



## **Volunteers Needed**

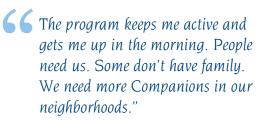
Companionship, Friendly Visiting and Help for Seniors

## The People Inc. Senior Companion Program has many benefits. Here is how you can help:

Our program assists seniors who have difficulty with daily living tasks so they can retain their dignity and independence. Among other activities, Companions assist with tasks such as:

- Grocery shopping and errands
- Providing friendship and companionship
- Alerting doctors and family members to potential problems
- Providing respite for caregivers

Senior Companions are volunteers 55 years or older from Erie County who meet income eligibility requirements. Companions are recognized at events throughout the year.



- Dawson Henderson, People Inc. Senior Companion





To become a Senior Companion or for more information, call 716.768.2381