusudama model requiring nearly 2,000 pieces of paper! She has published several books on the subject and is currently on the board of the Japanese Origami Academic Society (JOAS).

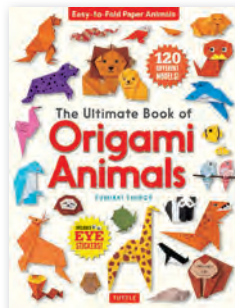


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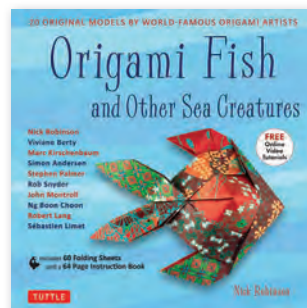


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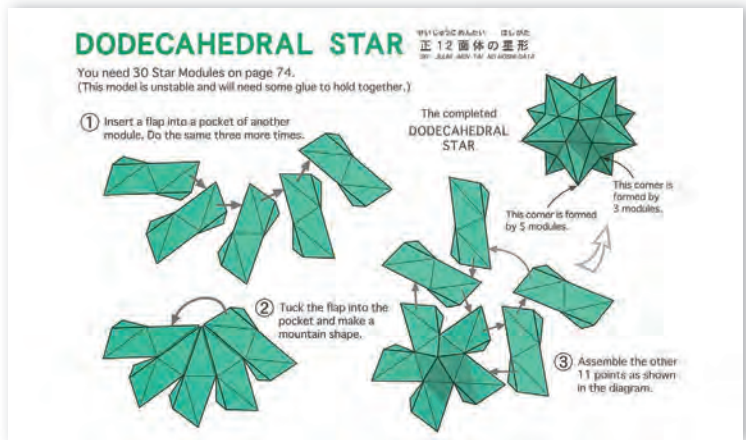
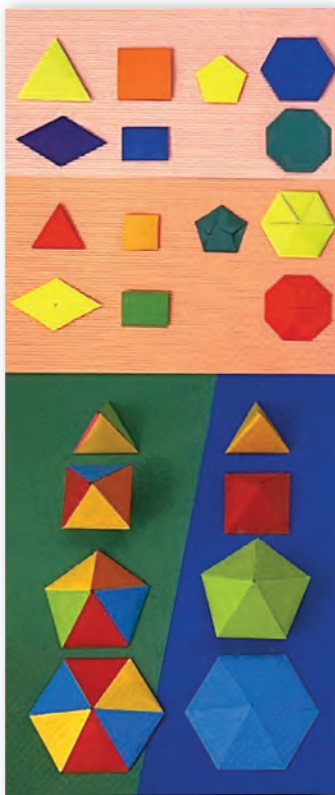


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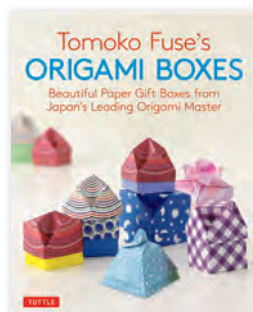
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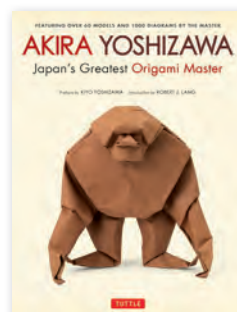
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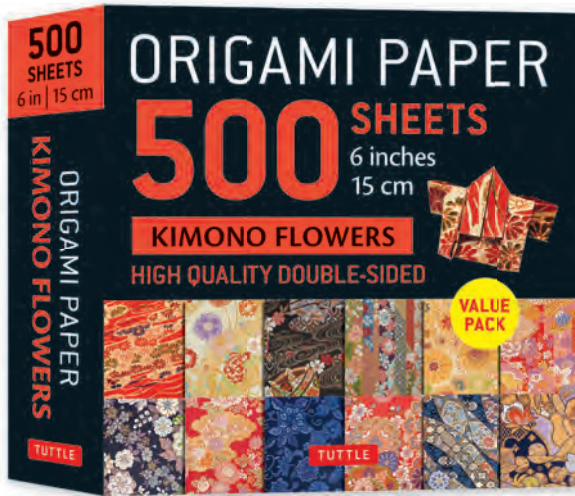
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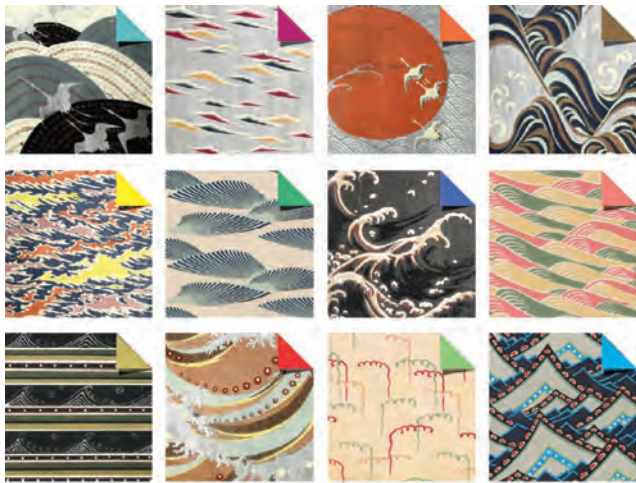
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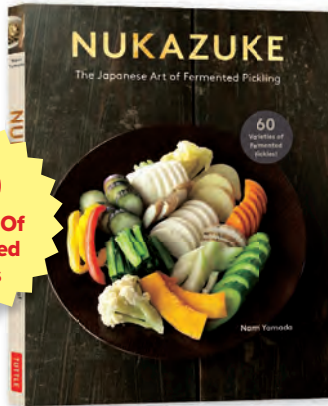
Cooking

7 1/2 X 10 • 128 pages

60 pickles; 30 recipes;
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Carton Quantity: 20
Selling Territory: World

60
Varieties Of
Fermented
Pickles



Nukazuke

The Japanese Art of Fermented Pickling

By Nami Yamada

This book provides an exciting introduction to the Japanese method of pickling in a reusable bed of fermented rice bran—a medium that is easy to prepare and maintain. Author Nami Yamada is a dietary expert, chef and herbalist, and she provides instructions for 60 fermented pickles including unusual ones made from ingredients like daikon radish, lotus root, shiitake mushrooms, apples, garlic and tofu!

Yamada also provides 30 delightful recipes showing you how to incorporate your fermented nukazuke pickles into

daily Japanese-style meals, with delicious and nutritious dishes like:

- Futomaki Sushi Rolls with Pickled Tuna
- Pickled Apple and Napa Cabbage Salad
- Stir-fried Summer Vegetables with Pork and Soybean Miso
- Mackerel Simmered with Nukazuke Fermented Rice Bran
- And dozens of other recipes, including desserts!

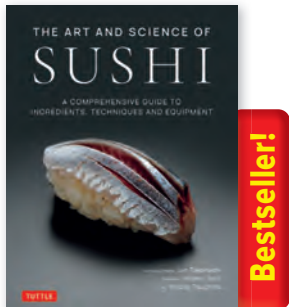
This comprehensive guide to a traditional Japanese fermentation method will help you eat more delicious and healthy meals!

Nami Yamada is a medicinal herbal chef, nutritional researcher and international Chinese herbalist. She is a graduate of Beijing University of Traditional Chinese Medicine, where she now serves as the head of the “Dietary Research Institute.” She studied under Suzuko Take, the representative of Tokyo Yakuzen Institute, and learned about traditional Chinese medicinal cooking and dietary healing methods. She has produced and explained fermented food and medicinal herb recipes for magazines and television, and held workshops at her studio in Japan. She is an advocate for Japan’s traditional food culture. She has published several books on the subject of nukazuke and healthy eating.



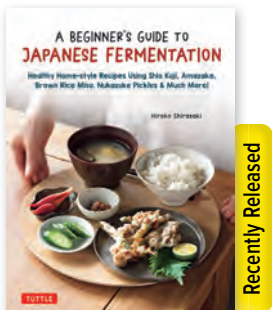
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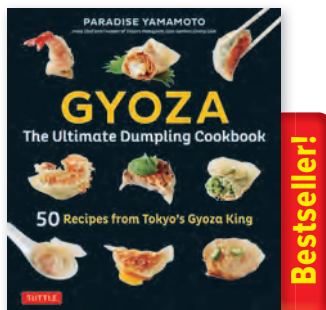
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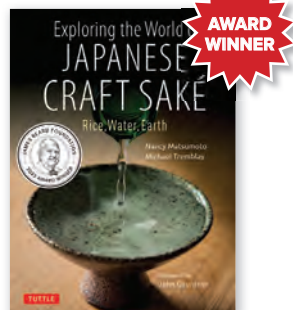
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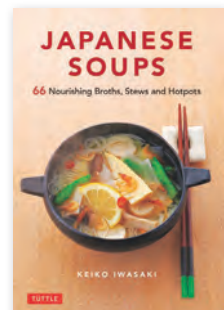
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Nukazuke Pickles in Rice Bran



Nukazuke Pickling Bed Ingredients

Stir Fried Summer Vegetables and Pork with Soybean Miso

Sour old pickled vegetables go so well with rich soybean miso. The punchy spicy and sour taste is so appetizing.

SERVES 2

- 1 small old pickled eggplant
- 1 old pickled red bell pepper
- 1 old pickled yellow bell pepper
- About 3½ oz (100 g) thinly sliced pork belly
- 1 garlic clove

A Ingredients

- 1 tablespoon soybean miso (or other miso)
- ½ tablespoon sake
- 1 tablespoon mirin
- ½ teaspoon doubanjiang (Chinese spicy bean paste, available at Asian grocery stores)
- Sesame oil

Additional sesame oil for cooking

1. Rinse the pickling bed off the old eggplant and bell pepper pickles and drain. Cut into bite sized pieces. Finely mince the garlic.
2. Add some sesame oil to a frying pan over medium-low heat and stir fry the garlic and pork.
3. When the pork is cooked through, add the pickles from Step 1 and stir fry.
4. Add the A ingredients and mix quickly.

*** The old nukazuke pickles used:**
 Pickled eggplant... Page 97
 Pickled red bell pepper... Page 13
 Pickle both for an additional 12 hours in the summer and 1 day in the winter to make old pickles.

98 Chapter 4

Stir Fried Summer Vegetables and Pork with Soybean Miso



Fat Sushi Roll

Well-seasoned old nukazuke pickled vegetables are perfect for sushi. Since there is no need to pre-cook them, the ingredients used to fill the sushi roll can be used right out of the pickling bed.

SERVES 2

- 2 pieces 1x 8 inch (7 mm x 20 cm) old pickled carrot
- 2 pieces 1x 8 inch (7 mm x 20 cm) old pickled burdock root
- 2 pieces 1x 8 inch (7 mm x 20 cm) old pickled cucumber
- 3½ oz (100 g) old pickled tuna

About 1½ oz (300 g) sushi rice
 2 sheets nori seaweed

1. Rinse the pickling bed off the old pickles and drain. Cut the ingredients to the same length as the nori seaweed.
2. Spread the sushi rice on the nori seaweed, place the Step 1 fillings in the center and roll. (If the vegetables are too short, you can combine several pieces.) Moisten a sharp knife with a wet kitchen cloth and cut the sushi roll into slices of your chosen size.

*** This roll nukazuke pickles used:**
 Pickled carrot... Page 13
 Pickled burdock root... Page 20
 Pickled cucumber... Page 16
 Pickled tuna... Page 26
 Leave the above pickles an additional 12 hours in the summer and an additional 1 day in the winter in the pickling bed to make old pickles.

Recipe: Recipe 052, Nukazuke Pickles and Rice Bran Bed 93

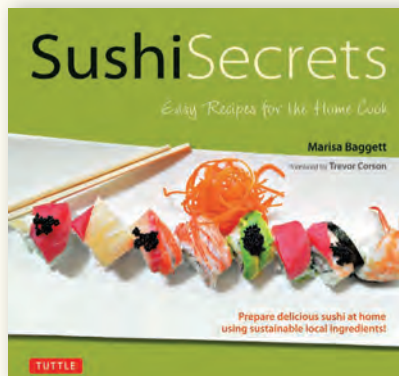
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May

Cooking

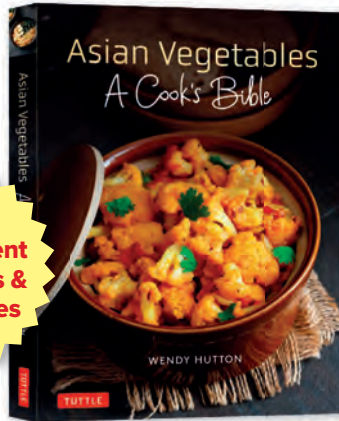
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with 100 recipes;
over 90 color photos
and 150 watercolor
illustrations

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**Covers
150 Different
Vegetables &
100 Recipes**



Asian Vegetables

A Cook's Bible

By Wendy Hutton

Here at last is a book by a leading food expert presenting everything you need to know about the rapidly-expanding list of Asian vegetables found in supermarkets, farmers' markets, Asian grocers and specialty gourmet stores. With attractive watercolor illustrations and photos, *Asian Vegetables: A Cook's Bible* helps you to identify 150 different Asian vegetables and plant products and presents 100 authentic recipes that you can prepare at home using these delicious ingredients, including:

- Indian Chickpeas in Spicy Tomato Sauce
- Malaysian-style Cabbage Stewed in Coconut Milk
- Sri Lankan Breadfruit Curry
- Stir-fried Loofah with Oyster Sauce
- Thai Wild Pepper Leaf Parcels
- Chinese Garlic Chive Pancakes
- Fresh Tuna Baked in Konbu Seaweed
- Spiced Indian Cauliflower
- And many more!

From sugar peas and azuki beans to fern tips, hijiki seaweed, jackfruit and mustard cabbage—this book offers insightful background stories about the ways Asians have traditionally prepared these vegetables as well as descriptions of their appearance, nutritional content and flavor—plus tips on how to buy and store them and interesting information about their health benefits according to traditional Asian folk beliefs. Fresh, dried, fermented, pickled and preserved vegetables, tubers, herbs, mushrooms and sprouts are all described in detail as well.

Asian Vegetables: A Cook's Bible is a much-needed reference that home cooks and professional chefs alike will want to have on their shelves!

Wendy Hutton is a writer specializing in food and travel, who lived in Southeast Asia for more than five decades. She has written widely on the cuisines of Southeast Asia, including cookbooks such as *Green Mangoes and Lemon Grass*, *Tropical Asian Cooking* and the highly acclaimed *Singapore Food*.



Indian Chickpeas in Spicy Tomato Sauce

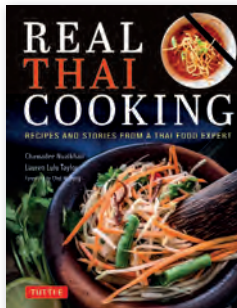
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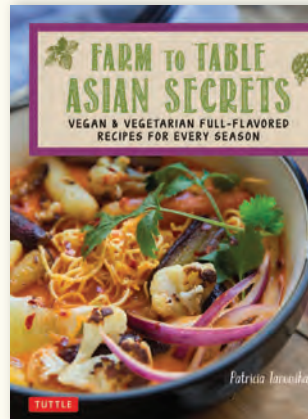
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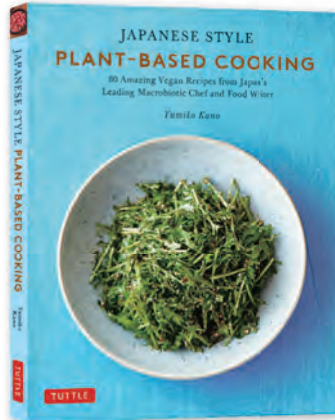
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By Patricia Tanumihardja

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“In the Japanese culinary world, particular respect is given those who manage to transform humble foodstuffs into magnificent meals. Kano earns high marks for her skill and ingenuity in this regard.” —Elizabeth Andoh, *The New York Times*

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Japanese Style Plant-Based Cooking

80 Amazing Vegan Recipes from Japan's Leading Macrobiotic Chef and Food Writer

By Yumiko Kano

Yumiko Kano is one of Japan's best-known macrobiotic chefs and food writers. She has devoted her life to celebrating the flavor, versatility and nutritional benefits of a plant-based diet. This book is the latest in a series of over 30 cookbooks featuring her “no meat, no eggs, no dairy, no sugar” recipes—and the first to appear in English!

In this book, she shares 80 delicious, easy-to-prepare plant-based recipes, illustrated with mouthwatering photographs, including:

- Sweet Potatoes in Spicy Sichuan Sauce
- Creamy Yoghurt Soup with Cucumber Pickles
- Miso-Stuffed Baked Tomatoes
- Mini Broccoli Burgers with Spicy Tomato Sauce
- Herb-Roasted Daikon Radish
- Traditional Kyoto-style Eggplant Pickles

Kano's recipes turn everyday vegetables like tomatoes, cucumbers, pumpkin, cabbage, zucchini and potatoes into culinary delights through the use of traditional fermented ingredients like soy sauce, miso, saké and mirin. She includes a chapter devoted entirely to pickling and fermenting vegetables, with explanations of the equipment and processes used, along with 20 easy pickling recipes. In addition, she provides tips on traditional cooking methods including boiling, sautéing and grilling.

Yumiko Kano has published over 30 books on plant-based cooking in her native Japan. She is well-known in the West and has been featured in food and restaurant reviews in *The New York Times*. Born into a farming family, she always loved natural foods, which has led her to a lifelong study of vegan and vegetarian cuisine. From 2000 to 2012, she ran the award-winning restaurant *Sen* in Tokyo. Now, in addition to her writing, she teaches cooking classes and lectures all over Japan.

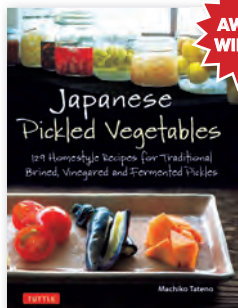
“[Kano’s] preparations are simple, even humble, yet exquisite and explosively flavorful.”

—Mark Bittman,
The New York Times

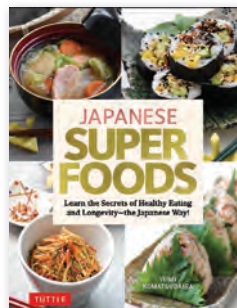


Vegan Cucumber Kimchi

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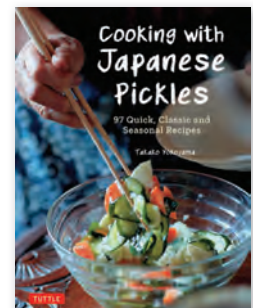
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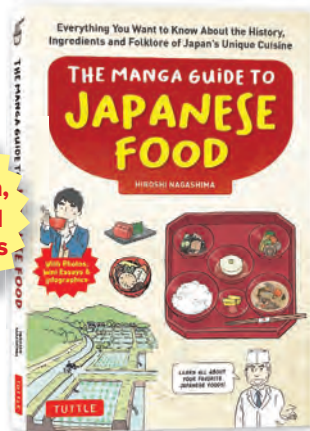
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With Manga, Photos and Infographics



The Manga Guide to Japanese Food

Everything You Want to Know About the History, Ingredients and Folklore of Japan's Unique Cuisine

By Hiroshi Nagashima

This book explores the fascinating history, lore and practice of Japanese cooking through the eyes of Gaku, a young man who aspires to become a professional Japanese chef.

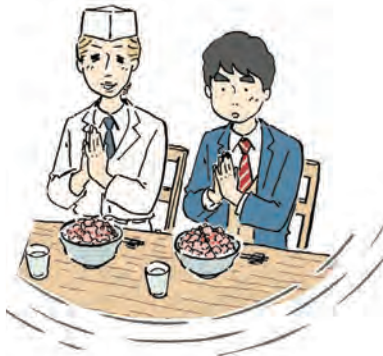
Each chapter presents a new set of topics which help the reader to appreciate the great depth and complexity of Japan's amazing food culture. Dozens of mini essays with

hundreds of charming color illustrations and photographs explain:

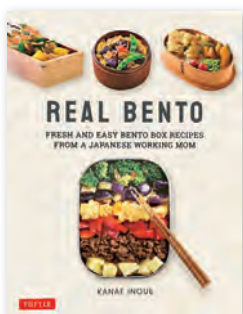
- The importance of fundamental ingredients like rice, soybeans, seaweed and fish
- The beauty of traditional utensils including lacquerware, ceramics and knives
- The key role of fermented ingredients like miso, soy sauce and sake in Japanese cooking
- The history of sushi, which developed from a traditional method of preserving fish
- The concept of "umami" as one of seven flavors detected by the human tongue
- How all these elements come together in a multicourse Kyoto-style Kaiseki dinner

There is even a quiz at the end so you can see how much you've learned along the way!

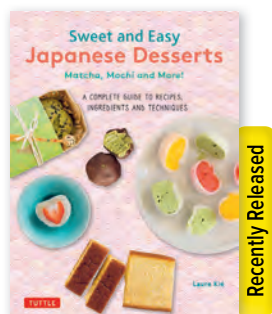
Hiroshi Nagashima was born in Yokohama and worked for many years as the director and chef of the Shisui restaurant at Tokyo's Tsukiji Honganji Temple. In 2013 he was awarded a Yellow Ribbon Medal by the Japanese government and in 2016 he became a Cool Japan Ambassador. In 2019, he received the Order of the Rising Sun, Japan's highest civilian honor. He has published many books on Japanese food including *Buddhist Cuisine: Making the Most of Vegetables* and *Dried Fish and Japanese Cuisine: An Encyclopedia of Traditions and Culture*. This is his first book in English.



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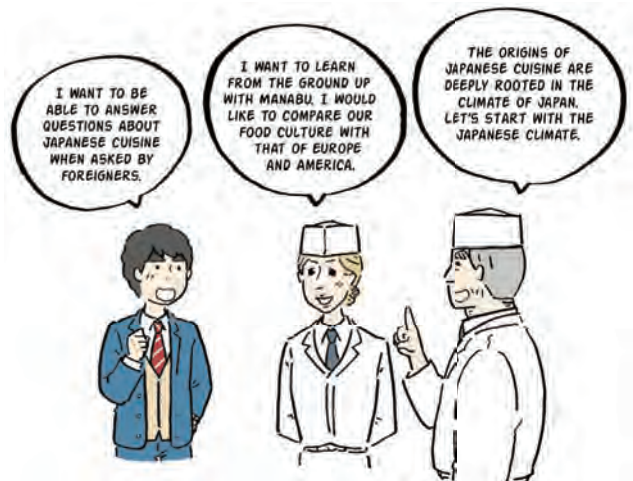


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I WANT TO BE ABLE TO ANSWER QUESTIONS ABOUT JAPANESE CUISINE WHEN ASKED BY FOREIGNERS.

I WANT TO LEARN FROM THE GROUND UP WITH MANABU. I WOULD LIKE TO COMPARE OUR FOOD CULTURE WITH THAT OF EUROPE AND AMERICA.

THE ORIGINS OF JAPANESE CUISINE ARE DEEPLY ROOTED IN THE CLIMATE OF JAPAN. LET'S START WITH THE JAPANESE CLIMATE.

Tokugawa Iyeyasu

YOU ARE RIGHT EMMA, RICE WAS LIKE MONEY TO THE PEOPLE OF THAT TIME. THE AMOUNT OF RICE HARVESTED WAS THE POWER OF EACH REGION, SO THE LORDS OF EACH REGION WORKED HARD TO FLOOD THE COUNTRY AND INCREASED THE NUMBER OF RICE PADDIES ONE AFTER ANOTHER.

WHAT? TOKUO TOO?

Kato Kiyomasa

WHEN TEIYUO ESTABLISHED THE 800 SHOGUNATE, HE CHANGED THE FLOW OF THE TONE RIVER, WHICH HAD BEEN A SINKING RIVER, AND BY DRAWING A CHANNEL THROUGH THE RICE PADDIES...

Takeda Shingen

IT CAN NOT BE USED IN SAFELY!

Oh no! I can't live here.

It's all submerged.

THE LANDSCAPE OF TODAY'S RICE PADDIES IS THE RESULT OF THE HARD WORK OF PEOPLE IN THE PAST, RIGHT?

THEY ARE WORRIED AND SELLING.

IT'S BECAUSE OF THESE INTERIORS THAT OUR SAFETY IS PROTECTED.

River water that is flowing down little by little as it waters the fields and paddies.

The river flooding down strongly.

THE KANTO PLAIN (where greater Tokyo is located).

Food and agricultural rituals for the Go-Sekku (The five seasonal festivals)

Calendar	Old Chinese name (The Japanese name)	Event (Food for seasonal festival)
January 7th (Janjutsu)	January 7th (Janjutsu)	Umeshu (umeshu)
February 3rd (Matsunohi no Sekku)	February 3rd (Matsunohi no Sekku)	Umeshu (umeshu)
March 4th (Matsunohi no Sekku)	March 4th (Matsunohi no Sekku)	Umeshu (umeshu)
May 5th (Shobun no Sekku)	May 5th (Shobun no Sekku)	Umeshu (umeshu)
July 7th (Tanabata no Sekku)	July 7th (Tanabata no Sekku)	Umeshu (umeshu)
September 9th (Kiku no Sekku)	September 9th (Kiku no Sekku)	Umeshu (umeshu)

In the lunar calendar (see footnote on page 68), *Resharu* marks the beginning of the new year, a few months later than in the new calendar. Since the day of each month in the lunar calendar is determined by the waxing and waning of the moon, the difference between the lunar calendar and the new calendar varies from year to year. The red line in the diagram above shows the maximum extent to which each month of the lunar calendar corresponds to that of the Gregorian calendar.

THE GOSEKKU WERE ORIGINALLY HELD ACCORDING TO THE LUNAR CALENDAR, SO THEY ARE OUT OF SYNC WITH THE CURRENT SENSE OF THE SEASONS.

DR. IKEDA WONDERED WHY YODOFU (NOT TOFU NOTYU) TASTED SO GOOD AND BEGAN RESEARCHING KONBU SEAWEEED DASHI AS A RESULT, HE DISCOVERED THAT THE MAIN INGREDIENT IN...

KONBU SEAWEEED DASHI IS GLUTAMIC ACID WHICH HE NAMED "UMAMI".

HOWEVER, IN 1908 DR. KIKUNAE IKEDA, WHO WAS BORN IN KYOTO, ANNOUNCED THAT THERE WAS A FIFTH BASIC TASTE, "UMAMI".

Umami compounds increase with fermentation and maturation.

FRENCH CHEESES AND CURED HAMS ALSO CONTAIN GLUTAMIC ACID.

I'VE BEEN CURIOUS ABOUT THIS FOR A WHILE, BUT DO PEOPLE FROM OVERSEAS KNOW WHAT UMAMI IS?

COOKING HAS A LOT TO DO WITH CHEMISTRY TOO.

STUDY HARD, MANABU.

I NEED TO STUDY CHEMISTRY PROPERLY TOO.

LATER, THE WORLD'S FIRST UMAMI SEASONING CREATED BASED ON DR. IKEDA'S RESEARCH RESULTS WAS "AJI-NO-MOTO".

WHAT? I DON'T KNOW.

The three major food manners of the world

Major regions: Europe, South and North America, Russia, etc.
Major religion: Christianity
Major foods: bread, meat

Major regions: Southeast Asia, South Asia, West Asia, Africa, Oceania, etc.
Major religions: Hinduism, Islam
Major foods: indica rice, starchy root vegetables, fruits, etc.

Main regions: Japan, China, Korean peninsula, Taiwan, Vietnam, etc.
Main religions: Buddhism, Confucianism
Main foods: Japonica, rice, noodles

Eating with a knife, fork and spoon about 30%

Eating by hand about 40%

Eating with chopsticks about 30%

I GUESS EATING WITH THE HAND IS THE MOST COMMON METHOD IN THE WORLD.

WE'VE BEEN EATING WITH OUR HANDS FOR A LONG TIME IN FRANCE. KNIVES HAVE BEEN USED AT THE TABLE SINCE THE 12TH CENTURY, AND FORKS DID NOT COME INTO USE UNTIL THE 18TH CENTURY ONWARDS.

Edo Komei Kaitei-zukushi Sanya Yaezen

by Utagawa Hiroshige (National Diet Library Digital Collection)

I GUESS IT WAS THE OPENING OF RESTAURANTS THAT MADE PEOPLE ENJOY EATING OUT AS MUCH AS THEY DO NOW.

This is one of a set of 30 ukiyo-e prints depicting famous restaurants in Edo. Kaitei refers to a non-tea ceremony Kaiseki-ryori restaurant. Kaiseki was the name given to haikai and renga (types of poems), and Kaiseki-ryori was served with sake at such occasions. The restaurant "Yaezen" was established in 1717 (Kyoho 2). (HachyakuZen" was established in 1717 in Asakusa Yamaya, and is said to be the best high-class ryotei restaurant in Edo.

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7 1/2 X 10 • 160 pages

instructions for 36 arrangements;
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Kentaro Kuroda



The Succulents Design Book

Container Gardens That Look Great and Grow Well Year-Round!

By Kentaro Kuroda

This book is your instant guide to creating the succulent container garden you have always wanted! It shows you how to group plants with compatible growing cycles in a way that balances their colors, shapes and sizes so the arrangements will look beautiful all year long.

- The 36 combinations presented provide design ideas for every type of space and decor
- Each arrangement will thrive throughout the year—because not only the shapes, sizes and colors of the plants match—but their individual growing cycles are synchronized
- Step-by-step instructions and layout diagrams make these arrangements foolproof
- A guide to 100 different succulents helps you purchase the plants with confidence
- Information on soils, watering, fertilizing, light exposure, pest management and more!

The stunning photos in this book will inspire you to create unique combinations with unusual containers, from hanging pots to old tins. Expert author Kentaro Kuroda emphasizes the differences between summer and winter varieties and shows you how to artfully combine them so the plants will thrive year-round.

Kentaro Kuroda is a horticulturist and founder of Flora Kuroda Gardening in Saitama Prefecture. He specializes in imaginative group plantings and nostalgic vignettes. He is a blogger in his native Japan, and co-author of *Container Succulents*.



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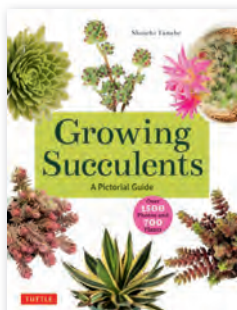


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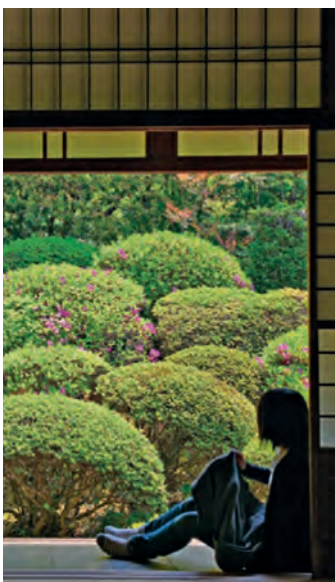
400 color photographs of
30 gardens

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Kyoto Gardens

Masterworks of the Japanese Gardener's Art

By Judith Clancy

Photography by Ben Simmons

By design, Kyoto's gardens possess a unique ability to provoke deep contemplation and joy in equal measure. This book is a labor of love from master photographer Ben Simmons and longtime Kyoto-based writer Judith Clancy. It contains lyrical images and poetic essays describing Kyoto's most famous gardens—most of them now UNESCO World Heritage Sites, including:

- **Kyoto's Old Imperial Palace Garden**—A massive walled complex filled with flowering plants, trees and buildings which served as the official residence of the Japanese emperor for over 500 years before 1868 and is now a public park.
- **Heian Jingu Shrine Garden**—Constructed on the site of the ancient capital and filled with lush greenery, ponds, rocks, bridges and pavilions which float above the water, providing a sense of tranquility and natural beauty.
- **Ginkaku-ji Pure Land Garden**—An earthly paradise featuring a massive truncated mound of packed sand that is resculpted by hand daily, this site was originally designed as private villa by one of Kyoto's rulers then turned into a Zen Buddhist temple upon his death.
- **Kinkaku-ji Estate Garden**—Perhaps Kyoto's most recognizable sight, a Golden Pavilion perched on the edge of a tranquil pond on whose smooth surface are reflected beautiful rocks and cypress trees placed all around it.
- **Ryoan-jin Zen Rock Garden**—The purest expression of a world in miniature, expressed as a sea of raked gravel with islands of natural stone and moss set in its midst, walled off from the outside world to provide a place for meditation and contemplation.
- **Plus two dozen other masterful gardens!**

Simmons' sensitive photos present a fresh, contemporary look at these timeless gardens while Clancy's graceful descriptions provides historic, aesthetic and cultural context. This new edition has been updated and revised, with many new photographs added.

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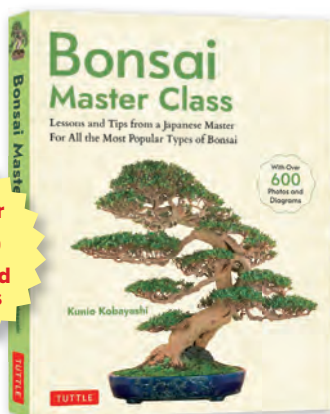
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- Official author website: kunio-kobayashi.com

With Over
600
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Diagrams



Bonsai Master Class

Lessons and Tips from a Japanese Master For All the Most Popular Types of Bonsai

By Kunio Kobayashi

Kunio Kobayashi is one of the world's most recognized bonsai artists. In this comprehensive manual, he presents all the essential techniques needed to plant and maintain popular types of bonsai—from pines, cypresses and cedars to flowering trees and other varieties, including grasses.

Bonsai Master Class is a book for novices and longtime aficionados alike, showing you how, with the help of human hands, a bonsai tree can evolve and thrive over centuries.

This book provides you with all the vital information you need, including:

- A thorough explanation of the basic bonsai types and styles, and their characteristics
- Guidance in selecting the right plants, pots and spaces to display your bonsai
- Tips on getting started including assembling the tools and choosing the soils
- Advice and techniques for planting, repotting, watering, pruning, shaping, wiring and protecting your plants, including a seasonal schedule of tasks for each type of bonsai
- Detailed lessons for specific bonsai varieties like Japanese cypress, red pine, maple, zelkova, sakura and more!

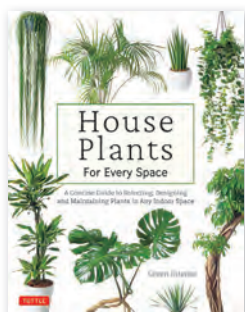
You'll be inspired by Kobayashi's award-winning bonsai—ranging from classic types to out-of-the-box originals—showing how this art form is as individual as it is traditional. His book will become your bible as you nurture and cultivate your skills and knowledge of these venerable plants.

Kunio Kobayashi embarked on the path of becoming a bonsai artist in 1976 while preparing to run his family's horticulture business. He is a four-time winner of the Prime Minister's Award at the Japan Bonsai Styling Exhibition and a seven-time winner of the Grand Prize at the Sakujuten Bonsai Exhibition in Japan. An avid promoter of bonsai worldwide, he has made more than 200 visits to over 30 countries, conducting lectures and seminars to spread the art form, while mentoring over a hundred young bonsai artists. He owns and operates the Shunkaen Bonsai Museum in Tokyo.

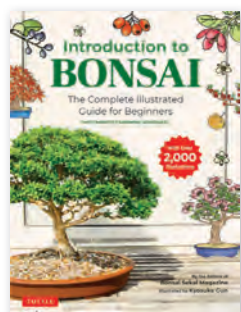


Kunio Kobayashi

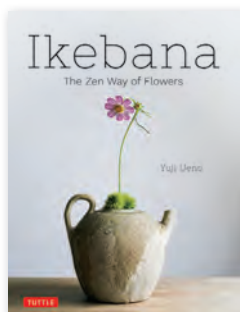
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Creating Jin and Shari

"Jin" means that the branch appears to be in a dead state. "Shari" refers to the fact that the trunk appears to be dead. Both of these techniques are used to create the look of an old tree enduring the rigors of nature by shaving the branches and trunk, and are a major highlight of pine and oak bonsai, such as the Shohaku and Akatsuki bonsai.

Because ginning and shari making can be very taxing on the trees, late February-early March, when the cold weather slackens a bit, is the best time to do it. Working at the time of the "Mere Old Man" will not only reduce the burden, but will also speed up the healing of the damaged area.

Once the tips are understood, even beginners can do it, but if new shoots begin to appear even in early March, the work must be forsaken.

Creating jin (late February)



1 Trim the top of the branch. After shaping the branches and leaves, create the jin by pinching them with a heavy-duty pair.

2 The back of a heavy brush or branch is used to apply the liquid to the cut surface of the branch by pushing it up and pulling it down from the top.

3 Peel off the remaining liquid by rubbing it off between the fingertips.



Creating shari (late February)



1 Rub the shari with the brush from the top jin. A triangular carving notch is useful for cleaning the back of the trunk.

2 A certain amount of bark is left behind, as it will soften if all of it is removed. Again, be aware of the flow from the jin to the shari.



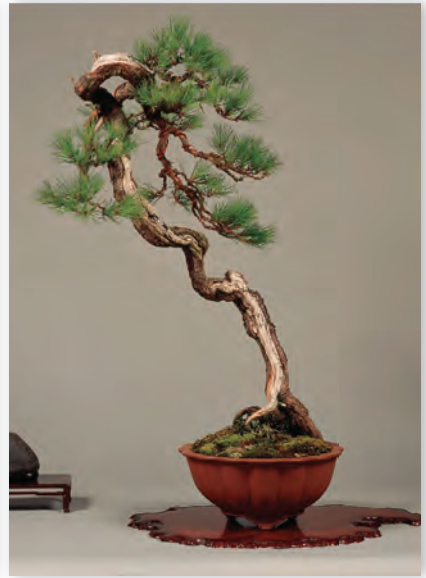
3 Use a small brush or similar tool to peel off areas where an engraver's blade will not penetrate.



PROTECTING JIN AND SHARI



After making the jin and shari, apply the sulfur compound diluted with water with a brush. In addition to preventing rotting parts from rotting, the coating also will become more white after drying, making the jin and shari stand out.



Japanese Red Pine



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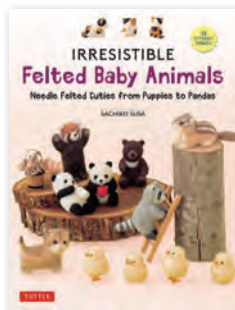
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P
Crossbody Bag

Whether traveling, out for a drive, taking a walk, etc., it's a convenient, compact crossbody bag that can be carried around when you want to go minimal on baggage. This retro-modern modified seed stitch fabric reverses the process shown on page 28 using slipped stitches in brown and green.
Design: Lisa Kenner
Knit: Peggy Queen Amey
Instructions on page 28



Large Shawl

We tried crocheting the same fabric as the adjoining page in animal fibers. Choose light, soft alpaca because it comes in direct contact with your skin. You can wear it gently draped over your shoulders, wrap it around your neck, or use it as a hip blanket—it's large size gives it many uses.
Design: Melissa Kavanagh
Sample made by: Erika Laakso
Yarn: Mountain Sheep Alpaca Wool Shetland
Instructions on page 71



T
Blanket

This domino stitch blanket is a traditional color palette is also wonderful for interior design. The stitches at the edges are neatly finished, so it's OK without edging. Lap blankets, bags, cushions... You'll want to try making various things by changing up the materials, sizes, and color palettes.
Design: Michelle Brunner
Sample made by: Jenita Taitou
Yarn: Peggy Queen Amey
Instructions on page 88



Q
Pen Case

Start crocheting at the side gutter (closest to the left) from half and side, then to the goats of the opposite side. Make two identical pieces, seam them together, insert a lining fabric, and secure everything in place. It's great not only for stationery, it's covered, but also for carrying knitting needles, and other tools.
Design: Anna Asana
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Instructions on page 74

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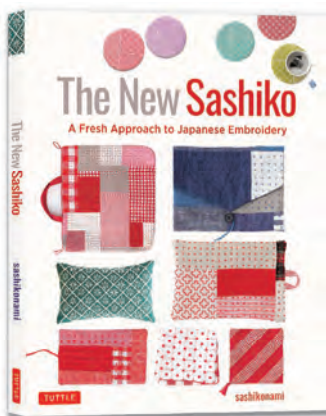
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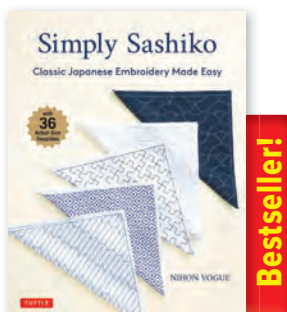
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sashikonami has long been a fan of combining sashiko and patchwork. She has authored many books and articles on sashiko in her native Japan. With “freedom and fun” as her motto, she shares her creative process and tips on her website and on other video sharing platforms.



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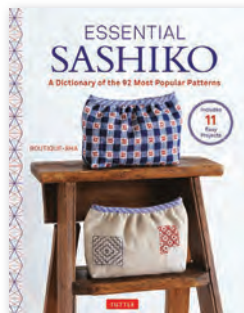
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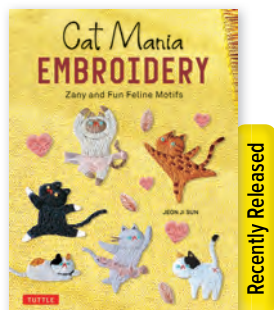


Drawstring Bag with Bottom Gusset
 I chose green as the highlight color for this long drawstring bag, and decorated one section with a diagonal cross-stitch. The bottom gusset makes it a sturdy storage bag. Attaching fusible interfacing to the outer layer before assembling gives it a solid integrity.
 How to make ▶ page 74



Essentials Shoulder Bag
 This shoulder bag is convenient for carrying around a smartphone, wallet, handkerchief and other essential personal items. Use whatever scraps you have at hand and decide the overall size of the bag once you have joined all the pieces together, and no fabric will be wasted.
 How to make ▶ page 70

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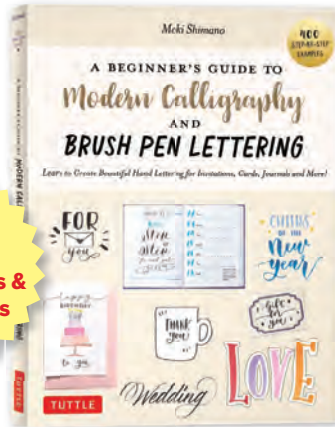
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Maki Shimano began learning calligraphy at an early age and has become the preeminent teacher and practitioner of modern calligraphy in Japan. She is an author, typographer and freelance artist who works in the bridal industry as a wedding planner. She creates traditional Japanese calligraphy as well as modern English calligraphy for a wide variety of clients and applications.



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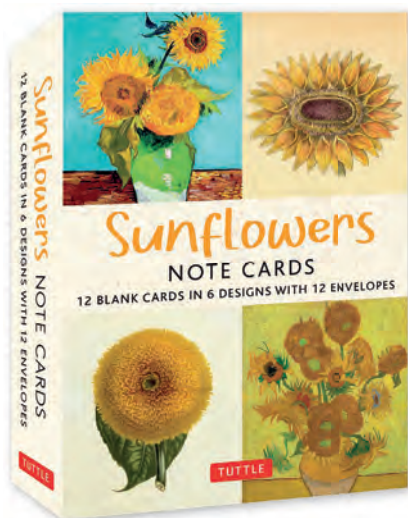
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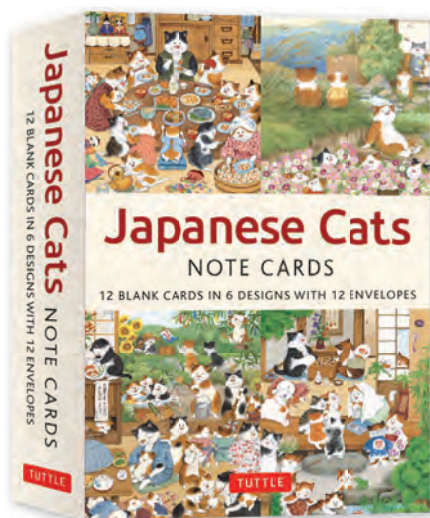


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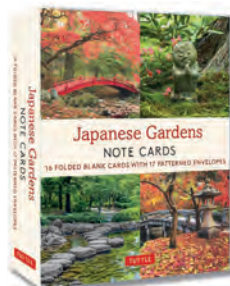
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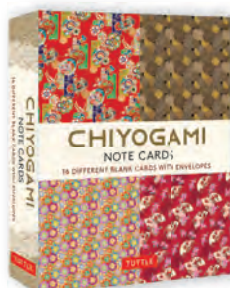
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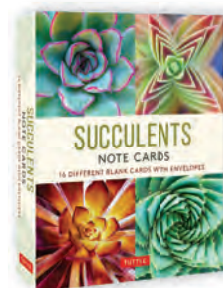
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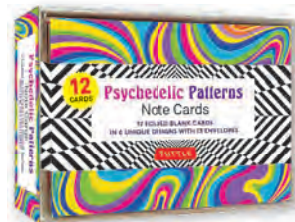
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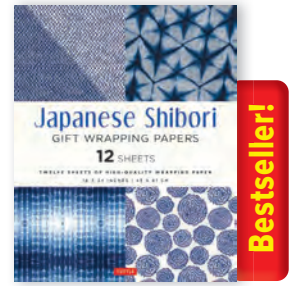
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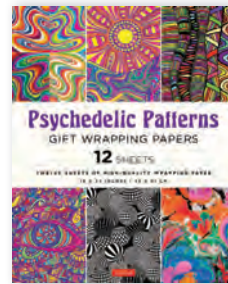
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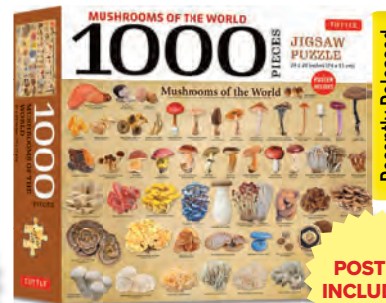
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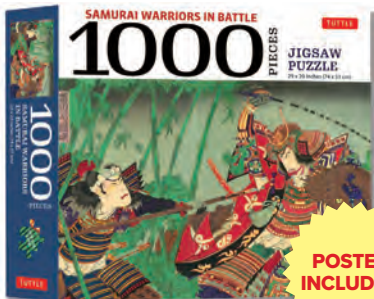
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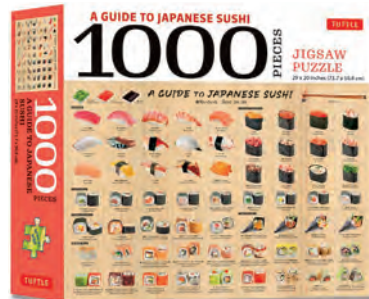
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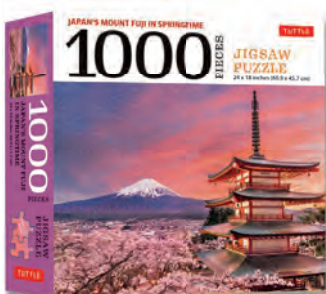
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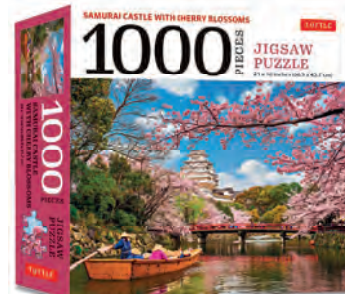


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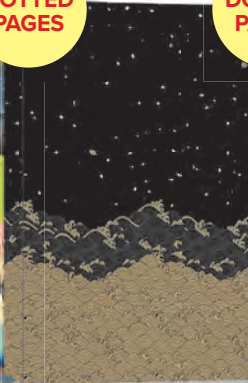
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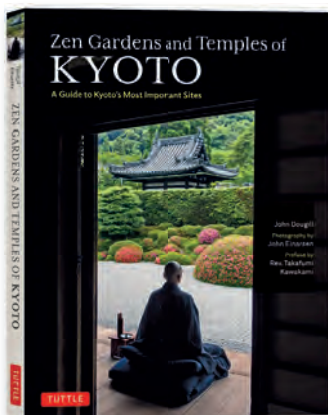
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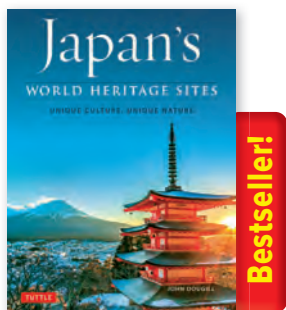
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A preface by Rev Takafumi Kawakami, the deputy head priest of the Shunkoin Temple in Kyoto, serves to place the book within the context of eastern and western Buddhist thought and practice.

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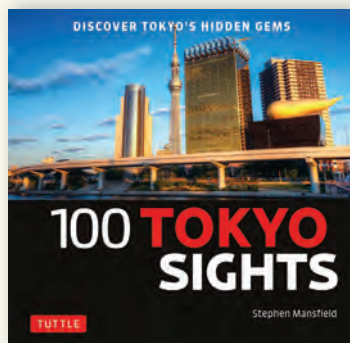
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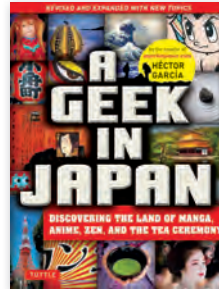
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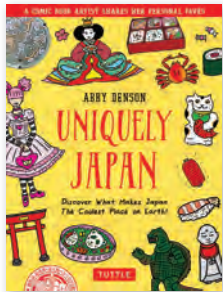


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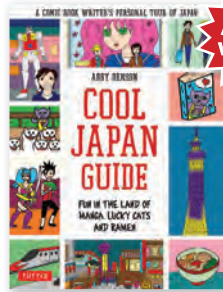


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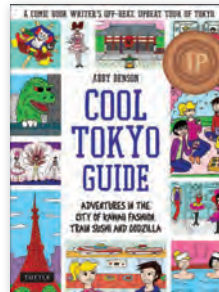
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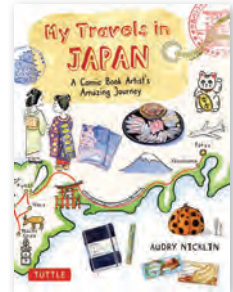
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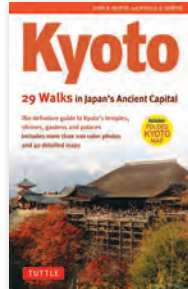
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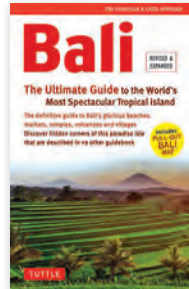
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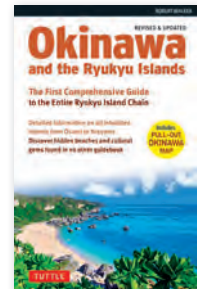
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