

Music Experiences for patient with Mild Cognitive Impairment & Alzheimer's Disease

Participate in person or from the comfort of home!



A collaboration between Mount Sinai's **Louis Armstrong Center for Music and Medicine** and the **Alzheimer's Disease Research Center**, this 12-month study will assess the role of common experiences involving music to measure the quality of life and symptom management for people with Alzheimer's disease and Mild Cognitive Impairment.

Music and memory

Music, art, and other pleasant activities are often associated with strong memories and meaningful experiences from our lives.

Songs and melodies within our cultures may have personal significance unique to each of us. Music experiences have been shown to have potential benefits to patients in a variety of clinical contexts.

In patients with memory problems, music experiences that include songs with meaningful words and familiar themes may play a role in quality of life and symptom alleviation.

Who is eligible?

- Men and women with Alzheimer's disease or Mild Cognitive Impairment who are:
- Age 55 or older,
- Generally in good health,
- In contact with a study partner who can participate daily, oversee study compliance and attend study visits.

For more information or to learn more about participating, please contact:

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Alzheimer's Disease
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