

# RETURNING TO SCHOOL



## Daily Checklist for High School

This year, we have new health and safety measures in place to help keep students and staff safe from the spread of COVID-19. Everyone plays a critical role in supporting health and safety in our school communities.

### Every day, please:

#### Screen yourself for symptoms of COVID-19 and stay home if you:

Feel sick or have symptoms of COVID-19

Have been in close contact with someone who is sick or has confirmed COVID-19 in the past 14 days

Have returned from travel outside of Canada in the past 14 days

Have multiple snug and comfortable **masks**, so you can wash them daily and have back-ups ready. Pack a few masks each day and a bag for soiled masks to go in during the school day.

Practice proper **hand washing**, especially before and after eating, sneezing, coughing, and adjusting a mask or cloth face covering.

Pack a **full water bottle** and **litterless lunch** and snacks daily. Cafeterias will not be open.

Follow your school's **local protocols**, including using the designated entry doors, following the flow of traffic, maintaining **physical distancing** and capacity limits in washrooms and elevators.

**Be patient** and flexible as we adjust to these new measures to help keep everyone safe.