



Family care Support

for Washington University employees

Knowing that family members are safe and well-cared for is the cornerstone of healthy work-life balance. Washington University is committed to providing the support you need to navigate caring for your family.



Family care resources include:

- Near-site child care center options
- Back-Up care and regular in-home care for children and older adults
- Personalized lists of child care centers and help with family challenges through Guidance Resources
- Articles and websites with information on parenting and caring for aging parents

Find the support you need:

Family Care Hub

The family care hub on the Human Resources website is a central resource to help you find information and care. The hub is a one-stop-shop for the diverse needs of employees and your unique family needs.

Visit hr.wustl.edu/worklife/family-care.

Need additional support?

Our family care facilitator is available to help you navigate WashU and community systems to make sure your unique family needs are met. Contact Lisa Eberle-Mayse if you need help accessing services or need to problem-solve any challenges.

Email lisae@wustl.edu or call 314-935-3060.

Helping you thrive, personally and professionally.



 Washington University in St. Louis
OFFICE OF HUMAN RESOURCES