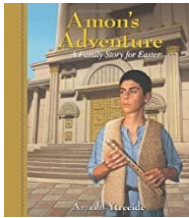


Family Resources for Lent

From the All Souls' Children's Library

Family Guides & Devotionals for Lent

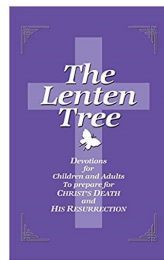


◆ *Amon's Adventure*, Arnold Ytreeide A Lenten family devotional in storybook form. Tells the story of a 13 year old boy during the time of Jesus' ministry and final days. (Best for 7+)

◆ *The Jesus Tree: Walk With Jesus Through Lent*, Angie O'Connell & Jane Langerquist– A family devotional with scripture readings of Jesus' life and ministry.

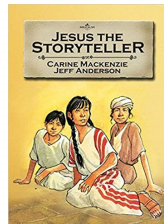
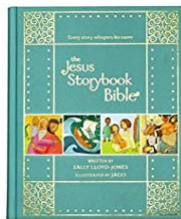
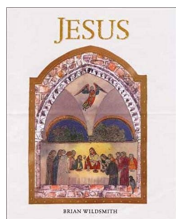
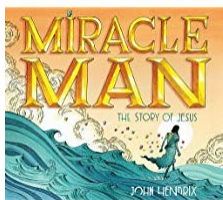
◆ *The Lenten Tree*, Dean Smith- Devotions for children and adults to prepare for Christ's death and resurrection.

◆ *Let Us Keep the Feast*, Jessica Snell- A guide to living the church year at home that includes a section on Lent



Picture Books on the Life of Jesus

- ◆ *Jesus*, Brian Wildsmith
- ◆ *Jesus the Teacher* and *Jesus the Storyteller*- Carine Mackenzie
- ◆ *Jesus the Healer* and *Jesus the Miracle Worker*– Carine Mackenzie
- ◆ *Jesus the Storyteller*, Carine Mackenzie
- ◆ *The Jesus Storybook Bible*, Sally Lloyd-Jones
- ◆ *The Miracle Man: The Story of Jesus*, John Hendrix

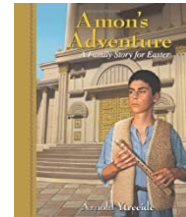


*For more children and family resources,
see our Children's Library downstairs!*

Family Resources for Lent

From the All Souls' Children's Library

Family Guides & Devotionals for Lent

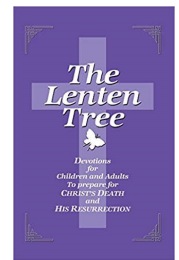


◆ *Amon's Adventure*, Arnold Ytreeide A Lenten family devotional in storybook form. Tells the story of a 13 year old boy during the time of Jesus' ministry and final days. (Best for 7+)

◆ *The Jesus Tree: Walk With Jesus Through Lent*, Angie O'Connell & Jane Langerquist– A family devotional with scripture readings of Jesus' life and ministry.

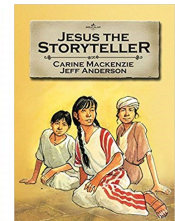
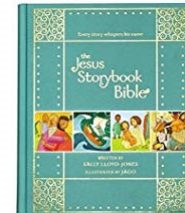
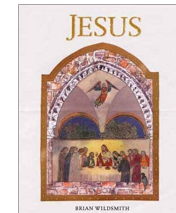
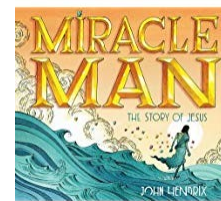
◆ *The Lenten Tree*, Dean Smith- Devotions for children and adults to prepare for Christ's death and resurrection.

◆ *Let Us Keep the Feast*, Jessica Snell- A guide to living the church year at home that includes a section on Lent



Picture Books on the Life of Jesus

- ◆ *Jesus*, Brian Wildsmith
- ◆ *Jesus the Teacher* and *Jesus the Storyteller*- Carine Mackenzie
- ◆ *Jesus the Healer* and *Jesus the Miracle Worker*– Carine Mackenzie
- ◆ *Jesus the Storyteller*, Carine Mackenzie
- ◆ *The Jesus Storybook Bible*, Sally Lloyd-Jones
- ◆ *The Miracle Man: The Story of Jesus*, John Hendrix



*For more children and family resources,
see our Children's Library downstairs!*

A Family Guide for Lent:

What To Talk About

- ◆ Talk about the enemies of our soul (1 John 1:15-17) and our tools to fight those enemies: Prayer, Fasting, Almsgiving
- ◆ Connect the idea of the 40 days of Lent with Jesus' temptation in the desert and the stories of Jesus' life and ministry during which he conquered sin and death. Talk about how we still live with these enemies, but we have hope because Christ has overcome them and we will as well.

What To Do Together

- ◆ Attend an **Ash Wednesday service** and talk about it.
- ◆ **Read through A Gospel:** Use the season to focus on the life and ministry of Jesus by reading through one of the gospels together or a **Lenten family devotional**.
- ◆ Create a symbolic focal point for children using the "**Lent in A Bag**" to aid discussion and thoughts. (Materials and instructions will be available at the Children's reception desk)
- ◆ **Isaiah 58 Fast-** Talk as a family about the people that Christ came to serve, our dependence on God, and the need of those around us. Consider doing a prayerful fast centered on Isaiah 58:

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter—when you see the naked, to clothe them, and not to turn away from your own flesh and blood?"

- Take time to discover more about the needs in our city and around the world. **Pray** for these needs as a family.
- **Fast** together from a habit or indulgence such as special outings, eating out, movies, etc.
- **Give** the money &/or time saved to a guild (Guild of Saint George, Mobile Meals, Outreach) or another organization that helps with justice, refugees, the hungry, or orphans.



A Family Guide for Lent:

What To Talk About

- ◆ Talk about the enemies of our soul (1 John 1:15-17) and our tools to fight those enemies: Prayer, Fasting, Almsgiving
- ◆ Connect the idea of the 40 days of Lent with Jesus' temptation in the desert and the stories of Jesus' life and ministry during which he conquered sin and death. Talk about how we still live with these enemies, but we have hope because Christ has overcome them and we will as well.

What To Do Together

- ◆ Attend an **Ash Wednesday service** and talk about it.
- ◆ **Read through A Gospel:** Use the season to focus on the life and ministry of Jesus by reading through one of the gospels together or a **Lenten family devotional**.
- ◆ Create a symbolic focal point for children using the "**Lent in A Bag**" to aid discussion and thoughts. (Materials and instructions will be available at the Children's reception desk)
- ◆ **Isaiah 58 Fast-** Talk as a family about the people that Christ came to serve, our dependence on God, and the need of those around us. Consider doing a prayerful fast centered on Isaiah 58:

"Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter—when you see the naked, to clothe them, and not to turn away from your own flesh and blood?"

- Take time to discover more about the needs in our city and around the world. **Pray** for these needs as a family.
- **Fast** together from a habit or indulgence such as special outings, eating out, movies, etc.
- **Give** the money &/or time saved to a guild (Guild of Saint George, Mobile Meals, Outreach) or another organization that helps with justice, refugees, the hungry, or orphans.

