



## JOB OPENING: RETREAT CENTER COOK

Do you love to cook? Would you enjoy preparing healthy vegetarian food, much of it organic and locally sourced, to support others in deepening their meditation practice on retreat? IMS is seeking candidates with food service experience to join a team of six cooks in our Retreat Center kitchen. IMS's facilities are set on 400 secluded wooded acres in the quiet countryside of central Massachusetts. A cook position comes with a competitive compensation package including generous paid time off and health insurance, as well as an abundance of dharma resources and support; all within a friendly and caring environment.

### Principal Responsibilities

- Prepare and serve homemade, high-quality vegetarian meals.
- Bake breads, cakes, cookies and others desserts.
- Maintain a clean, orderly and efficient workplace.
- Perform support cook duties including food preparation, cleaning, organizing and special projects.
- Ensure work environment meets or surpasses hygiene and safety standards.
- Train and support retreatants and volunteers in performing kitchen tasks.
- Meet IMS's expectations for service excellence.
- Support and protect silent retreat environment; uphold ethical principles.

### Qualifications/Experience

- One year professional food service experience.
- One year professional experience with vegetarian cooking for large groups strongly preferred.
- Good organizational skills; ability to plan, prioritize and manage multiple tasks with flexibility.
- A solid work ethic with a capacity to self-direct.
- Ability to work as part of a team and to maintain good working relationships.
- Customer service experience, demonstrating good communication and interpersonal skills.
- Ability to speak, read and write clearly in English.
- A sincere interest in meditation practice and a commitment and ability to integrate ethical principles into daily life.

### Conditions

- May be required to work weekends or weekend days and on holidays.
- Required to work varying shifts as scheduled, with start times as early as 5:30 am and ending times as late as 8:00 pm.

### Physical Demands

- Position involves standing for long periods and requires physical labor including lifting, carrying, pushing or pulling objects weighing up to 50 pounds.

### Position to start as soon as possible

This is a full-time, 35 hours/week position, paid hourly, offering health benefits, meal plan options, generous paid time off, as well as participation in the Staff Sangha Program. On-site housing is available.

Qualified applicants send Staff Application (available at [www.dharma.org](http://www.dharma.org)) to: [IMSjobs@dharma.org](mailto:IMSjobs@dharma.org). Please also include cover letter and résumé. IMS is an Equal Opportunity Employer

*IMS is a spiritual refuge for all who seek freedom of mind and heart. We offer meditation retreats rooted in the Theravada Buddhist teachings of ethics, concentration and wisdom. These practices help develop awareness and compassion in ourselves, giving rise to greater peace and happiness in the world.*