

Caron Breakthrough Program

COVID-19 Guidelines and Protocols

CARON FOLLOWS CDC/EPA GUIDELINES ON SANITIZATION AND USES CDC/EPA APPROVED CLEANING SUPPLIES AND HAND SANITIZERS. CARON ALSO FOLLOWS CDC AND STATE GUIDANCE ON SOCIAL DISTANCING, FACE COVERINGS, AND HAND HYGIENE.

ALL PARTICIPANTS AND CARON STAFF MEMBERS ARE REQUIRED TO WEAR FACE MASKS THAT FULLY COVER THE MOUTH AND NOSE AT ALL TIMES. HANDWASHING AND SOCIAL DISTANCING, AT LEAST 6 FEET BETWEEN PARTICIPANTS, AND OTHERS, IS REQUIRED.

Prior to Arrival

- In order to mitigate the risk of COVID-19 on Caron's campus, participants will be required to provide evidence of a negative nasopharyngeal swab test result for COVID-19 conducted within 20 days of admission to Caron. Caron will not accept results from a blood or antibody test.
- Within 20 days of coming to the workshop, participants will be asked to reduce any exposure to COVID-19, shelter in place, avoid unnecessary contact after being tested, etc.
- Breakthrough Admissions must receive documentation of negative COVID-19 test results no later than 3 days prior to the start of the program. If any participant arrives to campus without providing this information, he/she will be unable to enter the building and will be sent home.
- Travel to attend the Breakthrough Workshop is currently limited to ground transportation only.

General Precautions

- Disposable masks will be provided to participants upon arrival and must be worn at all times.
- All public spaces, group rooms, dining areas, bathrooms, snack rooms, staffing rooms, etc., will be sanitized by housekeeping.
- CDC posters regarding sanitation and hygiene are posted throughout the building.
- Alcohol-based hand sanitizer is readily available.
- Participants are expected to do the following while at Breakthrough:
 - Alert a therapist or evening Counselor Assistant if feeling unwell. If a participant exhibits COVID-19 symptoms, he/she will be asked to leave the program and return to his/her primary care physician.

- Frequently and thoroughly wash hands with soap and water for at least 20 seconds or use alcohol-based sanitizers.
- Cough or sneeze into their elbows and away from others.
- Make sure to dispose of used tissues immediately in trash receptacles.
- Be mindful of and increase the physical distance between others and keep at least 6 feet between themselves and others.
- Do not use other participant's phones, desks, work tools, toiletries, iPads, clothing, other belongings, or equipment without first wiping them down with disinfectant.
- All participants will participate in a COVID-19 screening and have their temperature taken (must be below 99.5) at the start of each day.
- A registered temperature of 99.5 or higher, and/or any signs/symptoms will result in closure of the program.

Arrival on Campus

- Upon arrival, each participant will be required to answer a COVID-19 screening questionnaire (attached).
- All participants will be greeted by Breakthrough staff members.
- Parking is provided for participants who drive themselves.
- If a participant is being dropped off and/or picked up, the driver and/or other family members are prohibited from entering Caron's buildings.
- Disposable masks will be provided upon arrival and must be worn at all times.
- Documentation of COVID-19 test results must be submitted no later than 5 days prior to the start of the program. A participant will not be permitted to proceed without this documentation in his/her record.
- Participant temperatures will be checked on arrival (must be below 99.5) and screened for COVID-19 symptoms. If a participant exhibits COVID-19 symptoms, he/she will be asked to leave and return to his/her primary care physician. Caron can provide a list of local healthcare providers.

Registration and Orientation

- 6-foot distance must be maintained during registration.
- Participants must wear masks during registration.
- Participants will be provided with an orientation to the program and guidelines.
- Participants will be provided with an information packet regarding program participation.

Lodging and Dining

- All participants will be housed in single rooms.
- Housekeeping will provide towels and sanitize participants' rooms prior to arrival.
- Meals will be provided at set times (7:30 am, 12:30 pm, and 5 pm). Special dietary needs can be accommodated but must have notification prior to program arrival.
- Social distancing must be maintained during dining.
- Only one person is permitted in the smoking gazebo at any given time. Chairs set six feet apart are set up outside the gazebo to accommodate additional smokers.

Programming: Day and Evening Activities

- Hand sanitizer is available for participants.
- Each client will be provided with their own writing utensil.
- Programming staff will be responsible for spraying down rooms, props, and art materials.
- All participants must practice social distancing and stay 6 feet apart from one another.
- Masks must be worn at all times.

COVID-19 SCREENING QUESTIONS

In the past 14 days have you been:

1. Diagnosed with COVID-19
2. Tested or had a test for COVID-19 submitted
3. In close contact with a confirmed case of COVID-19
4. In a home isolation or quarantine
5. On any day or weekend trips
6. International travel
7. Domestic travel
8. Traveled on a cruise ship or river boat

Have any of the following symptoms:

1. Fever of 99.5 or above
2. Sense of having a fever
3. Cough
4. Shortness of breath
5. Trouble breathing
6. Chills
7. Nausea, vomiting or diarrhea

8. Muscle ache or pain
9. Headache
10. Sore throat
11. New loss of taste or smell
12. New confusion or inability to wake or stay awake
13. Persistent pain or pressure in chest
14. Any symptoms that may be concerning to you

[CLICK HERE](#) to view the most up-to-date information about symptoms of Coronavirus on the CDC's website.

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