

Practice Outline for Padma Samye Ling  
Spring 2020 Webcast Practices  
with Ven. Khenpo Tsewang Dongyal Rinpoche

Texts used during Afternoon Session:

1. *Treasury of Precious Mantras and Prayers of Supplication, Dedication & Aspiration ("Daily Prayers")*
  2. *Orgyen Menla*
  3. *White Tara*
  4. *Prayers and Mantras to Pacify the Spread of Contagious Diseases and Imbalances*  
(*Vajra Armor & Tara Ritod Loma Jonma*)
  5. *Dharmapala Offering Prayers*
  6. *Teaching Text: Heart Advice to All Practitioners* by H.H. Dudjom Rinpoche
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*General Practice Text Guide for Afternoon Session (3:30 – 5:30pm)*

- **Daily Prayers**

*pg 14: Seven Line Prayer*

*Pg 20 – 23: Lineage Prayers*

- **Ven. Khenpo Tsewang Dongyal Rinpoche will give Dzogchen teaching**

- **Daily Prayers**

*pg 14: Seven Line Prayer*

*Pg 20 – 23: Lineage Prayers*

- **Orgyen Menla**

*Pg. 1 – 14*

- **Prayers and Mantras to Pacify the Spread of Contagious Diseases and Imbalances**

*Pg 1-3: Vajra Armor section*

*Pg 4: Tara Ritod Loma Jonma*

- **White Tara**

- **Dharmapala Offering Prayers**

*Pg 1 – 9*

*Pg 44 - 46 (then meditate while Ven. Khenpo Tsewang Rinpoche recites additional prayers.)*

*Pg 47*

*Page 9 – 41; then 51 – 62*

- **Orgyen Menla**

*Pg 14 – mid-page*

*Recite: "Unspoiled by thought.....Rest in that state of meditation, pure awareness, for a moment."*

*Pg 15- 16*

- **Daily Prayers:**

*Pg 29, 26, 30 Long life Prayers*

*Pg 32- 42: Dedication & Aspiration Prayers*

**Practice Outline for Padma Samye Ling  
Spring 2020 Webcast Practices  
with Ven. Khenpo Tsewang Dongyal Rinpoche**

Texts used during Morning & Evening Session:

1. *Treasury of Precious Mantras and Prayers of Supplication, Dedication & Aspiration ("Daily Prayers")*
  2. *The Blessing Treasure: A Liturgy of the Buddha ("Buddha Sadhana")* This includes the *Heart Sutra*.
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***General Practice Text Guide for Morning Session (8:00 – 9:00am)***

- **Daily Prayers**

*pg 14 - 19: Seven Line Prayer and Guru Yoga*

*Pg 20 – 23: Lineage Prayers*

- **Buddha Sadhana**

*Pg 2 – 16*

*Pg 24 – 27*

*Pg 17*

*Pg 21 – 22*

- **Daily Prayers:**

*Pg 29, 26, 30: Long life Prayers*

*Pg 32- 42: Dedication & Aspiration Prayer*



***General Practice Text Guide for Evening Session (7:30 – 8:15pm)***

- **Daily Prayers**

*pg 14: Seven Line Prayer*

*Pg 20 – 23: Lineage Prayers*

- **Heart Sutra**

- *Buddha Sadhana pg 30*
- *Extended Buddha Sadhana pg 90*
- *Heart Sutra Download pg 2*

- **Daily Prayers:**

- *Pg 29, 26, 30 – Long life Prayers*
- *Pg 32- 42: Dedication & Aspiration Prayers*