

2022 BEHAVIORAL HEALTH EDUCATION SERIES



Autism

Would you like to learn about autism spectrum disorder? Our phone seminars will help you learn more about the physical, behavioral and emotional growth of individuals who may display its symptoms. Our seminars are free and you don't have to register. The seminars are open to anyone, including parents, caregivers and loved ones. Sign up for any one of these seminars and you'll receive a reminder once the event date gets closer.

The **Autism** seminars take place on the **second Thursday** of each month, January–October. Please mark your calendar today.

DATE/TIME	TITLE	PRESENTER
Thursday, July 14, 2022 1:00 pm–2:00 pm EDT	Positive Reinforcement: Using the 5 Love Languages	Lafondra Jaring, LBA, MS Carrie Funn Behavior and Consulting Services
Thursday, August 11, 2022 1:00 pm–2:00 pm EDT	Elopement and Wandering	Melissa Bowen, Manager of Clinical Training Elemy
Thursday, September 8, 2022 1:00 pm–2:00 pm EDT	Positive Parenting Strategies for Challenging Behaviors	Courtney Gelinis ABS Kids
Thursday, October 13, 2022 1:00 pm–2:00 pm EDT	Autism, Anxiety and College	Dr. Eric Endlich, PhD, College Consultant Top College Consultants

These seminars offer basic educational information.
For more help, call **800.274.7603** and talk with a
Cigna health advocate.

[SIGN UP FOR SEMINARS >](#)

Together, all the way.®



These are general information health seminars. The information provided is not meant to replace the care or advice of a health care professional. You should always ask your doctor for proper care or treatment advice. If you are a Cigna customer and have specific questions about your medical or behavioral benefits, please call 800.274.7603 to speak with a Health Advocate. If you have a medical emergency, please visit the nearest hospital or call 911.

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