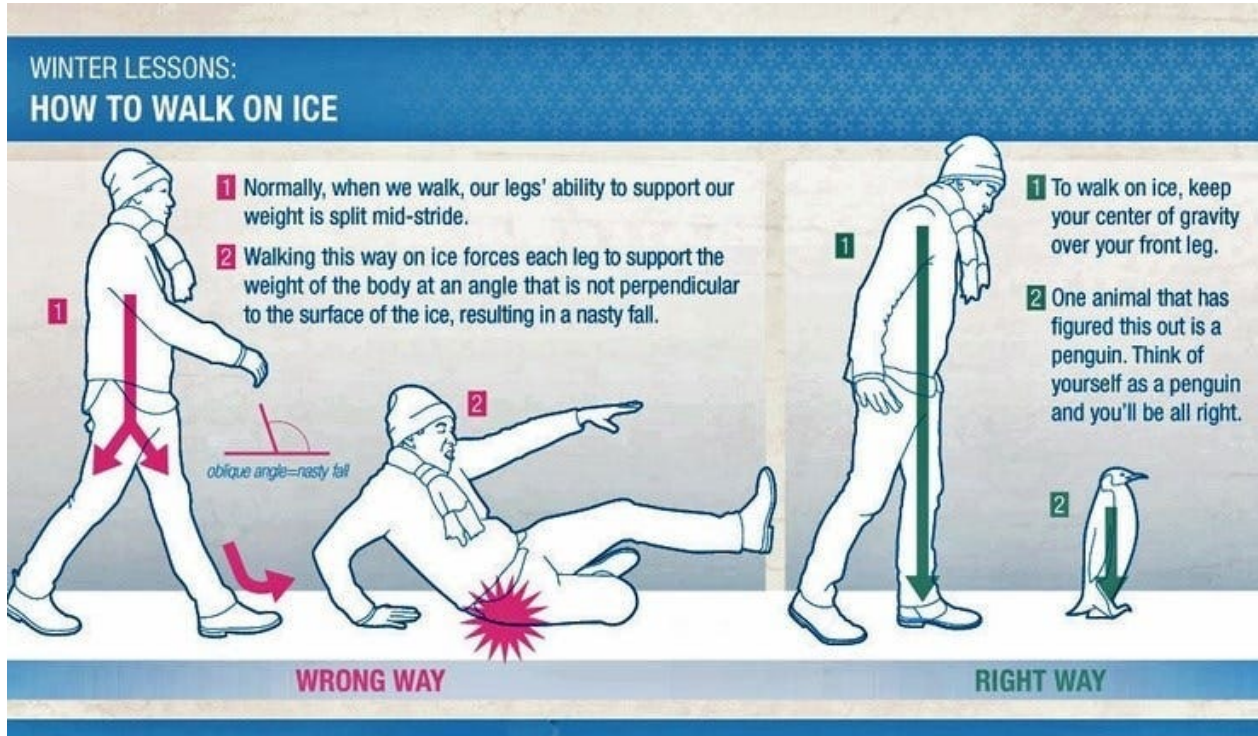


Be Safe



ELEVATE SAFE



A couple tips:

- Anticipate! Assume any snowy area will have ice underneath (and remember that sometimes ice can look harmless like wet pavement)
- Walk like a penguin and use the “waddle.”
 - Point your feet outward with legs apart
 - Take short, flat-footed steps, with your arms out
- Wear traction devices on your shoes and move slowly
- Carry things in a backpack and use gloves so your hands are free if you slip

