#### IPS GIFT: Inspiration for the New Year 2025



#### The Pocket Deep Sleep 9781802472660

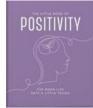
Gemini Adult Pub Date: 12/10/2024 \$9.95 USD 128 pages Hardcover Paper over boards 6.3 in H | 4 in W



#### The Pocket Good Luck

9781802472677 

Gemini Adult Pub Date: 12/10/2024 \$9.95 USD 128 pages Hardcover Paper over boards 6.3 in H | 4 in W



#### The Little Book of Positivity

9781035422265 

OH Pub Date: 1/2/2025 \$8.95 USD 192 pages Hardcover 5.5 in H | 4.7 in W | 0.8 in T | 0.5 lb Wt

Manifesting 9781035419821 

The Little Book of

OH Pub Date: 1/2/2025 \$8.95 USD 192 pages Hardcover 5.4 in H | 4.7 in W | 0.8 in T | 0.5 lb Wt



The Little Book of Hope

9781800693487 

OH Pub Date: 1/19/2023 \$8.95 USD 192 pages Hardcover 4.7 in H | 5.5 in W | 0.6 in T | 0.5 lb Wt



#### The Little Book of Happiness



OH Pub Date: 1/19/2023 \$8.95 USD 192 pages Hardcover 5.6 in H | 4.7 in W | 0.8 in T | 0.5 lb Wt



#### **Junk Journal Joy**



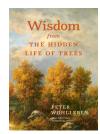
Mango Pub Date: 1/14/2025 \$29.99 USD 224 pages Trade Paperback 10 in H | 7 in W | 0.4 in T



Leaf, Cloud, Crow 9781954118522

Spiegel & Grau

Pub Date: 9/24/2024 \$24.00 USD 248 pages Hardcover 8 in H | 6 in W



#### Wisdom From The **Hidden Life of Trees**

9781778401404 

Greystone Books Pub Date: 3/5/2024 \$15.95 USD 152 pages Hardcover Paper over boards 7 in H | 5 in W

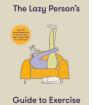




#### The Laws Guide to **Nature Drawing and** Journaling



Heyday Pub Date: 3/1/2016 \$35.00 USD 312 pages Trade Paperback 11 in H | 8.5 in W



The Lazy Person's **Guide to Exercise** 

9781914317927

OH Pub Date: 10/27/2022 \$12.95 USD 112 pages Hardcover 7.4 in H | 5.4 in W | 0.8 in T | 0.7 lb Wt

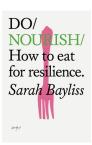


#### Mood Map



The School of Life Pub Date: 10/22/2024 \$20.00 USD 60 pages 2.8 in H | 4.1 in W

#### IPS GIFT: Inspiration for the New Year 2025



#### **Do Nourish** 9781914168383

The Do Book Co. Pub Date: 1/14/2025 \$14.95 USD 160 pages Trade Paperback 7 in H | 4.8 in W



# Make Time for Yoga 9781781454862

Ammonite Press Pub Date: 9/10/2024 \$19.99 USD 128 pages Trade Paperback 9.5 in H | 6.7 in W



#### **Creative Calm**



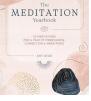
David & Charles Pub Date: 10/1/2024 \$22.99 USD 128 pages Paperback 10.8 in H | 8.3 in W | 0.4 in T | 1.1 lb Wt

#### The CRYSTAL COLLECTOR HOPS OR A JELENCE COLLECTOR

#### The Crystal Collector



David & Charles Pub Date: 7/30/2024 \$24.99 USD 144 pages Trade Paperback 9.1 in H | 8.1 in W | 0.5 in T | 1.1 lb Wt



The Meditation Yearbook 9781446313985

David & Charles Pub Date: 11/5/2024 \$19.99 USD 144 pages Trade Paperback 9.3 in H | 7.6 in W | 0.5 in T | 1 lb Wt



The School of Life Pub Date: 10/15/2024 \$24.99 USD 192 pages Hardcover 8.5 in H | 5.3 in W



#### The Confidence Workbook



The School of Life Pub Date: 1/7/2025 \$26.99 USD 180 pages Hardcover 8.7 in H | 6.1 in W



Calm in 40 Images 9781916753006

The School of Life Pub Date: 12/10/2024 \$19.99 USD 96 pages Hardcover Paper over boards 5.5 in H | 8 in W



#### Breathe Connection Journal

9781781454824

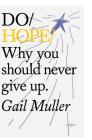
Ammonite Press Pub Date: 12/12/2023 \$16.99 USD 128 pages 8.5 in H | 5.5 in W



#### Breathe Happiness Journal



Ammonite Press Pub Date: 9/12/2023 \$16.99 USD 128 pages Hardcover 8.5 in H | 5.5 in W



### **Do Hope** 9781914168246



Pub Date: 10/24/2023 \$14.95 USD 144 pages Trade Paperback 7 in H | 4.8 in W

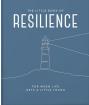


#### The Book of DO



The Do Book Co. Pub Date: 8/8/2023 \$30.00 USD 288 pages Hardcover Paper over boards 9 in H | 6.7 in W

#### IPS GIFT: Inspiration for the New Year 2025



#### The Little Book of Resilience

## 9781800693562

OH Pub Date: 4/13/2023 \$8.95 USD 192 pages Hardcover 4.7 in H | 5.4 in W | 0.8 in T | 0.5 lb Wt



#### The Little Book of Wisdom



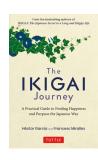
OH Pub Date: 4/13/2023 \$8.95 USD 192 pages Hardcover 4.7 in H | 5.4 in W | 0.8 in T | 0.5 lb Wt

# COMPASSION

#### The Little Book of Compassion

9781800693548

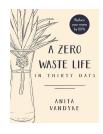
OH Pub Date: 4/13/2023 \$8.95 USD 192 pages Hardcover 5.4 in H | 4.5 in W | 0.8 in T | 0.5 lb Wt



#### The Ikigai Journey



Tuttle Publishing Pub Date: 6/23/2020 \$15.99 USD 224 pages Hardcover with dust jacket 7.5 in H | 5 in W





Apollo Publishers Pub Date: 4/21/2020 \$17.99 USD 192 pages Trade Paperback 7 in H | 5.5 in W



#### **Skincare for Your Soul**

9781642504941

TMA Press Pub Date: 3/30/2021 \$22.95 USD 248 pages Hardcover Paper over boards 7 in H | 5 in W

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#### Wabi Sabi



Tuttle Publishing Pub Date: 4/6/2021 \$14.99 USD 192 pages Hardcover with dust jacket 7.5 in H | 5 in W



### Inner Child 9781802795998

Welbeck Publishing Pub Date: 8/8/2023 \$14.95 USD 192 pages Hardcover Paper over boards 6.7 in H | 5.2 in W | 0.9 in T | 0.8 lb Wt



#### Intention

9781802796018

Welbeck Publishing Pub Date: 8/8/2023 \$14.95 USD 192 pages Hardcover 7 in H | 5.2 in W | 0.8 in T | 0.8 lb Wt

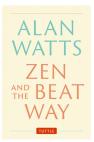
#### resilience

10 WAYS TO RECOVER FROM BURNOUT AND EXHAUSTION



Resilience

Welbeck Publishing Pub Date: 8/8/2023 \$14.95 USD 192 pages Hardcover 6.5 in H | 5.2 in W | 0.8 in T | 0.8 lb Wt



Zen and the Beat Way

9784805317068

Tuttle Publishing Pub Date: 10/8/2024 \$14.99 USD 144 pages Hardcover with dust jacket 7.5 in H | 5 in W



#### Women's Wisdom



Get Creative 6 Pub Date: 9/3/2024 \$15.99 USD 80 pages Trade Paperback 9.7 in H | 9.7 in W