



Family Discussion Questions

Exploring Our January Theme: STORY

These questions are designed to help families engage the theme through family discussions and can be used at a family gathering, most often dinner, but also during a quiet moment in the living room, before a board game night, or while driving in the car. This process strengthens the bonds within a family as members learn more about each other by asking and answering evocative questions.

How To Go About It

The most straightforward way to go about this is to have parents/caregivers read off the questions they think will resonate the most with family members and have everyone take turns answering.

Discussion Questions

1. What is the first story you remember hearing (a family story, a folk tale, a fairytale, etc.)?
2. What makes a story a *good* story?
3. What happens in your mind when you hear a story? Do you try to picture the characters and imagine the setting? Do you try to figure out how the story will end? Do you try to imagine yourself as one of the characters? Something else?
4. If your life was a storybook, what would that title be?
5. How would you describe the story of Unitarian Universalism? A hero story? Detective story? Love story?
6. Who's usually the storyteller in your family? Who's most likely to add embellishments and exaggerations to make the story really memorable?
7. Do you think it is possible to tell stories without words?
8. Has a story ever made you feel better when you've felt sad?
9. What is your favorite kind of story?
10. What is your favorite way to "hear" a story, read it yourself, have someone tell you a story, or watch it in a movie or show? Why?
11. Why do you think people like stories so much? What do you like about stories?