

Family Discussion Questions

Exploring Our February Theme: INCLUSION

These questions are designed to help families engage the theme through family discussions and can be used at a family gathering, most often dinner, but also during a quiet moment in the living room, before a board game night, or while driving in the car. This process strengthens the bonds within a family as members learn more about each other by asking and answering evocative questions.

1. How do you define or explain what it means to be inclusive? What words are similar to inclusion? How many can you name?
2. What is your favorite way to welcome new neighbors, classmates, people to your church, or other kids into your troops/groups/clubs/sports, etc.?
3. Can you be inclusive without using words? What would that look and feel like?
4. Where—other than your actual home—do you feel most “at home”?
5. When you see someone on the outskirts of a group, who is not sure how to join in, what do you usually do?
6. When it's you on the outskirts of a group, what would you like someone to do?
7. Who in the family is the best at meeting new people? What makes them great at it?
8. When was the last time you were the “new kid”? Do you remember who first reached out and helped you feel included?
9. Without words and using only your body (like charades), show how being welcomed into a group feels.
10. What makes our church an inclusive place? How could you help it be even better at it?
11. When someone new comes into a group of people you know well already, how are you most likely to react? What's something you'd like to try the next time this happens?
12. How are you most likely to react when you sense that you're not included?
13. Who in your life has made you feel the most included and why?
14. What was one thing you did today to include someone else?